

USA Swimming 2024-2028 Swimmers with Disabilities  
Parallel Time Standards

10/29/24

P1 - non-ambulatory (wheelchair user): limited use of all four extremities

10&under Girls						SCY					10&under Boys					
B	BB	A	AA	AAA	AAAA	P1	AAAA	AAA	AA	A	BB	B				
01:55.39	01:44.39	01:37.29	01:33.69	01:29.69	01:25.79	50FR	01:21.29	01:24.89	01:28.39	01:31.99	01:36.89	01:46.99				
04:21.59	03:53.69	03:25.99	03:16.79	03:07.29	02:58.09	100FR	02:58.39	03:07.49	03:16.29	03:25.09	03:41.79	04:07.39				
09:32.69	08:29.99	07:46.99	07:25.09	07:03.29	06:41.49	200FR	05:20.79	05:36.09	05:51.29	06:06.49	06:52.39	07:38.09				
02:15.19	02:00.49	01:50.49	01:45.29	01:40.09	01:34.79	50BK	01:14.19	01:18.29	01:22.49	01:26.59	01:38.79	01:51.19				
04:30.59	04:00.39	03:34.59	03:24.49	03:14.29	03:04.09	100BK	02:40.09	02:48.19	02:56.49	03:04.59	03:28.99	03:53.59				
02:19.19	02:04.19	01:49.19	01:44.29	01:39.19	01:34.09	50BR	01:23.09	01:27.49	01:31.79	01:36.09	01:48.89	02:01.89				
06:53.29	06:07.29	05:21.59	05:06.09	04:50.99	04:35.59	100BR	03:33.39	03:43.89	03:54.49	04:05.29	04:18.19	04:47.99				
02:36.09	02:17.69	01:59.29	01:53.19	01:47.09	01:40.99	50FL	01:49.79	01:56.19	02:02.29	02:08.39	02:16.29	02:33.49				
04:18.19	03:50.69	03:23.29	03:14.09	03:04.89	02:55.79	75IM	03:01.59	03:10.19	03:18.79	03:27.39	03:53.39	04:19.39				
05:51.69	05:14.29	04:36.79	04:24.39	04:11.89	03:59.39	100IM	04:02.59	04:14.09	04:25.49	04:36.99	05:11.79	05:46.49				
08:45.59	07:50.39	07:15.09	06:55.79	06:36.69	06:17.29	150IM	06:00.99	06:18.99	06:36.89	06:55.09	07:26.59	08:18.09				
11:55.79	10:40.69	09:41.79	09:15.99	08:50.39	07:47.19	200IM	07:39.29	08:02.09	08:24.89	08:47.99	09:56.49	11:05.29				

  

11-12 Girls			SCY							11-12 Boys		
B	BB	A	AA	AAA	AAAA	P1	AAAA	AAA	AA	A	BB	B
01:38.59	01:31.89	01:28.79	01:25.19	01:21.79	01:18.19	50FR	01:12.79	01:16.29	01:19.89	01:23.09	01:25.39	01:31.89
03:35.29	03:19.99	03:04.39	02:56.89	02:49.19	02:41.39	100FR	02:37.49	02:45.19	02:52.49	03:00.09	03:09.99	03:24.59
07:43.19	07:09.89	06:54.09	06:36.89	06:19.59	06:02.39	200FR	04:42.89	04:56.39	05:09.89	05:23.19	05:50.29	06:17.09
01:49.89	01:41.99	01:39.89	01:35.69	01:31.79	01:27.59	50BK	01:04.99	01:08.39	01:11.89	01:15.29	01:21.99	01:28.69
03:45.79	03:28.09	03:24.99	03:15.49	03:05.89	02:56.09	100BK	02:17.99	02:25.69	02:33.09	02:40.79	02:55.59	03:10.69
01:52.19	01:44.29	01:36.09	01:32.29	01:28.19	01:24.19	50BR	01:11.89	01:15.99	01:19.89	01:23.79	01:31.59	01:39.29
05:31.59	05:06.79	04:42.39	04:30.09	04:17.99	04:05.69	100BR	03:09.79	03:19.89	03:29.69	03:39.49	03:45.59	04:04.39
02:04.19	01:55.39	01:50.79	01:46.19	01:41.69	01:37.09	50FL	01:40.79	01:46.49	01:52.19	01:57.79	01:52.89	02:02.49
03:30.89	03:15.79	03:00.99	02:53.29	02:45.89	02:38.19	75IM	02:38.99	02:46.49	02:54.39	03:02.19	03:17.49	03:33.09
04:47.29	04:26.69	04:06.49	03:55.99	03:45.89	03:35.49	100IM	03:32.39	03:42.49	03:52.89	04:03.29	04:23.79	04:44.69
07:15.19	06:43.99	06:30.69	06:14.39	05:58.19	05:41.89	150IM	05:25.09	05:41.59	05:58.29	06:14.79	06:47.99	07:21.19
09:52.69	09:10.19	08:42.49	08:20.59	07:58.99	07:37.19	200IM	06:41.99	07:02.39	07:23.09	07:43.49	08:24.59	09:05.69

  

13-14 Girls			SCY							13-14 Boys		
B	BB	A	AA	AAA	AAAA	P1	AAAA	AAA	AA	A	BB	B
01:34.19	01:27.59	01:24.59	01:20.89	01:17.59	01:13.99	50FR	01:07.39	01:10.69	01:13.99	01:17.09	01:19.69	01:26.09
03:15.29	03:01.29	02:55.49	02:47.99	02:40.79	02:33.59	100FR	02:25.59	02:32.79	02:39.69	02:46.49	02:55.69	03:09.39
07:17.59	06:46.59	06:31.49	06:15.19	05:58.79	05:42.79	200FR	04:18.49	04:30.79	04:43.09	04:55.39	05:19.89	05:44.49
01:43.49	01:36.29	01:33.59	01:29.69	01:25.79	01:21.89	50BK	00:58.29	01:00.99	01:03.79	01:06.59	01:12.09	01:17.59
03:32.09	03:16.99	03:10.09	03:02.29	02:54.49	02:46.39	100BK	02:04.09	02:09.89	02:15.89	02:21.49	02:33.59	02:45.39
01:47.39	01:39.69	01:32.09	01:28.19	01:24.39	01:20.59	50BR	01:12.59	01:16.09	01:19.59	01:23.09	01:29.89	01:36.99
05:04.79	04:42.79	04:21.19	04:10.49	03:59.49	03:48.49	100BR	02:57.39	03:05.89	03:14.39	03:22.69	03:25.99	03:41.69
02:00.49	01:52.09	01:47.59	01:43.09	01:38.89	01:34.29	50FL	01:36.69	01:41.29	01:45.59	01:50.29	01:41.69	01:49.59
03:30.89	03:15.79	03:00.99	02:53.29	02:45.89	02:38.19	75IM	02:01.09	02:06.89	02:12.69	02:18.39	02:29.99	02:41.49
04:47.29	04:26.69	04:06.49	03:55.99	03:45.89	03:35.49	100IM	02:41.79	02:49.49	02:57.19	03:04.89	03:20.29	03:35.69
06:46.59	06:17.49	06:04.89	05:49.79	05:34.69	05:19.29	150IM	04:56.99	05:10.99	05:25.29	05:39.39	06:07.69	06:35.99
08:47.39	08:09.59	07:54.39	07:34.79	07:15.09	06:55.09	200IM	06:00.69	06:17.69	06:34.99	06:52.09	07:26.49	08:00.89

  

15-16 Girls			SCY							15-16 Boys		
B	BB	A	AA	AAA	AAAA	P1	AAAA	AAA	AA	A	BB	B
01:32.19	01:25.49	01:22.79	01:19.09	01:15.79	01:12.49	50FR	01:03.79	01:06.79	01:09.79	01:12.79	01:15.69	01:21.49
03:18.89	03:03.89	02:57.39	02:50.19	02:42.69	02:35.49	100FR	02:20.19	02:27.19	02:33.79	02:40.39	02:49.29	03:02.19
07:22.89	06:51.39	06:25.99	06:09.89	05:53.89	05:37.89	200FR	04:06.59	04:18.49	04:30.29	04:41.89	05:05.29	05:28.79
01:40.29	01:33.19	01:29.89	01:26.09	01:22.29	01:18.69	50BK	00:54.59	00:57.19	00:59.79	01:02.39	01:07.49	01:12.69
03:25.99	03:11.39	03:04.79	02:57.09	02:49.29	02:41.79	100BK	01:57.59	02:03.19	02:08.69	02:14.29	02:25.39	02:36.59
01:40.69	01:33.49	01:26.39	01:22.79	01:19.19	01:15.59	50BR	01:01.69	01:04.59	01:07.59	01:10.49	01:14.09	01:19.79
04:55.19	04:34.19	04:13.19	04:02.59	03:51.89	03:41.59	100BR	02:52.09	03:00.19	03:08.49	03:16.59	03:19.89	03:35.29
01:53.49	01:45.39	01:41.39	01:37.09	01:32.89	01:28.69	50FL	01:29.69	01:33.99	01:38.29	01:42.59	01:33.19	01:40.39
03:04.39	02:51.19	02:37.99	02:31.49	02:24.89	02:18.29	75IM	01:55.59	02:01.19	02:06.69	02:12.19	02:23.19	02:34.19
04:11.09	03:53.19	03:35.19	03:26.29	03:17.39	03:08.29	100IM	02:34.39	02:41.79	02:49.19	02:56.59	03:11.29	03:25.89
06:33.29	06:05.09	05:52.99	05:38.39	05:23.79	05:08.89	150IM	04:46.29	04:59.99	05:13.59	05:27.29	05:54.59	06:21.59
08:55.69	08:17.29	07:38.99	07:19.99	07:00.89	06:41.59	200IM	05:44.49	06:00.99	06:17.39	06:33.79	07:06.69	07:39.29

USA Swimming 2024-2028 Parallel Time Standards

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17-18 Girls		SCY				P1	SCY				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:30.99	01:24.39	01:21.49	01:18.19	01:14.89	01:11.19	50FR	01:02.29	01:05.29	01:07.99	01:10.99	01:13.69	01:19.49
03:16.19	03:02.09	02:55.89	02:48.39	02:41.19	02:33.99	100FR	02:16.59	02:22.89	02:29.59	02:35.89	02:44.59	02:57.19
07:17.59	06:46.39	06:21.39	06:05.39	05:49.69	05:33.69	200FR	04:02.29	04:13.89	04:25.19	04:36.79	04:59.79	05:22.99
01:38.39	01:31.29	01:28.09	01:24.39	01:20.79	01:16.99	50BK	00:52.89	00:55.49	00:57.99	01:00.49	01:05.69	01:10.49
03:22.49	03:07.79	03:01.39	02:53.89	02:46.39	02:38.59	100BK	01:53.39	01:58.99	02:04.29	02:09.69	02:21.49	02:31.19
01:39.69	01:32.59	01:25.49	01:21.89	01:18.39	01:14.79	50BR	00:59.89	01:02.69	01:05.59	01:08.39	01:11.99	01:17.49
04:51.39	04:30.79	04:09.79	03:59.49	03:49.19	03:38.49	100BR	02:47.09	02:55.09	03:03.19	03:10.89	03:14.29	03:29.09
01:51.89	01:43.89	01:39.89	01:35.69	01:31.49	01:27.39	50FL	01:27.39	01:31.59	01:35.69	01:39.89	01:30.79	01:37.69
03:01.79	02:48.79	02:35.79	02:29.39	02:22.79	02:16.39	75IM	01:53.39	01:58.89	02:04.19	02:09.59	02:20.39	02:31.19
04:07.59	03:49.89	03:32.19	03:23.39	03:14.49	03:05.69	100IM	02:31.49	02:38.79	02:45.89	02:53.19	03:07.59	03:21.99
06:27.19	05:59.49	05:47.59	05:33.19	05:18.59	05:04.19	150IM	04:39.69	04:53.09	05:06.29	05:19.69	05:46.19	06:12.79
08:47.29	08:09.59	07:31.89	07:13.19	06:54.19	06:35.49	200IM	05:36.59	05:52.69	06:08.59	06:24.69	06:56.69	07:28.59

10&under Girls		SCM				P1	SCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
02:07.59	01:55.39	01:47.59	01:43.39	01:39.09	01:34.89	50FR	01:29.89	01:33.69	01:37.59	01:41.39	01:46.99	01:58.19
04:48.99	04:18.49	03:47.59	03:37.29	03:27.19	03:16.79	100FR	03:17.19	03:26.89	03:36.89	03:46.59	04:05.09	04:33.19
10:32.59	09:23.39	08:35.89	08:11.69	07:47.59	07:23.39	200FR	05:54.39	06:11.29	06:28.29	06:44.89	07:35.69	08:26.19
02:29.39	02:12.99	02:01.89	01:56.39	01:50.49	01:44.99	50BK	01:21.99	01:26.59	01:31.19	01:35.59	01:49.19	02:02.99
04:58.99	04:25.69	03:57.09	03:45.79	03:34.59	03:23.39	100BK	02:56.99	03:05.79	03:14.79	03:23.89	03:50.99	04:17.89
02:33.79	02:17.19	02:00.59	01:54.99	01:49.69	01:44.09	50BR	01:31.79	01:36.59	01:41.39	01:46.19	02:00.59	02:14.69
07:36.59	06:46.09	05:55.29	05:38.39	05:21.59	05:04.79	100BR	03:55.59	04:07.49	04:19.09	04:30.99	04:45.49	05:18.29
02:52.49	02:32.19	02:11.89	02:05.09	01:58.39	01:51.59	50FL	02:01.19	02:08.39	02:15.09	02:21.89	02:30.49	02:49.69
04:45.19	04:14.99	03:44.49	03:34.39	03:24.29	03:14.09	75IM	03:20.59	03:30.29	03:39.59	03:49.19	04:17.89	04:46.49
06:28.39	05:47.29	05:05.79	04:51.99	04:38.19	04:24.39	100IM	04:27.99	04:40.79	04:53.29	05:06.19	05:44.39	06:22.69
09:40.69	08:39.69	08:00.69	07:39.39	07:18.29	06:56.99	150IM	06:38.79	06:58.89	07:18.79	07:38.59	08:13.49	09:10.49
12:33.29	11:14.09	09:55.19	09:28.79	09:02.69	08:36.29	200IM	08:27.29	08:52.89	09:18.19	09:43.39	10:59.19	12:15.29

