

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 31.01       | 705                 | Dornburg, Clara   | 11         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 33.59       | 534                 | Boyd, Sierra      | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 3           | 34.39       | 485                 | Meier, Emma       | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 4           | 34.98       | 449                 | Meier, Kate       | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 5           | 35.39       | 425                 | Smith, Jacqueline | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 36.46       | 364                 | Schiffel, Karsen  | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 7           | 37.61       | 301                 | Singh, Anjali     | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 8           | 37.80       | 291                 | Holden, Ainsley   | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 38.52       | 254                 | Hamilton, Addyson | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 39.44       | 210                 | Davis, Stewart    | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

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|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 29.31       | 824                 | Rice, Mike      | 11         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 30.81       | 730                 | Medlin, Carter  | 11         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 31.27       | 702                 | Cooler, Tripp   | 11         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 35.32       | 464                 | Stewart, Dylan  | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 35.90       | 432                 | Kelly, Logan    | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 6           | 38.33       | 303                 | Tysinger, Jacob | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 40.52       | 197                 | Michel, Ethan   | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 41.57       | 150                 | Maishman, Rowan | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 47.44       | 1                   | Marshall, Jadon | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

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|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|-----------------------------|
| 1           | 1:12.06     | 555                 | Kong, Ariel       | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:18.71     | 360                 | Carpenter, Ellory | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 1:22.44     | 265                 | Meier, Kate       | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 4           | 1:22.80     | 256                 | Singh, Anjali     | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 5           | 1:24.84     | 210                 | Meier, Emma       | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 6           | 1:24.92     | 208                 | Bangs, Kahlan     | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 7           | 1:28.18     | 142                 | Hamilton, Addyson | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 8           | 1:35.57     | 32                  | Brewster, Grayson | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 9           | 1:36.05     | 27                  | Malarney, Madison | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 10          | 1:39.12     | 4                   | Augustyn, Carly   | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |

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| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|-----------------------------|
| 1           | 1:15.16     | 481                 | Sammons, David    | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:32.42     | 87                  | Michel, Ethan     | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 1:44.62     | 1                   | Negrete-Perez, Jj | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash  |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 200 Freestyle Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power<br/>Points</i> | <i>Name</i>  | <i>Age</i> | <i>LSC / Club</i>          | <i>Swim Date</i> | <i>Meet</i>             |
|-------------|-------------|-------------------------|--------------|------------|----------------------------|------------------|-------------------------|
| 1           | 2:39.85     | 471                     | Boyd, Sierra | 11         | NC Team Charlotte Swimming | 8/22/2020        | 2020 NC SAC - TEAM DUAL |

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| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|-------------------------|---------------|------------|---------------------|------------------|--------------------------------|
| 1           | 2:23.54     | 744                     | Alzate, Santi | 11         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 11 400 Freestyle Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|-------------|------------|---|------------------|----------------------------|
| 1           | 5:57.12     | 350                 | Kelty, Max  | 11         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 50 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 35.88       | 708                 | Mallard, Caroline | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 37.27       | 620                 | Champion, Maria   | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 41.09       | 401                 | Holden, Ainsley   | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 41.87       | 361                 | Hamilton, Addyson | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 44.73       | 228                 | Brewster, Grayson | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 54.20       | 1                   | Miller, Adelyn    | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 57.50       | 1                   | Booth, Emily      | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |



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|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 37.86       | 614                 | Cooler, Tripp   | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 42.51       | 368                 | Stewart, Dylan  | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 3           | 47.06       | 172                 | Kelly, Logan    | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 4           | 47.58       | 152                 | Maishman, Rowan | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 51.93       | 26                  | Marshall, Jadon | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 51.96       | 26                  | Michel, Ethan   | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

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|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|-----------------------------|
| 1           | 1:27.47     | 434                 | Boyd, Sierra      | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 2           | 1:29.17     | 393                 | Carpenter, Ellory | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 1:33.01     | 306                 | Meier, Kate       | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 4           | 1:36.92     | 226                 | Brewster, Grayson | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |

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|-------------|-------------|---------------------|-------------------|------------|---|------------------|-----------------------------|
| 1           | 1:26.20     | 495                 | Strupe, Freddy    | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:26.74     | 482                 | Sammons, David    | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 1:30.67     | 388                 | Kelty, Max        | 11         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 4           | 2:18.66     | 1                   | Negrete-Perez, Jj | 11         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash  |

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|-------------|-------------|---------------------|-------------------|------------|---|------------------|-----------------------------|
| 1           | 45.30       | 443                 | Smith, Jacqueline | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 51.01       | 208                 | Schiffel, Karsen  | 11         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 3           | 56.97       | 31                  | Miller, Adelyn    | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 4           | 59.76       | 1                   | Higgins, Abby     | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 5           | 1:08.87     | 1                   | Sturgill, Reese   | 11         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash  |

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|-------------|-------------|---------------------|-----------------|------------|------------------------|------------------|-----------------------------|
| 1           | 50.17       | 261                 | Tysinger, Jacob | 11         | NC Sharks Aquatic Club | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:04.81     | 1                   | Marshall, Jadon | 11         | NC Sharks Aquatic Club | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |

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|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:28.89     | 669                 | Champion, Maria   | 11         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:34.87     | 535                 | Kong, Ariel       | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 3           | 1:35.96     | 512                 | Singh, Anjali     | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 4           | 1:41.69     | 393                 | Meier, Emma       | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 5           | 1:52.45     | 197                 | Davis, Stewart    | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 2:05.12     | 27                  | Malarney, Madison | 11         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 7           | 2:10.89     | 1                   | Bangs, Kahlan     | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash     |

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|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 1:25.57     | 791                 | Alzate, Santi     | 11         | NC SwimMAC Carolina            | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:26.67     | 765                 | Cooler, Tripp     | 11         | NC SwimMAC Carolina            | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:32.65     | 626                 | Prabhu, Gino      | 11         | NC SwimMAC Carolina            | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 2:17.12     | 1                   | Negrete-Perez, Jj | 11         | NC Catawba Valley Aquatic Club | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 11 50 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 33.04       | 742                 | Howard, Georgia   | 11         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 34.64       | 648                 | Kong, Ariel       | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 3           | 42.71       | 244                 | Schiffel, Karsen  | 11         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 4           | 43.62       | 207                 | Smith, Jacqueline | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 44.75       | 163                 | Carpenter, Ellory | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 49.32       | 28                  | Higgins, Abby     | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 50.84       | 3                   | Bangs, Kahlan     | 11         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 8           | 51.98       | 1                   | Augustyn, Carly   | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 59.86       | 1                   | Sturgill, Reese   | 11         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |



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|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 31.58       | 843                 | Rice, Mike      | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 33.53       | 717                 | Alzate, Santi   | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 33.86       | 696                 | Prabhu, Gino    | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 34.64       | 648                 | Medlin, Carter  | 11         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 35.79       | 580                 | Strupe, Freddy  | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 39.62       | 374                 | Stewart, Dylan  | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 46.92       | 84                  | Kelly, Logan    | 11         | NC Catawba Valley Aquatic Club  | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 8           | 47.71       | 63                  | Maishman, Rowan | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 52.24       | 1                   | Tysinger, Jacob | 11         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

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|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|-----------------------------|
| 1           | 1:31.63     | 333                 | Holden, Ainsley | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:57.19     | 1                   | Davis, Stewart  | 11         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |

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|-------------|-------------|---------------------|----------------|------------|---|------------------|--------------------------------|
| 1           | 1:09.20     | 902                 | Rice, Mike     | 11         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 1:15.08     | 735                 | Alzate, Santi  | 11         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 1:15.88     | 713                 | Prabhu, Gino   | 11         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 1:19.17     | 626                 | Sammons, David | 11         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 1:32.73     | 312                 | Kelty, Max     | 11         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

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| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|-------------------------|-----------------|------------|---------------------|------------------|--------------------------------|
| 1           | 2:44.13     | 736                     | Champion, Maria | 11         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

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|-------------|-------------|---------------------|---------------|------------|---------------------|------------------|--------------------------------|
| 1           | 2:42.39     | 765                 | Rice, Mike    | 11         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 2:45.85     | 714                 | Cooler, Tripp | 11         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:50.80     | 645                 | Prabhu, Gino  | 11         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 30.24       | 682                 | Rainey, Reagan      | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 30.32       | 677                 | Lepage, Charlotte   | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 31.02       | 628                 | Cardwell, Ava       | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 31.02       | 628                 | Brewer, Ashtyn      | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 31.33       | 607                 | Keating, Maeve      | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 31.35       | 605                 | Bartee, Zetta Grace | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 31.66       | 584                 | Chamblee, Norah     | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 8           | 32.61       | 522                 | Henderson, Sarah    | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 32.67       | 518                 | Picard, Avery       | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 32.86       | 505                 | Bolton, Joslyn      | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                   |
|-------------|-------------|---------------------|----------------|------------|---|------------------|-------------------------------|
| 1           | 29.46       | 699                 | Creep, Kyle    | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Inviat |
| 2           | 31.04       | 598                 | Brienza, Maxon | 12         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Inviat |
| 3           | 31.32       | 580                 | Stieber, Jack  | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Inviat |
| 4           | 31.40       | 575                 | Drake, Tokugen | 12         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet   |
| 5           | 33.29       | 460                 | Goins, Grant   | 12         | NC Team Charlotte Swimming                  | 8/22/2020        | 2020 NC SAC - TEAM DUAL       |
| 6           | 34.02       | 417                 | Weaver, Brett  | 12         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet   |
| 7           | 34.91       | 366                 | Harris, Hudson | 12         | NC Team Charlotte Swimming                  | 8/22/2020        | 2020 NC SAC - TEAM DUAL       |
| 8           | 36.02       | 305                 | Gragg, Miles   | 12         | NC Sharks Aquatic Club                      | 8/1/2020         | 2020 NC SAC - MSA Dual Meet   |
| 9           | 36.27       | 292                 | Wyatt, Steven  | 12         | NC Sharks Aquatic Club                      | 8/1/2020         | 2020 NC SAC - MSA Dual Meet   |
| 10          | 38.57       | 175                 | Engel, Graham  | 12         | NC Team Charlotte Swimming                  | 8/22/2020        | 2020 NC SAC - TEAM DUAL       |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|-----------------------------|
| 1           | 1:08.50     | 572                 | Winardi, Mae      | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:10.15     | 518                 | Wallace, Eliza    | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 1:15.74     | 349                 | Rojas, Anne       | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 4           | 1:16.90     | 318                 | Picard, Avery     | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 5           | 1:20.85     | 219                 | Mills, Margaux    | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 6           | 1:28.22     | 76                  | Holden, Mallory   | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 7           | 1:40.00     | 1                   | McDowell, Leeanne | 12         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 8           | 1:46.03     | 1                   | Grinton, Maddie   | 12         | NC Sharks Aquatic Club          | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|------------------|------------|---|------------------|-----------------------------|
| 1           | 1:12.67     | 412                 | Drake, Tokugen   | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:15.15     | 343                 | Bundy, Jack      | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 1:16.74     | 300                 | Goins, Grant     | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 4           | 1:25.38     | 107                 | Propst, Nicholas | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 5           | 1:35.86     | 1                   | Engel, Graham    | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 2:17.74     | 733                 | Neace, Clarke     | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 2:19.56     | 699                 | Rainey, Reagan    | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 2:24.92     | 602                 | Lepage, Charlotte | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 2:25.12     | 598                 | Pardue, Audrey    | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 2:25.20     | 597                 | McCammon, Sophie  | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 2:27.24     | 562                 | Keating, Maeve    | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 2:29.63     | 522                 | Vassil, Avery     | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 8           | 2:37.35     | 403                 | Ruebusch, Morgan  | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 9           | 2:49.02     | 250                 | Bolton, Joslyn    | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 2:49.64     | 243                 | Dyer, Emily       | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:23.15     | 601                 | Creep, Kyle      | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 2:23.70     | 592                 | Trowbridge, J.T. | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 2:26.92     | 540                 | Frondoza, Ethan  | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 2:28.62     | 513                 | Soniat, Lucas    | 12         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 400 Freestyle Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|----------------------------|
| 1           | 4:42.81     | 793                 | Cinson, Kathryn | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 50 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|--------------------------------|
| 1           | 35.31       | 647                 | Farrell, Claire | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 36.45       | 574                 | Neace, Clarke   | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 36.73       | 557                 | Pardue, Audrey  | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 36.81       | 552                 | Keating, Maeve  | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 37.14       | 532                 | Chamblee, Norah | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 37.35       | 519                 | Kern, Kathryn   | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 42.52       | 245                 | Kerr, Bella     | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 44.12       | 176                 | Haydon, Abby    | 12         | NC Sharks Aquatic Club                        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 48.22       | 44                  | Fields, Sage    | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 10          | 49.19       | 24                  | Alvarez, Dayana | 12         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 50 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 34.49       | 651                 | Frondoza, Ethan  | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 35.03       | 617                 | Trowbridge, J.T. | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 35.38       | 596                 | Brienza, Maxon   | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 36.60       | 523                 | George, Vince    | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 36.66       | 519                 | Soniat, Lucas    | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 47.04       | 53                  | Propst, Nicholas | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|------------------|------------|---|------------------|-----------------------------|
| 1           | 1:17.61     | 590                 | Winardi, Mae     | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:25.89     | 370                 | Bolton, Joslyn   | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 3           | 1:26.19     | 363                 | Ruebusch, Morgan | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 4           | 1:27.49     | 332                 | Dyer, Emily      | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 5           | 1:28.46     | 309                 | Seraz, Larissa   | 12         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 6           | 1:28.91     | 299                 | Picard, Avery    | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 7           | 1:29.36     | 289                 | Rojas, Anne      | 12         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|-----------------------------|
| 1           | 1:22.25     | 433                 | Drake, Tokugen | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 1:23.75     | 395                 | Harris, Hudson | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 3           | 1:26.50     | 329                 | Goins, Grant   | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |
| 4           | 1:28.69     | 279                 | Bundy, Jack    | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 5           | 2:07.89     | 1                   | Engel, Graham  | 12         | NC Team Charlotte Swimming      | 8/22/2020        | 2020 NC SAC - TEAM DUAL     |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 50 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|-----------------------------|
| 1           | 43.40       | 440                 | Holden, Mallory    | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 45.41       | 348                 | Andresen, Caitlyn  | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 3           | 47.78       | 248                 | Seraz, Larissa     | 12         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 4           | 49.07       | 198                 | Alvarez, Dayana    | 12         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 5           | 51.65       | 108                 | Walker, Addison    | 12         | NC Sharks Aquatic Club                        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 6           | 52.52       | 82                  | Kerr, Bella        | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 7           | 1:04.14     | 1                   | McMurry, Addie     | 12         | NC Sharks Aquatic Club                        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 8           | 1:07.00     | 1                   | Chambers, Savannah | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash  |
| 9           | 1:14.52     | 1                   | Bullock, Chloe     | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash  |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 50 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>      | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|---------------|------------|------------------------|------------------|-----------------------------|
| 1           | 46.64       | 230                 | Gragg, Miles  | 12         | NC Sharks Aquatic Club | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |
| 2           | 52.82       | 32                  | Wyatt, Steven | 12         | NC Sharks Aquatic Club | 8/1/2020         | 2020 NC SAC - MSA Dual Meet |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:20.78     | 753                 | Rainey, Reagan   | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 2           | 1:22.28     | 716                 | Henderson, Sarah | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 3           | 1:22.45     | 711                 | Wallace, Eliza   | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 1:23.40     | 688                 | Klamfoth, Avery  | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 5           | 1:23.44     | 687                 | Vassil, Avery    | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 6           | 1:27.46     | 590                 | Brewer, Ashtyn   | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 7           | 1:27.86     | 581                 | Kern, Kathryn    | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 8           | 1:27.95     | 579                 | McCammon, Sophie | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 9           | 1:30.85     | 512                 | Cardwell, Ava    | 12         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 10          | 1:34.38     | 434                 | Holden, Mallory  | 12         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 1:26.64     | 586                 | Frondoza, Ethan  | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 1:29.81     | 511                 | Trowbridge, J.T. | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 1:32.57     | 448                 | Stieber, Jack    | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 1:33.12     | 436                 | Creep, Kyle      | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 1:39.86     | 295                 | Weaver, Brett    | 12         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 1:40.09     | 290                 | Harris, Hudson   | 12         | NC Team Charlotte Swimming                  | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

