

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 10 & under 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	31.45	780	Smith, Zona	10	NC Team Charlotte Swimming	7/16/2021	2021 NC NCS LC AG Champs
2	31.99	747	Wooten, Kaitlyn	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	32.09	881	Whelehan, Finola	9	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
4	32.11	740	Gilreath, Sallie	10	NC Raleigh Swimming Association	6/26/2021	2021 NC NCAC Summer Meet
5	32.17	736	Schooff, Annie	10	NC North Carolina Aquatic Club	7/16/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	30.57	837	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/16/2021	2021 NC NCS LC AG Champs
2	30.62	834	Mayo, Hance	10	NC NSEA Swim	7/16/2021	2021 NC NCS LC AG Champs
3	31.17	803	Cooler, Reid	10	NC SwimMAC Carolina	5/9/2021	2021 SC TG Bring the Heat
4	31.48	786	Winardi, Caleb	10	NC Mecklenburg Swim Association	5/9/2021	2021 SC TG Bring the Heat
5	31.49	786	Hensley, Jonathan	10	NC Greensboro Community YMCA	6/11/2021	2021 NC GCY Sprint and Distance

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:09.59	760	Ng, Kieren	10	NC Marlins Of Raleigh	8/8/2021	2021 NC TAC TITANS LC Closeout
2	1:10.05	746	Smith, Zona	10	NC Team Charlotte Swimming	6/19/2021	2021 GA Edwin C Cuttino Invite
3	1:11.61	698	Maxwell, Harper	10	NC YMCA of the Triangle Area Swim Team	5/23/2021	2021 NC ECA Beach Invitational
4	1:11.91	688	Hefner, Lucy Ann	10	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
5	1:12.08	683	Gilreath, Sallie	10	NC Raleigh Swimming Association	5/15/2021	2021 NC STAR Long Days of Summ

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:07.72	809	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/18/2021	2021 NC NCS LC AG Champs
2	1:07.90	804	Oxrieder, Stokes	10	NC Marlins Of Raleigh	8/8/2021	2021 NC TAC TITANS LC Closeout
3	1:09.16	767	Cooler, Reid	10	NC SwimMAC Carolina	5/8/2021	2021 SC TG Bring the Heat
4	1:10.09	740	Winardi, Caleb	10	NC Mecklenburg Swim Association	5/8/2021	2021 SC TG Bring the Heat
5	1:11.19	708	Mayo, Hance	10	NC NSEA Swim	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 10 & under 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:30.26	772	Ng, Kieren	10	NC Marlins Of Raleigh	8/8/2021	2021 NC TAC TITANS LC Closeout
2	2:35.09	696	Smith, Zona	10	NC Team Charlotte Swimming	6/18/2021	2021 GA Edwin C Cuttino Invite
3	2:36.53	674	Gilreath, Sallie	10	NC Raleigh Swimming Association	6/26/2021	2021 NC NCAC Summer Meet
4	2:37.49	659	Hefner, Lucy Ann	10	NC Marlins Of Raleigh	5/16/2021	2021 NC TAC Spring Invitational
5	2:37.77	819	Whelehan, Finola	9	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21

LSC: NC For Dates 9/1/2020 - 8/31/2021

Boys 10 & under 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:25.54	823	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/17/2021	2021 NC NCS LC AG Champs
2	2:30.00	755	Oxrieder, Stokes	10	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
3	2:30.38	750	Slawinski, Jack	10	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
4	2:32.96	712	Elgart, Jay	10	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
5	2:34.42	691	Cooler, Reid	10	NC SwimMAC Carolina	5/9/2021	2021 SC TG Bring the Heat

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 10 & under 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:21.82	747	Ng, Kieren	10	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
2	5:32.98	663	Milheim, Anna	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	5:34.29	653	Schaper, Caroline	10	NC Carolina Aquatic Team	6/25/2021	2021 NC NCAC Summer Meet
4	5:34.36	653	Berl, Elise	10	NC SwimMAC Carolina	6/18/2021	2021 NC YSST Bob Pratt Invitat
5	5:34.53	825	Weaver, Erin	9	NC Carolina Aquatic Team	7/16/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:02.11	879	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	5/22/2021	2021 NC YBAC LC Invitational
2	5:20.36	749	Slawinski, Jack	10	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
3	5:22.83	733	Oxrieder, Stokes	10	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
4	5:30.67	880	Spencer, Slater	9	NC Waves Of Wilmington, Inc.	7/16/2021	2021 NC NCS LC AG Champs
5	5:30.74	679	Su, Jacob	10	NC North Carolina Aquatic Club	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21

LSC: NC For Dates 9/1/2020 - 8/31/2021

Girls 10 & under 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	36.56	805	Greathouse, Erin	10	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
2	37.14	771	Smith, Zona	10	NC Team Charlotte Swimming	5/23/2021	2021 SC SCSC MOCS May Flowers
3	37.81	732	Baker, Ava	10	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
4	38.01	890	Phillips, Ava	9	NC Granite Falls Swim Club Makos	7/18/2021	2021 NC NCS LC AG Champs
5	38.06	718	Zuleger, Skylar	10	NC YMCA of Northwest North Carolina Riptyde	5/22/2021	2021 NC YBAC LC Invitational

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	35.47	851	Mayo, Hance	10	NC NSEA Swim	6/12/2021	2021 NC TAC TITANS Triangle CI
2	36.44	797	Muminovic, Liam	10	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
3	37.20	756	Peng, Alistair	10	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
4	37.21	756	Golden, Bryce	10	NC Sailfish Aquatics	7/18/2021	2021 NC NCS LC AG Champs
5	37.26	753	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/9/2021	2021 NC YSST USRY Championship

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:20.41	764	Greathouse, Erin	10	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
2	1:21.14	745	Smith, Zona	10	NC Team Charlotte Swimming	5/22/2021	2021 SC SCSC MOCS May Flowers
3	1:21.82	728	Baker, Ava	10	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
4	1:22.06	721	Ng, Kieren	10	NC Marlins Of Raleigh	8/7/2021	2021 NC TAC TITANS LC Closeout
5	1:22.22	717	Slavis, Amelia	10	NC Raleigh Swimming Association	7/17/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:17.72	831	Mayo, Hance	10	NC NSEA Swim	7/17/2021	2021 NC NCS LC AG Champs
2	1:18.94	801	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	6/12/2021	2021 NC GCY Sprint and Distance
3	1:20.35	765	Peng, Alistair	10	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
4	1:20.96	750	Muminovic, Liam	10	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
5	1:21.66	733	Smith, Harrison	10	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 10 & under 50 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	39.72	841	Zuleger, Skylar	10	NC YMCA of Northwest North Carolina Riptyde	5/22/2021	2021 NC YBAC LC Invitational
2	41.62	754	Burton, Abigail	10	NC Enfinity Aquatic Club	4/23/2021	2021 NC STAR April Friday Night
3	44.04	646	Davis, Elise	10	NC YMCA of the Triangle Area Swim Team	5/22/2021	2021 NC ECA Beach Invitational
4	44.82	612	Slavis, Amelia	10	NC Raleigh Swimming Association	7/16/2021	2021 NC NCS LC AG Champs
5	44.88	610	Wooten, Kaitlyn	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	38.20	932	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/10/2021	2021 NC YSST USRY Championship
2	39.64	861	Cooler, Reid	10	NC SwimMAC Carolina	5/8/2021	2021 SC TG Bring the Heat
3	42.62	718	Carlson, Samuel	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
4	43.40	683	Golden, Bryce	10	NC Sailfish Aquatics	7/16/2021	2021 NC NCS LC AG Champs
5	44.71	778	Zhou-He, Steven	9	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:26.38	854	Zuleger, Skylar	10	NC YMCA of Northwest North Carolina Riptyde	7/17/2021	2021 NC NCS LC AG Champs
2	1:34.08	696	Kistler, Shelby	10	NC Alamance County Community Y/BAC	7/30/2021	2021 GU AAU Junior Olympic Games
3	1:34.59	685	Hefner, Lucy Ann	10	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
4	1:36.41	649	Hoang, Christiana	10	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
5	1:36.95	639	Ng, Kieren	10	NC Marlins Of Raleigh	8/8/2021	2021 NC TAC TITANS LC Closeout

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:26.27	871	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/9/2021	2021 NC YSST USRY Championship
2	1:27.02	855	Cooler, Reid	10	NC SwimMAC Carolina	5/9/2021	2021 SC TG Bring the Heat
3	1:32.91	731	Carlson, Samuel	10	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
4	1:36.36	799	Zhou-He, Steven	9	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
5	1:37.81	632	Su, Jacob	10	NC North Carolina Aquatic Club	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 10 & under 50 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	33.76	819	Smith, Zona	10	NC Team Charlotte Swimming	7/11/2021	2021 NC SAC Last Chance Qualifier
2	34.26	792	Hefner, Lucy Ann	10	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
3	34.67	770	Marino, Ava Grace	10	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
4	34.71	768	Gilreath, Sallie	10	NC Raleigh Swimming Association	6/11/2021	2021 NC GCY Sprint and Distance
5	35.68	716	Wooten, Kaitlyn	10	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	33.73	813	Oxrieder, Stokes	10	NC Marlins Of Raleigh	8/7/2021	2021 NC TAC TITANS LC Closeout
2	33.86	805	Winardi, Caleb	10	NC Mecklenburg Swim Association	5/8/2021	2021 SC TG Bring the Heat
3	33.88	804	Slawinski, Jack	10	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
4	33.92	802	Cooler, Reid	10	NC SwimMAC Carolina	5/8/2021	2021 SC TG Bring the Heat
5	34.30	780	Raniszkeski, Cooper	10	NC SwimMAC Carolina	5/8/2021	2021 SC TG Bring the Heat