11-12 Girls		SCM				P1	SCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:48.99	01:41.49	01:38.19	01:34.29	01:30.29	01:26.39	50FR	01:20.39	01:24.29	01:28.09	01:31.99	01:34.39	01:41.69
03:57.69	03:40.69	03:23.69	03:15.39	03:06.99	02:58.39	100FR	03:55.29	03:02.49	03:10.69	03:18.99	03:29.79	03:46.09
08:31.69	07:55.19	07:37.79	07:18.79	06:59.49	06:40.39	200FR	05:12.59	05:27.59	05:42.29	05:57.29	06:27.09	06:56.79
02:01.29	01:52.79	01:50.49	01:45.99	01:41.09	01:36.59	50BK	01:11.89	01:15.59	01:19.49	01:23.19	01:30.49	01:38.09
04:09.59	03:49.99	03:46.39	03:35.99	03:25.29	03:14.59	100BK	02:32.59	02:40.99	02:49.09	02:57.49	03:14.09	03:30.59
02:03.89	01:55.29	01:46.29	01:41.79	01:37.39	01:33.09	50BR	01:19.69	01:23.79	01:28.09	01:32.49	01:41.19	01:49.79
06:06.29	05:39.09	05:11.99	04:58.59	04:45.19	04:31.39	100BR	03:29.99	03:40.89	03:51.79	04:02.69	04:09.39	04:29.89
02:17.29	02:07.19	02:02.29	01:57.39	01:52.19	01:47.29	50FL	01:51.79	01:57.79	02:03.89	02:10.29	02:04.49	02:15.39
03:53.19	03:36.59	03:19.79	03:11.59	03:03.19	02:54.79	75IM	02:55.69	03:03.99	03:12.59	03:21.09	03:38.29	03:55.49
05:17.59	04:54.99	04:32.09	04:20.99	04:09.49	03:58.09	100IM	03:54.59	04:05.69	04:17.19	04:28.69	04:51.59	05:14.59
08:00.89	07:26.49	07:11.89	06:53.79	06:35.69	06:17.79	150IM	05:59.29	06:17.49	06:35.89	06:54.09	07:30.79	08:07.49
10:54.89	10:08.19	09:37.49	09:13.29	08:49.09	08:25.19	200IM	07:24.29	07:46.89	08:09.69	08:32.19	09:17.59	10:02.89

13-14 Girls		SCM				P1	SCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:44.39	01:36.79	01:33.39	01:29.39	01:25.79	01:21.79	50FR	01:14.59	01:17.99	01:21.59	01:25.19	01:28.39	01:34.99
03:35.89	03:20.49	03:13.89	03:05.89	02:57.79	02:49.69	100FR	02:41.19	02:48.59	02:56.39	03:03.89	03:14.29	03:29.19
08:03.69	07:29.29	07:12.49	06:54.69	06:36.59	06:18.39	200FR	04:45.49	04:59.09	05:12.79	05:26.39	05:53.49	06:20.79
01:54.29	01:46.29	01:43.29	01:38.99	01:34.79	01:30.29	50BK	01:04.29	01:07.29	01:10.49	01:13.49	01:19.69	01:25.69
03:54.49	03:37.59	03:30.19	03:21.29	03:12.59	03:03.99	100BK	02:17.09	02:23.59	02:30.09	02:36.59	02:49.59	03:02.79
01:58.59	01:50.19	01:41.79	01:37.39	01:33.09	01:28.99	50BR	01:20.39	01:24.09	01:27.89	01:31.69	01:39.49	01:46.99
05:36.69	05:12.69	04:48.59	04:36.59	04:24.59	04:12.49	100BR	03:16.19	03:25.29	03:34.69	03:44.09	03:47.39	04:05.09
02:13.29	02:03.79	01:58.79	01:53.89	01:48.99	01:44.09	50FL	01:46.79	01:51.79	01:56.89	02:01.89	01:52.29	02:00.79
03:30.19	03:15.19	03:00.19	02:52.69	02:45.19	02:37.69	75IM	02:13.79	02:20.19	02:26.59	02:32.99	02:45.69	02:58.39
04:46.29	04:25.89	04:05.39	03:55.19	03:44.99	03:34.79	100IM	02:58.79	03:07.19	03:15.79	03:48.79	04:07.89	04:26.89
07:29.19	06:56.99	06:43.39	06:26.49	06:09.59	05:52.99	150IM	05:28.09	05:43.59	05:59.39	06:14.89	06:46.29	07:17.29
09:42.59	09:00.89	08:44.39	08:22.49	08:00.59	07:38.99	200IM	06:38.39	06:57.29	07:16.39	07:35.29	08:13.29	08:51.09

USA Swimming 2024-2028 Parallel Time Standards

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15-16 Girls		SCM				P1	SCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:41.79	01:34.49	01:31.19	01:27.59	01:23.69	01:19.99	50FR	01:10.39	01:13.99	01:17.39	01:20.69	01:23.49	01:29.79
03:38.99	03:23.19	03:16.09	03:07.99	02:59.89	02:51.69	100FR	02:34.99	02:42.49	02:49.79	02:57.29	03:08.09	03:21.29
08:09.59	07:34.49	07:06.79	06:48.89	06:31.09	06:13.29	200FR	04:32.69	04:45.49	04:58.59	05:11.59	05:37.49	06:03.39
01:50.89	01:42.99	01:39.29	01:35.09	01:30.99	01:26.89	50BK	01:00.29	01:03.09	01:05.99	01:08.89	01:14.59	01:20.29
03:47.79	03:31.59	03:24.19	03:15.49	03:07.19	02:58.79	100BK	02:09.89	02:15.89	02:22.19	02:28.49	02:40.79	02:52.99
01:51.29	01:43.39	01:35.39	01:31.39	01:27.39	01:23.49	50BR	01:08.09	01:11.39	01:14.59	01:17.89	01:21.89	01:28.19
05:26.39	05:03.09	04:39.69	04:27.99	04:16.29	04:04.59	100BR	03:09.99	03:19.29	03:28.19	03:37.19	03:40.89	03:57.89
02:05.39	01:56.39	01:51.99	01:47.29	01:42.69	01:37.99	50FL	01:39.19	01:43.89	01:48.59	01:53.39	01:42.99	01:50.89
03:27.99	03:13.49	02:58.89	02:51.59	02:44.39	02:37.09	75IM	02:07.79	02:13.89	02:19.89	02:26.09	02:38.19	02:50.39
04:43.29	04:23.49	04:03.69	03:53.69	03:43.79	03:33.89	100IM	02:50.69	02:58.79	03:06.89	03:38.49	03:56.69	04:14.89
07:14.49	06:43.49	06:30.19	06:13.89	05:57.69	05:41.39	150IM	05:16.39	05:31.59	05:46.49	06:01.69	06:31.79	07:01.79
09:51.79	09:09.49	08:27.29	08:05.99	07:45.09	07:23.79	200IM	06:20.69	06:38.99	06:56.99	07:15.19	07:51.39	08:27.59

17-18 Girls		SCM				P1	SCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:40.59	01:33.39	01:29.99	01:26.39	01:22.49	01:18.79	50FR	01:08.59	01:11.89	01:15.19	01:18.59	01:21.49	01:27.49
03:36.69	03:21.39	03:14.29	03:06.19	02:57.99	02:49.89	100FR	02:30.79	02:37.99	02:45.19	02:52.49	03:01.89	03:15.99
08:03.69	07:29.19	07:01.29	06:43.79	06:26.29	06:08.69	200FR	04:27.59	04:40.49	04:53.29	05:05.79	05:31.49	05:56.79
01:48.69	01:40.89	01:37.29	01:33.19	01:29.19	01:25.09	50BK	00:58.49	01:01.19	01:03.99	01:06.79	01:12.39	01:17.99
03:43.69	03:27.69	03:20.39	03:12.09	03:03.69	02:55.29	100BK	02:05.49	02:11.29	02:17.29	02:23.39	02:35.19	02:47.19
01:50.19	01:42.29	01:34.49	01:30.49	01:26.59	01:22.69	50BR	01:06.19	01:09.39	01:12.49	01:15.59	01:19.49	01:25.59
05:21.89	04:59.29	04:36.29	04:24.59	04:13.19	04:01.59	100BR	03:04.69	03:13.59	03:22.19	03:30.89	03:34.39	03:50.99
02:03.59	01:54.79	01:50.39	01:45.79	01:41.19	01:36.59	50FL	01:36.59	01:41.19	01:45.79	01:50.39	01:40.29	01:47.99
03:25.09	03:10.79	02:56.39	02:49.29	02:42.09	02:34.99	75IM	02:05.39	02:11.29	02:17.29	02:23.19	02:35.19	02:47.09
04:39.39	04:19.79	04:00.29	03:50.59	03:40.79	03:31.09	100IM	02:47.39	02:55.39	03:03.39	03:34.29	03:52.09	04:09.99
07:07.59	06:37.09	06:23.99	06:08.19	05:51.99	05:36.19	150IM	05:09.09	05:23.69	05:38.39	05:53.09	06:22.69	06:51.99
09:42.39	09:00.79	08:19.29	07:58.59	07:37.69	07:17.09	200IM	06:11.89	06:29.59	06:47.19	07:04.89	07:40.49	08:15.79

10&under Girls		LCM				P1	LCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:59.39	01:47.79	01:36.49	01:32.49	01:28.79	01:24.89	50FR	01:24.39	01:28.09	01:31.79	01:35.29	01:44.19	01:54.89
04:32.69	04:03.59	03:34.59	03:24.89	03:15.19	03:05.49	100FR	03:01.89	03:10.79	03:19.89	03:28.99	03:51.49	04:18.09
09:32.29	08:29.59	07:49.29	07:27.39	07:05.29	06:43.39	200FR	06:06.79	06:24.19	06:41.59	06:59.19	07:51.39	08:43.89
02:21.19	02:05.69	01:50.29	01:45.19	01:39.89	01:34.89	50BK	01:25.19	01:29.79	01:34.69	01:39.29	01:53.49	02:07.59
05:04.89	04:31.09	03:57.19	03:45.89	03:34.69	03:23.39	100BK	03:05.59	03:15.09	03:24.59	03:34.09	04:02.39	04:30.69
02:38.59	02:21.49	02:04.49	01:58.59	01:52.99	01:47.39	50BR	01:34.79	01:39.59	01:44.59	01:49.39	02:04.19	02:18.99
07:58.99	07:05.69	06:12.49	05:54.89	05:37.09	05:19.49	100BR	03:30.39	03:40.99	03:51.49	04:02.09	04:33.49	05:04.89
02:55.79	02:35.09	02:19.99	02:12.89	02:05.49	01:58.49	50FL	01:54.59	02:00.79	02:07.39	02:13.99	02:33.19	02:52.69
09:36.29	08:35.89	07:35.49	07:15.19	06:55.09	06:35.09	150IM	06:32.39	06:51.89	07:11.49	07:30.89	08:29.69	09:28.49
13:04.89	11:42.59	10:20.39	09:52.69	09:25.39	08:58.09	200IM	08:44.09	09:10.29	09:36.39	10:02.29	11:20.79	12:39.29

11-12 Girls		LCM				P1	LCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:41.49	01:34.59	01:27.49	01:24.09	01:20.39	01:16.99	50FR	01:13.59	01:16.99	01:20.39	01:23.99	01:31.09	01:37.89
03:44.19	03:28.29	03:12.29	03:04.19	02:55.99	02:48.19	100FR	02:45.29	02:53.09	03:01.09	03:08.89	03:18.59	03:33.99
08:27.89	07:51.69	07:35.29	07:16.19	06:57.39	06:38.29	200FR	05:24.89	05:40.39	05:55.89	06:11.29	06:42.29	07:13.19
01:53.29	01:45.19	01:40.99	01:36.79	01:32.59	01:28.39	50BK	01:15.09	01:18.99	01:22.89	01:26.79	01:34.69	01:42.49
04:12.29	03:52.49	03:32.59	03:22.59	03:12.79	03:02.79	100BK	02:43.29	02:52.29	03:01.19	03:09.99	03:27.79	03:45.49
02:06.99	01:57.79	01:48.89	01:44.29	01:39.69	01:35.39	50BR	01:22.39	01:26.99	01:31.29	01:35.89	01:44.79	01:53.69
06:19.29	05:51.19	05:22.99	05:09.19	04:55.19	04:41.09	100BR	03:12.19	03:22.09	03:32.09	03:42.09	03:55.39	04:14.79
02:20.69	02:10.59	02:05.49	02:00.19	01:55.29	01:50.09	50FL	01:41.59	01:47.29	01:52.69	01:58.39	02:09.79	02:20.89
07:54.59	07:20.79	06:46.99	06:29.89	06:12.99	05:56.09	150IM	05:43.09	06:00.69	06:18.19	06:35.79	07:10.59	07:45.69
10:46.49	10:00.39	09:14.39	08:50.99	08:27.99	08:04.99	200IM	07:38.29	08:01.79	08:25.19	08:48.59	09:35.19	10:22.09

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13-14 Girls		LCM				PI	LCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:38.09	01:31.19	01:24.09	01:20.69	01:17.19	01:13.49	<b>50FR</b>	01:07.29	01:10.39	01:13.79	01:16.99	01:23.19	01:29.79
03:32.69	03:17.49	03:02.29	02:54.69	02:47.09	02:39.49	<b>100FR</b>	02:29.89	02:36.79	02:43.99	02:51.19	03:05.49	03:19.59
07:18.59	06:47.29	06:34.69	06:18.09	06:01.89	05:45.29	<b>200FR</b>	04:57.39	05:11.59	05:25.69	05:39.89	06:08.19	06:36.49
01:47.79	01:39.89	01:32.29	01:28.49	01:24.79	01:20.69	<b>50BK</b>	01:08.39	01:11.59	01:14.89	01:18.09	01:24.49	01:30.99
03:44.89	03:28.89	03:12.79	03:04.79	02:56.79	02:48.79	<b>100BK</b>	02:25.69	02:32.59	02:39.39	02:46.29	03:00.19	03:14.09
02:01.89	01:53.19	01:44.59	01:40.19	01:35.89	01:31.59	<b>50BR</b>	01:15.39	01:18.99	01:22.69	01:26.09	01:33.39	01:40.49
05:51.79	05:26.39	05:01.29	04:48.99	04:36.29	04:23.89	<b>100BR</b>	02:54.19	03:02.59	03:10.79	03:19.29	03:29.89	03:45.99
02:14.59	02:04.89	02:00.19	01:54.99	01:50.09	01:45.19	<b>50FL</b>	01:36.09	01:40.59	01:45.09	01:49.49	01:58.79	02:08.09
07:24.39	06:52.69	06:20.89	06:05.09	05:49.09	05:33.29	<b>150IM</b>	05:12.59	05:27.39	05:42.19	05:56.99	06:26.89	06:56.69
10:05.29	09:21.99	08:38.79	08:17.29	07:55.49	07:33.99	<b>200IM</b>	06:57.59	07:17.29	07:37.09	07:56.89	08:36.79	09:16.59

15-16 Girls		LCM				PI	LCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:35.19	01:28.29	01:21.49	01:17.99	01:14.59	01:11.39	<b>50FR</b>	01:04.69	01:07.79	01:10.69	01:13.79	01:20.09	01:26.09
03:25.39	03:10.69	02:55.99	02:48.69	02:41.39	02:33.99	<b>100FR</b>	02:24.39	02:31.29	02:38.29	02:44.99	02:58.99	03:12.69
07:20.09	06:48.69	06:35.39	06:18.79	06:02.39	05:45.79	<b>200FR</b>	04:44.09	04:57.59	05:11.19	05:24.69	05:51.49	06:18.59
01:42.79	01:35.39	01:32.49	01:28.59	01:24.79	01:20.99	<b>50BK</b>	01:03.89	01:06.89	01:09.89	01:12.99	01:19.09	01:25.19
03:37.89	03:22.39	03:12.39	03:04.39	02:56.39	02:48.39	<b>100BK</b>	02:17.99	02:24.69	02:31.19	02:37.69	02:50.99	03:04.19
01:55.29	01:47.09	01:38.79	01:34.69	01:30.59	01:26.49	<b>50BR</b>	01:09.69	01:12.99	01:16.29	01:19.59	01:26.19	01:32.89
05:38.79	05:14.69	04:50.29	04:38.29	04:26.29	04:14.29	<b>100BR</b>	02:43.19	02:50.99	02:58.79	03:06.59	03:16.39	03:31.49
02:03.19	01:54.49	01:50.29	01:45.69	01:41.09	01:36.49	<b>50FL</b>	01:30.89	01:35.09	01:39.49	01:43.79	01:52.49	02:01.09
07:10.89	06:39.99	06:09.39	05:53.79	05:38.49	05:23.19	<b>150IM</b>	05:00.99	05:15.29	05:29.69	05:44.09	06:12.79	06:41.49
09:46.89	09:04.89	08:23.09	08:01.89	07:41.09	07:20.19	<b>200IM</b>	06:41.99	07:01.19	07:20.39	07:39.59	08:17.89	08:56.29