# NCS Top Ten LC Times as of 8/31/20

LSC: NC For Dates 9/1/2019 - 8/31/2020

## Girls Age 12 200 Breaststroke Long Course Meters

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>  | <i>Age</i> | <i>LSC / Club</i>                             | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------|------------|---|------------------|--------------------------------|
| 1           | 3:07.82     | 619                 | Serang, Lulu | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 3:59.44     | 144                 | Fields, Sage | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 50 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 33.01       | 658                 | Rainey, Reagan      | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 33.06       | 655                 | Vassil, Avery       | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 33.30       | 641                 | Tyminski, Ella      | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 33.39       | 635                 | Bartee, Zetta Grace | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 33.57       | 625                 | Pardue, Audrey      | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 34.05       | 596                 | Chamblee, Norah     | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 34.78       | 554                 | Cardwell, Ava       | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 8           | 34.86       | 550                 | Ruebusch, Morgan    | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 9           | 35.30       | 525                 | Winardi, Mae        | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 36.97       | 434                 | Henderson, Sarah    | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 50 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 32.48       | 644                 | Frondoza, Ethan  | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 32.50       | 643                 | Creep, Kyle      | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 38.31       | 311                 | Weaver, Brett    | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 41.56       | 166                 | Gragg, Miles     | 12         | NC Sharks Aquatic Club                        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 55.70       | 1                   | Propst, Nicholas | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 1:10.40     | 741                 | Neace, Clarke       | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 1:14.17     | 640                 | Rainey, Reagan      | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 1:14.70     | 626                 | Farrell, Claire     | 12         | NC YMCA of Northwest North Carolina Riptyde   | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 1:15.47     | 606                 | Vassil, Avery       | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 1:15.58     | 603                 | Cinson, Kathryn     | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 6           | 1:16.60     | 577                 | Bartee, Zetta Grace | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 1:16.73     | 574                 | Chamblee, Norah     | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 8           | 1:18.12     | 539                 | Keating, Maeve      | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 9           | 1:19.43     | 507                 | McCammon, Sophie    | 12         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 10          | 1:28.69     | 297                 | Wallace, Eliza      | 12         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 100 Butterfly Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                           | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|--------------------------------|
| 1           | 1:11.23     | 678                 | Creep, Kyle     | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 1:13.42     | 616                 | Frondoza, Ethan | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 1:19.82     | 447                 | Bocian, Adan    | 12         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 1:30.79     | 205                 | Bundy, Jack     | 12         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 12 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 2:35.67     | 754                 | Rainey, Reagan    | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 2:38.66     | 711                 | Cinson, Kathryn   | 12         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 3           | 2:39.51     | 698                 | Neace, Clarke     | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 2:40.08     | 690                 | Vassil, Avery     | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 2:40.35     | 686                 | McCammon, Sophie  | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 2:42.00     | 663                 | Klamfoth, Avery   | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 2:48.32     | 576                 | Cardwell, Ava     | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 8           | 2:49.40     | 562                 | Lepage, Charlotte | 12         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 12 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:42.68     | 610                 | Creep, Kyle      | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 2:45.07     | 576                 | Soniat, Lucas    | 12         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:49.17     | 520                 | Trowbridge, J.T. | 12         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|--|------------------|--------------------------------|
| 1           | 29.63       | 671                 | Lan, Chloe          | 13         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 2           | 29.70       | 666                 | Monk, Ivy           | 13         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 3           | 29.77       | 660                 | Brunk, Grace        | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 29.95       | 646                 | Tysinger, Alex      | 13         | NC Sharks Aquatic Club                 | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 5           | 30.12       | 633                 | Wilhelm, Isabella   | 13         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 30.35       | 615                 | Shafeek-Horton, Noa | 13         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 7           | 30.38       | 613                 | Bujoreanu, Sophia   | 13         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 8           | 30.52       | 602                 | Miller, Dallas      | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 30.71       | 588                 | O'Keefe, Paige      | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 30.81       | 580                 | Park, Juyoung       | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>            | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------------|------------|---|------------------|--------------------------------|
| 1           | 26.45       | 826                 | Kroll, John            | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 2           | 26.79       | 800                 | Dunham, Davis          | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 3           | 27.09       | 776                 | Bartee, Granger        | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 4           | 27.51       | 744                 | Schilling, Christopher | 13         | NC Swim GSA                                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 27.83       | 720                 | Osman, Max             | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 6           | 28.66       | 658                 | Petruzzi, Erik         | 13         | NC YMCA of Northwest North Carolina Riptyde   | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 7           | 30.03       | 559                 | Tchijik, Denis         | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 8           | 30.50       | 526                 | Castillo, Andrew       | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 31.52       | 456                 | Alexander, Tate        | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 32.77       | 373                 | Broos, Jackson         | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 1:04.44     | 639                 | Healey, Caroline   | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 2           | 1:05.43     | 600                 | Brunk, Grace       | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 1:07.71     | 515                 | Tysinger, Alex     | 13         | NC Sharks Aquatic Club                 | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 1:08.13     | 499                 | Smith, Breanna     | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 1:09.00     | 468                 | Miller, Dallas     | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 1:09.33     | 457                 | Park, Juyoung      | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:09.41     | 454                 | Wilhelm, Isabella  | 13         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 1:11.23     | 393                 | Hill, Tessa        | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:12.22     | 361                 | Sachar, Emma Grace | 13         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 1:12.63     | 348                 | Schultz, Alije     | 13         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 1:07.54     | 436                 | Castillo, Andrew | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 2           | 1:09.36     | 375                 | Berry, Grant     | 13         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 3           | 1:10.27     | 346                 | Aberle, Luke     | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 4           | 1:10.84     | 328                 | Pedroli, Charlie | 13         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 1:28.82     | 1                   | Bartlett, Jack   | 13         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 6           | 1:37.08     | 1                   | Bynon, George    | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 7           | 1:42.52     | 1                   | Ramirez, Daniel  | 13         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 2:18.05     | 625                 | Harrison, Lea     | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 2:20.40     | 579                 | Thome, Paige      | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:22.47     | 539                 | Vannote, Carly    | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 2:24.37     | 504                 | Bujoreanu, Sophia | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 2:24.54     | 501                 | Healey, Caroline  | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 2:29.07     | 421                 | Lehman, Annabelle | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:32.41     | 367                 | Hill, Tessa       | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 2:35.41     | 320                 | Mitchell, Lily    | 13         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:35.54     | 318                 | Wilson, Kendall   | 13         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 2:39.59     | 261                 | Caress, Lula      | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 2:06.87     | 801                 | Dunham, Davis       | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat  |
| 2           | 2:08.70     | 762                 | Osman, Max          | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat  |
| 3           | 2:13.85     | 658                 | Kroll, John         | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat  |
| 4           | 2:14.78     | 640                 | Bartee, Granger     | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat  |
| 5           | 2:16.27     | 612                 | Petruzzi, Erik      | 13         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Inviat  |
| 6           | 2:24.92     | 456                 | Castillo, Andrew    | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:37.39     | 266                 | Alexander, Tate     | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 8           | 2:59.43     | 41                  | Osmera, Justin      | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 9           | 3:02.29     | 25                  | Olguin-Abreu, David | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 4:58.55     | 527                 | Monk, Ivy          | 13         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 5:09.52     | 431                 | Lehman, Annabelle  | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 5:10.10     | 426                 | Smith, Breanna     | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 5:15.13     | 386                 | O'Keefe, Paige     | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 5:36.17     | 237                 | Vanderbroek, Allie | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 5:38.08     | 225                 | Tysinger, Alex     | 13         | NC Sharks Aquatic Club                 | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|-------------------------|---------------|------------|---------------------|------------------|--------------------------------|
| 1           | 4:45.97     | 635                     | Dunham, Davis | 13         | NC SwimMAC Carolina | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>           | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------------|------------|---|------------------|--------------------------------|
| 1           | 1:12.39     | 676                 | Bujoreanu, Sophia     | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:13.06     | 654                 | Thome, Paige          | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:13.25     | 647                 | Healey, Caroline      | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 1:14.19     | 616                 | Vannote, Carly        | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 1:14.96     | 591                 | O'Keefe, Paige        | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 1:15.65     | 568                 | Park, Juyoung         | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:17.25     | 518                 | Brunk, Grace          | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:19.42     | 452                 | Hitchcock, Ella Brett | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 9           | 1:20.02     | 435                 | Hill, Tessa           | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:20.05     | 434                 | Wirz, Val             | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>            | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------------|------------|---|------------------|--------------------------------|
| 1           | 1:05.83     | 825                 | Dunham, Davis          | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 1:06.11     | 815                 | Bartee, Granger        | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 1:09.97     | 679                 | Osman, Max             | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 1:11.82     | 618                 | Kroll, John            | 13         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 5           | 1:12.31     | 601                 | Vargas, Connor         | 13         | NC YMCA of Northwest North Carolina Riptyde   | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 1:12.90     | 582                 | Schilling, Christopher | 13         | NC Swim GSA                                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:20.58     | 353                 | Castillo, Andrew       | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:20.65     | 351                 | Berry, Grant           | 13         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 1:25.03     | 238                 | Broos, Jackson         | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 10          | 1:26.37     | 206                 | Tchijik, Denis         | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 2:40.02     | 600                 | Healey, Caroline  | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 2           | 2:41.53     | 579                 | O'Keefe, Paige    | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 2:45.40     | 525                 | Park, Juyoung     | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 2:46.33     | 512                 | Brunk, Grace      | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 2:47.44     | 497                 | Smith, Breanna    | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 2:52.81     | 425                 | Lehman, Annabelle | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:59.30     | 344                 | Caress, Lula      | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 3:15.38     | 167                 | Lee, Jovie        | 13         | NC Catawba Valley Aquatic Club         | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Backstroke Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power<br/>Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                         | <i>Swim Date</i> | <i>Meet</i>                    |
|-------------|-------------|-------------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:52.27     | 345                     | Castillo, Andrew | 13         | NC YMCA of the Triangle Area Swim<br>Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 1:13.46     | 893                 | Willis, Lily       | 13         | NC TAC Titans                          | 12/6/2019        | 2019 U.S. Open                 |
| 2           | 1:17.54     | 774                 | Monk, Ivy          | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:17.82     | 765                 | Thome, Paige       | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 1:25.53     | 554                 | Monteith, Macarthy | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 1:29.01     | 465                 | Bujoreanu, Sophia  | 13         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 1:34.07     | 344                 | Schultz, Alije     | 13         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 7           | 1:34.27     | 339                 | Miller, Dallas     | 13         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:36.39     | 292                 | Tysinger, Alex     | 13         | NC Sharks Aquatic Club                 | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 1:39.15     | 233                 | Mitchell, Lily     | 13         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:41.79     | 181                 | Richards, Morgan   | 13         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 1:13.24     | 852                 | Petruzzi, Erik   | 13         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:19.60     | 662                 | Bartee, Granger  | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:19.72     | 659                 | Clontz, Norvin   | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 1:21.55     | 607                 | Kroll, John      | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 1:28.27     | 428                 | Pedroli, Charlie | 13         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 1:31.05     | 360                 | Aberle, Luke     | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 7           | 1:36.79     | 230                 | Berry, Grant     | 13         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 1:41.45     | 139                 | Broos, Jackson   | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1           | 2:42.30     | 822                 | Willis, Lily       | 13         | NC TAC Titans                               | 12/7/2019        | 2019 U.S. Open                 |
| 2           | 2:44.12     | 798                 | Thome, Paige       | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:51.38     | 705                 | Monk, Ivy          | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 3:01.32     | 582                 | Monteith, Macarthy | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 3:14.17     | 433                 | Kennedy, Katie     | 13         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 3:24.14     | 325                 | Vanderbroek, Allie | 13         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------|------------|---|------------------|--------------------------------|
| 1           | 2:43.27     | 779                 | Petruzzi, Erik | 13         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 2:48.02     | 717                 | Clontz, Norvin | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 2:54.40     | 637                 | Kroll, John    | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 3:08.55     | 469                 | Humphrey, Noah | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>           | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------------|------------|---|------------------|--------------------------------|
| 1           | 1:08.76     | 709                 | Thome, Paige          | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:09.13     | 697                 | Vannote, Carly        | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:09.62     | 681                 | Harrison, Lea         | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 1:12.47     | 590                 | Hitchcock, Ella Brett | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 5           | 1:13.13     | 570                 | Monk, Ivy             | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 1:16.04     | 482                 | Miller, Dallas        | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:24.25     | 260                 | Lehman, Annabelle     | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:25.22     | 236                 | Hill, Tessa           | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:25.50     | 230                 | Vanderbroek, Allie    | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:29.46     | 141                 | Brunk, Grace          | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                   |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|-------------------------------|
| 1           | 1:03.17     | 820                 | Osman, Max          | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat |
| 2           | 1:07.74     | 653                 | Kroll, John         | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat |
| 3           | 1:07.75     | 652                 | Dunham, Davis       | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat |
| 4           | 1:09.81     | 581                 | Bartee, Granger     | 13         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 NC SwimMAC Novant Inviat |
| 5           | 1:10.61     | 554                 | Petruzzi, Erik      | 13         | NC YMCA of Northwest North Carolina Riptyde   | 1/18/2020        | 2020 NC SwimMAC Novant Inviat |
| 6           | 1:18.80     | 305                 | Tchijik, Denis      | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL       |
| 7           | 1:26.04     | 130                 | Pedroli, Charlie    | 13         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet   |
| 8           | 1:27.33     | 105                 | Alexander, Tate     | 13         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL       |
| 9           | 1:51.87     | 1                   | Olguin-Abreu, David | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:28.90     | 766                 | Vannote, Carly   | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 2:31.53     | 729                 | Harrison, Lea    | 13         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 3:06.43     | 284                 | High, Marydasher | 13         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------|------------|---------------------|------------------|--------------------------------|
| 1           | 2:18.06     | 876                 | Osman, Max     | 13         | NC SwimMAC Carolina | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 2:35.59     | 597                 | Clontz, Norvin | 13         | NC SwimMAC Carolina | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>           | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------------|------------|---|------------------|--------------------------------|
| 1           | 2:45.61     | 523                 | Hitchcock, Ella Brett | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 2           | 2:54.82     | 395                 | Park, Juyoung         | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 2:57.91     | 355                 | Brunk, Grace          | 13         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 3:34.25     | 23                  | Sturgill, Isabella    | 13         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 13 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1           | 5:30.08     | 663                 | Monk, Ivy          | 13         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 5:34.69     | 630                 | Harrison, Lea      | 13         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 5:53.36     | 502                 | Copeland, Addison  | 13         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 6:06.91     | 415                 | Vanderbroek, Allie | 13         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 13 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 5:12.65     | 736                 | Osman, Max       | 13         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 5:15.89     | 710                 | Dunham, Davis    | 13         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 5:45.98     | 490                 | Castillo, Andrew | 13         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 5:48.33     | 474                 | Vargas, Connor   | 13         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|--|------------------|--------------------------------|
| 1           | 27.81       | 779                 | Dry, Elena           | 14         | NC TAC Titans                          | 12/5/2019        | 2019 U.S. Open                 |
| 2           | 28.24       | 743                 | Kozubowski, Caroline | 14         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 28.78       | 699                 | Mast, Alexis         | 14         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 29.32       | 656                 | Donlan, Molly        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 29.37       | 652                 | Wilhelm, Kiley       | 14         | NC SwimMAC Carolina                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 6           | 29.56       | 637                 | Krampert, Ella       | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 29.60       | 633                 | Djuric, Sara         | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 29.74       | 622                 | Duncan, Scarlett     | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 29.80       | 618                 | Gehrig, Julia        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 29.85       | 614                 | Jennings, Spencer    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 26.31       | 745                 | Keen, Troy         | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 2           | 26.59       | 723                 | Battaglini, Lucca  | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 26.62       | 721                 | Eischeid, Benjamin | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 27.11       | 682                 | Ayers, Alex        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 5           | 27.27       | 670                 | Wimberly, Jacob    | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 6           | 27.29       | 668                 | Ayres, Maxwell     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 27.57       | 647                 | Holian, Tanner     | 14         | NC Swim GSA                            | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 27.61       | 644                 | Ivan, David        | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 28.17       | 601                 | Pearce, Daniel     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 28.36       | 587                 | Hawkins, Kyle      | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|---|------------------|--------------------------------|