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:16.92	814	Hefner, Lucy Ann	10	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
2	1:21.31	713	Marino, Ava Grace	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	1:22.87	678	Gilreath, Sallie	10	NC Raleigh Swimming Association	5/14/2021	2021 NC STAR Long Days of Summ
4	1:24.34	646	Baker, Ava	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
5	1:24.57	641	Wooten, Kaitlyn	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 10 & under 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:17.24	788	Slawinski, Jack	10	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
2	1:18.41	759	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/16/2021	2021 NC NCS LC AG Champs
3	1:19.24	738	Carlson, Samuel	10	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
4	1:20.18	716	Su, Jacob	10	NC North Carolina Aquatic Club	6/5/2021	2021 NC NCAC Long Course Meet
5	1:20.52	707	Oxrieder, Stokes	10	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 10 & under 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:51.09	773	Hefner, Lucy Ann	10	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
2	2:54.54	731	Zuleger, Skylar	10	NC YMCA of Northwest North Carolina Riptyde	7/18/2021	2021 NC NCS LC AG Champs
3	2:55.90	715	Ng, Kieren	10	NC Marlins Of Raleigh	8/7/2021	2021 NC TAC TITANS LC Closeout
4	2:59.45	673	Plaza, Karina	10	NC Aquatic Team Of Mecklenburg	4/24/2021	2021 NC ATOM Long Course Opene
5	2:59.51	672	Marino, Ava Grace	10	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 10 & under 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:42.94	862	Cummins, Bodhi	10	NC YMCA of Northwest North Carolina Riptyde	7/18/2021	2021 NC NCS LC AG Champs
2	2:47.36	803	Cooler, Reid	10	NC SwimMAC Carolina	5/7/2021	2021 SC TG Bring the Heat
3	2:50.42	763	Carlson, Samuel	10	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
4	2:51.45	750	Su, Jacob	10	NC North Carolina Aquatic Club	7/18/2021	2021 NC NCS LC AG Champs
5	2:54.50	711	Oxrieder, Stokes	10	NC Marlins Of Raleigh	8/7/2021	2021 NC TAC TITANS LC Closeout

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	28.13	836	Whelehan, Sloane	12	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
2	28.25	827	Elgart, Shayna	12	NC Marlins Of Raleigh	5/14/2021	2021 NC TAC Spring Invitational
3	28.56	804	Whitlock, Devon	12	NC Marlins Of Raleigh	5/14/2021	2021 NC TAC Spring Invitational
4	28.64	798	Simpson, Ava	12	NC Sailfish Aquatics	7/16/2021	2021 NC NCS LC AG Champs
5	28.66	797	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	5/14/2021	2021 NC TAC Spring Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	26.10	925	Lin, Owen	12	NC East Carolina Aquatics	7/31/2021	2021 MS Southern Zones Age Group
2	26.80	877	Marsteiner, Sam	12	NC New Wave Swim Team	10/2/2020	2020 NC TAC TITANS Oct LCM
3	27.09	857	Lee, Benjamin	12	NC Carolina Aquatic Team	7/16/2021	2021 NC NCS LC AG Champs
3	27.09	857	Larsen, Grant	12	NC O'Neal Pelagics	7/16/2021	2021 NC NCS LC AG Champs
5	27.15	853	Greathouse, Thomas	12	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.89	890	Elgart, Shayna	12	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
2	1:01.66	820	Whelehan, Sloane	12	NC TAC Titans	7/29/2021	2021 MS Southern Zones Age Group
3	1:03.08	766	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	5/16/2021	2021 NC TAC Spring Invitational
4	1:03.17	762	Nelson, Savvy	12	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
5	1:03.20	761	Nixon, Nikki	12	NC New Wave Swim Team	7/29/2021	2021 MS Southern Zones Age Group

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	57.71	914	Lin, Owen	12	NC East Carolina Aquatics	7/29/2021	2021 MS Southern Zones Age Group
2	57.85	908	Marsteiner, Sam	12	NC New Wave Swim Team	10/3/2020	2020 NC TAC TITANS Oct LCM
3	59.37	852	Sito, Drew	12	NC New Wave Swim Team	7/18/2021	2021 NC NCS LC AG Champs
4	59.53	846	Greathouse, Thomas	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
5	59.56 r	845	Prabhu, Gino	12	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:12.66	833	Elgart, Shayna	12	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
2	2:14.03	805	Whelehan, Sloane	12	NC TAC Titans	7/28/2021	2021 MS Southern Zones Age Group
3	2:15.21	782	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	6/12/2021	2021 NC TAC TITANS Triangle CI
4	2:16.92	749	Nixon, Nikki	12	NC New Wave Swim Team	7/28/2021	2021 MS Southern Zones Age Group
5	2:17.02	747	Henderson, Catelyn	12	NC Greensboro Community YMCA	7/17/2021	2021 NC NCS LC AG Champs

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:03.93	951	Marsteiner, Sam	12	NC New Wave Swim Team	10/2/2020	2020 NC TAC TITANS Oct LCM
2	2:05.92	912	Lin, Owen	12	NC East Carolina Aquatics	7/28/2021	2021 MS Southern Zones Age Group
3	2:10.56	823	Sito, Drew	12	NC New Wave Swim Team	7/17/2021	2021 NC NCS LC AG Champs
4	2:11.27	810	Greathouse, Thomas	12	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
5	2:12.56	786	Prabhu, Gino	12	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:43.34	788	Elgart, Shayna	12	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
2	4:46.68	756	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	7/16/2021	2021 NC NCS LC AG Champs
3	4:47.21	751	Whelehan, Sloane	12	NC TAC Titans	7/27/2021	2021 MS Southern Zones Age Group
4	4:47.97	744	Henderson, Catelyn	12	NC Greensboro Community YMCA	7/16/2021	2021 NC NCS LC AG Champs
5	4:50.87	717	Collins, Daisy	12	NC North Carolina Aquatic Club	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:24.72	923	Marsteiner, Sam	12	NC New Wave Swim Team	10/2/2020	2020 NC TAC TITANS Oct LCM
2	4:36.59	817	Sito, Drew	12	NC New Wave Swim Team	7/16/2021	2021 NC NCS LC AG Champs
3	4:37.73	807	Lin, Owen	12	NC East Carolina Aquatics	6/18/2021	2021 NC ECA Fun in the Sun
4	4:40.18	785	Prabhu, Gino	12	NC SwimMAC Carolina	7/27/2021	2021 MS Southern Zones Age Group
5	4:42.89	762	Medlin, Carter	12	NC SwimMAC Carolina	7/27/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	10:21.09	684	Robertson, Cam	12	NC Enfinity Aquatic Club	6/11/2021	2021 NC GCY Sprint and Distance
2	10:34.62	631	Howard, Georgia	12	NC SwimMAC Carolina	7/10/2021	2021 NC SAC Last Chance Qualifier
3	10:40.26	610	Martin, Avery	12	NC SwimMAC Carolina	8/1/2021	2021 NC SwimMAC LC Tar Heel States
4	10:59.90	537	Thornburg, Sophie	12	NC Carolina Aquatic Team	6/4/2021	2021 NC NCAC Long Course Meet
5	11:33.00	550	Upton, Madisyn	11	NC Alamance County Community Y/BAC	6/27/2021	2021 VA Virginia Commonwealth

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:58.30	1010	Marsteiner, Sam	12	NC New Wave Swim Team	10/2/2020	2020 NC TAC TITANS Oct LCM
2	10:08.71	708	Brooks, Nicholas	12	NC Enfinity Aquatic Club	6/11/2021	2021 NC GCY Sprint and Distance
3	10:45.96	567	Gannon, Gardner	12	NC SwimMAC Carolina	7/10/2021	2021 NC SAC Last Chance Qualifier
4	10:48.77	557	Lee, Aiden	12	NC Mecklenburg Swim Association	6/13/2021	2021 SC RAYS RAYS OF SUNSHINE
5	11:22.61	440	Battaglini, Vincent	12	NC Club Kick Start	7/11/2021	2021 NC TAC TITANS July Qualifier

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	19:00.61	821	Elgart, Shayna	12	NC Marlins Of Raleigh	6/5/2021	2021 NC TAC TITANS 1500 Dual Meet
2	20:27.13	642	Howard, Georgia	12	NC SwimMAC Carolina	7/11/2021	2021 NC SAC Last Chance Qualifier
3	20:28.72	639	Light, Chloe	12	NC Marlins Of Raleigh	6/5/2021	2021 NC TAC TITANS 1500 Dual Meet
4	20:45.57	606	Whitlock, Devon	12	NC Marlins Of Raleigh	6/5/2021	2021 NC TAC TITANS 1500 Dual Meet
5	22:51.59	385	Cassiano, Bergan	12	NC East Carolina Aquatics	6/20/2021	2021 NC ECA Fun in the Sun

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	17:09.22	999	Marsteiner, Sam	12	NC New Wave Swim Team	10/3/2020	2020 NC TAC TITANS Oct LCM
2	19:03.15	772	Lin, Owen	12	NC East Carolina Aquatics	6/20/2021	2021 NC ECA Fun in the Sun
3	19:24.51	731	Sharron, Raston	12	NC Marlins Of Raleigh	6/25/2021	2021 NC NCAC Summer Meet
4	20:16.87	870	Davis, David	11	NC Marlins Of Raleigh	6/25/2021	2021 NC NCAC Summer Meet
5	20:39.25	596	Kelty, Max	12	NC Hickory Foundation YMCA Seahorse Swim Team	6/18/2021	2021 NC YSST Bob Pratt Invitat