17-18 Girls		LCM				PI	LCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:34.59	01:27.79	01:20.89	01:17.79	01:14.29	01:10.89	<b>50FR</b>	01:04.69	01:07.79	01:10.69	01:13.79	01:20.09	01:26.09
03:23.59	03:09.09	02:54.49	02:47.39	02:40.09	02:32.69	<b>100FR</b>	02:24.39	02:31.29	02:38.29	02:44.99	02:58.99	03:12.69
06:55.49	06:25.69	05:55.99	05:41.09	05:26.29	05:11.69	<b>200FR</b>	04:44.09	04:57.59	05:11.19	05:24.69	05:51.49	06:18.59
01:41.89	01:34.59	01:27.39	01:23.69	01:20.09	01:16.49	<b>50BK</b>	01:03.89	01:06.89	01:09.89	01:12.99	01:19.09	01:25.19
03:35.39	03:20.09	03:04.79	02:56.99	02:49.29	02:41.69	<b>100BK</b>	02:17.99	02:24.69	02:31.19	02:37.69	02:50.99	03:04.19
01:53.99	01:45.79	01:37.69	01:33.59	01:29.59	01:25.49	<b>50BR</b>	01:09.69	01:12.99	01:16.29	01:19.59	01:26.19	01:32.89
05:34.99	05:10.99	04:47.19	04:35.19	04:23.19	04:11.19	<b>100BR</b>	02:43.19	02:50.99	02:58.79	03:06.59	03:16.39	03:31.49
01:45.79	01:38.29	01:30.69	01:26.89	01:23.09	01:19.39	<b>50FL</b>	01:30.89	01:35.09	01:39.49	01:43.79	01:52.49	02:01.09
07:06.59	06:36.19	06:05.79	05:50.49	05:35.39	05:19.99	<b>150IM</b>	05:00.99	05:15.29	05:29.69	05:44.09	06:12.79	06:41.49
09:41.09	08:59.59	08:18.19	07:57.29	07:36.79	07:15.89	<b>200IM</b>	06:41.99	07:01.19	07:20.39	07:39.59	08:17.89	08:56.29

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P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair user with high functioning upper body.

10&under Girls		SCY				P2				SCY		10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B	
01:03.49	00:57.39	00:52.19	00:50.19	00:48.09	00:45.99	50FR	00:42.09	00:43.89	00:45.69	00:47.59	00:51.89	00:57.29	
02:30.29	02:14.19	02:00.49	01:55.09	01:49.59	01:44.19	100FR	01:36.09	01:41.09	01:45.79	01:50.59	02:00.39	02:14.29	
04:55.99	04:23.59	04:02.69	03:51.39	03:40.09	03:28.69	200FR	03:21.39	03:30.89	03:40.49	03:50.09	04:18.89	04:47.59	
11:24.39	10:15.99	09:34.89	09:10.99	08:47.09	08:22.99	500FR	08:31.49	08:55.79	09:20.09	09:44.49	10:57.49	12:10.69	
01:15.79	01:07.49	01:01.59	00:58.59	00:55.69	00:52.79	50BK	00:48.29	00:50.99	00:53.69	00:56.39	01:01.29	01:08.99	
03:16.79	02:54.89	02:33.09	02:25.89	02:18.59	02:11.39	100BK	02:20.59	02:27.79	02:35.09	02:42.19	02:54.89	03:15.49	
01:37.69	01:27.09	01:16.59	01:13.19	01:09.59	01:05.99	50BR	01:01.19	01:04.39	01:07.59	01:10.79	01:20.19	01:29.79	
03:22.19	02:59.69	02:40.49	02:32.69	02:25.19	02:17.49	100BR	02:09.29	02:15.69	02:22.09	02:28.59	02:47.79	03:07.19	
01:34.99	01:23.79	01:12.69	01:08.89	01:05.19	01:01.49	50FL	00:42.89	00:45.39	00:47.79	00:50.09	00:56.39	01:03.49	
03:59.99	03:28.49	02:57.09	02:46.59	02:36.29	02:25.79	100FL	02:18.09	02:27.59	02:37.29	02:46.89	03:06.49	03:33.79	
03:03.19	02:43.69	02:24.19	02:17.69	02:11.19	02:04.69	100IM	01:54.19	01:59.59	02:04.99	02:10.39	02:20.09	02:35.69	
06:05.79	05:27.49	04:54.69	04:41.59	04:28.69	04:15.59	200IM	04:02.19	04:14.19	04:26.19	04:38.39	05:00.09	05:34.69	
11-12 Girls		SCY				P2				SCY		11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B	
00:54.19	00:50.59	00:47.59	00:45.69	00:43.89	00:41.89	50FR	00:37.59	00:39.49	00:41.29	00:42.99	00:45.79	00:49.19	
02:05.89	01:56.99	01:47.89	01:43.49	01:38.89	01:34.39	100FR	01:24.89	01:28.99	01:32.99	01:37.09	01:43.19	01:51.19	
04:20.99	04:02.29	03:43.59	03:34.29	03:24.99	03:15.69	200FR	02:57.59	03:06.09	03:14.49	03:22.89	03:39.89	03:56.69	
09:55.99	09:13.49	08:45.79	08:23.89	08:01.99	07:40.09	500FR	07:36.39	07:58.09	08:19.89	08:41.59	09:25.09	10:08.39	
22:14.89	20:39.59	19:04.29	18:16.59	17:28.89	16:41.19	1000FR	16:09.29	16:55.49	17:41.69	18:27.79	20:00.09	21:32.39	
40:43.79	37:49.19	34:54.79	33:27.39	32:00.19	30:32.99	1650FR	27:30.69	28:49.29	30:07.89	31:26.59	34:03.69	36:40.89	
01:02.29	00:57.79	00:55.79	00:53.39	00:51.29	00:48.89	50BK	00:44.29	00:46.69	00:48.99	00:51.39	00:53.39	00:57.79	
02:41.09	02:28.49	02:15.79	02:09.49	02:03.19	01:56.69	100BK	01:55.49	02:01.89	02:08.09	02:14.49	02:26.99	02:39.59	
05:20.99	04:58.09	04:35.19	04:23.79	04:12.19	04:00.69	200BK	03:22.49	03:32.19	03:41.69	03:51.39	04:10.59	04:29.99	
01:18.69	01:13.19	01:07.39	01:04.79	01:01.89	00:58.99	50BR	00:52.99	00:55.99	00:58.89	01:01.69	01:07.39	01:13.09	
02:50.29	02:37.59	02:31.99	02:25.29	02:18.79	02:12.19	100BR	01:51.19	01:57.09	02:02.89	02:08.59	02:20.29	02:31.89	
06:42.19	06:13.49	05:44.69	05:30.49	05:16.19	05:01.69	200BR	04:34.39	04:47.69	05:00.69	05:13.69	05:39.79	06:05.89	
01:12.49	01:07.39	01:02.09	00:59.49	00:56.99	00:54.39	50FL	00:39.39	00:41.59	00:43.79	00:45.99	00:48.09	00:52.19	
02:56.49	02:42.29	02:28.29	02:21.09	02:14.09	02:07.09	100FL	02:00.29	02:07.19	02:14.09	02:20.99	02:27.69	02:40.89	
02:29.69	02:18.99	02:08.39	02:02.99	01:57.69	01:52.29	100IM	01:42.69	01:47.59	01:52.69	01:57.69	02:01.89	02:11.59	
05:02.89	04:41.19	04:27.19	04:15.99	04:04.99	03:53.79	200IM	03:37.79	03:48.89	04:00.09	04:11.09	04:21.19	04:42.39	
13-14 Girls		SCY				P2				SCY		13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B	
00:51.79	00:48.19	00:45.29	00:43.39	00:41.59	00:39.69	50FR	00:35.19	00:36.99	00:38.69	00:40.29	00:42.79	00:46.19	
01:48.79	01:40.99	01:35.19	01:31.09	01:27.19	01:23.29	100FR	01:19.29	01:23.19	01:26.89	01:30.69	01:35.49	01:42.99	
03:44.19	03:28.29	03:16.09	03:07.89	02:59.69	02:51.69	200FR	02:45.29	02:53.19	03:01.09	03:08.99	03:14.99	03:30.09	
09:05.99	08:26.99	07:57.49	07:37.49	07:17.59	06:57.79	500FR	06:59.19	07:19.19	07:39.19	07:58.99	08:14.29	08:52.19	
20:58.59	19:28.69	17:58.79	17:13.89	16:28.89	15:43.99	1000FR	14:35.49	15:17.19	15:58.89	16:40.59	18:03.99	19:27.29	
38:26.89	35:41.99	32:57.29	31:34.89	30:12.59	28:50.19	1650FR	25:10.39	26:22.29	27:34.19	28:46.09	31:09.89	33:33.69	
00:56.39	00:52.59	00:50.89	00:48.69	00:46.59	00:44.49	50BK	00:39.79	00:41.69	00:43.49	00:45.39	00:46.99	00:50.59	
02:23.09	02:12.89	02:02.59	01:57.59	01:52.59	01:47.39	100BK	01:43.89	01:48.69	01:53.79	01:58.39	02:08.49	02:18.39	
04:57.59	04:36.29	04:14.99	04:04.49	03:53.79	03:43.19	200BK	03:06.59	03:15.59	03:24.39	03:33.29	03:44.39	04:01.59	
01:15.29	01:09.89	01:04.59	01:01.89	00:59.19	00:56.49	50BR	00:48.59	00:50.99	00:53.29	00:55.69	01:00.19	01:04.89	
02:29.09	02:18.29	02:07.79	02:02.49	01:57.19	01:51.79	100BR	01:42.09	01:46.99	01:51.89	01:56.59	02:02.69	02:12.09	
06:13.49	05:46.89	05:20.29	05:06.79	04:53.49	04:40.19	200BR	04:04.39	04:15.99	04:27.49	04:39.29	05:02.59	05:25.79	
01:01.09	00:56.89	00:52.39	00:50.19	00:48.19	00:45.89	50FL	00:36.69	00:38.49	00:40.09	00:41.89	00:43.29	00:46.69	
02:37.99	02:26.69	02:15.59	02:09.79	02:04.29	01:58.49	100FL	01:54.59	01:59.99	02:05.39	02:10.89	02:15.69	02:26.09	
02:29.69	02:18.99	02:08.39	02:02.99	01:57.69	01:52.29	100IM	01:31.59	01:35.89	01:40.29	01:44.69	01:48.49	01:56.89	
04:42.99	04:22.69	04:09.49	03:59.19	03:48.89	03:38.39	200IM	03:24.09	03:33.79	03:43.59	03:53.19	04:01.89	04:20.49	

USA Swimming 2024-2028 Parallel Time Standards

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15-16 Girls		SCY				P2	SCY				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:50.69	00:47.09	00:44.39	00:42.39	00:40.59	00:38.89	50FR	00:33.99	00:35.59	00:37.19	00:38.79	00:37.59	00:40.49
01:46.79	01:38.69	01:33.89	01:29.99	01:26.09	01:22.19	100FR	01:14.29	01:17.99	01:21.49	01:24.99	01:23.69	01:30.09
03:39.59	03:23.99	03:13.79	03:05.79	02:57.79	02:49.69	200FR	02:37.69	02:45.29	02:52.89	03:00.29	03:02.49	03:16.59
08:56.39	08:18.19	07:53.49	07:33.79	07:14.09	06:54.39	500FR	06:47.99	07:07.39	07:26.89	07:46.29	07:52.09	08:28.39
20:31.69	19:03.89	17:35.89	16:51.79	16:07.89	15:23.79	1000FR	14:06.79	14:47.09	15:27.39	16:07.79	17:28.39	18:48.99
37:43.09	35:01.39	32:19.79	30:59.09	29:38.19	28:17.29	1650FR	24:07.09	25:15.89	26:24.89	27:33.69	31:21.09	33:45.79
00:57.39	00:53.29	00:51.49	00:49.39	00:47.19	00:45.09	50BK	00:38.29	00:40.09	00:41.89	00:43.69	00:41.89	00:45.09
02:18.99	02:09.09	01:59.29	01:54.19	01:49.19	01:44.39	100BK	01:45.29	01:50.29	01:55.29	02:00.29	02:01.69	02:10.99
04:50.09	04:29.29	04:08.79	03:58.39	03:47.99	03:37.59	200BK	03:06.69	03:15.59	03:24.59	03:33.49	03:34.09	03:50.49
01:10.59	01:05.59	01:00.59	00:57.99	00:55.49	00:52.99	50BR	00:44.09	00:46.19	00:48.29	00:50.39	00:54.59	00:58.79
02:24.39	02:14.09	02:03.89	01:58.69	01:53.49	01:48.39	100BR	01:39.39	01:43.99	01:48.89	01:53.49	01:57.09	02:06.19
06:03.69	05:37.69	05:11.69	04:58.79	04:45.89	04:32.79	200BR	03:53.39	04:04.59	04:15.79	04:26.79	04:49.09	05:11.29
00:58.19	00:53.99	00:51.39	00:49.19	00:47.09	00:44.89	50FL	00:34.89	00:36.59	00:38.19	00:39.89	00:38.59	00:41.49
02:32.99	02:22.09	02:12.49	02:06.89	02:01.29	01:55.89	100FL	01:48.19	01:53.39	01:58.59	02:03.69	01:57.59	02:06.59
02:10.89	02:01.49	01:52.09	01:47.49	01:42.79	01:38.09	100IM	01:27.39	01:31.59	01:35.79	01:39.89	01:32.49	01:39.59
04:36.39	04:16.59	04:03.69	03:53.59	03:43.49	03:33.19	200IM	03:14.99	03:24.29	03:33.59	03:42.89	03:26.39	03:42.19