| 1           | 1:01.00     | 747                 | Kozubowski, Caroline | 14         | NC Marlins Of Raleigh                       | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 2           | 1:02.87 r   | 669                 | Donlan, Molly        | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:02.94     | 666                 | Wilhelm, Kiley       | 14         | NC SwimMAC Carolina                         | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 4           | 1:03.76     | 633                 | Patrick, Mckenna     | 14         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 1:04.70 r   | 596                 | Druhan, Abby         | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 1:04.76     | 593                 | Jennings, Spencer    | 14         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:04.82     | 591                 | Krampert, Ella       | 14         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 1:04.91     | 587                 | Hull, Aubrey         | 14         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 1:05.63     | 560                 | Djuric, Sara         | 14         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:06.54 r   | 525                 | Frondoza, Audrey     | 14         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 56.82       | 770                 | Spinner, Wiley     | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 2           | 56.95 r     | 765                 | Keen, Troy         | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 58.48 r     | 701                 | Ayers, Alex        | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 59.73       | 650                 | Eischeid, Benjamin | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 1:01.27     | 589                 | Ayres, Maxwell     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 1:02.54     | 541                 | Winardi, Toby      | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 1:03.64     | 500                 | Delcambre, Avery   | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:03.79     | 494                 | Pearce, Daniel     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:04.15     | 481                 | Scott, Luke        | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 1:04.74     | 460                 | Duncan, Jack       | 14         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>            | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------------|------------|--|------------------|--------------------------------|
| 1           | 2:04.17     | 907                 | Cotter, Keelan         | 14         | NC Unattached                          | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 2:17.01     | 622                 | Sleime, Leyla          | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:17.50     | 612                 | Bocian, Abby           | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 2:17.94     | 603                 | Donlan, Molly          | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 2:18.17     | 599                 | Dalton, Mary Bonner    | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 2:20.16     | 560                 | Mitchell, Elodie       | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:20.34     | 556                 | Gehrig, Julia          | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:20.86     | 546                 | Kinlaw, Abby           | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:21.14     | 541                 | Bezuidenhout, Clarissa | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 2:26.23     | 448                 | Teague, Helena         | 14         | NC Unattached                          | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 2:07.28     | 683                 | Constantine, Kian  | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 2           | 2:07.37     | 681                 | Wimberly, Jacob    | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 3           | 2:09.61     | 635                 | Haywood, Jack      | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 4           | 2:10.30     | 622                 | Eischeid, Benjamin | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 2:10.52     | 617                 | Ayers, Alex        | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 6           | 2:18.49     | 467                 | Hawkins, Kyle      | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 7           | 2:20.52     | 432                 | Pearce, Daniel     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 2:22.46     | 399                 | Delcambre, Avery   | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:29.37     | 291                 | Zhang, Collin      | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 2:31.09     | 266                 | Krisko, Sawyer     | 14         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|--|------------------|--------------------------------|
| 1           | 4:25.28     | 846                 | Cotter, Keelan      | 14         | NC Unattached                          | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 4:40.70     | 678                 | Sleime, Leyla       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 4:48.84     | 596                 | Dalton, Mary Bonner | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 4:54.77     | 540                 | Bocian, Abby        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 4:55.20     | 536                 | Bernardo, Lauren    | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 4:56.87     | 521                 | Gehrig, Julia       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 4:59.55     | 496                 | Mitchell, Elodie    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 5:04.36     | 454                 | Kinlaw, Abby        | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 5:21.77     | 317                 | Gwaltney, Caroline  | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 5:31.60     | 249                 | Kilgallen, Emily    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1           | 4:31.90     | 674                 | Wimberly, Jacob    | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 2           | 4:34.05     | 653                 | Haywood, Jack      | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 3           | 4:48.27     | 524                 | Constantine, Kian  | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 4           | 4:50.93     | 502                 | Ayers, Alex        | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 5           | 4:51.12     | 500                 | Eischeid, Benjamin | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 4:54.47     | 472                 | Hill, Aidan        | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 7           | 4:59.91     | 428                 | Dant, Ryan         | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 8           | 5:05.23     | 386                 | Pearce, Daniel     | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 5:07.42     | 369                 | Holian, Tanner     | 14         | NC Swim GSA                                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 5:29.35     | 219                 | Clark, Owen        | 14         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b> | <b>Swim Date</b> | <b>Meet</b>         |
|-------------|-------------|---------------------|---------------|------------|-------------------|------------------|---------------------|
| 1           | 10:32.23    | 464                 | Rahman, Nadia | 14         | NC Unattached     | 11/30/2019       | 2019 EFSL LD Champs |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 1500 Freestyle Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> | <i>Swim Date</i> | <i>Meet</i>           |
|-------------|-------------|---------------------|----------------|------------|-------------------|------------------|-----------------------|
| 1           | 17:24.11    | 864                 | Cotter, Keelan | 14         | NC Unattached     | 3/8/2020         | 2020 Sectional - Cary |
| 2           | 20:34.81    | 425                 | Rahman, Nadia  | 14         | NC Unattached     | 12/1/2019        | 2019 EFSL LD Champs   |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|--|------------------|--------------------------------|
| 1           | 1:04.71     | 909                 | Welsh, Lily          | 14         | NC TAC Titans                          | 12/6/2019        | 2019 U.S. Open                 |
| 2           | 1:08.37     | 772                 | Kozubowski, Caroline | 14         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 1:08.48     | 768                 | Donlan, Molly        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 1:08.56     | 765                 | Martinson, Kara      | 14         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 1:09.96     | 715                 | Wilhelm, Kiley       | 14         | NC SwimMAC Carolina                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 6           | 1:10.61     | 692                 | Jennings, Spencer    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:11.82     | 650                 | Druhan, Abby         | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 1:11.82     | 650                 | Bocian, Abby         | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:12.91     | 613                 | Krampert, Ella       | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 1:13.14     | 605                 | Patrick, Mckenna     | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 1:04.61     | 766                 | Ayers, Alex       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 2           | 1:04.84     | 757                 | Keen, Troy        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 3           | 1:04.94     | 754                 | Stoner, Reese     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 1:04.97     | 752                 | Spinner, Wiley    | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 1:05.53     | 732                 | Wimberly, Jacob   | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 6           | 1:05.86     | 720                 | Battaglini, Lucca | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:07.18     | 673                 | Hill, Aidan       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 8           | 1:07.69     | 655                 | Haywood, Jack     | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 9           | 1:07.91     | 647                 | Heisig, Charlie   | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 10          | 1:09.08     | 607                 | Keleher, Michael  | 14         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>            | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------------|------------|---|------------------|--------------------------------|
| 1           | 2:20.23     | 871                 | Welsh, Lily            | 14         | NC TAC Titans                                 | 12/7/2019        | 2019 U.S. Open                 |
| 2           | 2:27.18     | 759                 | Wilhelm, Kiley         | 14         | NC SwimMAC Carolina                           | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:27.63     | 752                 | Kozubowski, Caroline   | 14         | NC Marlins Of Raleigh                         | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 2:28.12     | 745                 | Martinson, Kara        | 14         | NC SwimMAC Carolina                           | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 2:31.09     | 699                 | Bezuidenhout, Clarissa | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 2:34.33     | 650                 | Jennings, Spencer      | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:46.23     | 480                 | Pitts, Emma            | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 8           | 2:50.70     | 420                 | Gwaltney, Caroline     | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:57.59     | 333                 | Kilgallen, Emily       | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 3:02.83     | 271                 | Morris, Mackenna       | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 2:30.26     | 568                 | Keleher, Michael | 14         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 2           | 2:32.60     | 531                 | Stoner, Reese    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 2:36.33     | 474                 | Holian, Tanner   | 14         | NC Swim GSA                            | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:18.20     | 751                 | Druhan, Abby         | 14         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:23.02     | 617                 | Chin, Ella           | 14         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:23.35     | 608                 | Holden, Lanie        | 14         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 1:23.55     | 603                 | Mast, Alexis         | 14         | NC Marlins Of Raleigh           | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 1:24.49     | 577                 | Bocian, Abby         | 14         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 1:24.81     | 569                 | Whitt, Jady          | 14         | NC Swim GSA                     | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:25.27     | 557                 | Kozubowski, Caroline | 14         | NC Marlins Of Raleigh           | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 8           | 1:25.52     | 550                 | Sleime, Leyla        | 14         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:26.02     | 537                 | Gehrig, Julia        | 14         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 1:27.77     | 492                 | Dalton, Mary Bonner  | 14         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 1:15.03     | 692                 | Keen, Troy        | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 1:15.74     | 671                 | Delmar, Ben       | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:16.49     | 648                 | Constantine, Kian | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 1:16.81     | 639                 | Ayres, Maxwell    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 1:17.99     | 604                 | Stoner, Reese     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 1:19.59     | 558                 | Heisig, Charlie   | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 1:20.05     | 545                 | McCarter, Gavin   | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 1:21.01     | 518                 | Delcambre, Avery  | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:22.10     | 488                 | Haywood, Jack     | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 1:22.93     | 465                 | Fletcher, Alden   | 14         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:42.78     | 807                 | Cotter, Keelan   | 14         | NC Unattached                                 | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 2           | 2:53.12     | 674                 | Druhan, Abby     | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:54.04     | 663                 | Sleime, Leyla    | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 3:03.22     | 550                 | Chin, Ella       | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 3:05.59     | 522                 | Whitt, Jady      | 14         | NC Swim GSA                                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 3:13.53     | 431                 | Pitts, Emma      | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 7           | 3:19.14     | 369                 | Chamblee, Jade   | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 3:22.02     | 338                 | Duncan, Scarlett | 14         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 3:23.22     | 326                 | Fowler, Lizzie   | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 3:24.55     | 312                 | Wiles, Morgan    | 14         | NC YMCA of Northwest North Carolina Riptyde   | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 2:41.43     | 719                 | Delmar, Ben       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 2           | 2:48.01     | 633                 | Keen, Troy        | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 3           | 2:48.49     | 627                 | Heisig, Charlie   | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 4           | 2:48.86     | 622                 | Constantine, Kian | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 5           | 2:49.34     | 616                 | McCarter, Gavin   | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 6           | 2:55.73     | 536                 | Stoner, Reese     | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:56.95     | 521                 | Weber, Luke       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 8           | 3:07.24     | 399                 | Hawkins, Kyle     | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 9           | 3:14.24     | 321                 | Wang, Eddie       | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|---|------------------|--------------------------------|
| 1           | 1:04.15     | 829                 | Bloom, Taylor        | 14         | NC TAC Titans                               | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 1:05.48     | 783                 | Cotter, Keelan       | 14         | NC Unattached                               | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 1:06.17     | 759                 | Kozubowski, Caroline | 14         | NC Marlins Of Raleigh                       | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 1:09.52     | 648                 | Druhan, Abby         | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 1:09.80     | 639                 | Donlan, Molly        | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 1:10.85     | 605                 | Teague, Helena       | 14         | NC Unattached                               | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:11.38     | 589                 | Bernardo, Lauren     | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 1:11.40     | 588                 | Bocian, Abby         | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:11.73     | 578                 | Gehrig, Julia        | 14         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 1:11.82     | 575                 | Frondoza, Audrey     | 14         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 1:00.38     | 820                 | Keen, Troy        | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 2           | 1:04.64     | 657                 | Battaglini, Lucca | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 1:05.15     | 638                 | Hill, Aidan       | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 4           | 1:05.83     | 614                 | Wimberly, Jacob   | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 5           | 1:06.73     | 582                 | Constantine, Kian | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 6           | 1:07.25     | 563                 | Heisig, Charlie   | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 7           | 1:07.26     | 563                 | Delmar, Ben       | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invisat |
| 8           | 1:08.03     | 536                 | Ivan, David       | 14         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 1:12.00     | 405                 | Goins, George     | 14         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 1:13.98     | 345                 | Ayres, Maxwell    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 2:20.74     | 842                 | Cotter, Keelan      | 14         | NC Unattached                               | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:22.11     | 821                 | Bloom, Taylor       | 14         | NC TAC Titans                               | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:28.64     | 726                 | Wilhelm, Kiley      | 14         | NC SwimMAC Carolina                         | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 4           | 2:39.08     | 580                 | Mitchell, Elodie    | 14         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 2:39.53     | 574                 | Teague, Helena      | 14         | NC Unattached                               | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 2:42.35     | 536                 | Dalton, Mary Bonner | 14         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 2:43.37     | 522                 | Wiles, Morgan       | 14         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:44.38     | 509                 | Bocian, Abby        | 14         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 2:28.16     | 591                 | Hill, Aidan       | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 2           | 2:30.49     | 555                 | Heisig, Charlie   | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 2:33.17     | 514                 | Constantine, Kian | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 2:47.30     | 317                 | Ayres, Maxwell    | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 2:55.07     | 222                 | Hawkins, Kyle     | 14         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|--|------------------|--------------------------------|
| 1           | 2:26.55     | 776                 | Bloom, Taylor        | 14         | NC TAC Titans                          | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:32.30     | 680                 | Wilhelm, Kiley       | 14         | NC SwimMAC Carolina                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:33.37     | 662                 | Dry, Elena           | 14         | NC TAC Titans                          | 12/5/2019        | 2019 U.S. Open TT              |
| 4           | 2:33.66     | 657                 | Kozubowski, Caroline | 14         | NC Marlins Of Raleigh                  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 2:40.49     | 550                 | Mast, Alexis         | 14         | NC Marlins Of Raleigh                  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 6           | 2:45.16     | 481                 | Djuric, Sara         | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:50.28     | 409                 | Whitt, Jady          | 14         | NC Swim GSA                            | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 3:00.92     | 274                 | Barrick, Lauren      | 14         | NC Sharks Aquatic Club                 | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 9           | 3:01.84     | 263                 | Zamudio, Valerie     | 14         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 3:11.80     | 158                 | Templeton, Lindsay   | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1           | 2:32.46     | 547                 | Eischeid, Benjamin | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 2           | 2:33.65     | 528                 | Ayres, Maxwell     | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 2:36.40     | 484                 | Keleher, Michael   | 14         | NC Granite Falls Swim Club Makos              | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 2:37.99     | 459                 | Delcambre, Avery   | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 2:39.08     | 443                 | Stoner, Reese      | 14         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 2:51.01     | 277                 | Mogray, Joseph     | 14         | NC Catawba Valley Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 7           | 2:53.07     | 252                 | Annas, Avery       | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 8           | 3:11.47     | 71                  | Powell, Henry      | 14         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 14 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---------------------|------------------|--------------------------------|
| 1           | 5:00.52     | 848                 | Cotter, Keelan      | 14         | NC Unattached       | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 5:17.93     | 713                 | Wilhelm, Kiley      | 14         | NC SwimMAC Carolina | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 3           | 5:20.64     | 692                 | Dalton, Mary Bonner | 14         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 5:29.65     | 626                 | Druhan, Abby        | 14         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 5:30.22     | 622                 | Donlan, Molly       | 14         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 5:43.39     | 530                 | Rahman, Nadia       | 14         | NC Unattached       | 11/30/2019       | 2019 EFSL LD Champs            |
| 7           | 5:48.14     | 498                 | Chin, Ella          | 14         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 14 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 5:02.97     | 724                 | Ayers, Alex     | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 2           | 5:05.81     | 701                 | Wimberly, Jacob | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 3           | 5:07.99     | 683                 | Delmar, Ben     | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 5:11.15     | 658                 | Stoner, Reese   | 14         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 5:11.58     | 655                 | Keen, Troy      | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 6           | 5:16.61     | 615                 | Haywood, Jack   | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |
