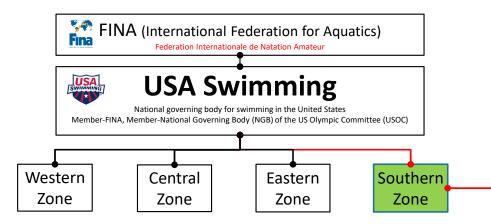


Part 1 - Initial Clinic

For Apprentice Stroke & Turn Judges and Administrative Officials



The Swimming Organizations





NORTH * CAROLINA SWAMMA

North Carolina LSC (Local Swim Committee)

Each LSC has by-laws, policies and procedures within USA Swimming framework

•Bob Landry: zone1rep@ncswim.org

Zone 1 Rep-Eastern Carolina

•BAC, CFAC, ECA, GOLD, HAWK, RMY, TRY, WBST, WOW, UNs who live in Eastern NC

Linda Hughes: zone2rep@ncswim.org

Zone 2 Rep-Raleigh area

•ASTF, BDA, CAST, CHY, CAT, FISH, GFSC, HAC, HCAC, LTF, MOR, NCAC, NCSU, NUMA, PAST, RSA, SBE, SDST, SEAL, SSS, SQUID, TAC, VACB, WAVE, YOTA, YOTS, UNs who live in the Triangle area

•Rob Stevens: zone3rep@ncswim.org

Zone 3 Rep-Greensboro area

•EAC, GCY, GSA, GYW, HPSC, PAC, SFSC, STAR, TYDE, YBAC, UNs who live in Triad area

Jeffrey Childs: mailto:zone4rep@ncswim.org

Zone 4 Rep-Charlotte area

•AQTC, ATOM, BAD, CVAC, MAC, MSA, NMA, NSS, QCD, RACY, SA, SAIL, TEAM, UA, WA, XA, UNs who live in Charlotte area

•Colleen Gillan: mailto:zone5rep@ncswim.org

Zone 5 Rep-Western NC

•ASC, CCAC, GG, GWU, HCAT, LENR, MARS, MSC, RCST, SAC, SMAC, WST, YSST, YWNC, UNs who live in the western part of state

NCS Meet Officials TEAM

Meet Referee

Meet Director

Wet Team

Deck Referee

Timers

Starter

Chief Judge

may not be staffed at all meets

Stroke & Turn Judge Dry Team

Administrative Referee

Administrative Official

All officials are of equal importance on deck

Referee

Overall authority and responsibility for the competition and ensures compliance with all rules

Starter

Ensures that all swimmers receive a fair and equitable start

Stroke and Turn Judge

Ensures compliance with rules relating to each stroke during the swim, at turns and finishes

Administrative Official

Ensures compliance with administrative rules regarding entries, timing and order of finish

NCS Uniform Requirements

□ Women: Navy blue skirt, slacks (no jeans) or navy shorts with white polo shirt (collared) and rubber-soled white shoes.



- ☐ Men: Navy blue slacks (no jeans) or navy shorts, white polo (collared) shirt (tucked in) and rubber-soled white shoes.
- □ Comply with any Federal, State, Local and Facility health related guidelines



Note:

 Some competitions may request officials adopt a different uniform, always check the meet announcement. For example, Breast Cancer Awareness Month in October officials are encouraged to wear pink attire

Minor Athlete Abuse Prevention Policy (MAAPP)

MAAPP is USA Swimming's Minor Athlete Abuse Prevention Policy. The policy sets specific boundaries for adults who interact with swimmers to help ensure that all athletes have a safe, enriching, and positive swimming experience.
MAAPP is a critical part of USA Swimming's and North Carolina Swimming's SafeSport initiatives.
All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim club events, practices, meets, and other swimming activities are expected to comply with the MAAPP policy.
In North Carolina, MAAPP will be in effect for all USA Swimming sanctioned meets beginning June 23,2019.
All North Carolina Swimming clubs including all board members, staff, team managers, chaperones, swimmers, meet directors, officials, and non-member parents and volunteers are expected to understand and comply with MAAPP.