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 50 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	31.67 r	903	Elgart, Shayna	12	NC Marlins Of Raleigh	7/30/2021	2021 MS Southern Zones Age Group
2	32.69	828	Whelehan, Sloane	12	NC TAC Titans	7/29/2021	2021 MS Southern Zones Age Group
3	32.81	820	Reddick, Millie	12	NC SwimMAC Carolina	7/29/2021	2021 MS Southern Zones Age Group
4	32.87	815	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	5/16/2021	2021 NC TAC Spring Invitational
5	32.94	810	Simpson, Ava	12	NC Sailfish Aquatics	7/18/2021	2021 NC NCS LC AG Champs
5	32.94	810	Nelson, Savvy	12	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 50 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	31.41	854	Sito, Drew	12	NC New Wave Swim Team	7/18/2021	2021 NC NCS LC AG Champs
2	32.03	812	Lin, Owen	12	NC East Carolina Aquatics	6/19/2021	2021 NC ECA Fun in the Sun
3	32.08	808	Sharron, Raston	12	NC Marlins Of Raleigh	7/29/2021	2021 MS Southern Zones Age Group
4	32.50	780	Chaires, Colton	12	NC Club Kick Start	5/16/2021	2021 NC TAC Spring Invitational
5	32.68	768	Rammel, Mattaus	12	NC Marlins Of Raleigh	5/16/2021	2021 NC TAC Spring Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:07.63	901	Elgart, Shayna	12	NC Marlins Of Raleigh	7/30/2021	2021 MS Southern Zones Age Group
2	1:08.76	864	Whelehan, Sloane	12	NC TAC Titans	7/30/2021	2021 MS Southern Zones Age Group
3	1:09.90	826	Reddick, Millie	12	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group
4	1:10.37	811	Thomas, Emma	12	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
5	1:10.55	805	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:07.37	863	Sito, Drew	12	NC New Wave Swim Team	7/17/2021	2021 NC NCS LC AG Champs
2	1:08.00	843	Prabhu, Gino	12	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group
3	1:09.26	803	Chaires, Colton	12	NC Club Kick Start	7/17/2021	2021 NC NCS LC AG Champs
4	1:09.27	803	Palamar, Jonny	12	NC TAC Titans	8/7/2021	2021 NC TAC TITANS LC Closeout
5	1:09.35	800	Sharron, Raston	12	NC Marlins Of Raleigh	7/30/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:24.81	911	Elgart, Shayna	12	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
2	2:26.55	886	Whelehan, Sloane	12	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
3	2:28.56	858	Robertson, Cam	12	NC Enfinity Aquatic Club	7/16/2021	2021 NC NCS LC AG Champs
4	2:30.74	828	Nelson, Savvy	12	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
5	2:31.26	820	Schmitz, Madison	12	NC Granite Falls Swim Club Makos	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:16.40	1031	Marsteiner, Sam	12	NC New Wave Swim Team	10/3/2020	2020 NC TAC TITANS Oct LCM
2	2:25.32	1071	Palamar, Jonny	11	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
3	2:26.33	876	Sito, Drew	12	NC New Wave Swim Team	7/16/2021	2021 NC NCS LC AG Champs
4	2:27.61	856	Chaires, Colton	12	NC Club Kick Start	7/16/2021	2021 NC NCS LC AG Champs
5	2:30.83	808	Sharron, Raston	12	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 50 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	36.31	809	Light, Chloe	12	NC Marlins Of Raleigh	5/14/2021	2021 NC TAC Spring Invitational
2	36.41	803	Thomas, Emma	12	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
3	37.07	766	Price, Lily	12	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
4	37.47	744	Koehler, Eva	12	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
5	37.48	743	Knox, Morgan	12	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 50 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	33.08	949	Hardy, Gabe	12	NC SwimMAC Carolina	7/28/2021	2021 MS Southern Zones Age Group
2	33.99	891	Morgan, Seth	12	NC Rocky Mount Family YMCA	7/16/2021	2021 NC NCS LC AG Champs
3	35.04	827	Sharron, Raston	12	NC Marlins Of Raleigh	7/28/2021	2021 MS Southern Zones Age Group
4	35.53	797	Ye, Nathaniel	12	NC New Wave Swim Team	7/16/2021	2021 NC NCS LC AG Champs
5	36.63	732	Schaper, Calvin	12	NC Carolina Aquatic Team	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:19.34	899	Dietrich, Kaylee	11	NC Marlins Of Raleigh	7/30/2021	2021 MS Southern Zones Age Group
2	1:19.64	782	Thomas, Emma	12	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
3	1:20.50	760	Hall, Taylor	12	NC Mecklenburg Swim Association	7/17/2021	2021 NC NCS LC AG Champs
4	1:20.65	756	Knox, Morgan	12	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
5	1:20.66	756	Druhan, Ellie	12	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:13.00	940	Hardy, Gabe	12	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group
2	1:15.13	881	Morgan, Seth	12	NC Rocky Mount Family YMCA	7/17/2021	2021 NC NCS LC AG Champs
3	1:18.49	791	Sharron, Raston	12	NC Marlins Of Raleigh	7/30/2021	2021 MS Southern Zones Age Group
4	1:19.29	770	Burton, Tyler	12	NC Enfinity Aquatic Club	6/12/2021	2021 NC GCY Sprint and Distance
5	1:20.97	727	Ye, Nathaniel	12	NC New Wave Swim Team	7/30/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:47.77	842	Hall, Taylor	12	NC Mecklenburg Swim Association	7/18/2021	2021 NC NCS LC AG Champs
2	2:49.03	944	Dietrich, Kaylee	11	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
3	2:54.56	764	Druhan, Ellie	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
4	2:55.33	756	Sawyer, Victoria	12	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
5	2:55.99	748	Boughton, Hannah	12	NC TAC Titans	6/27/2021	2021 NC TAC TITANS LC Dual

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:42.37	909	Hardy, Gabe	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
2	2:49.42	829	Morgan, Seth	12	NC Rocky Mount Family YMCA	7/18/2021	2021 NC NCS LC AG Champs
3	2:54.03	777	Lin, Owen	12	NC East Carolina Aquatics	5/16/2021	2021 NC GOLD Spring LC Invitat
4	2:54.16	776	Sharron, Raston	12	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
5	2:54.55	942	Van Olst, Parker	11	NC New Wave Swim Team	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 50 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	30.01	847	Champion, Maria	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
2	30.17	836	Elgart, Shayna	12	NC Marlins Of Raleigh	5/15/2021	2021 NC TAC Spring Invitational
3	30.18	836	Simpson, Ava	12	NC Sailfish Aquatics	7/18/2021	2021 NC NCS LC AG Champs
4	31.07	863	Ramseur, Riley	11	NC Swim Fanatics Swim Club	6/25/2021	2021 NC EAC Independence Invit
5	31.14	774	Gill, Anna Katherine	12	NC Swim Fanatics Swim Club	6/25/2021	2021 NC EAC Independence Invit

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 50 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	28.17	944	Lin, Owen	12	NC East Carolina Aquatics	7/31/2021	2021 MS Southern Zones Age Group
2	29.41	853	Lee, Benjamin	12	NC Carolina Aquatic Team	7/18/2021	2021 NC NCS LC AG Champs
3	29.70	833	Rammel, Mattaus	12	NC Marlins Of Raleigh	5/15/2021	2021 NC TAC Spring Invitational
4	29.79	826	Sha, Cody	12	NC North Carolina Aquatic Club	7/18/2021	2021 NC NCS LC AG Champs
4	29.79	826	Prabhu, Gino	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:06.55	849	Champion, Maria	12	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
2	1:07.17	832	Elgart, Shayna	12	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs
3	1:08.82	785	Nixon, Nikki	12	NC New Wave Swim Team	7/28/2021	2021 MS Southern Zones Age Group
4	1:09.06	779	Simpson, Ava	12	NC Sailfish Aquatics	7/16/2021	2021 NC NCS LC AG Champs
5	1:09.09	778	Kong, Ariel	12	NC Mecklenburg Swim Association	7/31/2021	2021 NC SAIL Summer Splash