17-18 Girls		SCY				P2	SCY				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:50.09	00:46.39	00:43.69	00:41.89	00:40.19	00:38.19	50FR	00:33.19	00:34.79	00:36.19	00:37.79	00:36.59	00:39.49
01:45.39	01:37.79	01:33.09	01:29.09	01:25.29	01:21.39	100FR	01:12.39	01:15.79	01:19.29	01:22.59	01:21.39	01:27.59
03:36.99	03:21.49	03:11.59	03:03.49	02:55.59	02:47.59	200FR	02:34.99	02:42.39	02:49.69	02:57.09	02:59.19	03:13.09
08:50.39	08:12.59	07:48.19	07:28.69	07:09.19	06:49.69	500FR	06:42.19	07:01.39	07:20.59	07:39.79	07:45.39	08:21.19
20:21.69	18:54.39	17:27.19	16:43.49	15:59.89	15:16.29	1000FR	13:54.09	14:33.79	15:13.49	15:53.19	17:12.59	18:31.99
36:56.49	34:18.29	31:39.89	30:20.79	29:01.69	27:42.39	1650FR	23:47.29	24:55.19	26:03.09	27:11.09	30:55.39	33:18.09
00:56.29	00:52.19	00:50.49	00:48.39	00:46.29	00:44.19	50BK	00:37.09	00:38.89	00:40.59	00:42.39	00:40.79	00:43.79
02:16.59	02:06.69	01:56.99	01:52.19	01:47.39	01:42.29	100BK	01:41.59	01:46.59	01:51.29	01:56.09	01:58.39	02:06.59
04:43.99	04:23.59	04:03.39	03:53.19	03:43.19	03:32.99	200BK	03:01.99	03:10.69	03:19.29	03:27.89	03:28.59	03:44.69
01:09.89	01:04.99	00:59.99	00:57.49	00:54.99	00:52.49	50BR	00:42.79	00:44.89	00:46.89	00:48.89	00:52.99	00:57.09
02:22.49	02:12.39	02:02.19	01:57.19	01:52.09	01:46.89	100BR	01:36.49	01:41.09	01:45.79	01:50.19	01:53.89	02:02.49
06:01.19	05:35.39	05:09.59	04:56.59	04:43.69	04:30.79	200BR	03:46.69	03:57.49	04:08.29	04:19.19	04:40.79	05:02.39
00:57.29	00:53.19	00:50.59	00:48.49	00:46.39	00:44.29	50FL	00:33.99	00:35.59	00:37.19	00:38.79	00:37.59	00:40.39
02:31.39	02:20.49	02:11.09	02:05.49	02:00.09	01:54.69	100FL	01:45.49	01:50.39	01:55.29	02:00.49	01:54.59	02:03.19
02:08.99	01:59.79	01:50.59	01:45.99	01:41.39	01:36.79	100IM	01:25.79	01:29.89	01:33.89	01:37.99	01:30.79	01:37.69
04:32.09	04:12.69	03:59.89	03:49.99	03:39.89	03:29.99	200IM	03:10.49	03:19.59	03:28.59	03:37.69	03:21.59	03:36.99

10&under Girls		SCM				P2	SCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:10.19	01:03.49	00:57.69	00:55.39	00:53.09	00:50.89	50FR	00:46.49	00:48.49	00:50.49	00:52.49	00:57.29	01:03.29
02:45.99	02:28.39	02:13.19	02:07.09	02:01.19	01:55.09	100FR	01:46.29	01:51.49	01:56.89	02:02.09	02:12.99	02:28.29
05:26.89	04:51.19	04:28.19	04:15.59	04:03.09	03:50.49	200FR	03:42.49	03:53.09	04:03.69	04:14.19	04:45.99	05:17.69
09:58.89	08:58.89	08:22.99	08:02.19	07:41.19	07:20.19	400FR	07:27.59	07:48.89	08:10.19	08:31.49	09:35.29	10:39.19
01:23.69	01:14.49	01:07.89	01:04.79	01:01.59	00:58.49	50BK	00:53.39	00:56.39	00:59.39	01:02.29	01:07.69	01:16.29
03:37.49	03:13.29	02:49.09	02:41.09	02:33.09	02:25.09	100BK	02:35.49	02:43.29	02:51.19	02:59.19	03:13.29	03:35.79
01:47.89	01:36.19	01:24.59	01:20.69	01:16.89	01:12.99	50BR	01:07.59	01:11.09	01:14.69	01:18.19	01:28.79	01:39.19
03:43.29	03:18.59	02:57.29	02:48.89	02:40.49	02:32.09	100BR	02:22.69	02:29.89	02:36.99	02:44.19	03:05.49	03:26.79
01:44.99	01:32.69	01:20.29	01:16.19	01:12.09	01:07.89	50FL	00:47.39	00:50.09	00:52.79	00:55.39	01:02.29	01:10.19
04:25.09	03:50.49	03:15.79	03:04.09	02:52.59	02:40.99	100FL	02:32.49	02:43.19	02:53.69	03:04.39	03:25.89	03:56.39
03:22.39	03:00.99	02:39.29	02:32.09	02:24.89	02:17.69	100IM	02:06.19	02:12.19	02:18.09	02:24.19	02:34.69	02:51.89
06:44.19	06:01.69	05:25.59	05:11.19	04:56.89	04:42.49	200IM	04:27.49	04:40.99	04:54.29	05:07.59	05:31.59	06:09.89

USA Swimming 2024-2028 Parallel Time Standards

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11-12 Girls		SCM				P2	SCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:59.99	00:55.79	00:52.69	00:50.49	00:48.39	00:46.29	50FR	00:41.59	00:43.59	00:45.59	00:47.59	00:50.59	00:54.49
02:19.09	02:09.09	01:59.19	01:54.29	01:49.39	01:44.29	100FR	05:28.99	01:38.39	01:42.79	01:47.19	01:53.99	02:02.79
04:48.29	04:27.79	04:07.19	03:56.99	03:46.49	03:36.29	200FR	03:16.19	03:25.59	03:34.89	03:44.29	04:02.89	04:21.59
08:41.59	08:04.29	07:40.09	07:20.99	07:01.79	06:42.69	400FR	06:39.29	06:58.29	07:17.29	07:36.39	08:14.39	08:52.49
19:28.09	18:04.69	16:41.19	15:59.49	15:17.79	14:36.09	800FR	00:00.09	00:00.09	00:00.09	00:00.09	00:00.09	00:00.09
40:29.19	37:35.59	34:42.09	33:15.39	31:48.69	30:21.89	1500FR	00:00.09	00:00.09	00:00.09	00:00.09	00:00.09	00:00.09
01:08.69	01:03.89	01:01.69	00:59.09	00:56.49	00:53.89	50BK	00:48.99	00:51.59	00:54.19	00:56.69	00:58.99	01:03.89
02:58.09	02:44.09	02:29.99	02:23.09	02:15.99	02:08.89	100BK	02:07.69	02:14.69	02:21.49	02:28.49	02:42.49	02:56.29
05:54.59	05:29.39	05:03.99	04:51.29	04:38.59	04:26.09	200BK	03:43.79	03:54.39	04:04.99	04:15.59	04:36.99	04:58.19
01:26.89	01:20.89	01:14.59	01:11.39	01:08.29	01:05.29	50BR	00:58.69	01:01.69	01:04.89	01:08.09	01:14.49	01:20.89
03:08.09	02:54.19	02:47.89	02:40.69	02:33.39	02:26.09	100BR	02:02.99	02:09.39	02:15.79	02:22.19	02:34.99	02:47.79
07:24.49	06:52.79	06:21.09	06:05.09	05:49.19	05:33.39	200BR	05:03.29	05:17.79	05:32.19	05:46.69	06:15.59	06:44.39
01:20.09	01:14.19	01:08.49	01:05.79	01:02.79	01:00.09	50FL	00:43.69	00:45.99	00:48.39	00:50.89	00:52.99	00:57.69
03:14.99	02:59.29	02:43.69	02:35.89	02:28.29	02:20.49	100FL	02:12.89	02:20.39	02:28.09	02:35.59	02:43.19	02:57.69
02:45.49	02:33.69	02:21.79	02:15.99	02:09.99	02:03.99	100IM	01:53.49	01:58.89	02:04.39	02:09.99	02:14.79	02:25.39
05:34.69	05:10.79	04:55.29	04:42.89	04:30.59	04:18.39	200IM	04:00.69	04:12.89	04:25.29	04:37.49	04:48.59	05:12.09

13-14 Girls		SCM				P2	SCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:57.39	00:53.29	00:50.09	00:47.89	00:45.99	00:43.89	50FR	00:38.99	00:40.69	00:42.59	00:44.49	00:47.39	00:50.99
02:00.29	01:51.69	01:45.19	01:40.79	01:36.39	01:32.09	100FR	01:27.69	01:31.79	01:35.99	01:40.09	01:45.59	01:53.69
04:07.79	03:50.19	03:36.59	03:27.69	03:18.59	03:09.49	200FR	03:02.59	03:11.29	03:20.09	03:28.79	03:35.49	03:52.19
07:57.79	07:23.69	06:57.69	06:40.29	06:22.89	06:05.59	400FR	06:06.89	06:24.29	06:41.79	06:59.19	07:12.49	07:45.69
18:21.29	17:02.59	15:43.89	15:04.59	14:25.29	13:45.89	800FR	12:46.09	13:22.49	13:59.09	14:35.49	15:48.49	17:01.39
38:12.89	35:29.19	32:45.39	31:23.59	30:01.69	28:39.79	1500FR	25:01.39	26:12.69	27:24.29	28:35.79	30:58.69	33:21.69
01:02.39	00:57.99	00:56.09	00:53.79	00:51.49	00:49.09	50BK	00:43.89	00:45.89	00:48.09	00:50.09	00:51.89	00:55.79
02:38.09	02:26.79	02:15.59	02:09.89	02:04.29	01:58.69	100BK	01:54.69	02:00.19	02:05.59	02:10.99	02:21.89	02:32.99
05:28.89	05:05.29	04:41.79	04:29.99	04:18.39	04:06.59	200BK	03:26.19	03:35.99	03:45.79	03:55.59	04:07.79	04:26.99
01:23.19	01:17.29	01:11.39	01:08.29	01:05.29	01:02.39	50BR	00:53.79	00:56.29	00:58.89	01:01.39	01:06.59	01:11.59
02:44.69	02:32.89	02:21.19	02:15.29	02:09.39	02:03.49	100BR	01:52.89	01:58.09	02:03.49	02:08.89	02:15.49	02:25.99
06:52.79	06:23.29	05:53.69	05:39.09	05:24.39	05:09.59	200BR	04:29.99	04:42.79	04:55.69	05:08.49	05:34.19	05:59.89
01:07.59	01:02.79	00:57.89	00:55.49	00:53.09	00:50.69	50FL	00:40.59	00:42.49	00:44.39	00:46.29	00:47.79	00:51.49
02:54.59	02:42.09	02:29.69	02:23.39	02:17.19	02:10.99	100FL	02:06.49	02:12.59	02:18.69	02:24.69	02:29.79	02:41.39
02:29.19	02:18.49	02:07.89	02:02.59	01:57.19	01:51.89	100IM	01:41.19	01:45.99	01:50.79	01:55.59	01:59.89	02:09.09
05:12.59	04:50.19	04:35.79	04:24.29	04:12.79	04:01.39	200IM	03:45.49	03:56.19	04:06.99	04:17.69	04:27.29	04:47.69

15-16 Girls		SCM				P2	SCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:55.99	00:51.99	00:48.89	00:46.99	00:44.89	00:42.89	50FR	00:37.49	00:39.39	00:41.19	00:42.89	00:41.49	00:44.59
01:57.59	01:49.09	01:43.69	01:39.39	01:35.09	01:30.79	100FR	01:22.19	01:26.19	01:29.99	01:33.99	01:32.99	01:39.49
04:02.79	03:45.39	03:34.29	03:25.39	03:16.39	03:07.49	200FR	02:54.39	03:02.59	03:10.99	03:19.29	03:21.79	03:37.19
07:49.39	07:15.89	06:54.39	06:36.99	06:19.79	06:02.59	400FR	05:56.99	06:13.99	06:30.99	06:47.99	06:53.09	07:24.89
17:57.79	16:40.89	15:23.79	14:45.39	14:06.89	13:28.29	800FR	12:20.89	12:56.19	13:31.59	14:06.79	15:17.29	16:27.89
37:29.49	34:48.79	32:08.09	30:47.89	29:27.49	28:07.19	1500FR	23:58.39	25:06.89	26:15.29	27:23.79	31:09.89	33:33.69
01:03.39	00:58.89	00:56.89	00:54.49	00:52.19	00:49.79	50BK	00:42.29	00:44.19	00:46.29	00:48.29	00:46.29	00:49.79
02:33.69	02:22.69	02:11.69	02:06.19	02:00.79	01:55.39	100BK	01:56.29	02:01.69	02:07.29	02:12.89	02:14.49	02:24.79
05:20.59	04:57.79	04:34.89	04:23.39	04:11.99	04:00.49	200BK	03:26.39	03:36.19	03:45.99	03:55.79	03:56.59	04:14.69
01:18.09	01:12.49	01:06.89	01:04.09	01:01.29	00:58.59	50BR	00:48.69	00:51.09	00:53.39	00:55.69	01:00.29	01:04.89
02:39.69	02:28.19	02:16.79	02:11.09	02:05.39	01:59.69	100BR	01:49.69	01:55.09	02:00.19	02:05.39	02:09.39	02:19.39
06:41.79	06:13.29	05:44.59	05:30.09	05:15.79	05:01.49	200BR	04:17.99	04:30.29	04:42.59	04:54.89	05:19.29	05:43.89
01:04.29	00:59.69	00:56.69	00:54.39	00:51.99	00:49.59	50FL	00:38.59	00:40.39	00:42.19	00:44.09	00:42.59	00:45.89
02:49.09	02:36.89	02:26.19	02:20.19	02:14.19	02:07.99	100FL	01:59.59	02:05.39	02:10.99	02:16.79	02:09.99	02:19.99
02:27.59	02:17.29	02:06.99	02:01.79	01:56.59	01:51.49	100IM	01:36.59	01:41.19	01:45.79	01:50.39	01:42.19	01:50.09
05:05.39	04:43.59	04:29.39	04:18.09	04:06.89	03:55.59	200IM	03:35.49	03:45.79	03:55.99	04:06.29	03:48.09	04:05.59

USA Swimming 2024-2028 Parallel Time Standards

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17-18 Girls		SCM				P2	SCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:55.29	00:51.39	00:48.29	00:46.29	00:44.19	00:42.29	50FR	00:36.49	00:38.29	00:39.99	00:41.79	00:40.49	00:43.49
01:56.39	01:48.19	01:42.79	01:38.49	01:34.19	01:29.89	100FR	01:19.89	01:23.79	01:27.59	01:31.39	01:29.99	01:36.89
03:59.79	03:42.69	03:31.59	03:22.79	03:13.99	03:05.19	200FR	02:51.19	02:59.39	03:07.59	03:15.59	03:18.09	03:33.29
07:44.09	07:10.99	06:49.69	06:32.59	06:15.49	05:58.39	400FR	05:51.99	06:08.69	06:25.49	06:42.19	06:47.19	07:18.49
17:48.89	16:32.59	15:16.29	14:37.99	13:59.79	13:21.69	800FR	12:09.79	12:44.59	13:19.29	13:54.09	15:03.59	16:13.09
36:43.29	34:05.99	31:28.59	30:09.89	28:51.19	27:32.49	1500FR	23:38.69	24:46.19	25:53.79	27:01.29	30:44.19	33:06.09
01:02.19	00:57.69	00:55.79	00:53.39	00:51.09	00:48.79	50BK	00:40.99	00:42.89	00:44.89	00:46.79	00:44.89	00:48.39
02:30.89	02:20.09	02:09.29	02:03.89	01:58.49	01:53.09	100BK	01:52.39	01:57.59	02:02.99	02:08.39	02:09.89	02:19.99
05:13.69	04:51.29	04:28.99	04:17.69	04:06.39	03:55.29	200BK	03:21.19	03:30.59	03:40.29	03:49.89	03:50.49	04:08.29
01:17.29	01:11.79	01:06.29	01:03.49	01:00.79	00:57.99	50BR	00:47.29	00:49.59	00:51.79	00:54.09	00:58.59	01:03.09
02:37.49	02:26.39	02:15.09	02:09.39	02:03.89	01:58.19	100BR	01:46.59	01:51.79	01:56.79	02:01.79	02:05.69	02:15.29
06:39.09	06:10.59	05:41.99	05:27.69	05:13.69	04:59.39	200BR	04:10.59	04:22.49	04:34.39	04:46.29	05:10.19	05:33.99
01:03.29	00:58.79	00:55.89	00:53.59	00:51.29	00:48.89	50FL	00:37.59	00:39.29	00:41.09	00:42.89	00:41.49	00:44.69
02:47.19	02:35.29	02:24.79	02:18.79	02:12.69	02:06.69	100FL	01:56.39	02:01.99	02:07.59	02:13.19	02:06.39	02:16.19
02:25.59	02:15.39	02:05.19	02:00.19	01:55.09	01:49.99	100IM	01:34.79	01:39.29	01:43.79	01:48.29	01:40.29	01:47.99
05:00.59	04:39.09	04:25.09	04:14.09	04:02.99	03:52.09	200IM	03:30.49	03:40.49	03:50.49	04:00.49	03:42.79	03:59.79