What does MAAPP cover?

MAAPP governs five areas of potential interactions with Minor Athletes:
□ One-on-one interactions
□ Social media and electronic communications
□ Travel
□ Locker rooms and changing areas
□ Massages, rub downs, and athlete training modalities
Best Practices for MAAPP
 Make sure all interactions with athletes are observable and interruptible.
 Deck changing is prohibited. Report instances of deck changing to the meet referee/director.
□ [IF ONLY ONE LOCKER ROOM/RESTROOM] Make sure you are not alone with an athlete in the locker
room, including to use the restroom. Be proactive and tell the meet director immediately if this
happens, even when it occurred through no fault of your own.
□ [IF MULTIPLE FACILITIES] There is a separate locker room/restroom for athletes and all other adults.
Make sure that you are only using the facility marked for you.

North Carolina Swimming Requirements for Apprentice Officials

Off-Deck Training

- ☐ Must be at least 18 years of age
- ☐ Attend an approved USA-S/NCS Stroke & Turn Judge or Administrative Official Clinic(s)
 - ☐ Complete the Part 1 Clinic Quiz (link on the last page) with a score of 90%
- ☐ Within 60 days of an apprentice's clinic
 - 1. Register for a Non-Athlete membership with USA-S/NCS
 - 2. Create an account on the USA-S website
 - 3. Obtain a Level 2 Background Check
 - 4. Complete online Athlete Protection Training at USA-S
 - 5. Complete the Concussion Protocol Training
 - 6. Complete the USA Swimming on-line test with a score of 80% or better

On-Deck Training

- ☐ Complete the required number of full sessions at a USAS/NCS sanctioned or approved swim meet(s) within 12 months of your clinic date. (6 for Stroke and Turn 4 for Administrative Official)
 - A session is typically a 4 hour portion of a meet. EXAMPLE: SAT AM, SAT NOON and SAT PM is 3 sessions.

North Carolina Swimming Requirements for Apprentice Officials

Testing the 'water'

- ☐ There are some costs for becoming an official **BUT**
 - ☐ You can start on deck without paying the fees
 - ☐ You have 60 days to pay the fees
- Specifically, per the NCS Policy, "In the first 60-days after clinic attendance date, up to 2 sessions are allowed prior to completion of prerequisites." (Prerequisites = Payment items plus APT and CPT)

1) Registration

You must become a member of USA Swimming
Use the Non-Athlete application form on the NCS Website
Mail the payment and completed form to: Registrar - NC Swimming PO Box 30863 Charlotte, NC 28230

Specific address for the Non-Athlete Registration Application:

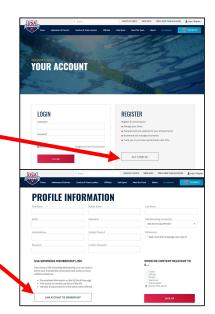
https://swimnc.com/registration-forms-and-documents/

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^{*} Check to see if your club assists in any part of the process

2) Create USA Swimming Account

- ☐ Once you have completed the Registration Form process, wait approximately two weeks
- ☐ Then...create a UNIQUE independent account for yourself on www.usaswimming.org
- ☐ Use your OWN email <u>not</u> your swimmer's
 - Your officials account must be different from your family/swimmer
 - Use the same e-mail from your registration form helpful & very important
- ☐ This account is used to log your activities within NC Swimming & USA Swimming
 - The log is of the meets you attend, the status of the tests you take, the evaluations you complete, your educational and mentoring events...all kept on the Officials Tracking System (OTS)
- ☐ To begin, select LOGIN/REGISTER, then under REGISTER choose GET STARTED
- ☐ Once you have completed this step:
 - Link your new USA Swimming website ID to your USA Membership record
 - To do this: LOGIN, choose MY ACCOUNT and Select USA SWIMMING MEMBERSHIP LINK



3) Obtain a Level 2 Background Check

In the interest of protecting all athletes, USA Swimming's governing body requires that all individuals who come in contact with any USAS member(s) must pass a Level 2 Background Check.