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:02.10	959	Lin, Owen	12	NC East Carolina Aquatics	7/28/2021	2021 MS Southern Zones Age Group
2	1:04.09	895	Prabhu, Gino	12	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	1:07.59	786	Lee, Benjamin	12	NC Carolina Aquatic Team	7/16/2021	2021 NC NCS LC AG Champs
4	1:07.81	779	Palamar, Jonny	12	NC TAC Titans	8/6/2021	2021 NC TAC TITANS LC Closeout
5	1:08.06	772	Cornpropst, Ronan	12	NC Marlins Of Raleigh	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:29.93	841	Champion, Maria	12	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
2	2:35.62	773	Kong, Ariel	12	NC Mecklenburg Swim Association	7/17/2021	2021 NC NCS LC AG Champs
3	2:36.68	761	Nixon, Nikki	12	NC New Wave Swim Team	7/17/2021	2021 NC NCS LC AG Champs
4	2:39.39	871	Liu, Reina	11	NC Greensboro Community YMCA	7/17/2021	2021 NC NCS LC AG Champs
5	2:43.64	681	Broadbent, Carson	12	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:20.11	958	Lin, Owen	12	NC East Carolina Aquatics	7/17/2021	2021 NC NCS LC AG Champs
2	2:29.27	832	Prabhu, Gino	12	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
3	2:30.13	821	Rammel, Mattaus	12	NC Marlins Of Raleigh	5/2/2021	2021 VA RAYS Helen Wang Classic
4	2:31.18	807	Sammons, David	12	NC Mecklenburg Swim Association	7/17/2021	2021 NC NCS LC AG Champs
5	2:33.26	780	Cornpropst, Ronan	12	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:30.60	830	Champion, Maria	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
2	2:33.00	897	He, Carolin	11	NC TAC Titans	8/7/2021	2021 NC TAC TITANS LC Closeout
3	2:33.52	786	Elgart, Shayna	12	NC Marlins Of Raleigh	5/15/2021	2021 NC TAC Spring Invitational
4	2:33.89	781	Reddick, Millie	12	NC SwimMAC Carolina	7/31/2021	2021 MS Southern Zones Age Group
5	2:34.17	776	Nelson, Savvy	12	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:21.26	947	Lin, Owen	12	NC East Carolina Aquatics	7/31/2021	2021 MS Southern Zones Age Group
2	2:30.14	800	Prabhu, Gino	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
3	2:30.37	797	Burton, Tyler	12	NC Enfinity Aquatic Club	6/11/2021	2021 NC GCY Sprint and Distance
4	2:31.87	773	Sharron, Raston	12	NC Marlins Of Raleigh	7/18/2021	2021 NC NCS LC AG Champs
5	2:32.48	763	Medlin, Carter	12	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 11-12 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:23.87	811	Champion, Maria	12	NC SwimMAC Carolina	7/15/2021	2021 NC NCS LC AG Champs
2	5:29.62	773	Nelson, Savvy	12	NC TAC Titans	7/15/2021	2021 NC NCS LC AG Champs
3	5:29.68	773	Marshall, Sasha	12	NC TAC Titans	7/15/2021	2021 NC NCS LC AG Champs
4	5:31.88	758	Collins, Daisy	12	NC North Carolina Aquatic Club	7/15/2021	2021 NC NCS LC AG Champs
5	5:32.10	757	Kong, Ariel	12	NC Mecklenburg Swim Association	7/15/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 11-12 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	5:09.55	904	Lin, Owen	12	NC East Carolina Aquatics	7/15/2021	2021 NC NCS LC AG Champs
2	5:17.99	844	Sito, Drew	12	NC New Wave Swim Team	7/15/2021	2021 NC NCS LC AG Champs
3	5:19.04	836	Prabhu, Gino	12	NC SwimMAC Carolina	7/15/2021	2021 NC NCS LC AG Champs
4	5:22.08	815	Burton, Tyler	12	NC Enfinity Aquatic Club	6/12/2021	2021 NC GCY Sprint and Distance
5	5:24.51	798	Sharron, Raston	12	NC Marlins Of Raleigh	7/15/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	26.74	871	Whelehan, Mere	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
2	26.89	898	Morrow, Amelia	13	NC Enfinity Aquatic Club	7/17/2021	2021 NC NCS LC AG Champs
3	26.93	854	Holfelder, Sydney	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
4	27.20	831	Cureton, Taylor	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
5	27.40	854	Neace, Clarke	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	24.75	871	Austin, Thad	14	NC Enfinity Aquatic Club	7/17/2021	2021 NC NCS LC AG Champs
2	24.95	855	Bartee, Granger	14	NC SwimMAC Carolina	7/31/2021	2021 MS Southern Zones Age Group
3	25.00	851	Kroll, John	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
4	25.05 r	847	Smith, Christian	14	NC Marlins Of Raleigh	7/31/2021	2021 MS Southern Zones Age Group
5	25.36	821	Allen, Aidan	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	58.10	875	Whelehan, Mere	14	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
2	58.61 r	887	Neace, Clarke	13	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	58.63 r	851	Holfelder, Sydney	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
4	59.30	856	Morrow, Amelia	13	NC Enfinity Aquatic Club	8/10/2021	2021 SE NCSA Summer Swimming Championships
5	59.65	806	Qian, Shakira	14	NC TAC Titans	8/8/2021	2021 NC TAC TITANS LC Closeout

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	53.94	896	Bartee, Granger	14	NC SwimMAC Carolina	7/29/2021	2021 MS Southern Zones Age Group
2	54.02	892	Osman, Max	14	NC SwimMAC Carolina	7/29/2021	2021 MS Southern Zones Age Group
3	54.87	855	Spinner, Wiley	14	NC Mecklenburg Swim Association	3/26/2021	2021 SC MOC Championship Final
4	55.21	916	Marsteiner, Sam	13	NC New Wave Swim Team	7/31/2021	2021 FL Last Splash Invitational
5	55.38	832	Austin, Thad	14	NC Enfinity Aquatic Club	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:05.42 r	877	Willis, Lily	14	NC TAC Titans	7/15/2021	2021 NC NCS LC AG Champs
2	2:05.47	876	Whelehan, Mere	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
3	2:06.95	867	Neace, Clarke	13	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
4	2:07.78	822	Zettel, Nicole	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
5	2:08.26	811	Holfelder, Sydney	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:55.89	935	Clontz, Norvin	14	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
2	1:55.94 r	934	Osman, Max	14	NC SwimMAC Carolina	7/15/2021	2021 NC NCS LC AG Champs
3	1:57.33	1013	Marsteiner, Sam	13	NC New Wave Swim Team	7/30/2021	2021 FL Last Splash Invitational
4	2:00.45	830	Prabhu, Evan	14	NC SwimMAC Carolina	7/28/2021	2021 MS Southern Zones Age Group
5	2:00.54	828	Scheiber, Jackson	14	NC New Wave Swim Team	7/30/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:23.43	868	Whelehan, Mere	14	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
2	4:24.11	860	Zettel, Nicole	14	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
3	4:29.35	800	Willis, Lily	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
4	4:30.47	788	Pardue, Audrey	14	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group
5	4:31.45	800	Neace, Clarke	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:04.53	956	Clontz, Norvin	14	NC SwimMAC Carolina	7/30/2021	2021 Futures Championships - Huntsville
2	4:07.63	1018	Marsteiner, Sam	13	NC New Wave Swim Team	7/17/2021	2021 NC NCS LC AG Champs
3	4:08.36	914	Osman, Max	14	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group
4	4:09.22	905	Turner, Mason	14	NC SwimMAC Carolina	4/9/2021	2021 NC TAC TITANS LC Premier
5	4:14.34	850	Prabhu, Evan	14	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	9:14.62	814	Whelehan, Mere	14	NC TAC Titans	7/15/2021	2021 NC NCS LC AG Champs
2	9:15.30	837	Klamfoth, Avery	13	NC SwimMAC Carolina	7/15/2021	2021 NC NCS LC AG Champs
3	9:15.53	809	Zettel, Nicole	14	NC TAC Titans	7/15/2021	2021 NC NCS LC AG Champs
4	9:17.09	802	Pardue, Audrey	14	NC SwimMAC Carolina	7/27/2021	2021 MS Southern Zones Age Group
5	9:26.13	783	Cinson, Kathryn	13	NC Hickory Foundation YMCA Seahorse Swim Team	7/15/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:29.59	938	Clontz, Norvin	14	NC SwimMAC Carolina	7/15/2021	2021 NC NCS LC AG Champs
2	8:33.50	917	Scheiber, Jackson	14	NC New Wave Swim Team	7/31/2021	2021 FL Last Splash Invitational
3	8:34.76	1006	Marsteiner, Sam	13	NC New Wave Swim Team	7/31/2021	2021 FL Last Splash Invitational
4	8:35.71	905	Turner, Mason	14	NC SwimMAC Carolina	4/8/2021	2021 NC TAC TITANS LC Premier
5	8:44.35	860	Marsteiner, Matthew	14	NC New Wave Swim Team	3/4/2021	2021 NC Speedo ESSZ Spring Tim