| 7           | 5:31.99     | 501                 | Weber, Luke     | 14         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invidat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 25.33       | 962                 | Curzan, Claire   | 15         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 27.27       | 790                 | Horn, Caitlin    | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 27.44       | 776                 | Wozny, Makenna   | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 27.50       | 770                 | Gendzel, Maya    | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 27.71       | 753                 | Razewski, Morgan | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 27.96       | 732                 | Morris, Taylor   | 15         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 28.02       | 727                 | Kudela, Katie    | 15         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 28.13       | 717                 | Schoppa, Maura   | 15         | NC Swim GSA                     | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 28.28       | 705                 | White, Eliana    | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 28.54       | 684                 | Eaton, Emily     | 15         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 24.34       | 861                 | Bacon, Tate       | 15         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 2           | 24.84       | 819                 | Harris, Tiesyn    | 15         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 25.88       | 734                 | Noble, Ross       | 15         | NC YMCA of the Triangle Area Swim Team | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 4           | 26.19       | 709                 | Hardy, Ryan       | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 26.79       | 662                 | Engel, Connor     | 15         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 6           | 26.89       | 654                 | Stepanian, Andrew | 15         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 27.20       | 629                 | Quaresma, David   | 15         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 27.45       | 610                 | Frye, Robby       | 15         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 27.85       | 579                 | James, Alex       | 15         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 28.01       | 567                 | Giffel, Ian       | 15         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>           | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 56.21       | 915                 | Curzan, Claire        | 15         | NC TAC Titans         | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 2           | 59.59       | 761                 | Morris, Taylor        | 15         | NC TAC Titans         | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 59.86       | 750                 | Horn, Caitlin         | 15         | NC SwimMAC Carolina   | 3/8/2020         | 2020 Sectional - Cary          |
| 4           | 1:00.16     | 737                 | Razewski, Morgan      | 15         | NC SwimMAC Carolina   | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 1:00.34     | 729                 | Wozny, Makenna        | 15         | NC SwimMAC Carolina   | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 1:01.01     | 700                 | Burgess, Stefanie     | 15         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 1:01.06     | 698                 | Chignell, Katie       | 15         | NC TAC Titans         | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 1:03.26 r   | 607                 | Wilhelm, Kiley        | 15         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:03.56     | 595                 | Hochstrasser, Catelin | 15         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 1:04.14     | 572                 | Covington, Sadie      | 15         | NC Swim GSA           | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 52.93       | 887                 | Bacon, Tate      | 15         | NC Marlins Of Raleigh                         | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 2           | 54.31       | 825                 | Thornhill, Kwame | 15         | NC SwimMAC Carolina                           | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 57.63       | 682                 | McKinney, Ian    | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 57.86       | 672                 | Hardy, Ryan      | 15         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 59.21       | 617                 | Quaresma, David  | 15         | NC Granite Falls Swim Club Makos              | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 59.86       | 591                 | Bundy, Samuel    | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 1:01.36     | 532                 | Giffel, Ian      | 15         | NC Granite Falls Swim Club Makos              | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:02.98     | 471                 | Berry, Nolan     | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 1:03.40     | 456                 | Glebus, Chris    | 15         | NC Swim GSA                                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:03.90     | 438                 | Broos, Cameron   | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>         | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------|------------------|--------------------------------|
| 1           | 2:02.27     | 903                 | Curzan, Claire   | 15         | NC TAC Titans             | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 2:03.93     | 863                 | Razewski, Morgan | 15         | NC SwimMAC Carolina       | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 2:06.20     | 810                 | Hook, Charlotte  | 15         | NC TAC Titans             | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 4           | 2:06.86     | 794                 | Hastings, Emma   | 15         | NC East Carolina Aquatics | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 2:07.97     | 769                 | Wozny, Makenna   | 15         | NC SwimMAC Carolina       | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 2:09.13     | 743                 | Chignell, Katie  | 15         | NC TAC Titans             | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 2:09.48     | 735                 | Morris, Taylor   | 15         | NC TAC Titans             | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 2:10.51     | 712                 | Dry, Elena       | 15         | NC TAC Titans             | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 2:11.92     | 682                 | Stolberg, Emma   | 15         | NC SwimMAC Carolina       | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 2:12.93     | 660                 | Wilhelm, Kiley   | 15         | NC SwimMAC Carolina       | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|----------------------------------|------------------|--------------------------------|
| 1           | 1:56.15     | 873                 | Haughey, Braeden  | 15         | NC TAC Titans                    | 12/6/2019        | 2019 U.S. Open                 |
| 2           | 1:58.96     | 808                 | Bacon, Tate       | 15         | NC Marlins Of Raleigh            | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 1:58.98     | 808                 | Thornhill, Kwame  | 15         | NC SwimMAC Carolina              | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 2:00.27     | 779                 | Sleater, Patrick  | 15         | NC Smoky Mountain Aquatic Club   | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 2:07.42     | 626                 | Stepanian, Andrew | 15         | NC Marlins Of Raleigh            | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 6           | 2:10.06     | 573                 | Quaresma, David   | 15         | NC Granite Falls Swim Club Makos | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 2:13.30     | 511                 | Giffel, Ian       | 15         | NC Granite Falls Swim Club Makos | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 2:21.33     | 369                 | Glebus, Chris     | 15         | NC Swim GSA                      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:25.59     | 302                 | Singh, Sebastian  | 15         | NC Team Charlotte Swimming       | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 10          | 2:26.64     | 286                 | Smelzer, Luke     | 15         | NC Swim GSA                      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 4:19.75     | 880                 | Razewski, Morgan | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 4:23.64     | 834                 | Hastings, Emma   | 15         | NC East Carolina Aquatics       | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 4:31.04     | 751                 | Wozny, Makenna   | 15         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 4:34.80     | 710                 | Chignell, Katie  | 15         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 4:36.39     | 694                 | Neil, Sarah Gray | 15         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 4:36.99     | 687                 | Rainey, Grace    | 15         | NC SwimMAC Carolina             | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 7           | 4:38.34     | 673                 | Pierce, Camila   | 15         | NC Raleigh Swimming Association | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 4:38.61     | 670                 | Smith, Sydney    | 15         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 4:43.16     | 624                 | Hughes, Natalie  | 15         | NC Marlins Of Raleigh           | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 4:46.69     | 589                 | Wilhelm, Kiley   | 15         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 4:00.95     | 908                 | Haughey, Braeden  | 15         | NC TAC Titans                                 | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 2           | 4:08.99     | 820                 | Russell, Kellen   | 15         | NC TAC Titans                                 | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 4:13.01     | 778                 | Sleater, Patrick  | 15         | NC Smoky Mountain Aquatic Club                | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 4:14.52     | 762                 | Adley, Logan      | 15         | NC TAC Titans                                 | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 4:19.33     | 713                 | Williams, Keith   | 15         | NC TAC Titans                                 | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 4:22.75     | 678                 | Frye, Robby       | 15         | NC SwimMAC Carolina                           | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 4:31.93     | 590                 | Kelty, Sean       | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 8           | 4:33.38     | 576                 | Thornhill, Kwame  | 15         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 4:33.84     | 572                 | Shores, Peter     | 15         | NC Smoky Mountain Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 10          | 4:34.78     | 563                 | Stepanian, Andrew | 15         | NC Marlins Of Raleigh                         | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------|------------------|--------------------------------|
| 1           | 8:57.50     | 844                 | Razewski, Morgan | 15         | NC SwimMAC Carolina | 12/10/2019       | Long Course Time Trials Jrs Ea |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b> | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|-------------------------|------------------|------------|-------------------|------------------|------------------------------|
| 1           | 8:26.92     | 887                     | Haughey, Braeden | 15         | NC TAC Titans     | 11/9/2019        | 2020 Pro Series - Greensboro |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>           |
|-------------|-------------|---------------------|------------------|------------|---------------------|------------------|-----------------------|
| 1           | 1:00.73     | 1023                | Curzan, Claire   | 15         | NC TAC Titans       | 3/7/2020         | 2020 Sectional - Cary |
| 2           | 1:02.37     | 956                 | Hook, Charlotte  | 15         | NC TAC Titans       | 12/6/2019        | 2019 U.S. Open        |
| 3           | 1:03.13     | 926                 | Razewski, Morgan | 15         | NC SwimMAC Carolina | 3/7/2020         | 2020 Sectional - Cary |
| 4           | 1:04.86     | 858                 | Wilhelm, Kiley   | 15         | NC SwimMAC Carolina | 3/7/2020         | 2020 Sectional - Cary |
| 5           | 1:05.15     | 847                 | Morris, Taylor   | 15         | NC TAC Titans       | 3/7/2020         | 2020 Sectional - Cary |
| 6           | 1:05.35     | 839                 | Clark, Abby      | 15         | NC TAC Titans       | 3/7/2020         | 2020 Sectional - Cary |
| 7           | 1:05.72     | 825                 | Allred, Samantha | 15         | NC TAC Titans       | 3/7/2020         | 2020 Sectional - Cary |
| 8           | 1:07.13     | 772                 | Bocian, Abby     | 15         | NC SwimMAC Carolina | 3/7/2020         | 2020 Sectional - Cary |
| 9           | 1:07.23     | 769                 | Hegland, Kate    | 15         | NC TAC Titans       | 3/7/2020         | 2020 Sectional - Cary |
| 10          | 1:07.62     | 754                 | Stolberg, Emma   | 15         | NC SwimMAC Carolina | 3/7/2020         | 2020 Sectional - Cary |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 59.44       | 901                 | Bacon, Tate      | 15         | NC Marlins Of Raleigh                         | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 1:00.44     | 861                 | Noble, Ross      | 15         | NC YMCA of the Triangle Area Swim Team        | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 3           | 1:01.71     | 812                 | Thornhill, Kwame | 15         | NC SwimMAC Carolina                           | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 1:06.51     | 634                 | Giffel, Ian      | 15         | NC Granite Falls Swim Club Makos              | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 5           | 1:07.17     | 610                 | Hitchcock, Drew  | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 6           | 1:09.87     | 518                 | McKinney, Ian    | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 1:11.03     | 480                 | Berry, Nolan     | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 1:12.20     | 442                 | Adams, Hudson    | 15         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 9           | 1:13.32     | 407                 | James, Alex      | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 1:14.55     | 370                 | Glebus, Chris    | 15         | NC Swim GSA                                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:13.80     | 946                 | Curzan, Claire   | 15         | NC TAC Titans                   | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:21.56     | 817                 | Morris, Taylor   | 15         | NC TAC Titans                   | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 2:23.22     | 790                 | Razewski, Morgan | 15         | NC SwimMAC Carolina             | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 4           | 2:23.93     | 779                 | Pierce, Camila   | 15         | NC Raleigh Swimming Association | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 2:24.53     | 769                 | Sanders, Sydney  | 15         | NC SwimMAC Carolina             | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:25.27     | 757                 | Boehlke, Eva     | 15         | NC North Carolina Aquatic Club  | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 2:25.51     | 754                 | Marley, Jordan   | 15         | NC Carolina Aquatic Team        | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 2:26.50     | 738                 | Dona, Hanani     | 15         | NC SwimMAC Carolina             | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 2:27.53     | 722                 | Hughes, Natalie  | 15         | NC Marlins Of Raleigh           | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 2:27.91     | 716                 | Allred, Samantha | 15         | NC TAC Titans                   | 3/8/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|--|------------------|--------------------------------|
| 1           | 2:07.62     | 911                 | Haughey, Braeden    | 15         | NC TAC Titans                          | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:11.73     | 833                 | Noble, Ross         | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 3           | 2:13.59     | 799                 | Bacon, Tate         | 15         | NC Marlins Of Raleigh                  | 3/8/2020         | 2020 Sectional - Cary          |
| 4           | 2:14.09     | 790                 | Wang, Oliver        | 15         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 2:16.14     | 753                 | Whelehan, Colin     | 15         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:24.30     | 611                 | Roberts, Nicholas   | 15         | NC Carolina Aquatic Team               | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 2:49.40     | 246                 | Conard, Kyle        | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 2:55.49     | 176                 | Stringfield, Robbie | 15         | NC Xcell Aquatics                      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:58.10     | 148                 | Wilson, Lucas       | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 1:11.39     | 892                 | Rainey, Grace   | 15         | NC SwimMAC Carolina                    | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:17.40     | 712                 | Dry, Elena      | 15         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:17.90     | 698                 | Wozny, Makenna  | 15         | NC SwimMAC Carolina                    | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 1:18.00     | 695                 | Sanders, Sydney | 15         | NC SwimMAC Carolina                    | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 1:19.22     | 660                 | Kudela, Katie   | 15         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 1:20.40     | 627                 | Dona, Hanani    | 15         | NC SwimMAC Carolina                    | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:21.88     | 586                 | Smith, Sydney   | 15         | NC Marlins Of Raleigh                  | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 8           | 1:23.43     | 544                 | Earnshaw, Julia | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:24.07     | 527                 | Hughes, Natalie | 15         | NC Marlins Of Raleigh                  | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 1:24.36     | 519                 | Wilhelm, Kiley  | 15         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 1:05.70     | 945                 | Lee, Henry        | 15         | NC TAC Titans                                 | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:15.38     | 633                 | Kelty, Sean       | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 3           | 1:15.96     | 615                 | Bundy, Samuel     | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 1:18.92     | 528                 | Stepanian, Andrew | 15         | NC Marlins Of Raleigh                         | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 1:19.31     | 517                 | Engel, Connor     | 15         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 6           | 1:19.73     | 505                 | Wilson, Lucas     | 15         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:23.12     | 412                 | Quaresma, David   | 15         | NC Granite Falls Swim Club Makos              | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:23.68     | 397                 | Broos, Cameron    | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 9           | 1:24.46     | 377                 | Hebacker, Ben     | 15         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:24.80     | 368                 | Berry, Nolan      | 15         | NC Mecklenburg Swim Association               | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|---|------------------|--------------------------------|
| 1           | 2:35.94     | 865                 | Rainey, Grace   | 15         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:44.50     | 751                 | Sanders, Sydney | 15         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 2:46.06     | 730                 | Dry, Elena      | 15         | NC TAC Titans                               | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:46.36     | 727                 | Boehlke, Eva    | 15         | NC North Carolina Aquatic Club              | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:47.86     | 707                 | Bloom, Taylor   | 15         | NC TAC Titans                               | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 2:48.00     | 705                 | Mohr, Katie     | 15         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 2:57.44     | 586                 | Wilhelm, Kiley  | 15         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:58.12     | 578                 | Dona, Hanani    | 15         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 2:58.82     | 569                 | Day, Keenan     | 15         | NC YMCA of the Triangle Area Swim Team      | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 3:01.19     | 540                 | Smith, Sydney   | 15         | NC Marlins Of Raleigh                       | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:25.75     | 867                 | Lee, Henry        | 15         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:33.48     | 758                 | Valliere, Tucker  | 15         | NC Smoky Mountain Aquatic Club | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 2:47.47     | 571                 | Stepanian, Andrew | 15         | NC Marlins Of Raleigh          | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 2:51.87     | 514                 | Frye, Robby       | 15         | NC SwimMAC Carolina            | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 58.00       | 1025                | Curzan, Claire    | 15         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:01.60     | 893                 | Wilhelm, Kiley    | 15         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:02.11     | 874                 | Hook, Charlotte   | 15         | NC TAC Titans                   | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 4           | 1:03.25     | 834                 | Bloom, Taylor     | 15         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 1:03.95     | 809                 | Rainey, Grace     | 15         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:04.80     | 780                 | Murray, Avery     | 15         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:04.82     | 779                 | Morris, Taylor    | 15         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 1:04.90     | 776                 | Burgess, Stefanie | 15         | NC Marlins Of Raleigh           | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 1:06.26     | 730                 | Pierce, Camila    | 15         | NC Raleigh Swimming Association | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 1:06.58     | 719                 | Harrison, Helena  | 15         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 57.66       | 851                 | Bacon, Tate     | 15         | NC Marlins Of Raleigh                  | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 58.12       | 832                 | Russell, Kellen | 15         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 59.76       | 766                 | Lee, Henry      | 15         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 1:00.83     | 723                 | McKinney, Ian   | 15         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 1:02.13     | 672                 | Bundy, Samuel   | 15         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 1:06.76     | 502                 | Giffel, Ian     | 15         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 7           | 1:07.19     | 488                 | James, Alex     | 15         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 1:09.35     | 415                 | Hardy, Ryan     | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:10.14     | 389                 | Quaresma, David | 15         | NC Granite Falls Swim Club Makos       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:10.19     | 388                 | Adams, Hudson   | 15         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---|------------------|--------------------------------|
| 1           | 2:10.10     | 974                 | Hook, Charlotte   | 15         | NC TAC Titans                               | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:18.47     | 845                 | Bloom, Taylor     | 15         | NC TAC Titans                               | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 2:23.38     | 771                 | Burgess, Stefanie | 15         | NC Marlins Of Raleigh                       | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:24.21     | 759                 | Rainey, Grace     | 15         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:24.31     | 758                 | Wilhelm, Kiley    | 15         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 2:25.19     | 745                 | Pierce, Camila    | 15         | NC Raleigh Swimming Association             | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 2:25.26     | 744                 | Marley, Jordan    | 15         | NC Carolina Aquatic Team                    | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:26.74     | 722                 | Stolberg, Emma    | 15         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 2:29.40     | 683                 | Mohr, Katie       | 15         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 2:33.49     | 625                 | Harrison, Helena  | 15         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:12.05     | 783                 | Russell, Kellen  | 15         | NC TAC Titans                                 | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:15.68     | 720                 | Frye, Robby      | 15         | NC SwimMAC Carolina                           | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 2:16.06     | 713                 | Bacon, Tate      | 15         | NC Marlins Of Raleigh                         | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 2:16.07     | 713                 | Hitchcock, Drew  | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 5           | 2:16.45     | 707                 | Cook, Alex       | 15         | NC SwimMAC Carolina                           | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 2:32.04     | 456                 | Thornhill, Kwame | 15         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 2:15.27     | 955                 | Hook, Charlotte  | 15         | NC TAC Titans                          | 12/5/2019        | 2019 U.S. Open                 |
| 2           | 2:19.52     | 877                 | Wilhelm, Kiley   | 15         | NC SwimMAC Carolina                    | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 3           | 2:22.74     | 819                 | Rainey, Grace    | 15         | NC SwimMAC Carolina                    | 3/8/2020         | 2020 Sectional - Cary          |
| 4           | 2:23.85     | 799                 | Bloom, Taylor    | 15         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 2:27.62     | 734                 | Sanders, Sydney  | 15         | NC SwimMAC Carolina                    | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:28.07     | 726                 | Neil, Sarah Gray | 15         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 2:29.94     | 695                 | Chignell, Katie  | 15         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 2:30.61     | 684                 | Bocian, Abby     | 15         | NC SwimMAC Carolina                    | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 2:31.98     | 661                 | Hughes, Natalie  | 15         | NC Marlins Of Raleigh                  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 2:37.18     | 578                 | Corrado, Mia     | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---|------------------|--------------------------------|
| 1           | 2:12.95     | 806                 | Lee, Henry       | 15         | NC TAC Titans                                 | 3/8/2020         | 2020 Sectional - Cary          |