- Is confidential
- There is a fee
- Good for (24) twenty-four months
- ☐ Sign into your USAS Account and select:
 - a. Officials
 - b. How to Become an Official
 - c. Complete a Level 2 Background Check

Specific address for the Background check on the USA Swimming website:

https://www.usaswimming.org/safe-sport/complete-a-background-check

4) Athlete Protection Training

USA Swimming created an Athlete Protection Training module. It details behavior that is inappropriate within USA Swimming and includes the methods on how to report misconduct.

- It is good for (12) twelve months
- It takes about 45-60 minutes to complete
- ☐ Sign into your USAS Account and select:
 - a. Officials
 - b. How to Become an Official
 - c. Complete the Athlete Protection Training

ATHLETE PROTECTION TRAINING

Posted: 01 Sep 2017 11:03 AM PDT



MANDATORY TRAINING FOR NON-

ATHLETE MEMBERS

USA SWIMMING LEARN, A NEW ONLINE EDUCATION HUB, HAS LAUNCHED! THE APT REQUIREMENT WILL HAVE SOME SLIGHT CHANGES. DETAILS AND INSTRUCTIONS CAN BE FOUND ON THE USA SWIMMING APT WERSITE PAGE.

All non-athlete members of USA Swimming are required to complete the Athlete Protection Training.

New members will be required to have their non-athlete application form and payment processed by their LSC registrar before they can sign in to complete the course.

This certification is required for all new and existing members including coaches, officials, chaperones, meet directors. If you have registered with USA Swimming for the first time, this is the course you need to take.

The course is free of charge and, upon completion, should update in your membership record within 24 hours. Click the USA Swimming link above to initiate your APT certification.

Specific address for the Athlete Protection Training on the USA Swimming website:

https://www.usaswimming.org/resource-center/athlete-protection-training

5) Concussion Protocol Training

All officials must successfully complete Concussion and Head Injury education at least once. This is a very informative look at the importance of understanding concussions.
☐ Sign into your USAS Account and select:
a. Officials
b. How to Become an Official
c. Complete one of the Concussion Protocol Training modules available from:CDC - Center for Disease Control
NFHS - National Federation of State High School Associations
Once complete, send a PDF file or screen shot of the certificate to the email address: registration@ncswim.org
☐ The registrar will update your "Deck Pass" to reflect your compliance

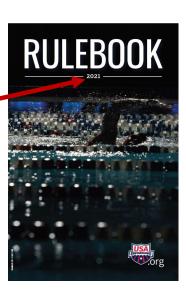
Specific address for the Concussion Protocol Training on the USA Swimming website:

https://www.usaswimming.org/officials/concussion-protocol-training

6) Complete the Test

- ☐ It is an open-book test on the USA Swimming website (score 80% or better)
- ☐ Sign in to your USAS Account and select:
 - a. Officials
 - b. Online Testing
 - c. Select from the following:
 - Certification Stroke and Turn/Timer
 - Certification Administrative Official





Suggestions:

- Use the current year searchable PDF rulebook, a link is on the Rules and Regulations page.
- You can resume a saved test at any time to complete it at your own pace.
- You can also work "off-line" answer the first question, save and then print the test.

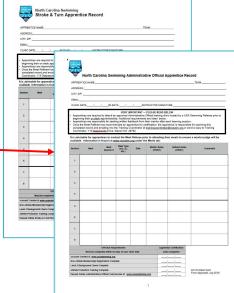
NOTE: DO NOT take a Re-certification test which is for officials who already are certified.