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	17:46.59	806	Pardue, Audrey	14	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
2	17:53.60	788	Whelehan, Mere	14	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
3	17:55.55	783	McCammon, Sophie	14	NC Lifetime Swim Team North Carolina	7/18/2021	2021 NC NCS LC AG Champs
4	17:55.83	819	Klamfoth, Avery	13	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
5	17:58.27	813	Cinson, Kathryn	13	NC Hickory Foundation YMCA Seahorse Swim Team	7/31/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	16:08.21	941	Clontz, Norvin	14	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
2	16:35.36	953	Marsteiner, Sam	13	NC New Wave Swim Team	7/18/2021	2021 NC NCS LC AG Champs
3	16:39.90	863	Marsteiner, Matthew	14	NC New Wave Swim Team	3/4/2021	2021 NC Speedo ESSZ Spring Tim
4	16:41.61	859	Scheiber, Jackson	14	NC New Wave Swim Team	7/28/2021	2021 FL Last Splash Invitational
5	16:45.79	849	Prabhu, Evan	14	NC SwimMAC Carolina	7/27/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:05.12	894	Reel, Hannah	14	NC Raleigh Swimming Association	7/17/2021	2021 NC NCS LC AG Champs
2	1:05.85	866	Zettel, Nicole	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
3	1:07.16	817	Claborn, Alyssa	14	NC Lowes YMCA Lightning Swim Team	7/17/2021	2021 NC NCS LC AG Champs
4	1:07.28	859	Shields, Shaelyn	13	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
5	1:07.53	803	Cloutier, Adeline	14	NC East Carolina Aquatics	7/30/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	58.65	996	Bartee, Granger	14	NC SwimMAC Carolina	7/30/2021	2021 MS Southern Zones Age Group
2	59.87	947	Smith, Christian	14	NC Marlins Of Raleigh	7/17/2021	2021 NC NCS LC AG Champs
3	1:00.64	917	Austin, Thad	14	NC Enfinity Aquatic Club	7/17/2021	2021 NC NCS LC AG Champs
4	1:00.77	912	Tharakan, Abhay	14	NC TAC Titans	7/30/2021	2021 MS Southern Zones Age Group
5	1:02.17	857	Emerton, Ethan	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:20.82	861	Zettel, Nicole	14	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
2	2:21.54	849	Willis, Lily	14	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
3	2:22.63	832	Pardue, Audrey	14	NC SwimMAC Carolina	7/29/2021	2021 MS Southern Zones Age Group
4	2:23.26	855	Shields, Shaelyn	13	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
5	2:25.09	826	Rendon, Kalle	13	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.74	926	Tharakan, Abhay	14	NC TAC Titans	7/29/2021	2021 MS Southern Zones Age Group
2	2:10.78	906	Emerton, Ethan	14	NC TAC Titans	7/18/2021	2021 NC NCS LC AG Champs
3	2:11.65	890	Smith, Christian	14	NC Marlins Of Raleigh	7/29/2021	2021 MS Southern Zones Age Group
4	2:13.01	964	Marsteiner, Sam	13	NC New Wave Swim Team	7/31/2021	2021 FL Last Splash Invitational
5	2:13.68	852	Clontz, Norvin	14	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:11.39	956	Klamfoth, Avery	13	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
2	1:12.31	924	Willis, Lily	14	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
3	1:13.10	904	Jeltema, Mia	13	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
4	1:14.60	856	Rainey, Reagan	14	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
5	1:14.82	853	Thomas, Emma	13	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:08.23	908	Cindric, Goran	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
2	1:08.53	898	Bucci, Cameron	14	NC Aquatic Team Of Mecklenburg	7/16/2021	2021 NC NCS LC AG Champs
3	1:09.44	868	Wallace, Jack	14	NC Marlins Of Raleigh	7/30/2021	2021 MS Southern Zones Age Group
4	1:09.68	860	Nye, Grayson	14	NC TAC Titans	10/2/2020	2020 NC TAC TITANS Oct LCM
5	1:09.87	854	Morea, Michael	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:33.82	936	Klamfoth, Avery	13	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East
2	2:35.75	901	Willis, Lily	14	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
3	2:38.18	868	Rainey, Reagan	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
4	2:39.45	860	Jeltema, Mia	13	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
5	2:44.23	797	Thomas, Emma	13	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:28.03	902	Nye, Grayson	14	NC TAC Titans	10/3/2020	2020 NC TAC TITANS Oct LCM
2	2:28.59	894	Clontz, Norvin	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
3	2:30.45	949	Lee, Woori	13	NC TAC Titans	8/8/2021	2021 NC TAC TITANS LC Closeout
4	2:31.80	849	Tharakan, Abhay	14	NC TAC Titans	7/28/2021	2021 MS Southern Zones Age Group
5	2:33.65	824	Morea, Michael	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.12	900	Klamfoth, Avery	13	NC SwimMAC Carolina	8/5/2021	2021 Speedo Summer Championships East
2	1:03.22	897	Bartee, Zetta Grace	13	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	1:04.33	823	Zettel, Nicole	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs
4	1:04.38	856	Neace, Clarke	13	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
5	1:04.65	812	Mueller, Tanith	14	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	57.84	923	Austin, Thad	14	NC Enfinity Aquatic Club	7/16/2021	2021 NC NCS LC AG Champs
2	58.65	890	Bartee, Granger	14	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
3	58.95	985	Marsteiner, Sam	13	NC New Wave Swim Team	7/30/2021	2021 FL Last Splash Invitational
4	58.96	878	Osman, Max	14	NC SwimMAC Carolina	7/28/2021	2021 MS Southern Zones Age Group
5	59.05	874	Marsteiner, Matthew	14	NC New Wave Swim Team	10/3/2020	2020 NC TAC TITANS Oct LCM

NCS Top Five LC Times by age group as of 09/01/21

LSC: NC For Dates 9/1/2020 - 8/31/2021

Girls 13-14 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:17.57	932	Klamfoth, Avery	13	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
2	2:23.40	802	Willis, Lily	14	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs
3	2:26.56	756	Lambert, Maya	14	NC North Carolina Aquatic Club	7/17/2021	2021 NC NCS LC AG Champs
4	2:27.04	793	Bartee, Zetta Grace	13	NC SwimMAC Carolina	7/31/2021	2021 MS Southern Zones Age Group
5	2:27.38	788	Talwar, Tara	13	NC TAC Titans	7/17/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:06.87	1071	Marsteiner, Sam	13	NC New Wave Swim Team	7/28/2021	2021 FL Last Splash Invitational
2	2:07.98	933	Marsteiner, Matthew	14	NC New Wave Swim Team	3/4/2021	2021 NC Speedo ESSZ Spring Tim
3	2:08.30	927	Osman, Max	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
4	2:10.24	892	Clontz, Norvin	14	NC SwimMAC Carolina	7/17/2021	2021 NC NCS LC AG Champs
5	2:12.46	853	Davidson, Aaron	14	NC New Wave Swim Team	7/28/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:17.34	992	Klamfoth, Avery	13	NC SwimMAC Carolina	8/7/2021	2021 Speedo Summer Championships East
2	2:18.95	911	Willis, Lily	14	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
3	2:20.71	879	Zettel, Nicole	14	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
4	2:23.06	889	Holfelder, Sydney	13	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
5	2:23.95	822	Rainey, Reagan	14	NC SwimMAC Carolina	7/31/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.43	975	Clontz, Norvin	14	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
2	2:13.25	997	Lee, Woori	13	NC TAC Titans	8/7/2021	2021 NC TAC TITANS LC Closeout
3	2:14.35	876	Turner, Mason	14	NC SwimMAC Carolina	4/11/2021	2021 NC TAC TITANS LC Premier
4	2:14.90	865	Osman, Max	14	NC SwimMAC Carolina	7/18/2021	2021 NC NCS LC AG Champs
5	2:15.11	861	Tharakan, Abhay	14	NC TAC Titans	7/31/2021	2021 MS Southern Zones Age Group

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 13-14 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:51.47	961	Klamfoth, Avery	13	NC SwimMAC Carolina	8/5/2021	2021 Speedo Summer Championships East
2	4:52.91	909	Willis, Lily	14	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville
3	4:57.26	874	Zettel, Nicole	14	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville
4	4:58.90	861	Rainey, Reagan	14	NC SwimMAC Carolina	7/29/2021	2021 Futures Championships - Huntsville
5	5:05.18	851	Jeltema, Mia	13	NC TAC Titans	7/16/2021	2021 NC NCS LC AG Champs

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 13-14 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:35.86	956	Clontz, Norvin	14	NC SwimMAC Carolina	7/16/2021	2021 NC NCS LC AG Champs
2	4:43.01	893	Turner, Mason	14	NC SwimMAC Carolina	4/10/2021	2021 NC TAC TITANS LC Premier
3	4:44.07	973	Lee, Woori	13	NC TAC Titans	8/6/2021	2021 NC TAC TITANS LC Closeout
4	4:49.18	839	Osman, Max	14	NC SwimMAC Carolina	6/17/2021	2021 NC SGSA Eastern Invitatio
5	4:49.76	834	Davidson, Aaron	14	NC New Wave Swim Team	7/30/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	24.17	1067	Curzan, Claire	16	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
2	26.67	842	Sikes, Katie Belle	15	NC Hillsborough Aquatic Club	3/4/2021	2021 NC Speedo ESSZ Spring Tim
3	26.75	832	Gendzel, Maya	16	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional
4	27.02	812	Donlan, Molly	15	NC SwimMAC Carolina	4/11/2021	2021 NC TAC TITANS LC Premier
4	27.02	809	Jacobs, Jenna	16	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	23.03	940	Dillingham, Diggory	16	NC SwimMAC Carolina	5/14/2021	2021 NC TAC Spring Invitational
2	23.35	912	Thompson, Will	16	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
3	23.75	911	Battaglini, Lucca	15	NC Club Kick Start	8/7/2021	2021 Speedo Summer Championships East
4	23.89 r	899	Hohm, Nate	15	NC Aquatic Team Of Mecklenburg	7/29/2021	2021 NT Southern Zone Senior Champs
5	23.90	898	Wimberly, Jacob	15	NC SwimMAC Carolina	4/11/2021	2021 NC TAC TITANS LC Premier
5	23.90	865	Walker, Wells	16	NC Marlins Of Raleigh	7/31/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	53.55	1032	Curzan, Claire	16	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
2	57.41	859	Cotter, Keelan	15	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
3	57.97	822	Gendzel, Maya	16	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
4	58.32	818	Donlan, Molly	15	NC SwimMAC Carolina	4/9/2021	2021 NC TAC TITANS LC Premier
5	58.35	817	Neal, Kayman	15	NC SwimMAC Carolina	7/18/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	51.43	907	Thompson, Will	16	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville
2	51.55	951	Battaglini, Lucca	15	NC Club Kick Start	8/3/2021	2021 Speedo Summer Championships East
3	51.81	889	Wimberly, Jacob	16	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
4	52.04	878	Lloyd, Landon	16	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville
5	52.58	854	Fox, Jerry	16	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:02.79	872	Cotter, Keelan	16	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
2	2:04.92	840	McDonald, Kaylee	15	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
3	2:06.18	791	Carpenter, Emily	16	NC TAC Titans	6/11/2021	2021 NC TAC TITANS Triangle CI
4	2:06.63	781	Hastings, Emma	16	NC East Carolina Aquatics	4/10/2021	2021 NC TAC TITANS LC Premier
5	2:07.33	765	Wozny, Makenna	16	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:53.21	942	Battaglini, Lucca	15	NC Club Kick Start	8/4/2021	2021 Speedo Summer Championships East
2	1:53.67 r	878	Lloyd, Landon	16	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville
3	1:54.03	869	Ayers, Alex	16	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East Time Trials
4	1:54.85 r	850	Wimberly, Jacob	16	NC SwimMAC Carolina	7/17/2021	2021 NC ESSZ LC Sectional
5	1:55.17	842	Haughey, Braeden	16	NC TAC Titans	10/2/2020	2020 NC TAC TITANS Oct LCM