| 2           | 2:14.14     | 783                 | Thornhill, Kwame | 15         | NC SwimMAC Carolina                           | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 2:15.22     | 762                 | Noble, Ross      | 15         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 2:21.46     | 644                 | Hitchcock, Drew  | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 5           | 2:26.01     | 564                 | Kelty, Sean      | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 6           | 2:30.96     | 481                 | Shores, Peter    | 15         | NC Smoky Mountain Aquatic Club                | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 7           | 2:35.31     | 412                 | Engel, Connor    | 15         | NC Team Charlotte Swimming                    | 8/22/2020        | 2020 NC SAC - TEAM DUAL        |
| 8           | 2:37.31     | 382                 | Broos, Cameron   | 15         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |
| 9           | 2:40.93     | 330                 | Wilson, Lucas    | 15         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 2:45.57     | 268                 | Hebacker, Ben    | 15         | NC YMCA of the Triangle Area Swim Team        | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 15 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 5:01.07     | 807                 | Hook, Charlotte   | 15         | NC TAC Titans                  | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 5:08.00     | 753                 | Wilhelm, Kiley    | 15         | NC SwimMAC Carolina            | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 5:10.73     | 731                 | Boehlke, Eva      | 15         | NC North Carolina Aquatic Club | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 5:11.90     | 722                 | Stolberg, Emma    | 15         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 5:12.60     | 717                 | Rainey, Grace     | 15         | NC SwimMAC Carolina            | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 6           | 5:13.20     | 712                 | Neil, Sarah Gray  | 15         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 5:15.34     | 696                 | Hughes, Natalie   | 15         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 5:18.88     | 670                 | Razewski, Morgan  | 15         | NC SwimMAC Carolina            | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 9           | 5:26.43     | 614                 | Bocian, Abby      | 15         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 5:27.17     | 608                 | Burgess, Stefanie | 15         | NC Marlins Of Raleigh          | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 15 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 4:27.63     | 939                 | Haughey, Braeden  | 15         | NC TAC Titans                          | 12/6/2019        | 2019 U.S. Open                 |
| 2           | 4:41.68     | 811                 | Russell, Kellen   | 15         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 4:44.20     | 789                 | Dunlap, Willi     | 15         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 4:54.38     | 702                 | Valliere, Tucker  | 15         | NC Smoky Mountain Aquatic Club         | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 4:57.22     | 679                 | Noble, Ross       | 15         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 5:02.86     | 633                 | Thornhill, Kwame  | 15         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 5:07.93     | 592                 | Stepanian, Andrew | 15         | NC Marlins Of Raleigh                  | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 26.54       | 851                 | Ivan, Teresa       | 16         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 2           | 26.85       | 824                 | Sowards, Elizabeth | 16         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 3           | 27.41       | 776                 | Hicks, Hailey      | 16         | NC YMCA of the Triangle Area Swim Team | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 4           | 27.44       | 773                 | Baric, Elizabeth   | 16         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 27.53       | 765                 | Schoppa, Maura     | 16         | NC Swim GSA                            | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 27.64       | 756                 | Bilden, Lindy      | 16         | NC North Carolina Aquatic Club         | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 27.65       | 755                 | Smith, Madeline    | 16         | NC East Carolina Aquatics              | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 27.90       | 734                 | Hamblin, Emilee    | 16         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 27.91       | 733                 | Eaker, Summer      | 16         | NC SwimMAC Carolina                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 10          | 27.98       | 727                 | Kondratick, Morgan | 16         | NC Raleigh Swimming Association        | 3/7/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 23.82       | 872                 | Hoover, Sam       | 16         | NC North Carolina Aquatic Club         | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 2           | 23.91       | 864                 | Boone, Garrett    | 16         | NC Aquatic Team Of Mecklenburg         | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 24.10       | 848                 | Abaqueta, Cam     | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 24.15       | 844                 | Weaver, Ryan      | 16         | NC Carolina Aquatic Team               | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 24.43       | 820                 | Duracinsky, Jacob | 16         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 24.70       | 798                 | Lockhart, Austin  | 16         | NC Aquatic Team Of Mecklenburg         | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 7           | 24.77       | 792                 | Phillipps, Max    | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 24.83       | 787                 | Coppedge, Tommy   | 16         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 24.85       | 785                 | Tutovani, Levani  | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 24.88       | 783                 | Greeley, David    | 16         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|---------------------|---------------------|------------|--|------------------|------------------------------|
| 1           | 55.36       | 943                 | Gorbenko, Anastasya | 16         | NC Team Elite                          | 2/7/2020         | 2020 FNN Golden Tour         |
| 2           | 58.31       | 806                 | Zettel, Brooke      | 16         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary        |
| 3           | 58.46       | 800                 | Smith, Madeline     | 16         | NC East Carolina Aquatics              | 3/8/2020         | 2020 Sectional - Cary        |
| 4           | 58.50       | 798                 | Sowards, Elizabeth  | 16         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 Pro Series - Knoxville  |
| 5           | 58.98       | 776                 | Ivan, Teresa        | 16         | NC Aquatic Team Of Mecklenburg         | 11/7/2019        | 2020 Pro Series - Greensboro |
| 6           | 59.00       | 775                 | Kosik, Ede          | 16         | NC Carolina Aquatic Team               | 3/8/2020         | 2020 Sectional - Cary        |
| 7           | 59.86       | 738                 | Hicks, Hailey       | 16         | NC YMCA of the Triangle Area Swim Team | 11/7/2019        | 2020 Pro Series - Greensboro |
| 8           | 59.96       | 733                 | Long, Anna          | 16         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary        |
| 9           | 1:00.03     | 730                 | Eaker, Summer       | 16         | NC SwimMAC Carolina                    | 11/7/2019        | 2020 Pro Series - Greensboro |
| 10          | 1:00.39     | 715                 | Tart, Bethany       | 16         | NC East Carolina Aquatics              | 3/8/2020         | 2020 Sectional - Cary        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 51.68       | 895                 | Cotter, Michael   | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 2           | 51.72       | 893                 | Hoover, Sam       | 16         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 3           | 53.05       | 832                 | Boone, Garrett    | 16         | NC Aquatic Team Of Mecklenburg | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 3           | 53.05       | 832                 | Abaqueta, Cam     | 16         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 5           | 53.64       | 805                 | Lockhart, Austin  | 16         | NC Aquatic Team Of Mecklenburg | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 6           | 53.68       | 804                 | Weaver, Ryan      | 16         | NC Carolina Aquatic Team       | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 53.76       | 800                 | Duracinsky, Jacob | 16         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 54.98       | 746                 | Miller, Reid      | 16         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 55.46       | 725                 | Greeley, David    | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 57.08       | 656                 | Tars, Robert      | 16         | NC Greensboro Community YMCA   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:04.71     | 826                 | Zettel, Brooke   | 16         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 2:07.99     | 750                 | Smith, Madeline  | 16         | NC East Carolina Aquatics       | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 2:10.26     | 699                 | Knorr, Emily     | 16         | NC Mecklenburg Swim Association | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 4           | 2:10.90     | 686                 | Yandle, Ava      | 16         | NC SwimMAC Carolina             | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 5           | 2:11.30     | 677                 | Yoder, Kylie     | 16         | NC SwimMAC Carolina             | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 6           | 2:12.66     | 648                 | Tart, Bethany    | 16         | NC East Carolina Aquatics       | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 2:13.12     | 638                 | Thome, Alison    | 16         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:13.14     | 638                 | Morgan, Sydney   | 16         | NC Unattached                   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:13.18     | 637                 | Kosik, Ede       | 16         | NC Carolina Aquatic Team        | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 2:13.35     | 633                 | Covington, Sadie | 16         | NC Swim GSA                     | 3/6/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|------------------------------|
| 1           | 1:51.56     | 929                 | Cotter, Michael   | 16         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary        |
| 2           | 1:52.66     | 902                 | Hoover, Sam       | 16         | NC North Carolina Aquatic Club | 1/17/2020        | 2020 Pro Series - Knoxville  |
| 3           | 1:55.88     | 826                 | Haughey, Braeden  | 16         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary        |
| 4           | 1:56.56     | 810                 | Nelson, Baylor    | 16         | NC SwimMAC Carolina            | 1/17/2020        | 2020 Pro Series - Knoxville  |
| 5           | 1:57.23     | 794                 | Boone, Garrett    | 16         | NC Aquatic Team Of Mecklenburg | 11/8/2019        | 2020 Pro Series - Greensboro |
| 6           | 1:57.34     | 792                 | Zucker, Logan     | 16         | NC SwimMAC Carolina            | 1/17/2020        | 2020 Pro Series - Knoxville  |
| 7           | 1:59.11     | 752                 | Exum, Russell     | 16         | NC East Carolina Aquatics      | 3/6/2020         | 2020 Sectional - Cary        |
| 8           | 1:59.37     | 746                 | Greeley, David    | 16         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary        |
| 9           | 1:59.51     | 743                 | Duracinsky, Jacob | 16         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary        |
| 10          | 2:01.52     | 699                 | Jones, Charlie    | 16         | NC East Carolina Aquatics      | 3/6/2020         | 2020 Sectional - Cary        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|----------------------------------|------------------|--------------------------------|
| 1           | 4:18.41     | 862                 | Hook, Charlotte      | 16         | NC TAC Titans                    | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 4:25.76     | 777                 | Zettel, Brooke       | 16         | NC TAC Titans                    | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 4:29.54     | 735                 | Eaker, Summer        | 16         | NC SwimMAC Carolina              | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 4           | 4:29.87     | 731                 | Knorr, Emily         | 16         | NC Mecklenburg Swim Association  | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 5           | 4:32.96     | 698                 | Ciancanelli, Makayla | 16         | NC Granite Falls Swim Club Makos | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 4:33.75     | 690                 | Hughes, Ashley       | 16         | NC TAC Titans                    | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 4:33.96     | 687                 | Rydzewski, Amber     | 16         | NC Raleigh Swimming Association  | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 4:39.55     | 629                 | Morgan, Sydney       | 16         | NC Unattached                    | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 4:43.80     | 587                 | Dalbo, Kyra          | 16         | NC Marlins Of Raleigh            | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 4:49.41     | 532                 | Jaynes, Hope         | 16         | NC Marlins Of Raleigh            | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 3:59.05     | 895                 | Zucker, Logan    | 16         | NC SwimMAC Carolina            | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 4:00.69     | 877                 | Cotter, Michael  | 16         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 4:04.40     | 836                 | Haughey, Braeden | 16         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 4:04.53     | 834                 | Norris, Lance    | 16         | NC Unattached                  | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 5           | 4:11.36     | 761                 | Miller, Brandon  | 16         | NC North Carolina Aquatic Club | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 4:12.86     | 745                 | Riley, Nick      | 16         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 4:19.94     | 673                 | Perkins, Tull    | 16         | NC Marlins Of Raleigh          | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 4:21.95     | 653                 | Ringenbach, Bode | 16         | NC Marlins Of Raleigh          | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 9           | 4:22.12     | 651                 | Freeman, Spencer | 16         | NC SwimMAC Carolina            | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 4:38.33     | 499                 | Miley, Kian      | 16         | NC Marlins Of Raleigh          | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 9:12.64     | 750                 | Eaker, Summer  | 16         | NC SwimMAC Carolina   | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 9:44.96     | 596                 | Jaynes, Hope   | 16         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 9:46.57     | 589                 | Dalbo, Kyra    | 16         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 10:03.94    | 513                 | Inscore, Janie | 16         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 10:22.33    | 437                 | Tant, Hallie   | 16         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 8:23.24     | 842                 | Zucker, Logan    | 16         | NC SwimMAC Carolina            | 1/16/2020        | 2020 Pro Series - Knoxville    |
| 2           | 8:28.84     | 812                 | Miller, Brandon  | 16         | NC North Carolina Aquatic Club | 1/16/2020        | 2020 Pro Series - Knoxville    |
| 3           | 8:37.25     | 768                 | Bretzmann, Peter | 16         | NC North Carolina Aquatic Club | 1/16/2020        | 2020 Pro Series - Knoxville    |
| 4           | 8:54.88     | 679                 | Perkins, Tull    | 16         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 9:42.34     | 462                 | Miley, Kian      | 16         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 1500 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>  | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|-------------------------|--------------|------------|---------------------------------|------------------|------------------------------|
| 1           | 17:18.54    | 828                     | Knorr, Emily | 16         | NC Mecklenburg Swim Association | 11/6/2019        | 2020 Pro Series - Greensboro |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 1500 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|-----------------------------|
| 1           | 15:53.60    | 879                 | Haughey, Braeden | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary       |
| 2           | 15:56.63    | 871                 | Zucker, Logan    | 16         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary       |
| 3           | 15:57.27    | 869                 | Norris, Lance    | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary       |
| 4           | 16:25.79    | 799                 | Bretzmann, Peter | 16         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 1:04.21     | 865                 | Sowards, Elizabeth | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 1:05.52     | 814                 | Ivan, Teresa       | 16         | NC Unattached                          | 11/9/2019        | 2020 PS - Greensboro TT        |
| 3           | 1:06.05     | 794                 | Yandle, Ava        | 16         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 4           | 1:06.18     | 789                 | Menkhaus, Madeline | 16         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 5           | 1:07.58     | 737                 | Smith, Madeline    | 16         | NC East Carolina Aquatics              | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 1:07.97     | 723                 | Schoppa, Maura     | 16         | NC Swim GSA                            | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 1:08.50     | 704                 | Hicks, Hailey      | 16         | NC YMCA of the Triangle Area Swim Team | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 8           | 1:08.53     | 703                 | Yount, Katelyn     | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 1:09.85     | 655                 | Browning, Jordan   | 16         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 1:09.88     | 654                 | Kudela, Caroline   | 16         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 57.84       | 910                 | Abaqueta, Cam     | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 57.95       | 906                 | Nelson, Baylor    | 16         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 3           | 58.40       | 887                 | Haughey, Braeden  | 16         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 59.92       | 826                 | Miller, Brandon   | 16         | NC North Carolina Aquatic Club         | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 5           | 1:00.44     | 805                 | Bunger, Joe       | 16         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 1:00.70     | 795                 | Norris, Lance     | 16         | NC Unattached                          | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 7           | 1:01.22     | 775                 | Tutovani, Levani  | 16         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 1:02.00     | 745                 | Silver, Ryan      | 16         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 9           | 1:02.29     | 734                 | Duracinsky, Jacob | 16         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 1:03.00     | 707                 | Davis, Collin     | 16         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:19.15     | 837                 | Ivan, Teresa       | 16         | NC Aquatic Team Of Mecklenburg  | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:19.31     | 835                 | Sowards, Elizabeth | 16         | NC SwimMAC Carolina             | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 2:21.71     | 795                 | Yandle, Ava        | 16         | NC SwimMAC Carolina             | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 4           | 2:23.42     | 768                 | Menkhaus, Madeline | 16         | NC SwimMAC Carolina             | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 5           | 2:28.45     | 688                 | Banks, Madie       | 16         | NC Raleigh Swimming Association | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:29.85     | 667                 | Long, Anna         | 16         | NC TAC Titans                   | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 2:33.36     | 613                 | Yount, Katelyn     | 16         | NC SwimMAC Carolina             | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 2:33.50     | 611                 | Campbell, Emily    | 16         | NC Marlins Of Raleigh           | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 2:36.11     | 572                 | Pena, Karsen       | 16         | NC Marlins Of Raleigh           | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 2:37.20     | 556                 | Inscore, Janie     | 16         | NC Marlins Of Raleigh           | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:05.47     | 907                 | Miller, Brandon  | 16         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 2           | 2:05.86     | 900                 | Nelson, Baylor   | 16         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 2:08.78     | 844                 | Boone, Garrett   | 16         | NC Aquatic Team Of Mecklenburg | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 4           | 2:12.25     | 779                 | Silver, Ryan     | 16         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 2:12.88     | 767                 | Abaqueta, Cam    | 16         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:14.34     | 740                 | Ringenbach, Bode | 16         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 2:15.99     | 710                 | Pena, Wyatt      | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 2:16.28     | 705                 | Bunger, Joe      | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 2:16.34     | 704                 | Tutovani, Levani | 16         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 2:19.24     | 653                 | Tars, Robert     | 16         | NC Greensboro Community YMCA   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 1:10.98     | 890                 | Hamblin, Kaylee     | 16         | NC Mecklenburg Swim Association             | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 2           | 1:12.74     | 836                 | Fadely, Jennah      | 16         | NC Fin Aquatic Swim Team                    | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 3           | 1:14.06     | 796                 | Zettel, Brooke      | 16         | NC TAC Titans                               | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 1:15.87     | 743                 | Kudela, Caroline    | 16         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 5           | 1:16.34     | 729                 | Newman, Anna        | 16         | NC Marlins Of Raleigh                       | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:16.72     | 718                 | Tomlinson, Abigail  | 16         | NC TAC Titans                               | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:17.49     | 695                 | Anton, Isabella     | 16         | NC SwimMAC Carolina                         | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 1:17.50     | 695                 | Zhang, Jolene       | 16         | NC TAC Titans                               | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 1:18.27     | 673                 | Simpson, Leah       | 16         | NC Carolina Aquatic Team                    | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 1:19.30     | 644                 | Cottingham, Brianna | 16         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:04.98     | 924                 | Hoover, Sam      | 16         | NC North Carolina Aquatic Club  | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 2           | 1:05.86     | 894                 | Ringenbach, Bode | 16         | NC Marlins Of Raleigh           | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:06.10     | 886                 | Abaqueta, Cam    | 16         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 1:07.44     | 841                 | Drake, Patrick   | 16         | NC Raleigh Swimming Association | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 1:07.73     | 831                 | Kim, Stephen     | 16         | NC SwimMAC Carolina             | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 6           | 1:08.35     | 810                 | Perkins, Tull    | 16         | NC Marlins Of Raleigh           | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:08.90     | 792                 | Keaney, Reilly   | 16         | NC Swim GSA                     | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 8           | 1:08.92     | 791                 | Maycock, Julian  | 16         | NC Swim GSA                     | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 9           | 1:09.04     | 787                 | Lee, Hyoseon     | 16         | NC New Wave Swim Team           | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 1:10.10     | 753                 | Greeley, David   | 16         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 2:38.35     | 829                 | Zettel, Brooke      | 16         | NC TAC Titans                               | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:42.72     | 771                 | Fadely, Jennah      | 16         | NC Fin Aquatic Swim Team                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:45.57     | 733                 | Morgan, Sydney      | 16         | NC Unattached                               | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 4           | 2:46.53     | 721                 | Simpson, Leah       | 16         | NC Carolina Aquatic Team                    | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:47.31     | 711                 | Lahiff, Julie       | 16         | NC New Wave Swim Team                       | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 2:48.19     | 699                 | Cottingham, Brianna | 16         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 2:48.40     | 697                 | Anton, Isabella     | 16         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:49.51     | 682                 | Newman, Anna        | 16         | NC Marlins Of Raleigh                       | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:50.06     | 675                 | Zhang, Jolene       | 16         | NC TAC