10&under Girls		LCM				P2	LCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
01:08.79	01:02.09	00:55.59	00:53.29	00:51.19	00:48.89	50FR	00:45.19	00:47.19	00:49.19	00:50.99	00:56.89	01:02.79
02:39.49	02:22.49	02:05.49	01:59.79	01:54.19	01:48.49	100FR	01:41.39	01:46.39	01:51.39	01:56.49	02:11.59	02:26.69
05:37.09	05:00.19	04:23.29	04:10.99	03:58.59	03:46.39	200FR	03:39.19	03:49.59	04:00.09	04:10.59	04:41.79	05:13.19
10:20.69	09:18.59	08:16.59	07:55.89	07:35.19	07:14.49	400FR	07:22.69	07:43.79	08:04.89	08:25.89	09:29.19	10:32.39
01:24.49	01:15.19	01:05.99	01:02.99	00:59.79	00:56.79	50BK	00:52.89	00:55.69	00:58.69	01:01.59	01:10.39	01:19.09
03:46.19	03:21.09	02:55.99	02:47.59	02:39.29	02:30.89	100BK	02:35.29	02:43.29	02:51.19	02:59.19	03:22.79	03:46.49
01:51.19	01:39.29	01:27.29	01:23.19	01:19.19	01:15.29	50BR	01:09.79	01:13.29	01:16.99	01:20.49	01:31.49	01:42.39
03:54.29	03:28.19	03:02.19	02:53.59	02:44.89	02:36.29	100BR	02:30.39	02:37.99	02:45.49	02:53.09	03:15.49	03:37.99
01:32.99	01:22.09	01:10.99	01:07.39	01:03.69	01:00.09	50FL	00:47.39	00:49.99	00:52.69	00:55.39	01:03.39	01:11.39
04:33.09	03:57.29	03:21.49	03:09.59	02:57.69	02:45.79	100FL	02:29.99	02:40.29	02:50.89	03:01.19	03:32.69	04:03.89
06:48.89	06:06.09	05:23.19	05:08.79	04:54.59	04:40.39	200IM	04:21.09	04:34.19	04:52.79	05:00.09	05:32.59	06:10.99

11-12 Girls		LCM				P2	LCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:58.49	00:54.49	00:50.39	00:48.49	00:46.29	00:44.39	50FR	00:40.19	00:41.99	00:43.89	00:45.89	00:49.79	00:53.49
02:11.19	02:01.79	01:52.49	01:47.69	01:42.99	01:38.39	100FR	01:29.49	01:33.69	01:38.09	01:42.29	01:50.69	01:59.29
04:31.99	04:12.59	03:53.19	03:43.49	03:33.79	03:23.99	200FR	03:14.19	03:23.49	03:32.69	03:41.99	04:00.49	04:18.99
08:40.39	08:03.19	07:26.09	07:07.59	06:48.89	06:30.29	400FR	06:34.49	06:53.29	07:11.99	07:30.79	08:08.29	08:45.89
20:14.99	18:48.19	17:21.39	16:38.09	15:54.59	15:11.29	800FR	14:37.89	15:19.69	16:01.49	16:43.39	18:06.89	19:30.59
42:20.29	39:18.89	36:17.29	34:46.69	33:15.89	31:45.29	1500FR	29:05.29	30:28.39	31:51.49	33:14.69	36:00.79	38:46.99
01:07.79	01:02.99	00:59.29	00:56.79	00:54.39	00:51.89	50BK	00:46.59	00:48.99	00:51.39	00:53.89	00:58.69	01:03.59
03:07.19	02:52.49	02:37.79	02:30.29	02:23.09	02:15.59	100BK	02:16.69	02:24.19	02:31.59	02:38.99	02:53.89	03:08.69
06:12.09	05:45.69	05:18.99	05:05.79	04:52.39	04:39.19	200BK	03:57.69	04:09.09	04:20.29	04:31.69	04:54.29	05:16.99
01:29.09	01:22.59	01:16.39	01:13.19	01:09.89	01:06.89	50BR	01:00.69	01:04.09	01:07.29	01:10.59	01:17.19	01:23.69
03:05.49	02:51.79	02:37.99	02:31.29	02:24.39	02:17.49	100BR	02:09.59	02:16.29	02:22.99	02:29.79	02:43.39	02:56.79
07:42.99	07:09.99	06:36.99	06:20.29	06:03.89	05:47.29	200BR	05:18.59	05:33.69	05:48.69	06:03.99	06:34.19	07:04.59
01:11.39	01:06.29	01:01.09	00:58.59	00:56.19	00:53.59	50FL	00:41.39	00:43.69	00:45.89	00:48.19	00:52.89	00:57.39
03:22.19	03:06.09	02:49.89	02:41.89	02:33.79	02:25.59	100FL	02:07.69	02:15.09	02:22.39	02:29.79	02:44.49	02:59.19
05:36.79	05:12.79	04:48.79	04:36.69	04:24.69	04:12.69	200IM	03:59.49	04:11.69	04:23.89	04:36.19	04:46.59	05:09.89



USA Swimming 2024-2028 Parallel Time Standards

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13-14 Girls		LCM				P2	LCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:56.49	00:52.59	00:48.49	00:46.49	00:44.49	00:42.39	50FR	00:37.49	00:39.19	00:41.09	00:42.89	00:45.49	00:48.99
02:04.39	01:55.49	01:46.69	01:42.19	01:37.79	01:33.29	100FR	01:21.99	01:25.69	01:29.69	01:33.59	01:41.39	01:49.09
04:15.89	03:57.59	03:39.39	03:30.19	03:21.09	03:11.89	200FR	02:57.79	03:06.29	03:14.69	03:23.19	03:40.09	03:56.99
08:07.59	07:32.69	06:57.89	06:40.49	06:23.09	06:05.69	400FR	06:00.59	06:17.79	06:34.89	06:52.19	07:26.39	08:00.79
18:51.99	17:31.19	16:10.29	15:29.89	14:49.49	14:08.99	800FR	13:10.69	13:48.29	14:25.99	15:03.59	16:18.89	17:34.09
39:40.59	36:50.49	34:00.49	32:35.49	31:10.39	29:45.49	1500FR	25:57.29	27:11.39	28:25.59	29:39.69	32:07.99	34:36.29
01:04.49	00:59.79	00:55.29	00:52.99	00:50.69	00:48.29	50BK	00:42.39	00:44.39	00:46.39	00:48.39	00:52.39	00:56.39
02:46.89	02:34.99	02:23.09	02:17.09	02:11.19	02:05.19	100BK	02:01.89	02:07.69	02:13.39	02:19.19	02:30.79	02:42.49
05:45.69	05:20.99	04:56.29	04:43.99	04:31.59	04:19.29	200BK	03:32.79	03:42.99	03:53.09	04:03.29	04:23.59	04:43.89
01:25.49	01:19.39	01:13.29	01:10.29	01:07.29	01:04.19	50BR	00:55.49	00:58.19	01:00.89	01:03.39	01:08.79	01:13.99
02:52.09	02:39.69	02:27.39	02:21.39	02:15.09	02:09.09	100BR	01:55.29	02:00.89	02:06.29	02:11.89	02:22.89	02:33.89
07:10.79	06:40.09	06:09.39	05:53.89	05:38.49	05:23.19	200BR	04:43.39	04:56.99	05:10.39	05:23.79	05:50.79	06:17.79
01:08.29	01:03.39	00:58.59	00:55.99	00:53.59	00:51.19	50FL	00:38.99	00:40.79	00:42.59	00:44.39	00:47.29	00:50.89
02:59.29	02:46.59	02:33.79	02:27.49	02:21.09	02:14.49	100FL	02:00.39	02:05.99	02:11.79	02:17.59	02:24.79	02:35.79
05:15.39	04:52.79	04:30.29	04:19.09	04:07.69	03:56.49	200IM	03:34.09	03:44.29	03:54.39	04:04.49	04:14.99	04:34.69

15-16 Girls		LCM				P2	LCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:54.79	00:50.89	00:46.89	00:44.99	00:42.99	00:41.19	50FR	00:37.09	00:38.89	00:40.49	00:42.29	00:44.59	00:47.99
02:00.09	01:51.59	01:42.99	01:38.69	01:34.39	01:30.09	100FR	01:18.19	01:21.99	01:25.69	01:29.39	01:36.89	01:44.29
04:06.99	03:49.29	03:31.79	03:22.89	03:14.09	03:05.19	200FR	02:49.79	02:57.89	03:05.99	03:14.09	03:30.09	03:46.29
07:50.49	07:16.99	06:43.29	06:26.49	06:09.69	05:52.89	400FR	05:45.79	06:02.19	06:18.69	06:35.19	07:07.99	07:40.99
18:11.09	16:53.19	15:35.19	14:56.19	14:17.29	13:38.29	800FR	12:41.39	13:17.69	13:53.79	14:30.09	15:42.69	16:55.19
38:11.59	35:27.89	32:44.29	31:22.39	30:00.49	28:38.69	1500FR	24:53.89	26:04.89	27:16.19	28:27.19	30:49.49	33:11.79
01:01.49	00:57.09	00:53.79	00:51.49	00:49.29	00:47.09	50BK	00:40.39	00:42.39	00:44.29	00:46.19	00:49.09	00:52.79
02:41.69	02:30.09	02:18.59	02:12.79	02:07.09	02:01.29	100BK	01:55.49	02:01.09	02:06.59	02:11.99	02:23.09	02:34.09
05:34.09	05:10.09	04:46.29	04:34.29	04:22.49	04:10.49	200BK	03:21.79	03:31.39	03:40.99	03:50.59	04:09.79	04:28.99
01:20.89	01:15.09	01:09.29	01:06.39	01:03.59	01:00.69	50BR	00:51.29	00:53.69	00:56.19	00:58.59	01:03.49	01:08.39
02:45.69	02:33.99	02:21.99	02:16.09	02:10.29	02:04.39	100BR	01:50.09	01:55.29	02:00.59	02:05.79	02:16.29	02:26.79
06:55.49	06:25.79	05:56.09	05:41.19	05:26.59	05:11.69	200BR	04:31.79	04:44.69	04:57.69	05:10.59	05:36.49	06:02.29
01:05.19	01:00.59	00:55.99	00:53.59	00:51.29	00:48.99	50FL	00:36.99	00:38.79	00:40.59	00:42.29	00:44.49	00:47.89
02:53.39	02:40.99	02:28.69	02:22.49	02:16.39	02:10.19	100FL	01:54.99	02:00.39	02:05.99	02:11.39	02:18.39	02:28.99
05:05.79	04:43.89	04:22.09	04:11.09	04:00.19	03:49.29	200IM	03:26.19	03:35.99	03:45.79	03:55.59	04:05.69	04:24.59

17-18 Girls		LCM				P2	LCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:54.49	00:50.59	00:46.59	00:44.79	00:42.79	00:40.89	50FR	00:35.99	00:37.69	00:39.29	00:41.09	00:43.19	00:46.49
01:59.09	01:50.59	01:42.09	01:37.89	01:33.59	01:29.29	100FR	01:16.19	01:19.79	01:23.39	01:26.99	01:34.29	01:41.59
04:04.79	03:47.29	03:29.69	03:20.99	03:12.19	03:03.59	200FR	02:45.79	02:53.59	03:01.49	03:09.49	03:25.19	03:40.99
07:48.09	07:14.69	06:41.29	06:24.49	06:07.79	05:51.09	400FR	05:37.89	05:53.99	06:10.09	06:26.09	06:58.29	07:30.49
17:59.99	16:42.99	15:25.79	14:47.19	14:08.59	13:30.09	800FR	12:23.89	12:59.29	13:34.69	14:10.09	15:20.89	16:31.69
37:51.19	35:08.89	32:26.79	31:05.69	29:44.49	28:23.39	1500FR	24:28.69	25:38.49	26:48.39	27:58.39	30:18.19	32:38.09
01:00.99	00:56.59	00:52.29	00:50.09	00:47.89	00:45.79	50BK	00:39.59	00:41.49	00:43.39	00:45.19	00:47.99	00:51.69
02:39.79	02:28.49	02:17.09	02:11.39	02:05.59	01:59.99	100BK	01:52.99	01:58.19	02:03.69	02:09.09	02:19.79	02:30.39
05:32.29	05:08.49	04:44.69	04:32.89	04:21.09	04:09.09	200BK	03:18.19	03:27.49	03:37.09	03:46.39	04:05.29	04:24.19
01:19.89	01:14.19	01:08.49	01:05.69	01:02.79	00:59.99	50BR	00:49.79	00:52.19	00:54.59	00:56.99	01:01.69	01:06.39
02:43.89	02:32.09	02:20.49	02:14.59	02:08.69	02:02.89	100BR	01:46.79	01:51.89	01:56.99	02:02.09	02:12.19	02:22.19
06:50.39	06:21.29	05:51.99	05:37.29	05:22.69	05:07.99	200BR	04:24.39	04:36.79	04:49.49	05:02.19	05:27.29	05:52.49
01:04.39	00:59.79	00:55.19	00:52.89	00:50.59	00:48.29	50FL	00:35.99	00:37.69	00:39.39	00:41.09	00:43.29	00:46.59
02:51.89	02:39.79	02:27.49	02:21.29	02:15.09	02:08.99	100FL	01:51.79	01:57.19	02:02.39	02:07.79	02:14.49	02:24.79
05:02.69	04:41.19	04:19.59	04:08.69	03:57.99	03:47.09	200IM	03:21.29	03:30.79	03:40.39	03:49.99	03:59.69	04:18.09

USA Swimming 2024-2028 Parallel Time Standards

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P3 - single limb deficiencies, visual impairments, and intellectual impairments, ambulatory without significant assistance