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:19.03	855	Hastings, Emma	16	NC East Carolina Aquatics	1/16/2021	2021 Pro Series - Richmond
2	4:21.09	864	Cotter, Keelan	15	NC TAC Titans	7/17/2021	2021 NC ESSZ LC Sectional
3	4:27.00	763	Carpenter, Emily	16	NC TAC Titans	6/12/2021	2021 NC TAC TITANS Triangle CI
4	4:27.50	790	McDonald, Kaylee	15	NC SwimMAC Carolina	6/17/2021	2021 NC SGSA Eastern Invitatio
5	4:28.03	752	Hook, Charlotte	16	NC TAC Titans	10/3/2020	2020 NC TAC TITANS Oct LCM

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:00.47	879	Haughey, Braeden	16	NC TAC Titans	11/13/2020	2020 Toyota Greensboro
2	4:02.05	861	Ayers, Alex	16	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
3	4:03.96	875	Turner, Mason	15	NC SwimMAC Carolina	7/30/2021	2021 Futures Championships - Huntsville
4	4:05.75	821	Chang, Chris	16	NC TAC Titans	4/9/2021	2021 NC TAC TITANS LC Premier
5	4:06.17	816	Adley, Logan	16	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:47.30	881	Hastings, Emma	16	NC East Carolina Aquatics	1/14/2021	2021 Pro Series - Richmond
2	8:58.64	821	Cotter, Keelan	16	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
3	9:13.52	745	Sleime, Leyla	16	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
4	9:16.11	733	Wozny, Makenna	16	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
5	9:22.27	719	Lee, Emma	15	NC Mecklenburg Swim Association	7/22/2021	2021 NC LC SR Championships

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:25.17	896	Ayers, Alex	15	NC SwimMAC Carolina	4/8/2021	2021 NC TAC TITANS LC Premier
2	8:29.08	811	Chang, Chris	16	NC TAC Titans	4/8/2021	2021 NC TAC TITANS LC Premier
3	8:29.39	873	Marsteiner, Matthew	15	NC New Wave Swim Team	7/31/2021	2021 FL Last Splash Invitational
4	8:35.72	776	Adley, Logan	16	NC TAC Titans	7/17/2021	2021 NC ESSZ LC Sectional
5	8:35.94	775	Williams, Keith	16	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	17:02.70	870	Hastings, Emma	16	NC East Carolina Aquatics	1/17/2021	2021 Pro Series - Richmond
2	17:17.88	844	Cotter, Keelan	15	NC TAC Titans	4/11/2021	2021 NC TAC TITANS LC Premier
3	17:40.62	771	Sleime, Leyla	16	NC SwimMAC Carolina	6/25/2021	2021 SC TG Dash and Splash
4	17:43.91	762	Boehlke, Eva	16	NC North Carolina Aquatic Club	6/25/2021	2021 NC NCAC Summer Meet
5	17:53.77	752	Lee, Emma	15	NC Mecklenburg Swim Association	7/25/2021	2021 NC LC SR Championships

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	16:16.91	850	Ayers, Alex	15	NC SwimMAC Carolina	6/25/2021	2021 SC TG Dash and Splash
2	16:26.68	826	Peck, Connor	15	NC North Carolina Aquatic Club	6/25/2021	2021 NC NCAC Summer Meet
3	16:27.97	794	Williams, Keith	16	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
4	16:29.41	790	Chang, Chris	16	NC TAC Titans	4/11/2021	2021 NC TAC TITANS LC Premier
5	16:30.39	817	Tuttle, Wilson	15	NC Marlins Of Raleigh	6/25/2021	2021 NC NCAC Summer Meet

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	58.82	1084	Curzan, Claire	16	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
2	1:00.97	994	Wilhelm, Kiley	16	NC Lifetime Swim Team North Carolina	3/26/2021	2021 SC MOC Championship Final
3	1:02.95	933	Welsh, Lily	15	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
4	1:03.13	907	Morris, Taylor	16	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
5	1:03.89	896	Neal, Kayman	15	NC SwimMAC Carolina	7/16/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.22 r	977	Thompson, Will	16	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
2	56.66	1014	Battaglini, Lucca	15	NC Club Kick Start	8/6/2021	2021 Speedo Summer Championships East
3	57.50	924	Hardy, Ryan	16	NC YMCA of the Triangle Area Swim Team	5/15/2021	2021 NC TAC Spring Invitational
4	57.53	978	Wimberly, Jacob	15	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
5	58.08	900	Bacon, Tate	16	NC Marlins Of Raleigh	1/30/2021	2021 VA NOVA LC Winter Invitat

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:11.82	961	Curzan, Claire	16	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
2	2:12.02	958	Wilhelm, Kiley	16	NC Lifetime Swim Team North Carolina	4/30/2021	2021 TYR 18&U Spring Cup Orlando Time Trials
3	2:16.17	887	Carpenter, Emily	16	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
4	2:17.74	861	Donlan, Molly	16	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East
5	2:18.69	864	Neal, Kayman	15	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:00.38	1009	Haughey, Braeden	16	NC TAC Titans	11/14/2020	2020 Toyota Greensboro
2	2:04.69	968	Wimberly, Jacob	15	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
3	2:05.55	906	Thompson, Will	16	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
4	2:07.42	915	Dunham, Davis	15	NC SwimMAC Carolina	7/18/2021	2021 NC ESSZ LC Sectional
5	2:07.58	867	Ayers, Alex	16	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East Time Trials

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:11.17	885	Rainey, Grace	16	NC SwimMAC Carolina	1/15/2021	2021 Pro Series - Richmond
2	1:12.64	839	Armand, Samantha	16	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
3	1:13.29	834	Cotter, Keelan	15	NC TAC Titans	6/11/2021	2021 NC TAC TITANS Triangle CI
4	1:13.97	799	Kudela, Caroline	16	NC Mecklenburg Swim Association	1/15/2021	2021 Pro Series - Richmond
5	1:14.36	802	Plaza, Sofia	15	NC Unattached	7/17/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.85	964	Taylor, John Reese	16	NC YMCA of the Triangle Area Swim Team	5/15/2021	2021 NC TAC Spring Invitational
2	1:04.23	950	Lee, Henry	16	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
3	1:04.65	936	Lucky, Matthew	16	NC Sailfish Aquatics	8/6/2021	2021 Speedo Summer Championships East
4	1:04.90	927	Walker, Brasen	16	NC Raleigh Swimming Association	7/23/2021	2021 NC LC SR Championships
5	1:05.42	909	Valliere, Tucker	16	NC Blues Aquatics	7/23/2021	2021 NC LC SR Championships

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:30.99	930	Rainey, Grace	16	NC SwimMAC Carolina	1/16/2021	2021 Pro Series - Richmond
2	2:33.43	900	Plaza, Sofia	15	NC Unattached	8/4/2021	2021 Speedo Summer Championships East
3	2:37.88	835	Sanders, Sydney	16	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
4	2:39.11	819	Armand, Samantha	16	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
5	2:39.77	810	Kudela, Caroline	16	NC Mecklenburg Swim Association	1/16/2021	2021 Pro Series - Richmond

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:18.65	963	Lucky, Matthew	16	NC Sailfish Aquatics	3/4/2021	2021 NC Speedo ESSZ Spring Tim
2	2:19.59	949	Delmar, Ben	16	NC SwimMAC Carolina	7/18/2021	2021 NC ESSZ LC Sectional
3	2:19.85	952	Nye, Grayson	15	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
4	2:21.21	925	Taylor, John Reese	16	NC YMCA of the Triangle Area Swim Team	5/16/2021	2021 NC TAC Spring Invitational
5	2:21.63	919	Valliere, Tucker	16	NC Blues Aquatics	8/4/2021	2021 Speedo Summer Championships East

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.20	1074	Curzan, Claire	16	NC TAC Titans	4/10/2021	2021 NC TAC TITANS LC Premier
2	1:00.13	927	Hook, Charlotte	16	NC TAC Titans	11/13/2020	2020 Toyota Greensboro
3	1:00.25	923	Wilhelm, Kiley	16	NC Lifetime Swim Team North Carolina	4/30/2021	2021 TYR 18&U Spring Cup Orlando
4	1:01.64	872	Morris, Taylor	16	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
5	1:01.70	889	Cotter, Keelan	15	NC TAC Titans	7/17/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	54.56	948	Lee, Henry	16	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
2	54.74	941	Bacon, Tate	16	NC Marlins Of Raleigh	3/4/2021	2021 NC Speedo ESSZ Spring Tim
3	55.49	943	Battaglini, Lucca	15	NC Club Kick Start	8/5/2021	2021 Speedo Summer Championships East
4	55.92	890	Lloyd, Landon	16	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
5	56.52	864	Thompson, Will	16	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:10.90	958	Hook, Charlotte	16	NC TAC Titans	11/14/2020	2020 Toyota Greensboro
2	2:16.13	878	Stolberg, Emma	16	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional
3	2:17.38	861	McDonald, Kaylee	15	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
4	2:17.84	851	Rainey, Grace	16	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
5	2:18.45	842	Bloom, Taylor	16	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:05.25	863	Bacon, Tate	16	NC Marlins Of Raleigh	1/31/2021	2021 VA NOVA LC Winter Invitat
2	2:06.92	832	Whelehan, Colin	16	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
3	2:07.45	866	Turner, Mason	15	NC SwimMAC Carolina	7/28/2021	2021 Futures Championships - Huntsville
4	2:08.13	810	Jao, Nathan	16	NC Enfinity Aquatic Club	6/25/2021	2021 NC EAC Independence Invit
5	2:08.77	798	Frye, Robby	16	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:16.02	941	Cotter, Keelan	15	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
2	2:16.50	926	Wilhelm, Kiley	16	NC Lifetime Swim Team North Carolina	5/2/2021	2021 TYR 18&U Spring Cup Orlando
3	2:18.03	898	Hook, Charlotte	16	NC TAC Titans	11/13/2020	2020 Toyota Greensboro
4	2:18.65	887	Rainey, Grace	16	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
5	2:20.69	850	Sanders, Sydney	16	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:07.85	910	Ayers, Alex	15	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
1	2:07.85	903	Lucky, Matthew	16	NC Sailfish Aquatics	8/7/2021	2021 Speedo Summer Championships East
3	2:08.76	884	Jao, Nathan	16	NC Enfinity Aquatic Club	7/15/2021	2021 NC ESSZ LC Sectional
4	2:09.66	873	Haywood, Jack	15	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional
5	2:11.28	833	Taylor, John Reese	16	NC YMCA of the Triangle Area Swim Team	5/2/2021	2021 TYR 18&U Spring Cup Orlando