Titans                               | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 2:51.87     | 652                 | Thome, Alison       | 16         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:24.47     | 878                 | Ringenbach, Bode | 16         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:28.06     | 826                 | Maycock, Julian  | 16         | NC Swim GSA                     | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:28.70     | 817                 | Drake, Patrick   | 16         | NC Raleigh Swimming Association | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:29.14     | 811                 | Bretzmann, Peter | 16         | NC North Carolina Aquatic Club  | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 5           | 2:29.60     | 805                 | Perkins, Tull    | 16         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 2:29.75     | 802                 | Hoover, Sam      | 16         | NC North Carolina Aquatic Club  | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 7           | 2:31.53     | 777                 | Kim, Stephen     | 16         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:32.18     | 768                 | Greeley, David   | 16         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:32.39     | 765                 | Keaney, Reilly   | 16         | NC Swim GSA                     | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 10          | 2:38.43     | 682                 | Kroll, Matthew   | 16         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 59.88       | 936                 | Hook, Charlotte    | 16         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:01.11     | 891                 | Menkhaus, Madeline | 16         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:01.37     | 882                 | Sowards, Elizabeth | 16         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 1:02.44     | 843                 | Zettel, Brooke     | 16         | NC TAC Titans                   | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 5           | 1:04.21     | 781                 | Bilden, Lindy      | 16         | NC North Carolina Aquatic Club  | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:04.66     | 765                 | Yandle, Ava        | 16         | NC SwimMAC Carolina             | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 7           | 1:04.78     | 761                 | Schoppa, Maura     | 16         | NC Swim GSA                     | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 1:04.81     | 760                 | Campbell, Emily    | 16         | NC Marlins Of Raleigh           | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 9           | 1:05.93     | 721                 | Hamblin, Emilee    | 16         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 10          | 1:06.72     | 695                 | Pena, Karsen       | 16         | NC Marlins Of Raleigh           | 3/6/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 56.22       | 877                 | Boone, Garrett  | 16         | NC Aquatic Team Of Mecklenburg  | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 57.62       | 818                 | Prucha, John    | 16         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 57.80       | 810                 | Nelson, Baylor  | 16         | NC SwimMAC Carolina             | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 4           | 58.13       | 797                 | Exum, Russell   | 16         | NC East Carolina Aquatics       | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 58.20       | 794                 | Abaqueta, Cam   | 16         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 58.79       | 770                 | Silver, Ryan    | 16         | NC Marlins Of Raleigh           | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 59.02       | 760                 | Dyke, Thor      | 16         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 59.80       | 729                 | Jones, Charlie  | 16         | NC East Carolina Aquatics       | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 59.97       | 722                 | Brewer, Brayden | 16         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 1:00.48     | 702                 | Berkeley, Coby  | 16         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|----------------------------------|------------------|--------------------------------|
| 1           | 2:09.55     | 979                 | Hook, Charlotte      | 16         | NC TAC Titans                    | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:14.40     | 904                 | Menkhaus, Madeline   | 16         | NC SwimMAC Carolina              | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 2:25.26     | 741                 | Campbell, Emily      | 16         | NC Marlins Of Raleigh            | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:25.35     | 739                 | Dalbo, Kyra          | 16         | NC Marlins Of Raleigh            | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:26.59     | 721                 | Morgan, Sydney       | 16         | NC Unattached                    | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 6           | 2:27.48     | 708                 | Ciancanelli, Makayla | 16         | NC Granite Falls Swim Club Makos | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 2:27.82     | 703                 | Bilden, Lindy        | 16         | NC North Carolina Aquatic Club   | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:30.17     | 670                 | Teachey, Michaela    | 16         | NC Marlins Of Raleigh            | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:34.14     | 613                 | Browning, Jordan     | 16         | NC SwimMAC Carolina              | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 2:36.44     | 581                 | Inscore, Janie       | 16         | NC Marlins Of Raleigh            | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:09.00     | 794                 | Nelson, Baylor   | 16         | NC SwimMAC Carolina            | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:09.10     | 792                 | Ringenbach, Bode | 16         | NC Marlins Of Raleigh          | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 2:09.63     | 783                 | Prucha, John     | 16         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:09.78     | 780                 | Dyke, Thor       | 16         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:11.85     | 743                 | Silver, Ryan     | 16         | NC Marlins Of Raleigh          | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 6           | 2:12.24     | 736                 | Boone, Garrett   | 16         | NC Aquatic Team Of Mecklenburg | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 7           | 2:12.47     | 732                 | Hering, Flinn    | 16         | NC Swim GSA                    | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:13.64     | 712                 | Jones, Charlie   | 16         | NC East Carolina Aquatics      | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:14.23     | 701                 | Zucker, Logan    | 16         | NC SwimMAC Carolina            | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 10          | 2:14.59     | 695                 | Pena, Wyatt      | 16         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>        | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|--------------------------|------------------|--------------------------------|
| 1           | 2:15.26     | 949                 | Hook, Charlotte    | 16         | NC TAC Titans            | 3/8/2020         | 2020 Sectional - Cary          |
| 2           | 2:21.26     | 839                 | Zettel, Brooke     | 16         | NC TAC Titans            | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 2:24.76     | 777                 | Menkhaus, Madeline | 16         | NC SwimMAC Carolina      | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 4           | 2:26.39     | 749                 | Sowards, Elizabeth | 16         | NC SwimMAC Carolina      | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 5           | 2:26.54     | 747                 | Yoder, Kylie       | 16         | NC SwimMAC Carolina      | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 6           | 2:26.57     | 746                 | Yandle, Ava        | 16         | NC SwimMAC Carolina      | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 7           | 2:28.79     | 708                 | Lahiff, Julie      | 16         | NC New Wave Swim Team    | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 2:28.94     | 706                 | Simpson, Leah      | 16         | NC Carolina Aquatic Team | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 2:29.17     | 702                 | Campbell, Emily    | 16         | NC Marlins Of Raleigh    | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 2:31.88     | 657                 | Pena, Karsen       | 16         | NC Marlins Of Raleigh    | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:04.68     | 970                 | Nelson, Baylor    | 16         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 2           | 2:06.77     | 925                 | Cotter, Michael   | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 2:10.74     | 843                 | Ringenbach, Bode  | 16         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 2:11.60     | 826                 | Bretzmann, Peter  | 16         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 5           | 2:12.48     | 808                 | Haughey, Braeden  | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:13.15     | 795                 | Hoover, Sam       | 16         | NC North Carolina Aquatic Club | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 7           | 2:13.60     | 786                 | Keaney, Reilly    | 16         | NC Swim GSA                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 8           | 2:14.05     | 777                 | Dyke, Thor        | 16         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 9           | 2:14.23     | 774                 | Abaqueta, Cam     | 16         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 2:14.33     | 772                 | Duracinsky, Jacob | 16         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary          |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 16 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 4:47.72     | 910                 | Hook, Charlotte   | 16         | NC TAC Titans         | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 5:07.28     | 752                 | Yoder, Kylie      | 16         | NC SwimMAC Carolina   | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 3           | 5:09.89     | 732                 | Lahiff, Julie     | 16         | NC New Wave Swim Team | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 5:13.69     | 703                 | Pena, Karsen      | 16         | NC Marlins Of Raleigh | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 5:14.80     | 694                 | Dalbo, Kyra       | 16         | NC Marlins Of Raleigh | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 6           | 5:19.26     | 661                 | Thome, Alison     | 16         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 5:21.92     | 641                 | Campbell, Emily   | 16         | NC Marlins Of Raleigh | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 8           | 5:22.64     | 636                 | Teachey, Michaela | 16         | NC Marlins Of Raleigh | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 5:25.83     | 612                 | Tant, Hallie      | 16         | NC Marlins Of Raleigh | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 5:31.60     | 571                 | Hefner, Caitlin   | 16         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 16 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 4:24.99     | 947                 | Haughey, Braeden | 16         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 4:27.36     | 925                 | Nelson, Baylor   | 16         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 4:27.45     | 924                 | Norris, Lance    | 16         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 4:33.32     | 870                 | Zucker, Logan    | 16         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 4:33.99     | 864                 | Miller, Brandon  | 16         | NC North Carolina Aquatic Club | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 6           | 4:34.72     | 858                 | Ringenbach, Bode | 16         | NC Marlins Of Raleigh          | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 4:35.61     | 850                 | Bretzmann, Peter | 16         | NC North Carolina Aquatic Club | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 8           | 4:42.94     | 784                 | Dyke, Thor       | 16         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 4:43.45     | 780                 | Hoover, Sam      | 16         | NC North Carolina Aquatic Club | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 10          | 4:47.33     | 746                 | Perkins, Tull    | 16         | NC Marlins Of Raleigh          | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                          |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------------|
| 1           | 25.62       | 924                 | Flynn, Lindsay     | 17         | NC Aquatic Team Of Mecklenburg         | 11/9/2019        | 2020 Pro Series - Greensboro         |
| 2           | 27.41       | 767                 | Gschwind, Olivia   | 17         | NC New Wave Swim Team                  | 3/7/2020         | 2020 Sectional - Cary                |
| 3           | 27.58       | 752                 | Ray, Amanda        | 17         | NC New Wave Swim Team                  | 3/7/2020         | 2020 Sectional - Cary                |
| 4           | 27.93       | 723                 | Mangaoang, Desirae | 17         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary                |
| 5           | 28.48       | 677                 | Hohm, Anneliese    | 17         | NC Aquatic Team Of Mecklenburg         | 11/9/2019        | 2020 Pro Series - Greensboro         |
| 6           | 28.56       | 671                 | Mumford, Susan     | 17         | NC SwimMAC Carolina                    | 1/17/2020        | 2020 TYR PSS Knoxville TT            |
| 7           | 28.57       | 670                 | Hartis, Sydney     | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat       |
| 8           | 28.66       | 663                 | Borders, Hope      | 17         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL              |
| 9           | 28.68       | 661                 | Russell, Claire    | 17         | NC SwimMAC Carolina                    | 1/17/2020        | 2020 TYR PSS Knoxville TT            |
| 10          | 28.78       | 653                 | Donaldson, Addy    | 17         | NC Team Charlotte Swimming             | 8/22/2020        | 2020 NC SAC - TEAM DUAL              |
| 10          | 28.78       | 653                 | Carson, Megan      | 17         | NC YMCA of the Triangle Area Swim Team | 1/11/2020        | 2020 NJ Jim Wood Memorial Invitation |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 23.83       | 840                 | Davis, Jackson    | 17         | NC SwimMAC Carolina                    | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 2           | 24.33       | 798                 | Prucha, Ben       | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 24.47       | 786                 | Stroud, Mitchell  | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 24.69       | 767                 | Pollard, Jackson  | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 24.70       | 767                 | Starbuck, Jason   | 17         | NC Raleigh Swimming Association        | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 24.71       | 766                 | Das, Avijit       | 17         | NC SwimMAC Carolina                    | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 24.74       | 763                 | Satterfield, Shaw | 17         | NC YMCA of the Triangle Area Swim Team | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 8           | 24.91       | 749                 | Ockert, Coby      | 17         | NC Raleigh Swimming Association        | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 25.00       | 741                 | Smelzer, Baxter   | 17         | NC Swim GSA                            | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 25.22       | 723                 | Tan, Jc           | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                          |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------------|
| 1           | 56.93       | 866                 | Flynn, Lindsay     | 17         | NC Unattached                          | 11/8/2019        | 2020 PS - Greensboro TT              |
| 2           | 59.00       | 772                 | Rauch, Katie       | 17         | NC Aquatic Team Of Mecklenburg         | 11/7/2019        | 2020 Pro Series - Greensboro         |
| 3           | 59.33       | 758                 | Whitmire, Liza     | 17         | NC Aquatic Team Of Mecklenburg         | 11/7/2019        | 2020 Pro Series - Greensboro         |
| 4           | 59.41       | 754                 | Arens, Abby        | 17         | NC Marlins Of Raleigh                  | 3/8/2020         | 2020 Sectional - Cary                |
| 5           | 1:00.31     | 715                 | Barton, Sarah      | 17         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 Pro Series - Knoxville          |
| 6           | 1:00.35     | 713                 | Carson, Megan      | 17         | NC YMCA of the Triangle Area Swim Team | 1/12/2020        | 2020 NJ Jim Wood Memorial Invitation |
| 7           | 1:02.07     | 641                 | Mangaoang, Desirae | 17         | NC SwimMAC Carolina                    | 3/8/2020         | 2020 Sectional - Cary                |
| 8           | 1:02.08     | 640                 | Knorr, Emily       | 17         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet          |
| 9           | 1:02.21     | 635                 | Holland, Mimi      | 17         | NC Raleigh Swimming Association        | 3/8/2020         | 2020 Sectional - Cary                |
| 10          | 1:02.41     | 627                 | Hartis, Sydney     | 17         | NC Marlins Of Raleigh                  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat       |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 53.08       | 796                 | Satterfield, Shaw | 17         | NC YMCA of the Triangle Area Swim Team | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 2           | 54.41       | 737                 | Das, Avijit       | 17         | NC SwimMAC Carolina                    | 3/8/2020         | 2020 Sectional - Cary          |
| 3           | 54.55       | 730                 | Prucha, Ben       | 17         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 4           | 54.62       | 727                 | Stroud, Mitchell  | 17         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 54.66       | 726                 | Davis, Jackson    | 17         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 6           | 54.71       | 723                 | Ghim, Christopher | 17         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 54.77       | 721                 | Tan, Jc           | 17         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 54.84       | 718                 | Dean, Kenan       | 17         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 55.04       | 709                 | Ockert, Coby      | 17         | NC Raleigh Swimming Association        | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 55.53       | 687                 | Pollard, Jackson  | 17         | NC TAC Titans                          | 3/8/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                          |
|-------------|-------------|---------------------|----------------------|------------|---|------------------|--------------------------------------|
| 1           | 2:04.86     | 822                 | Ray, Amanda          | 17         | NC New Wave Swim Team                       | 12/6/2019        | 2019 U.S. Open                       |
| 2           | 2:05.86     | 799                 | Crouse, Caroline     | 17         | NC Marlins Of Raleigh                       | 1/18/2020        | 2020 VA NOVA LC Winter Invitat       |
| 3           | 2:07.82     | 754                 | Carson, Megan        | 17         | NC YMCA of the Triangle Area Swim Team      | 1/10/2020        | 2020 NJ Jim Wood Memorial Invitation |
| 4           | 2:08.00     | 750                 | Carson, Katie        | 17         | NC TAC Titans                               | 3/6/2020         | 2020 Sectional - Cary                |
| 5           | 2:08.47     | 739                 | Barton, Sarah        | 17         | NC SwimMAC Carolina                         | 1/17/2020        | 2020 Pro Series - Knoxville          |
| 6           | 2:10.78     | 688                 | Morgan, Sydney       | 17         | NC Marlins Of Raleigh                       | 1/18/2020        | 2020 VA NOVA LC Winter Invitat       |
| 7           | 2:14.86     | 602                 | Cunningham, Victoria | 17         | NC TAC Titans                               | 3/6/2020         | 2020 Sectional - Cary                |
| 8           | 2:18.97     | 521                 | Gschwind, Olivia     | 17         | NC New Wave Swim Team                       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M       |
| 9           | 2:21.64     | 471                 | Potter, Laurin       | 17         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat       |
| 10          | 2:22.57     | 454                 | Hartis, Sydney       | 17         | NC Marlins Of Raleigh                       | 1/18/2020        | 2020 VA NOVA LC Winter Invitat       |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 1:55.99     | 793                 | Meehan, Jack      | 17         | NC Aquatic Team Of Mecklenburg         | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 1:56.35     | 784                 | Stroud, Mitchell  | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:56.84     | 773                 | Gehrig, John      | 17         | NC SwimMAC Carolina                    | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 4           | 1:59.42     | 715                 | Das, Avijit       | 17         | NC SwimMAC Carolina                    | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 2:00.11     | 700                 | Satterfield, Shaw | 17         | NC YMCA of the Triangle Area Swim Team | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 6           | 2:00.17     | 698                 | Cantrell, Eric    | 17         | NC Swim GSA                            | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 2:00.47     | 692                 | Atherton, Alex    | 17         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:00.73     | 686                 | Ghim, Christopher | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 2:01.00     | 680                 | Brodnick, Seth    | 17         | NC Marlins Of Raleigh                  | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 2:01.16     | 677                 | Bretzmann, Peter  | 17         | NC North Carolina Aquatic Club         | 3/6/2020         | 2020 Sectional - Cary          |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                          |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------------|
| 1           | 4:19.62     | 846                 | Ray, Amanda       | 17         | NC New Wave Swim Team                  | 12/5/2019        | 2019 U.S. Open                       |
| 2           | 4:25.97     | 774                 | Crouse, Caroline  | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat       |
| 3           | 4:27.99     | 751                 | Rauch, Katie      | 17         | NC Aquatic Team Of Mecklenburg         | 11/7/2019        | 2020 Pro Series - Greensboro         |
| 4           | 4:28.00     | 751                 | Carson, Megan     | 17         | NC YMCA of the Triangle Area Swim Team | 1/11/2020        | 2020 NJ Jim Wood Memorial Invitation |
| 5           | 4:33.68     | 689                 | Boulware, Sophie  | 17         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary                |
| 6           | 4:34.65     | 679                 | Carson, Katie     | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary                |
| 7           | 4:37.05     | 654                 | Morgan, Sydney    | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat       |
| 8           | 4:38.08     | 643                 | Grotjohn, Kennedy | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary                |
| 9           | 4:40.87     | 615                 | Ellison, Hannalee | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat       |
| 10          | 4:59.38     | 441                 | Schoppa, Abby     | 17         | NC Swim GSA                            | 11/2/2019        | 2019 NC SGSA Senior Elite LC M       |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 4:06.29     | 793                 | Gehrig, John      | 17         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 2           | 4:07.69     | 778                 | Meehan, Jack      | 17         | NC Aquatic Team Of Mecklenburg         | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 3           | 4:08.20     | 772                 | Moore, Michael    | 17         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 4:11.99     | 732                 | Stroud, Mitchell  | 17         | NC TAC Titans                          | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 4:13.06     | 721                 | Monahan, Conall   | 17         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 4:13.84     | 713                 | Carter, Jared     | 17         | NC YMCA of the Triangle Area Swim Team | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 7           | 4:13.87     | 713                 | Cairns, Zac       | 17         | NC North Carolina Aquatic Club         | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 4:16.21     | 689                 | Atherton, Alex    | 17         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 4:16.55     | 685                 | Brodnick, Seth    | 17         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 4:19.69     | 654                 | Partrick, Michael | 17         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>           |
|-------------|-------------|---------------------|---------------|------------|--|------------------|-----------------------|
| 1           | 9:13.10     | 741                 | Carson, Megan | 17         | NC YMCA of the Triangle Area Swim Team | 3/8/2020         | 2020 Sectional - Cary |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|-------------------------|----------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 9:07.88     | 608                     | Brodnick, Seth | 17         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 2           | 9:14.92     | 575                     | Russell, Ben   | 17         | NC Marlins Of Raleigh | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 1500 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                          |
|-------------|-------------|---------------------|---------------|------------|--|------------------|--------------------------------------|
| 1           | 17:37.57    | 774                 | Ray, Amanda   | 17         | NC New Wave Swim Team                  | 11/6/2019        | 2020 Pro Series - Greensboro         |
| 2           | 18:04.55    | 706                 | Carson, Megan | 17         | NC YMCA of the Triangle Area Swim Team | 1/12/2020        | 2020 NJ Jim Wood Memorial Invitation |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 1500 Freestyle Long Course Meters**