10&under Girls		SCY				P3				SCY				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
00:49.69	00:44.99	00:40.89	00:39.39	00:37.69	00:36.09	50FR	00:34.39	00:35.89	00:37.39	00:38.89	00:43.29	00:47.79			
02:06.49	01:52.99	01:39.59	01:35.09	01:30.49	01:26.09	100FR	01:14.59	01:18.39	01:21.99	01:25.69	01:36.89	01:48.09			
05:08.79	04:34.99	04:01.19	03:49.89	03:38.69	03:27.39	200FR	02:50.79	02:58.89	03:06.99	03:15.09	03:39.59	04:03.89			
10:50.99	09:45.99	08:40.89	08:19.19	07:57.49	07:35.69	500FR	07:12.09	07:32.69	07:53.19	08:13.79	09:15.49	10:17.29			
01:07.69	01:00.29	00:52.89	00:50.39	00:47.89	00:45.39	50BK	00:41.69	00:44.09	00:46.39	00:48.69	00:55.59	01:02.59			
02:22.19	02:06.39	01:50.59	01:45.39	01:40.19	01:34.89	100BK	01:28.39	01:32.89	01:37.49	01:41.99	01:55.49	02:09.09			
01:14.89	01:06.79	00:58.69	00:56.09	00:53.29	00:50.59	50BR	00:50.39	00:53.09	00:55.69	00:58.29	01:06.09	01:13.99			
02:45.99	02:27.49	02:09.09	02:02.89	01:56.89	01:50.69	100BR	01:46.89	01:52.19	01:57.49	02:02.89	02:18.79	02:34.79			
01:08.99	01:00.79	00:52.69	00:49.99	00:47.29	00:44.59	50FL	00:38.29	00:40.49	00:42.59	00:44.79	00:51.29	00:57.79			
02:41.39	02:20.19	01:59.09	01:51.99	01:45.09	01:37.99	100FL	01:27.09	01:33.09	01:39.19	01:45.29	02:03.59	02:21.59			
02:24.79	02:09.39	01:53.99	01:48.79	01:43.69	01:38.59	100IM	01:28.29	01:32.49	01:36.59	01:40.79	01:53.49	02:06.09			
04:40.69	04:11.19	03:41.79	03:31.89	03:22.19	03:12.29	200IM	03:07.19	03:16.49	03:25.79	03:35.19	04:03.09	04:31.09			

  

11-12 Girls		SCY				P3				SCY				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
00:42.49	00:39.59	00:37.39	00:35.79	00:34.39	00:32.89	50FR	00:30.79	00:32.29	00:33.79	00:35.19	00:38.19	00:40.99			
01:44.09	01:36.69	01:29.19	01:25.49	01:21.79	01:17.99	100FR	01:05.79	01:08.99	01:12.09	01:15.29	01:21.59	01:27.79			
04:07.59	03:49.79	03:32.09	03:23.29	03:14.49	03:05.59	200FR	02:30.59	02:37.79	02:44.99	02:52.09	03:06.49	03:20.79			
09:10.49	08:31.19	07:51.89	07:32.19	07:12.59	06:52.89	500FR	06:25.59	06:43.89	07:02.29	07:20.69	07:57.39	08:33.99			
22:18.89	20:43.19	19:07.69	18:19.79	17:31.99	16:44.09	1000FR	15:04.19	15:47.29	16:30.49	17:13.39	17:46.19	19:08.19			
35:27.99	32:55.99	30:24.09	29:07.99	27:52.09	26:36.09	1650FR	26:14.19	27:29.19	28:44.09	29:59.19	31:00.49	33:23.49			
00:53.99	00:50.19	00:46.29	00:44.29	00:42.49	00:40.49	50BK	00:36.59	00:38.49	00:40.39	00:42.39	00:46.09	00:49.89			
01:56.39	01:47.29	01:38.09	01:33.59	01:28.99	01:24.29	100BK	01:16.29	01:20.49	01:24.59	01:28.79	01:36.99	01:45.39			
04:52.59	04:31.69	04:10.89	04:00.39	03:49.79	03:39.39	200BK	02:58.59	03:07.09	03:15.49	03:24.09	03:40.99	03:58.09			
01:00.29	00:56.09	00:51.69	00:49.59	00:47.39	00:45.29	50BR	00:43.59	00:46.09	00:48.49	00:50.79	00:55.49	01:00.19			
02:13.09	02:03.19	01:53.39	01:48.49	01:43.59	01:38.69	100BR	01:31.99	01:36.89	01:41.59	01:46.39	01:55.99	02:05.59			
05:20.39	04:57.49	04:34.59	04:23.29	04:11.89	04:00.39	200BR	03:55.39	04:06.69	04:17.89	04:29.09	04:51.49	05:13.79			
00:52.59	00:48.89	00:44.99	00:43.19	00:41.29	00:39.49	50FL	00:33.19	00:35.09	00:36.89	00:38.79	00:42.49	00:46.09			
01:58.59	01:49.09	01:39.69	01:34.89	01:30.19	01:25.49	100FL	01:13.79	01:17.99	01:22.29	01:26.49	01:34.99	01:43.49			
04:38.59	04:18.69	03:58.79	03:48.79	03:38.89	03:29.09	200FL	03:38.09	03:48.49	03:58.89	04:09.39	04:30.19	04:50.89			
01:58.29	01:49.79	01:41.49	01:37.19	01:32.99	01:28.69	100IM	01:17.29	01:20.99	01:24.79	01:28.49	01:35.99	01:43.59			
03:52.39	03:35.69	03:19.19	03:10.79	03:02.59	02:54.29	200IM	02:43.79	02:52.19	03:00.59	03:08.89	03:25.59	03:42.39			
10:45.39	09:59.29	09:13.29	08:50.19	08:27.19	08:04.09	400IM	06:36.89	06:55.89	07:14.79	07:33.59	08:11.39	08:49.29			

  

13-14 Girls		SCY				P3				SCY				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B			
00:40.59	00:37.69	00:35.59	00:33.99	00:32.59	00:31.09	50FR	00:27.99	00:29.39	00:30.79	00:31.99	00:34.69	00:37.39			
01:29.89	01:23.49	01:17.09	01:13.79	01:10.69	01:07.49	100FR	00:59.79	01:02.79	01:05.59	01:08.39	01:14.09	01:19.79			
03:32.59	03:17.59	03:02.29	02:54.69	02:47.09	02:39.59	200FR	02:17.59	02:24.19	02:30.69	02:37.29	02:50.29	03:03.39			
08:39.39	08:02.29	07:25.29	07:06.59	06:48.09	06:29.59	500FR	05:54.09	06:10.99	06:27.89	06:44.69	07:18.49	07:52.09			
21:02.39	19:32.19	18:01.99	17:16.89	16:31.79	15:46.69	1000FR	13:36.69	14:15.59	14:54.49	15:33.39	16:02.99	17:17.09			
33:28.79	31:05.19	28:41.79	27:30.09	26:18.29	25:06.59	1650FR	24:00.39	25:08.99	26:17.49	27:26.19	28:22.29	30:33.19			
00:50.39	00:46.89	00:43.29	00:41.49	00:39.69	00:37.89	50BK	00:32.79	00:34.39	00:35.89	00:37.49	00:40.59	00:43.69			
01:43.39	01:35.99	01:28.59	01:24.99	01:21.39	01:17.59	100BK	01:08.59	01:11.79	01:15.09	01:18.19	01:24.89	01:31.39			
04:31.19	04:11.89	03:52.49	03:42.79	03:33.09	03:23.49	200BK	02:39.69	02:47.39	02:54.99	03:02.59	03:17.89	03:32.99			
00:57.69	00:53.59	00:49.49	00:47.39	00:45.39	00:43.29	50BR	00:39.99	00:41.99	00:43.89	00:45.89	00:49.59	00:53.49			
02:02.39	01:53.59	01:44.89	01:40.59	01:36.19	01:31.79	100BR	01:21.99	01:25.89	01:29.79	01:33.59	01:41.49	01:49.19			
04:57.49	04:36.39	04:15.19	04:04.39	03:53.79	03:43.19	200BR	03:29.69	03:39.59	03:49.49	03:59.49	04:19.49	04:39.49			
00:50.99	00:47.49	00:43.79	00:41.89	00:40.19	00:38.29	50FL	00:30.99	00:32.49	00:33.79	00:35.29	00:38.29	00:41.29			
01:46.19	01:38.59	01:31.19	01:27.29	01:23.49	01:19.69	100FL	01:05.99	01:09.19	01:12.29	01:15.39	01:21.79	01:27.99			
04:20.09	04:01.59	03:42.89	03:33.59	03:24.39	03:15.09	200FL	03:13.79	03:22.99	03:32.19	03:41.39	03:59.89	04:18.29			
01:58.29	01:49.79	01:41.49	01:37.19	01:32.99	01:28.69	100IM	01:05.99	01:09.09	01:12.19	01:15.39	01:21.59	01:27.89			
03:37.09	03:21.59	03:05.99	02:58.29	02:50.59	02:42.79	200IM	02:26.99	02:33.89	02:40.99	02:47.89	03:01.99	03:15.99			
10:02.69	09:19.69	08:36.49	08:15.09	07:53.49	07:31.99	400IM	05:55.49	06:12.49	06:29.29	06:46.29	07:20.09	07:53.99			

USA Swimming 2024-2028 Parallel Time Standards

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15-16 Girls		SCY				P3	SCY				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:39.69	00:36.89	00:34.79	00:33.29	00:31.89	00:30.49	50FR	00:27.09	00:28.29	00:29.59	00:30.89	00:32.89	00:35.39
01:27.39	01:20.79	01:14.59	01:11.59	01:08.39	01:05.39	100FR	00:57.69	01:00.59	01:03.29	01:05.99	01:10.79	01:16.19
03:26.29	03:11.59	02:56.79	02:49.39	02:42.09	02:34.79	200FR	02:11.29	02:17.59	02:23.89	02:30.09	02:42.59	02:55.09
08:25.19	07:49.19	07:13.09	06:54.99	06:36.99	06:18.99	500FR	05:38.19	05:54.39	06:10.49	06:26.59	06:58.79	07:30.89
20:35.39	19:07.29	17:38.99	16:54.79	16:10.79	15:26.59	1000FR	13:09.99	13:47.49	14:25.19	15:02.79	15:31.49	16:43.09
32:50.59	30:29.89	28:09.09	26:58.79	25:48.39	24:37.99	1650FR	22:59.99	24:05.69	25:11.49	26:17.09	27:10.89	29:16.29
00:48.89	00:45.39	00:41.89	00:40.19	00:38.39	00:36.69	50BK	00:30.69	00:32.19	00:33.59	00:35.09	00:37.99	00:40.89
01:40.39	01:33.29	01:26.19	01:22.49	01:18.89	01:15.39	100BK	01:04.99	01:08.09	01:11.09	01:14.19	01:20.39	01:26.49
04:24.39	04:05.49	03:46.69	03:37.29	03:27.79	03:18.39	200BK	02:32.39	02:39.69	02:46.99	02:54.29	03:08.79	03:23.19
00:54.09	00:50.29	00:46.39	00:44.49	00:42.59	00:40.59	50BR	00:36.29	00:37.99	00:39.79	00:41.49	00:44.99	00:48.39
01:58.49	01:50.09	01:41.69	01:37.39	01:33.09	01:28.99	100BR	01:18.29	01:21.99	01:25.69	01:29.39	01:36.89	01:44.29
04:49.69	04:28.99	04:08.29	03:57.99	03:47.79	03:37.29	200BR	03:20.19	03:29.79	03:39.39	03:48.79	04:07.99	04:26.99
00:48.09	00:44.59	00:41.19	00:39.49	00:37.79	00:36.09	50FL	00:28.39	00:29.69	00:31.09	00:32.39	00:35.09	00:37.79
01:42.89	01:35.59	01:28.19	01:24.49	01:20.79	01:17.19	100FL	01:02.89	01:05.89	01:08.89	01:11.89	01:17.89	01:23.89
04:11.89	03:53.99	03:35.89	03:26.89	03:17.99	03:08.99	200FL	03:05.69	03:14.59	03:23.29	03:32.19	03:49.79	04:07.49
01:43.39	01:35.99	01:28.59	01:24.89	01:21.29	01:17.59	100IM	01:02.99	01:05.99	01:08.99	01:11.99	01:17.99	01:23.89
03:29.99	03:14.99	02:59.99	02:52.49	02:45.09	02:37.49	200IM	02:20.39	02:27.09	02:33.79	02:40.49	02:53.89	03:07.19
09:44.89	09:03.19	08:21.39	08:00.49	07:39.69	07:18.79	400IM	05:39.09	05:55.39	06:11.49	06:27.69	06:59.89	07:32.19

17-18 Girls		SCY				P3	SCY				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:39.19	00:36.39	00:34.29	00:32.89	00:31.49	00:29.99	50FR	00:26.39	00:27.69	00:28.89	00:30.09	00:31.99	00:34.49
01:26.19	01:19.99	01:13.99	01:10.79	01:07.79	01:04.69	100FR	00:56.19	00:58.79	01:01.49	01:04.09	01:08.79	01:14.09
03:23.79	03:09.19	02:54.69	02:47.39	02:40.19	02:32.79	200FR	02:08.99	02:15.19	02:21.19	02:27.39	02:39.59	02:51.99
08:19.59	07:43.89	07:08.29	06:50.39	06:32.59	06:14.69	500FR	05:33.39	05:49.39	06:05.29	06:21.19	06:52.89	07:24.59
20:25.29	18:57.79	17:30.29	16:46.49	16:02.69	15:18.99	1000FR	12:58.09	13:35.09	14:12.19	14:49.19	15:17.39	16:27.99
32:10.09	29:52.29	27:34.39	26:25.49	25:16.59	24:07.59	1650FR	22:41.19	23:45.89	24:50.69	25:55.49	26:48.59	28:52.29
00:47.99	00:44.49	00:41.09	00:39.39	00:37.69	00:35.99	50BK	00:29.79	00:31.19	00:32.59	00:33.99	00:36.99	00:39.69
01:38.69	01:31.59	01:24.59	01:21.09	01:17.59	01:13.89	100BK	01:02.69	01:05.79	01:08.69	01:11.69	01:18.19	01:23.59
04:18.79	04:00.29	03:41.89	03:32.59	03:23.39	03:14.09	200BK	02:28.59	02:35.69	02:42.79	02:49.79	03:03.99	03:18.09
00:53.59	00:49.79	00:45.99	00:44.09	00:42.19	00:40.19	50BR	00:35.29	00:36.99	00:38.69	00:40.29	00:43.69	00:46.99
01:56.99	01:48.69	01:40.29	01:36.19	01:31.99	01:27.79	100BR	01:15.99	01:19.59	01:23.29	01:26.79	01:34.19	01:41.29
04:47.69	04:27.19	04:06.59	03:56.29	03:45.99	03:35.79	200BR	03:14.49	03:23.69	03:32.99	03:42.29	04:00.79	04:19.29
00:47.39	00:43.99	00:40.59	00:38.89	00:37.19	00:35.49	50FL	00:27.59	00:28.89	00:30.19	00:31.59	00:34.19	00:36.79
01:41.79	01:34.49	01:27.29	01:23.49	01:19.89	01:16.29	100FL	01:01.29	01:04.19	01:06.99	01:09.99	01:15.89	01:21.59
04:07.29	03:49.69	03:31.99	03:23.09	03:14.29	03:05.49	200FL	03:00.89	03:09.59	03:18.19	03:26.79	03:44.09	04:01.19
01:41.99	01:34.69	01:27.39	01:23.79	01:20.09	01:16.49	100IM	01:01.79	01:04.69	01:07.59	01:10.59	01:16.49	01:22.29
03:26.79	03:11.99	02:57.19	02:49.89	02:42.39	02:35.09	200IM	02:17.19	02:23.79	02:30.19	02:36.79	02:49.79	03:02.79
09:37.79	08:56.49	08:15.29	07:54.49	07:33.89	07:13.29	400IM	05:34.09	05:49.99	06:05.89	06:21.79	06:53.59	07:25.49