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 15-16 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:53.92	865	Cotter, Keelan	15	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
2	4:55.87	849	Plaza, Sofia	15	NC Unattached	8/5/2021	2021 Speedo Summer Championships East
3	4:58.28	824	Boehlke, Eva	16	NC North Carolina Aquatic Club	7/30/2021	2021 FL Last Splash Invitational
4	5:00.85	803	Sanders, Sydney	16	NC SwimMAC Carolina	8/5/2021	2021 Speedo Summer Championships East
5	5:01.95	800	Ivanov, Katya	15	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 15-16 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:29.90	902	Haughey, Braeden	16	NC TAC Titans	11/13/2020	2020 Toyota Greensboro
2	4:31.87	884	Wimberly, Jacob	16	NC SwimMAC Carolina	8/5/2021	2021 Speedo Summer Championships East
3	4:35.53	866	Ayers, Alex	15	NC SwimMAC Carolina	4/10/2021	2021 NC TAC TITANS LC Premier
4	4:38.77	837	Degroote, Hudson	15	NC Marlins Of Raleigh	7/16/2021	2021 NC ESSZ LC Sectional
5	4:40.89	818	Peck, Connor	15	NC North Carolina Aquatic Club	7/16/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	25.31	952	Flynn, Lindsay	18	NC Mecklenburg Swim Association	4/11/2021	2021 NC TAC TITANS LC Premier
2	25.48	937	Ivan, Teresa	17	NC Unattached	5/17/2021	LEN European Aquatics Championships
3	26.04	886	Kapeller, Abby	18	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
4	26.13	878	Hook, Charlotte	17	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
5	26.18	874	Stricklin, Sydney	18	NC Unattached	3/4/2021	2021 NC Speedo ESSZ Spring Tim

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 50 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	23.05	908	Cotter, Michael	17	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
2	23.22	893	Hoover, Sam	17	NC North Carolina Aquatic Club	5/1/2021	2021 TYR 18&U Spring Cup Orlando
3	23.24	890	Boone, Garrett	18	NC Mecklenburg Swim Association	3/26/2021	2021 SC MOC Championship Final
4	23.56	862	Connery, Tim	18	NC SwimMAC Carolina	8/7/2021	2021 Speedo Summer Championships East
5	23.58	862	Miller, Reid	17	NC SwimMAC Carolina	4/11/2021	2021 NC TAC TITANS LC Premier

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	56.10	905	Flynn, Lindsay	18	NC Mecklenburg Swim Association	5/16/2021	2021 GA SwimAtlanta's Mizuno 2021
2	56.87	869	Hook, Charlotte	17	NC TAC Titans	7/29/2021	2021 Futures Championships - Huntsville
3	56.89	868	Ivan, Teresa	17	NC Unattached	5/21/2021	LEN European Aquatics Championships
4	57.56	837	Stricklin, Sydney	18	NC Unattached	3/4/2021	2021 NC Speedo ESSZ Spring Tim
5	57.86	823	Eaker, Summer	18	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
5	57.86	823	Schoppa, Maura	17	NC Swim GSA	6/18/2021	2021 NC SGSA Eastern Invitatio

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 100 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	49.36	961	Connery, Tim	18	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
2	49.71	955	Hoover, Sam	17	NC North Carolina Aquatic Club	11/14/2020	2020 Toyota Greensboro
3	49.86	937	Nelson, Baylor	18	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
4	50.36	923	Cotter, Michael	18	NC TAC Titans	6/18/2021	2020 - TT -U.S. Olympic Team T
5	51.02	881	Boone, Garrett	18	NC Unattached	1/17/2021	2021 Pro Series - Richmond

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:00.62	925	Gorbenko, Anastasya	17	NC Unattached	5/19/2021	LEN European Aquatics Championships
2	2:02.54	878	Hook, Charlotte	17	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
3	2:03.75	849	Zettel, Brooke	17	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
4	2:03.77	834	Pennington, Caroline	18	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
5	2:04.14	825	Eaker, Summer	18	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 200 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:47.96 r	984	Connery, Tim	18	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
2	1:49.28	951	Nelson, Baylor	18	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East
3	1:49.49	946	Cotter, Michael	18	NC TAC Titans	8/6/2021	2021 NC TAC TITANS LC Closeout
4	1:50.74	918	Hoover, Sam	17	NC North Carolina Aquatic Club	11/13/2020	2020 Toyota Greensboro
5	1:51.77	890	Zucker, Logan	18	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:13.23	910	Pennington, Caroline	18	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
2	4:17.27	874	Hook, Charlotte	17	NC TAC Titans	3/4/2021	2021 NC Speedo ESSZ Spring Tim
3	4:20.32	826	Ray, Amanda	18	NC New Wave Swim Team	7/29/2021	2021 FL Last Splash Invitational
4	4:20.72	821	Eaker, Summer	18	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
5	4:20.98	831	Hastings, Emma	17	NC East Carolina Aquatics	8/6/2021	2021 Speedo Summer Championships East

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 400 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	3:51.41	951	Plage, James	18	NC Wolfpack Elite	6/13/2021	2020 Olympic Trials Wave II
2	3:53.74	924	Cotter, Michael	18	NC TAC Titans	8/7/2021	2021 NC TAC TITANS LC Closeout
3	3:55.43	905	Norris, Lance	18	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
4	3:55.59	903	Zucker, Logan	18	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
5	4:00.80	853	Pishko, Jacob	17	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	8:40.50	911	Pennington, Caroline	17	NC TAC Titans	1/14/2021	2021 Pro Series - Richmond
2	8:54.21	838	Hastings, Emma	17	NC East Carolina Aquatics	7/22/2021	2021 NC LC SR Championships
3	8:58.50	815	Eaker, Summer	18	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
4	9:00.96	803	Knorr, Emily	18	NC Mecklenburg Swim Association	7/22/2021	2021 NC LC SR Championships
5	9:01.89	798	Ray, Amanda	18	NC New Wave Swim Team	7/28/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 800 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	7:56.87	980	Plage, James	18	NC Wolfpack Elite	6/16/2021	2020 Olympic Trials Wave II
2	8:08.28	915	Norris, Lance	17	NC TAC Titans	4/8/2021	2021 NC TAC TITANS LC Premier
3	8:19.53	853	Pishko, Jacob	17	NC TAC Titans	5/16/2021	2021 NC TAC Spring Invitational
4	8:20.10	850	Chang, Chris	17	NC TAC Titans	8/10/2021	2021 SE NCSA Summer Swimming Championships
5	8:21.07	845	Baker, Jay	18	NC North Carolina Aquatic Club	11/12/2020	2020 Toyota Greensboro

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	16:33.21	946	Pennington, Caroline	17	NC TAC Titans	1/17/2021	2021 Pro Series - Richmond
2	17:05.02	860	Hastings, Emma	17	NC East Carolina Aquatics	8/7/2021	2021 Speedo Summer Championships East
3	17:07.57	853	Eaker, Summer	18	NC SwimMAC Carolina	8/7/2021	2021 Speedo Summer Championships East
4	17:11.15	843	Clark, Hayley	17	NC North Carolina Aquatic Club	6/25/2021	2021 NC NCAC Summer Meet
5	17:12.86	839	Knorr, Emily	18	NC Mecklenburg Swim Association	7/25/2021	2021 NC LC SR Championships

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 1500 Freestyle Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	15:18.50	950	Plage, James	18	NC Wolfpack Elite	8/3/2021	2021 Speedo Summer Championships East
2	15:33.75	911	Norris, Lance	18	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
3	15:57.38	852	Miller, Brandon	17	NC North Carolina Aquatic Club	7/28/2021	2021 FL Last Splash Invitational
4	16:02.63	838	Baker, Jay	18	NC North Carolina Aquatic Club	6/6/2021	2020 TT - U.S. Olympic Team Tr
5	16:06.29	830	Pishko, Jacob	17	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 100 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.30	1063	Gorbenko, Anastasya	17	NC Unattached	7/26/2021	2020 Olympic Games
2	1:01.75	963	Hook, Charlotte	17	NC TAC Titans	4/11/2021	2021 NC TAC TITANS LC Premier
3	1:02.35	938	Lenihan, Emily	18	NC Duke University	5/15/2021	2021 NC NCAC LC Qualifier
4	1:03.59	889	Kapeller, Abby	18	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
5	1:04.24	864	Stricklin, Sydney	17	NC Unattached	11/13/2020	2020 Toyota Greensboro

