

## 2020 North Carolina 18 & Under Championship Time Standards

Women "B" Flight		Women "A" Flight		Event	Men "A" Flight		Men "B" Flight	
LCM	SCY	LCM	SCY		SCY	LCM	SCY	LCM
27.99	24.59	27.19	23.89	50 Freestyle	21.19	24.69	21.89	25.39
1:00.59	53.19	59.09	51.69	100 Freestyle	46.19	53.49	47.49	54.89
2:10.39	1:54.89	2:07.09	1:51.69	200 Freestyle	1:41.19	1:57.49	1:43.89	2:00.49
4:34.19	5:09.59	4:27.49	5:01.09	500 Freestyle	4:35.39	4:08.99	4:42.69	4:14.99
9:24.89	10:32.99	9:11.19	10:16.29	1000 Freestyle	9:32.09	8:38.89	9:45.79	8:51.19
18:01.39	17:35.09	17:35.19	17:07.29	1650 Freestyle	16:00.79	16:32.99	16:24.89	16:58.99
1:08.29	59.29	1:06.39	57.49	100 Backstroke	51.49	1:00.29	53.19	1:02.09
2:26.89	2:07.49	2:23.09	2:03.99	200 Backstroke	1:52.29	2:11.09	1:55.09	2:14.59
1:17.59	1:07.39	1:15.39	1:05.29	100 Breaststroke	58.19	1:08.19	59.89	1:10.09
2:46.69	2:25.59	2:42.29	2:21.89	200 Breaststroke	2:07.59	2:28.19	2:11.19	2:32.09
1:05.99	58.69	1:04.19	56.89	100 Butterfly	50.69	58.09	52.19	59.59
2:24.79	2:07.99	2:21.19	2:04.49	200 Butterfly	1:53.09	2:09.49	1:55.99	2:12.79
2:29.39	2:10.89	2:25.29	2:06.79	200 Individual Medley	1:53.99	2:11.99	1:57.39	2:15.49
5:13.49	4:36.19	5:05.69	4:28.59	400 Individual Medley	4:05.39	4:41.09	4:12.59	4:48.09

A Standard is a modified Junior Cut

B Standard is Futures +2%