10&under Girls		SCM				P3	SCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:54.99	00:49.69	00:45.19	00:43.49	00:41.69	00:39.89	50FR	00:37.99	00:39.69	00:41.29	00:42.89	00:47.79	00:52.79
02:19.69	02:04.89	01:49.99	01:44.99	01:40.19	01:35.09	100FR	01:22.39	01:26.49	01:30.59	01:34.69	01:47.09	01:59.39
05:41.09	05:03.79	04:26.49	04:13.99	04:01.49	03:48.99	200FR	03:08.69	03:17.69	03:26.69	03:35.59	04:02.59	04:29.49
09:29.79	08:32.69	07:35.69	07:16.79	06:57.79	06:38.79	400FR	06:18.09	06:36.09	06:54.09	07:12.09	08:06.09	09:00.09
01:14.79	01:06.59	00:58.39	00:55.69	00:52.89	00:50.29	50BK	00:46.09	00:48.69	00:51.29	00:53.79	01:01.39	01:09.19
02:37.09	02:19.69	02:02.19	01:56.39	01:50.59	01:44.89	100BK	01:37.79	01:42.69	01:47.69	01:52.69	02:07.59	02:22.49
01:22.69	01:13.79	01:04.89	01:01.79	00:58.99	00:55.89	50BR	00:55.69	00:58.59	01:01.49	01:04.39	01:13.09	01:21.69
03:03.39	02:43.09	02:22.69	02:15.89	02:09.09	02:02.39	100BR	01:57.99	02:03.99	02:09.79	02:15.79	02:33.39	02:51.09
01:16.19	01:07.19	00:58.29	00:55.29	00:52.29	00:49.29	50FL	00:42.29	00:44.79	00:47.09	00:49.49	00:56.69	01:03.89
02:58.19	02:34.99	02:11.59	02:03.79	01:55.99	01:48.29	100FL	01:36.19	01:42.99	01:49.59	01:56.29	02:16.39	02:36.59
02:39.89	02:22.99	02:05.89	02:00.19	01:54.49	01:48.79	100IM	01:37.49	01:42.19	01:46.79	01:51.39	02:05.29	02:19.19
05:10.09	04:37.49	04:04.99	03:54.19	03:43.39	03:32.59	200IM	03:26.79	03:37.19	03:47.49	03:57.79	04:28.59	04:59.59

USA Swimming 2024-2028 Parallel Time Standards

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11-12 Girls		SCM				P3	SCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:46.99	00:43.69	00:41.29	00:39.59	00:37.99	00:36.29	50FR	00:33.99	00:35.69	00:37.29	00:38.89	00:42.19	00:45.39
01:54.89	01:46.69	01:38.49	01:34.39	01:30.39	01:26.19	100FR	55:03.49	01:16.29	01:19.69	01:23.19	01:29.99	01:36.99
04:33.49	04:13.99	03:54.49	03:44.79	03:34.89	03:25.09	200FR	02:46.39	02:54.39	03:02.29	03:10.29	03:26.09	03:41.89
08:01.69	07:27.29	06:52.89	06:35.79	06:18.49	06:01.39	400FR	05:37.39	05:53.39	06:09.39	06:25.59	06:57.69	07:29.79
19:31.59	18:07.89	16:44.09	16:02.29	15:20.49	14:38.69	800FR	13:11.19	13:48.89	14:26.49	15:04.19	15:32.99	16:44.79
35:15.29	32:44.09	30:13.09	28:57.59	27:41.99	26:26.49	1500FR	26:04.79	27:19.29	28:33.79	29:48.29	30:49.29	33:11.49
00:59.59	00:55.39	00:51.09	00:48.99	00:46.79	00:44.69	50BK	00:40.39	00:42.49	00:44.69	00:46.79	00:50.89	00:55.19
02:08.59	01:58.59	01:48.29	01:43.39	01:38.29	01:33.19	100BK	01:24.29	01:28.99	01:33.39	01:38.09	01:47.29	01:56.39
05:23.19	05:00.19	04:37.09	04:25.49	04:13.99	04:02.49	200BK	03:17.29	03:26.69	03:35.99	03:45.39	04:04.19	04:22.99
01:06.59	01:01.99	00:57.19	00:54.69	00:52.39	00:50.09	50BR	00:48.29	00:50.79	00:53.49	00:56.09	01:01.39	01:06.59
02:27.09	02:16.19	02:05.29	01:59.89	01:54.49	01:48.99	100BR	01:41.79	01:46.99	01:52.29	01:57.59	02:08.19	02:18.79
05:54.09	05:28.79	05:03.59	04:50.79	04:38.19	04:25.59	200BR	04:20.09	04:32.59	04:44.89	04:57.39	05:22.09	05:46.89
00:58.09	00:53.89	00:49.69	00:47.69	00:45.59	00:43.59	50FL	00:36.79	00:38.79	00:40.79	00:42.89	00:46.89	00:50.99
02:11.09	02:00.59	01:50.09	01:44.79	01:39.69	01:34.49	100FL	01:21.49	01:26.09	01:30.89	01:35.49	01:44.99	01:54.29
05:07.79	04:45.89	04:23.89	04:12.99	04:01.89	03:50.89	200FL	04:00.99	04:12.59	04:24.09	04:35.49	04:58.49	05:21.39
02:10.79	02:01.49	01:51.99	01:47.49	01:42.69	01:37.99	100IM	01:25.39	01:29.39	01:33.59	01:37.79	01:46.09	01:54.49
04:16.79	03:58.49	03:40.09	03:30.89	03:21.69	03:12.59	200IM	03:01.09	03:10.29	03:19.59	03:28.69	03:47.19	04:05.69
11:53.09	11:02.19	10:11.29	09:45.89	09:20.39	08:54.79	400IM	07:18.59	07:39.49	08:00.39	08:21.29	09:02.99	09:44.79

13-14 Girls		SCM				P3	SCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:44.99	00:41.69	00:39.29	00:37.59	00:36.09	00:34.39	50FR	00:30.99	00:32.39	00:33.89	00:35.39	00:38.39	00:41.29
01:39.39	01:32.29	01:25.19	01:21.69	01:18.09	01:14.59	100FR	01:06.19	01:09.29	01:12.49	01:15.49	01:21.89	01:28.19
03:54.99	03:38.29	03:21.39	03:13.09	03:04.69	02:56.19	200FR	02:31.99	02:39.19	02:46.59	02:53.79	03:08.19	03:22.69
07:34.49	07:02.09	06:29.59	06:13.29	05:57.09	05:40.99	400FR	05:09.89	05:24.59	05:39.39	05:54.09	06:23.59	06:53.09
18:24.49	17:05.59	15:46.69	15:07.29	14:27.79	13:48.39	800FR	11:54.69	12:28.69	13:02.79	13:36.69	14:02.69	15:07.39
33:16.59	30:53.99	28:31.49	27:20.19	26:08.89	24:57.59	1500FR	23:51.79	24:59.89	26:08.09	27:16.29	28:11.99	30:22.19
00:55.69	00:51.79	00:47.79	00:45.79	00:43.89	00:41.79	50BK	00:36.19	00:37.79	00:39.69	00:41.29	00:44.79	00:48.19
01:54.29	01:46.09	01:37.99	01:33.79	01:29.79	01:25.79	100BK	01:15.79	01:19.29	01:22.89	01:26.49	01:33.69	01:40.99
04:59.79	04:38.19	04:16.89	04:06.09	03:55.49	03:44.79	200BK	02:56.49	03:04.89	03:13.29	03:21.69	03:38.49	03:55.39
01:03.79	00:59.19	00:54.69	00:52.39	00:50.09	00:47.89	50BR	00:44.29	00:46.39	00:48.49	00:50.59	00:54.89	00:58.99
02:15.19	02:05.59	01:55.89	01:51.09	01:46.19	01:41.39	100BR	01:30.59	01:34.79	01:39.19	01:43.49	01:52.09	02:00.69
05:28.79	05:05.29	04:41.79	04:30.09	04:18.39	04:06.59	200BR	03:51.49	04:02.59	04:13.59	04:24.59	04:46.69	05:08.69
00:56.39	00:52.39	00:48.29	00:46.29	00:44.29	00:42.29	50FL	00:34.19	00:35.79	00:37.39	00:38.99	00:42.29	00:45.49
01:57.39	01:48.99	01:40.69	01:36.39	01:32.19	01:28.09	100FL	01:12.89	01:16.39	01:19.89	01:23.39	01:30.19	01:37.19
04:47.39	04:26.89	04:06.39	03:56.09	03:45.79	03:35.59	200FL	03:34.19	03:44.39	03:54.59	04:04.69	04:25.09	04:45.49
01:57.89	01:49.49	01:41.09	01:36.89	01:32.59	01:28.39	100IM	01:12.89	01:16.29	01:19.79	01:23.29	01:30.19	01:37.09
03:59.89	03:42.69	03:25.59	03:16.99	03:08.39	02:59.99	200IM	02:42.39	02:49.99	02:57.89	03:05.49	03:20.99	03:36.39
11:05.99	10:18.39	09:30.69	09:06.99	08:43.29	08:19.39	400IM	06:32.89	06:51.49	07:10.19	07:28.99	08:06.29	08:43.79

USA Swimming 2024-2028 Parallel Time Standards

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15-16 Girls		SCM				P3	SCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:43.89	00:40.69	00:38.39	00:36.79	00:35.19	00:33.69	50FR	00:29.89	00:31.39	00:32.79	00:34.19	00:36.29	00:38.99
01:36.19	01:29.29	01:22.39	01:18.99	01:15.59	01:12.19	100FR	01:03.79	01:06.89	01:09.79	01:12.89	01:18.59	01:24.09
03:47.99	03:31.69	03:15.49	03:07.29	02:59.09	02:50.99	200FR	02:25.19	02:31.99	02:38.99	02:45.89	02:59.69	03:13.49
07:22.09	06:50.49	06:18.99	06:03.09	05:47.39	05:31.59	400FR	04:55.99	05:10.09	05:24.09	05:38.19	06:06.49	06:34.59
18:00.99	16:43.79	15:26.59	14:47.99	14:09.39	13:30.69	800FR	11:31.19	12:04.09	12:37.09	13:09.99	13:34.99	14:37.69
32:38.79	30:18.89	27:58.99	26:49.09	25:39.09	24:29.19	1500FR	22:51.69	23:57.09	25:02.29	26:07.69	27:01.19	29:05.79
00:53.99	00:50.19	00:46.29	00:44.39	00:42.49	00:40.59	50BK	00:33.89	00:35.49	00:37.09	00:38.79	00:41.99	00:45.19
01:50.99	01:43.09	01:35.19	01:31.09	01:27.29	01:23.39	100BK	01:11.79	01:15.09	01:18.59	01:21.99	01:28.79	01:35.59
04:52.29	04:31.39	04:10.49	04:00.09	03:49.69	03:39.19	200BK	02:48.49	02:56.49	03:04.49	03:12.49	03:28.59	03:44.59
00:59.79	00:55.59	00:51.29	00:49.19	00:46.99	00:44.89	50BR	00:40.09	00:42.09	00:43.99	00:45.89	00:49.69	00:53.49
02:11.09	02:01.69	01:52.29	01:47.59	01:42.89	01:38.19	100BR	01:26.39	01:30.59	01:34.69	01:38.79	01:46.99	01:55.29
05:20.09	04:57.39	04:34.49	04:22.99	04:11.59	04:00.19	200BR	03:41.29	03:51.89	04:02.39	04:12.89	04:33.89	04:54.99
00:53.09	00:49.29	00:45.49	00:43.59	00:41.69	00:39.79	50FL	00:31.29	00:32.79	00:34.29	00:35.79	00:38.79	00:41.79
01:53.69	01:45.49	01:37.39	01:33.29	01:29.29	01:25.19	100FL	01:09.49	01:12.89	01:16.09	01:19.49	01:26.09	01:32.69
04:38.29	04:18.39	03:58.69	03:48.69	03:38.79	03:28.79	200FL	03:25.09	03:34.79	03:44.69	03:54.39	04:13.99	04:33.49
01:56.59	01:48.49	01:40.29	01:36.19	01:32.19	01:28.09	100IM	01:09.59	01:12.89	01:16.19	01:19.49	01:26.09	01:32.79
03:51.99	03:35.49	03:18.89	03:10.59	03:02.39	02:53.99	200IM	02:35.19	02:42.59	02:49.89	02:57.39	03:12.09	03:26.89
10:46.39	10:00.19	09:14.09	08:50.99	08:27.79	08:04.69	400IM	06:14.69	06:32.59	06:50.39	07:08.39	07:43.99	08:19.69

17-18 Girls		SCM				P3	SCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:43.39	00:40.19	00:37.89	00:36.29	00:34.69	00:33.09	50FR	00:29.09	00:30.49	00:31.89	00:33.29	00:35.39	00:37.99
01:35.19	01:28.49	01:21.69	01:18.29	01:14.89	01:11.39	100FR	01:01.99	01:04.99	01:07.99	01:10.99	01:15.99	01:21.89
03:45.19	03:29.19	03:12.99	03:04.89	02:56.89	02:48.89	200FR	02:22.49	02:29.29	02:36.19	02:42.79	02:56.49	03:09.99
07:17.09	06:45.99	06:14.69	05:59.09	05:43.49	05:27.89	400FR	04:51.79	05:05.69	05:19.59	05:33.39	06:01.19	06:28.99
17:52.09	16:35.49	15:18.99	14:40.59	14:02.29	13:24.09	800FR	11:20.79	11:53.29	12:25.59	12:58.09	13:22.79	14:24.49
31:58.49	29:41.59	27:24.49	26:16.09	25:07.49	23:58.99	1500FR	22:32.99	23:37.39	24:41.89	25:46.19	26:38.89	28:41.89
00:52.99	00:49.19	00:45.39	00:43.49	00:41.59	00:39.69	50BK	00:32.89	00:34.49	00:35.99	00:37.59	00:40.69	00:43.89
01:48.99	01:41.19	01:33.39	01:29.49	01:25.59	01:21.69	100BK	01:09.39	01:12.59	01:15.89	01:19.19	01:25.79	01:32.39
04:45.89	04:25.49	04:05.19	03:54.89	03:44.59	03:34.49	200BK	02:44.29	02:51.99	02:59.79	03:07.69	03:23.19	03:38.89
00:59.19	00:54.99	00:50.79	00:48.69	00:46.59	00:44.39	50BR	00:38.99	00:40.89	00:42.69	00:44.49	00:48.19	00:51.89
02:09.29	02:00.19	01:50.89	01:46.19	01:41.69	01:36.99	100BR	01:23.99	01:28.09	01:31.99	01:35.89	01:43.89	01:51.89
05:17.89	04:55.19	04:32.49	04:21.09	04:09.89	03:58.49	200BR	03:34.89	03:45.09	03:55.39	04:05.59	04:25.99	04:46.49
00:52.29	00:48.59	00:44.89	00:42.99	00:41.09	00:39.29	50FL	00:30.49	00:31.99	00:33.39	00:34.89	00:37.79	00:40.69
01:52.39	01:44.39	01:36.39	01:32.39	01:28.39	01:24.39	100FL	01:07.69	01:10.89	01:14.09	01:17.39	01:23.79	01:30.19
04:33.29	04:13.69	03:54.29	03:44.39	03:34.69	03:24.99	200FL	03:19.99	03:29.39	03:38.99	03:48.49	04:07.49	04:26.59
01:54.99	01:46.99	01:38.99	01:34.99	01:30.89	01:26.89	100IM	01:08.19	01:11.49	01:14.69	01:17.99	01:24.49	01:30.99
03:48.39	03:32.09	03:15.79	03:07.69	02:59.49	02:51.39	200IM	02:31.59	02:38.79	02:45.99	02:53.09	03:07.69	03:21.99
10:38.49	09:52.79	09:07.19	08:44.49	08:21.69	07:58.79	400IM	06:09.09	06:26.69	06:44.39	07:01.89	07:36.99	08:12.19