NCS Top Five LC Times by age group as of 09/01/21

LSC: NC For Dates 9/1/2020 - 8/31/2021

Boys 17-18 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	56.20	926	Connery, Tim	18	NC SwimMAC Carolina	6/14/2021	2020 Olympic Trials Wave II
2	56.22	938	Nelson, Baylor	17	NC SwimMAC Carolina	6/14/2021	2020 Olympic Trials Wave II
3	56.63	908	Boone, Garrett	18	NC Mecklenburg Swim Association	6/4/2021	2020 Olympic Trials Wave I
4	56.90	910	Abaqueta, Cam	17	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
5	56.91 r	896	Norris, Lance	18	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:10.86	978	Gorbenko, Anastasya	17	NC Team Elite	4/10/2021	2021 Swim Open Stockholm
2	2:14.21	920	Hook, Charlotte	17	NC TAC Titans	4/10/2021	2021 NC TAC TITANS LC Premier
3	2:15.74	894	Lenihan, Emily	18	NC Duke University	6/6/2021	2020 Olympic Trials Wave I
4	2:16.96	874	Knorr, Emily	18	NC Mecklenburg Swim Association	5/16/2021	2021 GA SwimAtlanta's Mizuno 2021
5	2:18.48	848	Carpenter, Emily	17	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 200 Backstroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:59.98	962	Norris, Lance	18	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
2	2:00.80	957	Miller, Brandon	17	NC North Carolina Aquatic Club	11/14/2020	2020 Toyota Greensboro
3	2:00.84	956	Haughey, Braeden	17	NC TAC Titans	7/31/2021	2021 Futures Championships - Huntsville
4	2:02.42	925	Nelson, Baylor	17	NC SwimMAC Carolina	1/17/2021	2021 Pro Series - Richmond
5	2:04.01	881	Baker, Jay	18	NC North Carolina Aquatic Club	5/2/2021	2021 TYR 18&U Spring Cup Orlando

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:06.74	1014	Gorbenko, Anastasya	17	NC Unattached	5/18/2021	LEN European Aquatics Championships
2	1:09.59	923	Arens, Abby	18	NC NC State University	11/13/2020	2020 Toyota Greensboro
3	1:09.77	918	Hamblin, Kaylee	17	NC Mecklenburg Swim Association	3/26/2021	2021 SC MOC Championship Final
4	1:10.94	881	Fadely, Jennah	18	NC Unattached	7/21/2021	2021-NT-American Long Course
5	1:12.04	847	Cottingham, Brianna	17	NC YMCA of Northwest North Carolina Riptyde	7/30/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 100 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:02.98	931	Nelson, Baylor	18	NC SwimMAC Carolina	8/6/2021	2021 Speedo Summer Championships East
2	1:02.99	931	Connery, Tim	18	NC SwimMAC Carolina	6/13/2021	2020 Olympic Trials Wave II
3	1:03.60	928	Insixiengmay, Steven	17	NC YMCA of Northwest North Carolina Riptyde	7/30/2021	2021 FL Last Splash Invitational
4	1:03.82	920	Kroll, Matthew	17	NC SwimMAC Carolina	5/15/2021	2021 NC TAC Spring Invitational
5	1:03.92	917	Taylor, John Reese	17	NC YMCA of the Triangle Area Swim Team	8/6/2021	2021 Speedo Summer Championships East

NCS Top Five LC Times by age group as of 09/01/21

LSC: NC For Dates 9/1/2020 - 8/31/2021

Girls 17-18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:28.41	954	Gorbenko, Anastasya	17	NC Unattached	7/28/2021	2020 Olympic Games
2	2:34.56	868	Arens, Abby	18	NC NC State University	11/14/2020	2020 Toyota Greensboro
3	2:36.00	849	Hamblin, Kaylee	17	NC Mecklenburg Swim Association	1/16/2021	2021 Pro Series - Richmond
4	2:36.10	847	Joyce, Genna	18	NC Unattached	3/4/2021	2021 NC Speedo ESSZ Spring Tim
5	2:36.15	847	Fadely, Jennah	18	NC Unattached	7/23/2021	2021-NT-American Long Course

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 200 Breaststroke Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:16.81	946	Bretzmann, Peter	18	NC North Carolina Aquatic Club	6/7/2021	2020 Olympic Trials Wave I
2	2:17.41	943	Kroll, Matthew	17	NC SwimMAC Carolina	8/4/2021	2021 Speedo Summer Championships East
3	2:20.43	892	Fortner, Luke	18	NC New Wave Swim Team	7/29/2021	2021 FL Last Splash Invitational
4	2:20.96	890	Ringenbach, Bode	17	NC Marlins Of Raleigh	3/4/2021	2021 NC Speedo ESSZ Spring Tim
5	2:21.00	889	Nelson, Baylor	17	NC SwimMAC Carolina	5/7/2021	2021 NC SGSA Mother May I

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	57.42	1026	Curzan, Claire	17	NC Unattached	7/25/2021	2020 Olympic Games
2	58.23	996	Gorbenko, Anastasya	17	NC Unattached	7/24/2021	2020 Olympic Games
3	59.24	958	Hook, Charlotte	17	NC TAC Titans	6/13/2021	2020 Olympic Trials Wave II
4	1:01.15	888	Zettel, Brooke	18	NC TAC Titans	7/30/2021	2021 Futures Championships - Huntsville
5	1:01.26	884	Ray, Amanda	18	NC New Wave Swim Team	7/30/2021	2021 FL Last Splash Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 100 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	53.07	960	Connery, Tim	18	NC SwimMAC Carolina	8/5/2021	2021 Speedo Summer Championships East
2	53.97	919	Boone, Garrett	18	NC Unattached	1/15/2021	2021 Pro Series - Richmond
3	54.39	916	Bacon, Tate	17	NC Marlins Of Raleigh	5/22/2021	2021 NC YBAC LC Invitational
4	54.98	875	Ssengonzi, Jesse	18	NC Marlins Of Raleigh	8/5/2021	2021 Speedo Summer Championships East
5	55.31	861	Nelson, Baylor	18	NC SwimMAC Carolina	7/17/2021	2021 NC ESSZ LC Sectional

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:07.92	977	Hook, Charlotte	17	NC TAC Titans	6/16/2021	2020 Olympic Trials Wave II
2	2:14.46	874	Zettel, Brooke	17	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
3	2:16.84	837	Morgan, Sydney	18	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville
4	2:17.32	830	Menkhaus, Madeline	17	NC SwimMAC Carolina	3/4/2021	2021 NC Speedo ESSZ Spring Tim
5	2:17.51	827	Pulley, Megan	18	NC NC State University	5/14/2021	2021 NC NCAC LC Qualifier

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 200 Butterfly Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:00.34	927	Pishko, Jacob	17	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational
2	2:01.83	890	Zucker, Logan	18	NC SwimMAC Carolina	8/3/2021	2021 Speedo Summer Championships East
3	2:02.90	870	Nelson, Baylor	18	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional
4	2:02.99	868	Frye, Tommy	18	NC SwimMAC Carolina	7/15/2021	2021 NC ESSZ LC Sectional
5	2:04.36	851	Russell, Kellen	17	NC TAC Titans	7/28/2021	2021 Futures Championships - Huntsville

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:09.99	1048	Gorbenko, Anastasya	17	NC Unattached	5/22/2021	LEN European Aquatics Championships
2	2:13.04	989	Hook, Charlotte	17	NC TAC Titans	6/15/2021	2020 Olympic Trials Wave II
3	2:19.60	867	Zettel, Brooke	17	NC TAC Titans	6/7/2021	2020 Olympic Trials Wave I
4	2:20.45	841	Arens, Abby	18	NC NC State University	11/13/2020	2020 Toyota Greensboro
5	2:20.60	838	Fadely, Jennah	18	NC Unattached	7/24/2021	2021-NT-American Long Course

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 200 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:01.08	988	Nelson, Baylor	18	NC SwimMAC Carolina	8/7/2021	2021 Speedo Summer Championships East
2	2:01.65	987	Hoover, Sam	17	NC North Carolina Aquatic Club	11/13/2020	2020 Toyota Greensboro
3	2:03.28	940	Connery, Tim	18	NC SwimMAC Carolina	6/17/2021	2020 Olympic Trials Wave II
4	2:03.85	939	Cotter, Michael	18	NC TAC Titans	6/17/2021	2020 Olympic Trials Wave II
5	2:04.18	932	Norris, Lance	17	NC TAC Titans	5/15/2021	2021 NC TAC Spring Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Girls 17-18 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:58.67	821	Hook, Charlotte	17	NC TAC Titans	5/14/2021	2021 TYR Pro Swim Series - Ind
2	4:58.78	820	Ray, Amanda	18	NC New Wave Swim Team	7/30/2021	2021 FL Last Splash Invitational
3	4:59.56	813	Knorr, Emily	18	NC Mecklenburg Swim Association	7/23/2021	2021 NC LC SR Championships
4	4:59.63	813	Zettel, Brooke	17	NC TAC Titans	4/10/2021	2021 NC TAC TITANS LC Premier
5	5:00.81	803	Morgan, Sydney	18	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational

NCS Top Five LC Times by age group as of 09/01/21**LSC: NC For Dates 9/1/2020 - 8/31/2021****Boys 17-18 400 Individual Medley Long Course Meters**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:20.66	955	Norris, Lance	17	NC TAC Titans	5/14/2021	2021 NC TAC Spring Invitational
2	4:20.78	954	Nelson, Baylor	18	NC SwimMAC Carolina	8/5/2021	2021 Speedo Summer Championships East
3	4:24.72	917	Baker, Jay	18	NC North Carolina Aquatic Club	4/30/2021	2021 TYR 18&U Spring Cup Orlando
4	4:25.46	910	Bretzmann, Peter	18	NC North Carolina Aquatic Club	4/30/2021	2021 TYR 18&U Spring Cup Orlando
5	4:26.43	901	Thorsen, Crow	18	NC Blues Aquatics	5/14/2021	2021 NC TAC Spring Invitational