Getting starting on-deck

- □ Complete all the steps of the Off-Deck Training.
- □ Got to a meet!
 - Prior to the meet:
 - Go to the NC Swim Website
 - Click on MEETS...then choose the MEETS CALENDAR'
 - Find a meet
 - o Open the EVENT INFO (pdf) by right clicking the
 - Select the Meet Referee name to obtain their email address
 - o email the Meet Referee to ask if there is a space for you
 - Bring your Apprentice Record
 - o You will receive this document after you complete your Part 2 clinic
 - Plan to apprentice the <u>entire</u> session.
 - Ask lots of questions



Event Info 6



The On-Deck Training

- Bring your Apprentice Record to every session during your apprenticeship and present it to the Meet Referee before and after the session.
 Each session must be documented on the Apprentice Record and signed by both the mentor(s) and Meet Referee.
 Your sessions MUST be across a minimum of two different meets
 All certifications must be completed within 12 months of your clinic. (Avg. = 60-90 days)
- ☐ With completion of all Off-Deck requirements and a satisfactory evaluation; send a PDF copy of your Apprentice Record to the email address: trainingcoordinator@ncswim.org
- * The NCS Training Coordinator will order and mail you an NCS name badge





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Preparing to Apprentice

Before Arriving at the Venue

- Contact the Meet Referee to let them know that you would like to attend
- Review your notes, rules and any procedures

At the Venue

- Report to the Pool usually one hour prior to the start of the meet
- Comply with any Federal, State, Local and Facility health related guidelines



- Find the gathering place for officials...usually near hospitality ©
- Find the Sign-Up sheet and sign in under the apprentice section
- Allow the referee to review your on Training Record
- If AO, when requested report to the Administrative area
- If ST...Stay for the Stroke Briefing
- Receive your assignment, greet your mentor and review your training record
- Be ready to observe, take notes and learn...ask questions.

Suggestions for a great experience

☐ Bring a positive attitude, your common sense and good judgment.
☐ Be professional, exhibit fairness to all competitors, dress properly.
☐ Review the procedures, rules, jurisdiction and protocol prior to the meet.
☐ Be on time for the official's meeting - bring a pen.
☐ Gaining experience and working meets is the way to get better.
 A successful evaluation is not just minimum sessions, it is about you: feeling proficient developing confidence

having a good understanding of officiating.

NCS Certification Policy

☐ Annually officiate at a minimum of 6 sessions at USA sanctioned, approved, or observed meets
☐ Apprentice sessions count
☐ Annually renew your USA Swimming registration as a non-athlete member.
☐ Bi-Annually maintain a current Level II background check
☐ Annually maintain current athlete protection education requirements
☐ Take the recertification exam every three years.

Reminder

You can test the 'water'

- ☐ There are some costs for becoming an official **BUT**
 - ☐ You can start on deck <u>without</u> paying the fees
 - ☐ You have 60 days to pay the fees
 - ☐ Many clubs reimburse you for some or all of the costs
- ☐ Specifically, per the NCS Policy, "In the first 60-days after clinic attendance date, up to 2 sessions are allowed prior to completion of prerequisites." (Prerequisites = Payment items plus APT and CPT)

The following link is to the Validation of Understanding Quiz For Part 1:

https://docs.google.com/forms/d/1nzVJR8Y7nwjaesem_McwjJgqOYiuAGBumZ5QRb-PJ3U/edit?usp=sharing

- *This quiz covers the topics in the self-study Officials Clinic Part 1 and must be completed to receive full credit for your S&T or AO Clinic.
- ❖ You will need to score 90% on this Quiz for credit on Completion of Clinic Part 1
- ❖ Full credit for S&T or AO clinic attendance will be granted and recorded after you attend a Part 2 clinic and complete registration form provided** during that clinic.
 - ** The Clinic Part 2 Registration Google form link and your Apprentice Record will be provided by your clinician during the Part 2 virtual or in-person clinic.
- More Questions about Training?
 - John Jewell: NCS Officials Chair officialschair@ncswim.org
 - Colleen Gillan: NCS Training Coordinator trainingcoordinator@ncswim.org