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>   | <i>Age</i> | <i>LSC / Club</i>                      | <i>Swim Date</i> | <i>Meet</i>                  |
|-------------|-------------|---------------------|---------------|------------|--|------------------|------------------------------|
| 1           | 16:53.32    | 716                 | Carter, Jared | 17         | NC YMCA of the Triangle Area Swim Team | 11/6/2019        | 2020 Pro Series - Greensboro |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:03.76     | 882                 | Whitmire, Liza       | 17         | NC Aquatic Team Of Mecklenburg  | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 1:03.90     | 877                 | Rauch, Katie         | 17         | NC Aquatic Team Of Mecklenburg  | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 1:05.17     | 828                 | Cunningham, Victoria | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 1:06.92     | 762                 | Mumford, Susan       | 17         | NC SwimMAC Carolina             | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 5           | 1:07.04     | 757                 | Barton, Sarah        | 17         | NC SwimMAC Carolina             | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 1:07.64     | 735                 | Knorr, Emily         | 17         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 1:07.95     | 724                 | Russell, Claire      | 17         | NC SwimMAC Carolina             | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 8           | 1:08.45     | 705                 | Carson, Katie        | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 1:08.87     | 690                 | Arens, Abby          | 17         | NC Marlins Of Raleigh           | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 1:09.07     | 683                 | Ray, Amanda          | 17         | NC New Wave Swim Team           | 3/7/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 59.22       | 815                 | Moore, Michael    | 17         | NC Marlins Of Raleigh          | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 59.87       | 789                 | Meehan, Jack      | 17         | NC Aquatic Team Of Mecklenburg | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 1:00.02     | 783                 | Monahan, Conall   | 17         | NC SwimMAC Carolina            | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 1:00.14     | 778                 | Ghim, Christopher | 17         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 1:00.15     | 778                 | Barnett, Wes      | 17         | NC SwimMAC Carolina            | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 1:00.37     | 769                 | Benton, Jack      | 17         | NC TAC Titans                  | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 1:01.03     | 743                 | Davis, Jackson    | 17         | NC SwimMAC Carolina            | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 7           | 1:01.03     | 743                 | Cotter, Colin     | 17         | NC Marlins Of Raleigh          | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 1:01.27     | 734                 | Baker, Jay        | 17         | NC North Carolina Aquatic Club | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 10          | 1:01.71     | 717                 | Silver, Ryan      | 17         | NC Marlins Of Raleigh          | 3/7/2020         | 2020 Sectional - Cary          |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:16.84     | 876                 | Rauch, Katie         | 17         | NC Aquatic Team Of Mecklenburg | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:19.69     | 828                 | Whitmire, Liza       | 17         | NC Aquatic Team Of Mecklenburg | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:20.64     | 813                 | Mumford, Susan       | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 4           | 2:23.39     | 768                 | Barton, Sarah        | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 5           | 2:24.46     | 751                 | Cunningham, Victoria | 17         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:25.97     | 727                 | Crouse, Caroline     | 17         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 2:26.38     | 721                 | Arens, Abby          | 17         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 8           | 2:26.44     | 720                 | Russell, Claire      | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 9           | 2:26.67     | 716                 | Carson, Katie        | 17         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 2:39.03     | 530                 | Hartis, Sydney       | 17         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:03.54     | 902                 | Moore, Michael    | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary          |
| 2           | 2:05.54     | 863                 | Cotter, Colin     | 17         | NC Marlins Of Raleigh          | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 3           | 2:05.94     | 855                 | Monahan, Conall   | 17         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 4           | 2:07.95     | 816                 | Barnett, Wes      | 17         | NC SwimMAC Carolina            | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 5           | 2:08.41     | 808                 | Baker, Jay        | 17         | NC North Carolina Aquatic Club | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 6           | 2:08.77     | 801                 | Cairns, Zac       | 17         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 7           | 2:09.86     | 780                 | Ghim, Christopher | 17         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 8           | 2:11.10     | 757                 | Davis, Jackson    | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 9           | 2:12.97     | 722                 | Silver, Ryan      | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 2:13.68     | 709                 | Russell, Ben      | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:09.57     | 924                 | Arens, Abby        | 17         | NC Marlins Of Raleigh           | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:11.68     | 858                 | Mangaoang, Desirae | 17         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:12.99     | 818                 | Hamblin, Kaylee    | 17         | NC Mecklenburg Swim Association | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 4           | 1:13.82     | 793                 | Joyce, Genna       | 17         | NC Marlins Of Raleigh           | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 1:15.02     | 757                 | Anderson, Sophie   | 17         | NC TAC Titans                   | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:16.61     | 710                 | Whitmire, Liza     | 17         | NC Aquatic Team Of Mecklenburg  | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 7           | 1:17.42     | 686                 | Schoppa, Abby      | 17         | NC Swim GSA                     | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 1:19.33     | 632                 | Gaskey, Izza       | 17         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:19.44     | 629                 | Hannan, Zoe        | 17         | NC Carolina Aquatic Team        | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 1:19.94     | 615                 | Ervin, Bridgette   | 17         | NC Carolina Aquatic Team        | 3/6/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 1:05.88     | 849                 | Starbuck, Jason | 17         | NC Raleigh Swimming Association        | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:06.68     | 821                 | Meehan, Jack    | 17         | NC Aquatic Team Of Mecklenburg         | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 3           | 1:07.24     | 802                 | Becker, Perry   | 17         | NC YMCA of the Triangle Area Swim Team | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 4           | 1:07.27     | 801                 | Tjandra, Davin  | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 1:07.78     | 784                 | Keaney, Reilly  | 17         | NC Swim GSA                            | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:07.99     | 777                 | Thompson, Brian | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:08.50     | 760                 | Powell, Nathan  | 17         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 8           | 1:08.91     | 746                 | Fortner, Luke   | 17         | NC New Wave Swim Team                  | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 8           | 1:08.91     | 746                 | Monahan, Conall | 17         | NC SwimMAC Carolina                    | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 10          | 1:09.45     | 729                 | Maycock, Julian | 17         | NC Swim GSA                            | 3/6/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 2:32.04     | 903                 | Arens, Abby         | 17         | NC Marlins Of Raleigh | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:35.56     | 855                 | Joyce, Genna        | 17         | NC Marlins Of Raleigh | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 2:36.26     | 845                 | Mangaoang, Desirae  | 17         | NC SwimMAC Carolina   | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:38.06     | 821                 | Anderson, Sophie    | 17         | NC TAC Titans         | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:41.94     | 769                 | Davis, Laura        | 17         | NC SwimMAC Carolina   | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 2:43.45     | 749                 | Grotjohn, Kennedy   | 17         | NC TAC Titans         | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 2:48.60     | 682                 | Ray, Amanda         | 17         | NC New Wave Swim Team | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:51.00     | 651                 | Schoppa, Abby       | 17         | NC Swim GSA           | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:53.70     | 617                 | Petschauer, Madison | 17         | NC New Wave Swim Team | 3/7/2020         | 2020 Sectional - Cary          |
| 10          | 2:54.32     | 609                 | Gaskey, Izza        | 17         | NC SwimMAC Carolina   | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>           |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|-----------------------|
| 1           | 2:24.36     | 840                 | Monahan, Conall | 17         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary |
| 2           | 2:24.89     | 833                 | Fortner, Luke   | 17         | NC New Wave Swim Team           | 3/7/2020         | 2020 Sectional - Cary |
| 3           | 2:26.29     | 812                 | Thompson, Brian | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary |
| 4           | 2:26.60     | 808                 | Keaney, Reilly  | 17         | NC Swim GSA                     | 3/7/2020         | 2020 Sectional - Cary |
| 5           | 2:30.39     | 754                 | Maycock, Julian | 17         | NC Swim GSA                     | 3/7/2020         | 2020 Sectional - Cary |
| 6           | 2:31.70     | 735                 | Tjandra, Davin  | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary |
| 7           | 2:31.74     | 735                 | Grigat, Lucas   | 17         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary |
| 8           | 2:32.68     | 722                 | Starbuck, Jason | 17         | NC Raleigh Swimming Association | 3/7/2020         | 2020 Sectional - Cary |
| 9           | 2:34.52     | 696                 | Bunner, Devin   | 17         | NC Carolina Aquatic Team        | 3/7/2020         | 2020 Sectional - Cary |
| 10          | 2:35.43     | 683                 | Martinez, Roman | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 1:00.37     | 916                 | Arens, Abby         | 17         | NC Marlins Of Raleigh                       | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 2           | 1:01.38     | 879                 | Ray, Amanda         | 17         | NC New Wave Swim Team                       | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:02.53     | 838                 | Crouse, Caroline    | 17         | NC Marlins Of Raleigh                       | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 1:05.29     | 741                 | Boulware, Sophie    | 17         | NC Marlins Of Raleigh                       | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 1:06.51     | 700                 | Knorr, Emily        | 17         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 6           | 1:07.50     | 666                 | Hartis, Sydney      | 17         | NC Marlins Of Raleigh                       | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 1:09.67     | 595                 | Fu, Jiayu           | 17         | NC New Wave Swim Team                       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 1:10.79     | 559                 | Knorr, Katie        | 17         | NC Mecklenburg Swim Association             | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 9           | 1:12.31     | 511                 | Petschauer, Madison | 17         | NC New Wave Swim Team                       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:12.61     | 502                 | Potter, Laurin      | 17         | NC YMCA of Northwest North Carolina Riptyde | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 56.14       | 840                 | Ssengonzi, Jesse  | 17         | NC Marlins Of Raleigh                  | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 57.37       | 788                 | Echols, Jeff      | 17         | NC Enfinity Aquatic Club               | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 58.07       | 759                 | Thomas, Cameron   | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 58.31       | 749                 | Silver, Ryan      | 17         | NC Marlins Of Raleigh                  | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 58.54       | 740                 | Tan, Jc           | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 58.97       | 722                 | Dean, Kenan       | 17         | NC Mecklenburg Swim Association        | 8/1/2020         | 2020 NC SAC - MSA Dual Meet    |
| 7           | 59.08       | 718                 | Pollard, Jackson  | 17         | NC TAC Titans                          | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 59.76       | 690                 | Dorsel, Andy      | 17         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:00.69     | 653                 | Satterfield, Shaw | 17         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 1:01.76     | 612                 | Piscitelli, Nick  | 17         | NC SwimMAC Carolina                    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|--|------------------|--------------------------------|
| 1           | 2:14.56     | 872                 | Ray, Amanda         | 17         | NC New Wave Swim Team                  | 12/7/2019        | 2019 U.S. Open                 |
| 2           | 2:15.46     | 859                 | Crouse, Caroline    | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 2:18.05     | 819                 | Morgan, Sydney      | 17         | NC Marlins Of Raleigh                  | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 4           | 2:20.00     | 789                 | Arens, Abby         | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 2:25.95     | 701                 | Boulware, Sophie    | 17         | NC Marlins Of Raleigh                  | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 2:27.43     | 679                 | Joyce, Genna        | 17         | NC Marlins Of Raleigh                  | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 2:28.16     | 668                 | Regelsberger, Emily | 17         | NC North Carolina Aquatic Club         | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:42.17     | 473                 | Walker, Alexis      | 17         | NC YMCA of the Triangle Area Swim Team | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 9           | 2:52.56     | 339                 | Calder, Lexi        | 17         | NC SwimMAC Carolina                    | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:08.07     | 782                 | Thomas, Cameron  | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:09.03     | 764                 | Gehrig, John     | 17         | NC SwimMAC Carolina             | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 3           | 2:11.01     | 729                 | Ssengonzi, Jesse | 17         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:11.03     | 728                 | Dorsel, Andy     | 17         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 5           | 2:11.50     | 720                 | Silver, Ryan     | 17         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 2:11.77     | 715                 | Thorsen, Crow    | 17         | NC Smoky Mountain Aquatic Club  | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 2:11.84     | 714                 | Soleo, Will      | 17         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:14.27     | 671                 | Curran, Garrett  | 17         | NC Raleigh Swimming Association | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:17.14     | 622                 | Frye, Tommy      | 17         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |
| 10          | 2:19.59     | 581                 | Atherton, Alex   | 17         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invisat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:15.91     | 935                 | Arens, Abby          | 17         | NC Marlins Of Raleigh          | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 2           | 2:21.14     | 839                 | Whitmire, Liza       | 17         | NC Aquatic Team Of Mecklenburg | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:24.31     | 783                 | Davis, Laura         | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 4           | 2:24.62     | 777                 | Rauch, Katie         | 17         | NC Aquatic Team Of Mecklenburg | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 5           | 2:24.78     | 774                 | Anderson, Sophie     | 17         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:26.29     | 748                 | Mangaoang, Desirae   | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 7           | 2:26.62     | 743                 | Morgan, Sydney       | 17         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 8           | 2:27.67     | 725                 | Ray, Amanda          | 17         | NC New Wave Swim Team          | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 9           | 2:29.84     | 688                 | Cunningham, Victoria | 17         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary          |
| 10          | 2:31.28     | 664                 | Crouse, Caroline     | 17         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|------------------------------|
| 1           | 2:07.58     | 860                 | Monahan, Conall  | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville  |
| 2           | 2:10.19     | 807                 | Moore, Michael   | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary        |
| 3           | 2:11.64     | 778                 | Gehrig, John     | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville  |
| 4           | 2:12.49     | 761                 | Thompson, Brian  | 17         | NC TAC Titans                  | 3/8/2020         | 2020 Sectional - Cary        |
| 5           | 2:12.72     | 756                 | Barnett, Wes     | 17         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville  |
| 6           | 2:13.32     | 744                 | Silver, Ryan     | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary        |
| 7           | 2:13.77     | 735                 | Ssengonzi, Jesse | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary        |
| 8           | 2:13.93     | 732                 | Cairns, Zac      | 17         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville  |
| 9           | 2:14.59     | 719                 | Baker, Jay       | 17         | NC North Carolina Aquatic Club | 11/9/2019        | 2020 Pro Series - Greensboro |
| 10          | 2:15.31     | 706                 | Chapman, Jj      | 17         | NC Marlins Of Raleigh          | 3/8/2020         | 2020 Sectional - Cary        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 17 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>          | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 4:52.87     | 868                 | Arens, Abby          | 17         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 5:00.98     | 802                 | Davis, Laura         | 17         | NC SwimMAC Carolina            | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 3           | 5:01.89     | 795                 | Morgan, Sydney       | 17         | NC Marlins Of Raleigh          | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 4           | 5:02.45     | 790                 | Grotjohn, Kennedy    | 17         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 5:02.98     | 786                 | Joyce, Genna         | 17         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 5:05.94     | 763                 | Crouse, Caroline     | 17         | NC Marlins Of Raleigh          | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 5:06.82     | 756                 | Whitmire, Liza       | 17         | NC Aquatic Team Of Mecklenburg | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 8           | 5:08.58     | 742                 | Ray, Amanda          | 17         | NC New Wave Swim Team          | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 9           | 5:12.51     | 712                 | Cunningham, Victoria | 17         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 5:14.87     | 694                 | Ellison, Hannalee    | 17         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 17 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 4:21.83     | 944                 | Moore, Michael   | 17         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 4:29.01     | 877                 | Monahan, Conall  | 17         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 4:37.24     | 802                 | Baker, Jay       | 17         | NC North Carolina Aquatic Club | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 4           | 4:39.70     | 780                 | Bretzmann, Peter | 17         | NC North Carolina Aquatic Club | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 4:40.06     | 777                 | Cairns, Zac      | 17         | NC North Carolina Aquatic Club | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 6           | 4:42.06     | 759                 | Soleo, Will      | 17         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 4:43.88     | 743                 | Dorsel, Andy     | 17         | NC SwimMAC Carolina            | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 4:44.56     | 737                 | Gehrig, John     | 17         | NC SwimMAC Carolina            | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 9           | 4:45.01     | 734                 | Thorsen, Crow    | 17         | NC Smoky Mountain Aquatic Club | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 4:45.60     | 728                 | Russell, Ben     | 17         | NC Marlins Of Raleigh          | 3/6/2020         | 2020 Sectional - Cary          |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 26.10       | 881                 | Snyder, Sarah    | 18         | NC Unattached         | 2/23/2020        | 2020 ACC Invite LC             |