USA Swimming 2024-2028 Parallel Time Standards

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10&under Girls		LCM				P3	LCM				10&under Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:56.59	00:51.09	00:45.69	00:43.89	00:42.09	00:40.19	50FR	00:39.49	00:41.29	00:42.99	00:44.69	00:49.79	00:54.89
02:11.79	01:57.79	01:43.69	01:38.99	01:34.29	01:29.69	100FR	01:25.69	01:29.89	01:34.19	01:38.49	01:51.29	02:03.99
05:19.79	04:44.69	04:09.69	03:58.09	03:46.29	03:34.69	200FR	03:15.29	03:24.49	03:33.79	03:43.19	04:10.99	04:38.89
09:50.39	08:51.29	07:52.39	07:32.69	07:13.09	06:53.29	400FR	06:32.69	06:51.39	07:10.09	07:28.69	08:24.89	09:20.99
01:17.69	01:09.19	01:00.69	00:57.89	00:54.99	00:52.19	50BK	00:47.89	00:50.49	00:53.29	00:55.79	01:03.89	01:11.79
02:43.39	02:25.29	02:07.19	02:01.09	01:55.09	01:48.99	100BK	01:42.49	01:47.79	01:52.99	01:58.29	02:13.89	02:29.59
01:25.29	01:16.09	01:06.89	01:03.79	01:00.69	00:57.69	50BR	00:57.49	01:00.39	01:03.39	01:06.29	01:15.29	01:24.29
03:12.29	02:50.89	02:29.59	02:22.49	02:15.39	02:08.29	100BR	02:04.39	02:10.59	02:16.89	02:23.09	02:41.69	03:00.29
01:17.59	01:08.49	00:59.29	00:56.29	00:53.09	00:50.19	50FL	00:43.09	00:45.49	00:47.99	00:50.49	00:57.69	01:04.99
03:03.59	02:39.59	02:15.49	02:07.49	01:59.49	01:51.49	100FL	01:39.29	01:46.19	01:53.19	02:00.09	02:20.89	02:41.59
05:23.09	04:49.29	04:15.39	04:03.99	03:52.79	03:41.49	200IM	03:33.59	03:44.19	03:54.89	04:05.39	04:37.39	05:09.39

11-12 Girls		LCM				P3	LCM				11-12 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:48.09	00:44.89	00:41.49	00:39.89	00:38.09	00:36.49	50FR	00:35.19	00:36.79	00:38.39	00:40.19	00:43.49	00:46.79
01:48.39	01:40.69	01:32.99	01:28.99	01:25.09	01:21.29	100FR	01:15.69	01:19.19	01:22.89	01:26.49	01:33.59	
04:17.99	03:59.59	03:41.19	03:31.89	03:22.79	03:13.49	200FR	02:52.99	03:01.19	03:09.49	03:17.69	03:34.19	03:50.69
08:14.99	07:39.59	07:04.39	06:46.69	06:28.99	06:11.29	400FR	05:49.99	06:06.59	06:23.29	06:39.89	07:13.19	07:46.49
20:18.59	18:51.49	17:24.49	16:40.99	15:57.39	15:13.99	800FR	12:59.89	13:37.09	14:14.29	14:51.39	16:05.59	17:19.99
36:51.99	34:14.09	31:35.99	30:16.99	28:57.99	27:39.09	1500FR	25:13.19	26:25.19	27:37.19	28:49.39	31:13.39	33:37.49
01:02.39	00:57.89	00:53.49	00:51.29	00:48.99	00:46.79	50BK	00:42.19	00:44.49	00:46.69	00:48.89	00:53.29	00:57.69
02:15.19	02:04.59	01:53.99	01:48.59	01:43.39	01:37.99	100BK	01:30.19	01:35.19	01:40.09	01:44.99	01:54.79	02:04.59
05:39.19	05:15.09	04:50.79	04:38.69	04:26.49	04:14.39	200BK	03:29.59	03:39.59	03:49.49	03:59.59	04:19.49	04:39.49
01:08.29	01:03.29	00:58.49	00:56.09	00:53.59	00:51.29	50BR	00:49.99	00:52.79	00:55.39	00:58.19	01:03.59	01:08.99
02:32.29	02:20.99	02:09.69	02:04.19	01:58.49	01:52.89	100BR	01:47.19	01:52.69	01:58.29	02:03.89	02:15.09	02:26.19
06:08.89	05:42.49	05:16.19	05:02.99	04:49.89	04:36.69	200BR	04:33.19	04:46.19	04:59.09	05:12.19	05:38.09	06:04.09
00:59.59	00:55.29	00:50.99	00:48.89	00:46.89	00:44.69	50FL	00:37.69	00:39.79	00:41.79	00:43.89	00:48.09	00:52.19
02:15.89	02:05.09	01:54.19	01:48.79	01:43.39	01:37.89	100FL	01:24.59	01:29.49	01:34.39	01:39.19	01:48.99	01:58.69
05:20.69	04:57.79	04:34.79	04:23.39	04:12.09	04:00.49	200FL	04:13.09	04:25.09	04:37.29	04:49.29	05:13.29	05:37.39
04:26.09	04:07.19	03:48.19	03:38.59	03:29.19	03:19.69	200IM	03:06.79	03:16.29	03:25.89	03:35.39	03:54.39	04:13.49
12:19.59	11:26.69	10:33.99	10:07.49	09:41.09	09:14.79	400IM	07:40.89	08:02.99	08:24.79	08:46.89	09:30.69	10:14.59

13-14 Girls		LCM				P3	LCM				13-14 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:46.49	00:43.19	00:39.89	00:38.19	00:36.59	00:34.89	50FR	00:32.19	00:33.69	00:35.29	00:36.79	00:39.79	00:42.89
01:42.79	01:35.49	01:28.09	01:24.49	01:20.79	01:17.09	100FR	01:09.29	01:12.49	01:15.79	01:19.09	01:25.69	01:32.19
04:02.69	03:45.39	03:28.09	03:19.29	03:10.79	03:01.99	200FR	02:38.29	02:45.89	02:53.39	03:00.99	03:15.99	03:31.09
07:43.79	07:10.69	06:37.49	06:20.99	06:04.39	05:47.89	400FR	05:19.89	05:35.19	05:50.29	06:05.59	06:35.99	07:06.49
18:55.39	17:34.29	16:13.09	15:32.59	14:52.19	14:11.49	800FR	11:42.49	12:15.89	12:49.39	13:22.79	14:29.69	15:36.49
34:32.99	32:04.89	29:36.79	28:22.79	27:08.69	25:54.79	1500FR	22:30.09	23:34.39	24:38.69	25:42.89	27:51.49	30:00.09
00:59.29	00:54.99	00:50.79	00:48.79	00:46.69	00:44.39	50BK	00:38.49	00:40.29	00:42.09	00:43.89	00:47.59	00:51.19
02:00.59	01:51.99	01:43.39	01:39.09	01:34.79	01:30.49	100BK	01:20.49	01:24.29	01:28.09	01:31.89	01:39.59	01:47.29
05:15.09	04:52.59	04:30.09	04:18.79	04:07.59	03:56.39	200BK	03:07.69	03:16.59	03:25.59	03:34.49	03:52.39	04:10.29
01:05.49	01:00.89	00:56.19	00:53.89	00:51.59	00:49.19	50BR	00:45.69	00:47.89	00:50.09	00:52.19	00:56.69	01:00.89
02:21.29	02:11.09	02:00.99	01:55.99	01:50.89	01:45.99	100BR	01:35.39	01:39.99	01:44.49	01:49.09	01:58.19	02:07.19
05:43.19	05:18.69	04:54.29	04:41.99	04:29.59	04:17.49	200BR	04:02.99	04:14.69	04:26.19	04:37.69	05:00.89	05:23.99
00:56.99	00:52.89	00:48.89	00:46.69	00:44.69	00:42.79	50FL	00:34.79	00:36.39	00:37.99	00:39.69	00:42.99	00:46.39
02:00.59	01:51.99	01:43.39	01:39.19	01:34.89	01:30.39	100FL	01:15.29	01:18.79	01:22.39	01:25.99	01:33.09	01:40.19
04:57.29	04:36.09	04:14.89	04:04.29	03:53.69	03:42.99	200FL	03:42.09	03:52.59	04:03.19	04:13.69	04:34.79	04:56.09
04:09.19	03:51.39	03:33.59	03:24.69	03:15.79	03:06.89	200IM	02:50.19	02:58.19	03:06.29	03:14.39	03:30.59	03:46.79
11:28.69	10:39.59	09:50.39	09:25.79	09:01.09	08:36.49	400IM	06:51.19	07:10.89	07:30.39	07:49.99	08:29.19	09:08.39

USA Swimming 2024-2028 Parallel Time Standards

10/29/24

15-16 Girls		LCM				P3	LCM				15-16 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:45.09	00:41.89	00:38.59	00:36.99	00:35.39	00:33.89	50FR	00:30.89	00:32.39	00:33.79	00:35.29	00:38.29	00:41.19
01:39.29	01:32.19	01:25.09	01:21.59	01:17.99	01:14.49	100FR	01:06.09	01:09.29	01:12.49	01:15.49	01:21.89	01:28.19
03:54.19	03:37.49	03:20.89	03:12.39	03:04.09	02:55.69	200FR	02:31.29	02:38.49	02:45.69	02:52.89	03:07.19	03:21.59
07:27.49	06:55.69	06:23.69	06:07.69	05:51.69	05:35.69	400FR	05:06.79	05:21.29	05:35.89	05:50.59	06:19.69	06:48.99
18:14.29	16:56.09	15:37.99	14:58.79	14:19.79	13:40.69	800FR	11:16.49	11:48.69	12:20.79	12:52.99	13:57.49	15:01.99
33:15.49	30:52.89	28:30.49	27:19.19	26:07.89	24:56.59	1500FR	21:35.09	22:36.79	23:38.49	24:40.09	26:43.49	28:46.89
00:56.59	00:52.49	00:48.49	00:46.49	00:44.49	00:42.49	50BK	00:35.89	00:37.69	00:39.39	00:41.09	00:44.49	00:47.89
01:56.79	01:48.49	01:40.19	01:35.99	01:31.79	01:27.69	100BK	01:16.29	01:19.99	01:23.59	01:27.19	01:34.49	01:41.79
05:04.49	04:42.59	04:20.99	04:09.99	03:59.29	03:48.39	200BK	02:57.89	03:06.39	03:14.79	03:23.39	03:40.29	03:57.19
01:01.99	00:57.59	00:53.09	00:50.89	00:48.69	00:46.49	50BR	00:42.29	00:44.29	00:46.29	00:48.29	00:52.29	00:56.29
02:15.99	02:06.39	01:56.59	01:51.79	01:46.89	01:42.09	100BR	01:30.99	01:35.39	01:39.69	01:44.09	01:52.69	02:01.39
05:30.99	05:07.29	04:43.69	04:31.79	04:20.09	04:08.29	200BR	03:53.09	04:04.19	04:15.29	04:26.39	04:48.59	05:10.79
00:54.39	00:50.59	00:46.69	00:44.79	00:42.79	00:40.89	50FL	00:32.39	00:33.89	00:35.49	00:36.99	00:40.09	00:43.19
01:56.59	01:48.29	01:39.99	01:35.79	01:31.69	01:27.49	100FL	01:11.89	01:15.29	01:18.79	01:22.09	01:28.99	01:35.89
04:45.29	04:24.99	04:04.59	03:54.39	03:44.29	03:34.09	200FL	03:32.19	03:42.29	03:52.49	04:02.49	04:22.79	04:42.89
04:01.59	03:44.29	03:27.09	03:18.39	03:09.79	03:01.19	200IM	02:43.79	02:51.69	02:59.49	03:07.29	03:22.89	03:38.49
11:06.79	10:19.19	09:31.59	09:07.79	08:43.99	08:20.19	400IM	06:34.49	06:53.19	07:11.99	07:30.79	08:08.39	08:45.89

17-18 Girls		LCM				P3	LCM				17-18 Boys	
B	BB	A	AA	AAA	AAAA	Event	AAAA	AAA	AA	A	BB	B
00:44.89	00:41.59	00:38.39	00:36.89	00:35.19	00:33.59	50FR	00:29.99	00:31.39	00:32.79	00:34.29	00:36.99	00:39.89
01:38.39	01:31.39	01:24.29	01:20.89	01:17.39	01:13.79	100FR	01:04.39	01:07.39	01:10.49	01:13.59	01:19.69	01:25.89
03:52.09	03:35.49	03:18.89	03:10.59	03:02.29	02:54.19	200FR	02:27.69	02:34.59	02:41.69	02:48.79	03:02.79	03:16.79
07:25.29	06:53.49	06:21.79	06:05.79	05:49.89	05:33.99	400FR	04:59.79	05:13.99	05:28.29	05:42.49	06:10.99	06:39.69
18:03.19	16:45.89	15:28.49	14:49.79	14:11.09	13:32.49	800FR	11:00.89	11:32.29	12:03.79	12:35.19	13:38.09	14:40.99
32:57.69	30:36.39	28:15.19	27:04.59	25:53.89	24:43.29	1500FR	21:13.29	22:13.89	23:14.49	24:15.19	26:16.29	28:17.59
00:56.09	00:52.09	00:48.09	00:46.09	00:44.09	00:42.09	50BK	00:35.19	00:36.89	00:38.59	00:40.19	00:43.59	00:46.89
01:55.49	01:47.29	01:39.09	01:34.89	01:30.69	01:26.69	100BK	01:14.59	01:18.09	01:21.69	01:25.19	01:32.29	01:39.29
05:02.89	04:41.19	04:19.49	04:08.69	03:57.99	03:47.09	200BK	02:54.69	03:02.99	03:11.39	03:19.59	03:36.29	03:52.99
01:01.29	00:56.89	00:52.49	00:50.39	00:48.19	00:45.99	50BR	00:41.09	00:42.99	00:44.99	00:46.89	00:50.79	00:54.69
02:14.49	02:04.89	01:55.39	01:50.49	01:45.69	01:40.89	100BR	01:28.29	01:32.49	01:36.69	01:40.89	01:49.29	01:57.59
05:26.99	05:03.79	04:40.39	04:28.69	04:16.99	04:05.39	200BR	03:46.69	03:57.49	04:08.29	04:19.19	04:40.69	05:02.29
00:53.69	00:49.89	00:46.09	00:44.19	00:42.19	00:40.29	50FL	00:31.49	00:32.99	00:34.49	00:35.99	00:38.99	00:41.99
01:55.59	01:47.39	01:39.19	01:34.99	01:30.89	01:26.69	100FL	01:09.89	01:13.29	01:16.49	01:19.89	01:26.49	01:33.09
04:40.29	04:20.39	04:00.39	03:50.29	03:40.29	03:30.29	200FL	03:26.39	03:36.29	03:45.99	03:55.89	04:15.49	04:35.09
03:59.19	03:42.19	03:25.09	03:16.49	03:08.09	02:59.49	200IM	02:39.99	02:47.59	02:55.09	03:02.79	03:17.89	03:33.19
10:59.59	10:12.39	09:25.29	09:01.79	08:38.19	08:14.79	400IM	06:26.99	06:45.29	07:03.69	07:22.29	07:58.99	08:35.89