| 2           | 26.54       | 842                 | Tighe, Olivia    | 18         | NC Unattached         | 2/23/2020        | 2020 ACC Invite LC             |
| 3           | 26.56       | 840                 | Baric, Maria     | 18         | NC TAC Titans         | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 27.25       | 781                 | Morgan, Brooke   | 18         | NC TAC Titans         | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 28.40       | 684                 | Nelson, Emme     | 18         | NC SwimMAC Carolina   | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 6           | 28.68       | 661                 | Taylor, Jackie   | 18         | NC Marlins Of Raleigh | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 29.03       | 633                 | Muma, Samantha   | 18         | NC Unattached         | 11/8/2019        | LC - IU - TEXAS - LOUISVILL    |
| 8           | 29.29       | 612                 | Merritt, Kensley | 18         | NC SwimMAC Carolina   | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 29.57       | 590                 | Harris, Chloe    | 18         | NC SwimMAC Carolina   | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 30.00       | 556                 | Dichak, Victoria | 18         | NC SwimMAC Carolina   | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 50 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>         | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------|------------------|--------------------------------|
| 1           | 23.43       | 873                 | Torres, Trevor   | 18         | NC East Carolina Aquatics | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 23.74       | 847                 | Tuning, Jeffrey  | 18         | NC New Wave Swim Team     | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 23.78       | 843                 | Gueiros, Pedro   | 18         | NC Unattached             | 3/1/2020         | 2020 ACC LC Time Trials        |
| 4           | 23.97       | 827                 | Ivy, Michael     | 18         | NC TAC Titans             | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 23.99       | 825                 | Kredich, Coleman | 18         | NC Unattached             | 3/1/2020         | 2020 ACC LC Time Trials        |
| 6           | 24.24       | 804                 | Poelke, Boyd     | 18         | NC SwimMAC Carolina       | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 24.26       | 802                 | Davis, C.J.      | 18         | NC SwimMAC Carolina       | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 24.54       | 778                 | Roche, Sam       | 18         | NC Unattached             | 12/5/2019        | 2019 U.S. Open                 |
| 9           | 25.16       | 726                 | Lowe, Kenneth    | 18         | NC SwimMAC Carolina       | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 27.30       | 554                 | Kuehnert, Samuel | 18         | NC Xcell Aquatics         | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|------------------------|------------------|--------------------------------|
| 1           | 57.86       | 823                 | Berkoff, Katharine | 18         | NC NC State University | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 2           | 58.14       | 811                 | Giesler, Elle      | 18         | NC NC State University | 2/23/2020        | 2020 ACC Invite LC             |
| 3           | 58.45       | 797                 | Tighe, Olivia      | 18         | NC Unattached          | 2/23/2020        | 2020 ACC Invite LC             |
| 4           | 58.98       | 773                 | Baric, Maria       | 18         | NC TAC Titans          | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 59.09       | 768                 | Morgan, Brooke     | 18         | NC TAC Titans          | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 59.30       | 759                 | Bumpas, Alexandra  | 18         | NC Unattached          | 2/23/2020        | 2020 ACC Invite LC             |
| 7           | 59.75       | 739                 | Francis, Sophie    | 18         | NC Unattached          | 11/11/2019       | 2019 UCSD vs Cal Women's Meet  |
| 8           | 1:00.30     | 715                 | Bartis, Olwyn      | 18         | NC Unattached          | 2/23/2020        | 2020 ACC Invite LC             |
| 9           | 1:00.55 r   | 705                 | Smith, Janie       | 18         | NC Unattached          | 10/11/2019       | University of SC vs University |
| 10          | 1:03.40     | 587                 | Muma, Samantha     | 18         | NC Unattached          | 11/8/2019        | LC - IU - TEXAS - LOUISVILL    |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|------------------------|------------------|--------------------------------|
| 1           | 51.21       | 872                 | Tapp, Hunter    | 18         | NC NC State University | 12/7/2019        | 2019 U.S. Open                 |
| 2           | 52.12       | 830                 | Gueiros, Pedro  | 18         | NC Unattached          | 3/1/2020         | 2020 ACC LC Time Trials        |
| 3           | 52.22       | 825                 | Poelke, Boyd    | 18         | NC SwimMAC Carolina    | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 4           | 52.37       | 818                 | Ivy, Michael    | 18         | NC TAC Titans          | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 53.84       | 751                 | Wickman, Carson | 18         | NC TAC Titans          | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 53.90       | 749                 | Davis, C.J.     | 18         | NC SwimMAC Carolina    | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 55.49       | 679                 | Tuning, Jeffrey | 18         | NC New Wave Swim Team  | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 8           | 55.50 r     | 678                 | Ryan, Gaige     | 18         | NC SwimMAC Carolina    | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 59.28       | 521                 | Todd, Jack      | 18         | NC Marlins Of Raleigh  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 10          | 1:00.09     | 490                 | O'Neill, Trevor | 18         | NC Marlins Of Raleigh  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 2:05.66     | 790                 | Crouse, Caroline | 18         | NC Marlins Of Raleigh | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 2:08.31     | 729                 | Morgan, Brooke   | 18         | NC TAC Titans         | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 2:10.28     | 686                 | Francis, Sophie  | 18         | NC Unattached         | 11/11/2019       | 2019 UCSD vs Cal Women's Meet  |
| 4           | 2:14.04     | 606                 | Smith, Janie     | 18         | NC Unattached         | 10/11/2019       | University of SC vs University |
| 5           | 2:16.17     | 563                 | Muma, Samantha   | 18         | NC Unattached         | 11/8/2019        | LC - IU - TEXAS - LOUISVILL    |
| 6           | 2:16.95     | 547                 | Brantley, Lawson | 18         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 2:17.05     | 545                 | Dichak, Victoria | 18         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 2:32.43     | 282                 | Holian, Sinclair | 18         | NC Swim GSA           | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-----------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 1:51.32     | 901                 | Svendsen, Hugh  | 18         | NC SwimMAC Carolina            | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 2           | 1:54.61     | 822                 | Hering, Tanner  | 18         | NC Swim GSA                    | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:54.97     | 813                 | Poelke, Boyd    | 18         | NC SwimMAC Carolina            | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 4           | 1:55.61     | 798                 | Atkinson, Ike   | 18         | NC SwimMAC Carolina            | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 5           | 1:57.23     | 761                 | Rzepecki, Jami  | 18         | NC Unattached                  | 11/22/2019       | 2019 Ohio State Fall Open Invi |
| 6           | 1:57.26     | 760                 | Lloyd, Owen     | 18         | NC North Carolina Aquatic Club | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:59.24     | 716                 | Ryan, Gaige     | 18         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 2:02.62     | 642                 | Moore, Joseph   | 18         | NC SwimMAC Carolina            | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 2:05.97     | 572                 | Todd, Jack      | 18         | NC Marlins Of Raleigh          | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 10          | 2:09.37     | 505                 | O'Neill, Trevor | 18         | NC Marlins Of Raleigh          | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|------------------------|------------------|--------------------------------|
| 1           | 4:22.53     | 800                 | Foley, Kay       | 18         | NC NC State University | 2/23/2020        | 2020 ACC Invite LC             |
| 2           | 4:25.08     | 771                 | Crouse, Caroline | 18         | NC Marlins Of Raleigh  | 3/7/2020         | 2020 Sectional - Cary          |
| 3           | 4:39.82     | 614                 | Merritt, Kensley | 18         | NC SwimMAC Carolina    | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |
| 4           | 4:50.80     | 507                 | Taylor, Jackie   | 18         | NC Marlins Of Raleigh  | 1/19/2020        | 2020 VA NOVA LC Winter Invidat |
| 5           | 4:55.52     | 464                 | Dichak, Victoria | 18         | NC SwimMAC Carolina    | 1/19/2020        | 2020 NC SwimMAC Novant Invidat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 400 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------|------------|---|------------------|--------------------------------|
| 1           | 3:55.98     | 898                 | Dant, Ross     | 18         | NC NC State University                      | 12/5/2019        | 2019 U.S. Open                 |
| 2           | 4:04.49     | 804                 | Rzepecki, Jami | 18         | NC Unattached                               | 11/21/2019       | 2019 Ohio State Fall Open Invi |
| 3           | 4:06.80     | 779                 | Lloyd, Owen    | 18         | NC North Carolina Aquatic Club              | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 4           | 4:06.81     | 779                 | Walker, Jack   | 18         | NC Unattached                               | 10/26/2019       | 2019 Wisconsin vs. Virginia    |
| 5           | 4:07.25     | 774                 | Atkinson, Ike  | 18         | NC SwimMAC Carolina                         | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 4:07.82     | 768                 | Hering, Tanner | 18         | NC Swim GSA                                 | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 7           | 4:13.34     | 710                 | Todd, Jack     | 18         | NC Marlins Of Raleigh                       | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 4:22.27     | 620                 | Moore, Joseph  | 18         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 4:30.53     | 541                 | Ryan, Gaige    | 18         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |
| 10          | 4:33.72     | 512                 | Vlahos, Luke   | 18         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Inviat  |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b> | <b>Swim Date</b> | <b>Meet</b>                      |
|-------------|-------------|---------------------|------------------|------------|-------------------|------------------|----------------------------------|
| 1           | 8:58.93     | 813                 | Marquardt, Ellie | 18         | NC Unattached     | 12/9/2019        | PRINCETON SWIMMING BIG AL<br>LCM |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 800 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 8:21.40     | 843                 | Lloyd, Owen   | 18         | NC North Carolina Aquatic Club | 1/16/2020        | 2020 Pro Series - Knoxville    |
| 2           | 8:53.03     | 680                 | Atkinson, Ike | 18         | NC SwimMAC Carolina            | 1/16/2020        | 2020 Pro Series - Knoxville    |
| 3           | 9:11.32     | 592                 | Todd, Jack    | 18         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 1500 Freestyle Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                 |
|-------------|-------------|---------------------|---------------|------------|--------------------------------|------------------|-----------------------------|
| 1           | 15:40.36    | 894                 | Dant, Ross    | 18         | NC NC State University         | 12/7/2019        | 2019 U.S. Open              |
| 2           | 15:57.42    | 851                 | Lloyd, Owen   | 18         | NC North Carolina Aquatic Club | 1/19/2020        | 2020 Pro Series - Knoxville |
| 3           | 17:02.45    | 693                 | Atkinson, Ike | 18         | NC SwimMAC Carolina            | 1/19/2020        | 2020 Pro Series - Knoxville |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>                             | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|---|------------------|--------------------------------|
| 1           | 1:01.36     | 978                 | Berkoff, Katharine | 18         | NC NC State University                        | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 1:04.14     | 868                 | Ogle, Jodi         | 18         | NC Unattached                                 | 3/1/2020         | 2020 ACC LC Time Trials        |
| 3           | 1:04.46     | 855                 | Flickinger, Maddy  | 18         | NC NC State University                        | 2/23/2020        | 2020 ACC Invite LC             |
| 4           | 1:05.99     | 796                 | Stout, Alina       | 18         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 5           | 1:06.15     | 790                 | Baric, Maria       | 18         | NC TAC Titans                                 | 3/7/2020         | 2020 Sectional - Cary          |
| 6           | 1:07.88     | 726                 | Merritt, Kensley   | 18         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 1:08.08     | 719                 | Nelson, Emme       | 18         | NC SwimMAC Carolina                           | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 8           | 1:11.49     | 598                 | Harris, Chloe      | 18         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:12.82     | 554                 | Dichak, Victoria   | 18         | NC SwimMAC Carolina                           | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 1:30.04     | 102                 | Kelty, Sarah       | 18         | NC Hickory Foundation YMCA Seahorse Swim Team | 8/9/2020         | 2020 NC YSST Summer Splash     |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|------------------------------|
| 1           | 55.49       | 956                 | Tapp, Hunter    | 18         | NC NC State University          | 12/6/2019        | 2019 U.S. Open               |
| 2           | 58.63       | 825                 | Mumber, Samson  | 18         | NC University Of North Carolina | 2/23/2020        | 2020 ACC Invite LC           |
| 3           | 59.14       | 805                 | Tomlinson, Alex | 18         | NC TAC Titans                   | 3/7/2020         | 2020 Sectional - Cary        |
| 4           | 59.50       | 790                 | Roche, Sam      | 18         | NC Unattached                   | 12/6/2019        | 2019 U.S. Open               |
| 5           | 1:01.33     | 718                 | Wilhelm, Alex   | 18         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary        |
| 6           | 1:01.77     | 701                 | Lloyd, Owen     | 18         | NC North Carolina Aquatic Club  | 11/9/2019        | 2020 Pro Series - Greensboro |
| 7           | 1:01.86     | 698                 | Davis, C.J.     | 18         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary        |
| 8           | 1:02.31     | 680                 | O'Neill, Trevor | 18         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary        |
| 9           | 1:02.40     | 677                 | Moore, Joseph   | 18         | NC SwimMAC Carolina             | 3/7/2020         | 2020 Sectional - Cary        |
| 10          | 1:02.43     | 676                 | Wombacher, Rio  | 18         | NC Raleigh Swimming Association | 3/7/2020         | 2020 Sectional - Cary        |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|------------------------|------------------|--------------------------------|
| 1           | 2:12.74     | 945                 | Berkoff, Katharine | 18         | NC NC State University | 11/8/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:19.09     | 838                 | Ogle, Jodi         | 18         | NC Unattached          | 3/1/2020         | 2020 ACC LC Time Trials        |
| 3           | 2:21.72     | 795                 | Stout, Alina       | 18         | NC SwimMAC Carolina    | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 4           | 2:27.93     | 696                 | Guo, Vivian        | 18         | NC TAC Titans          | 3/8/2020         | 2020 Sectional - Cary          |
| 5           | 2:32.09     | 632                 | Taylor, Jackie     | 18         | NC Marlins Of Raleigh  | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Backstroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>     | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                  |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|------------------------------|
| 1           | 2:09.49     | 776                 | Svendsen, Hugh  | 18         | NC SwimMAC Carolina             | 11/8/2019        | 2020 Pro Series - Greensboro |
| 2           | 2:09.63     | 773                 | Lloyd, Owen     | 18         | NC North Carolina Aquatic Club  | 1/19/2020        | 2020 Pro Series - Knoxville  |
| 3           | 2:11.92     | 730                 | Wilhelm, Alex   | 18         | NC SwimMAC Carolina             | 3/8/2020         | 2020 Sectional - Cary        |
| 4           | 2:16.76     | 643                 | O'Neill, Trevor | 18         | NC Marlins Of Raleigh           | 3/8/2020         | 2020 Sectional - Cary        |
| 5           | 2:17.41     | 631                 | Mumber, Samson  | 18         | NC University Of North Carolina | 2/23/2020        | 2020 ACC Invite LC           |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 1:11.97     | 849                 | Nelson, Emme      | 18         | NC SwimMAC Carolina   | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 2           | 1:12.00     | 848                 | Baric, Maria      | 18         | NC TAC Titans         | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 1:13.03     | 817                 | Johnson, Reagan   | 18         | NC Unattached         | 12/13/2019       | Navy LC Invite 2019            |
| 4           | 1:16.17     | 723                 | Taylor, Jackie    | 18         | NC Marlins Of Raleigh | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 5           | 1:18.65     | 651                 | Zhu, Caroline     | 18         | NC TAC Titans         | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:27.47     | 414                 | Dichak, Victoria  | 18         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 7           | 1:29.89     | 354                 | Scalise, Annabeth | 18         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 8           | 1:34.56     | 247                 | Martinson, Brynn  | 18         | NC SwimMAC Carolina   | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power<br/>Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|-------------------------|------------------|------------|---------------------|------------------|--------------------------------|
| 1           | 1:03.22     | 923                     | Mikuta, Reid     | 18         | NC Swim GSA         | 12/6/2019        | 2019 U.S. Open                 |
| 2           | 1:14.05     | 563                     | Lowe, Kenneth    | 18         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 3           | 1:17.59     | 458                     | Ryan, Gaige      | 18         | NC SwimMAC Carolina | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 4           | 1:26.32     | 228                     | Kuehnert, Samuel | 18         | NC Xcell Aquatics   | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>     | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------|------------------|--------------------------------|
| 1           | 2:34.24     | 873                 | Nelson, Emme      | 18         | NC SwimMAC Carolina   | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:38.24     | 818                 | Park, Kayle       | 18         | NC Unattached         | 2/23/2020        | 2020 ACC Invite LC             |
| 3           | 2:42.89     | 756                 | Taylor, Jackie    | 18         | NC Marlins Of Raleigh | 1/19/2020        | 2020 VA NOVA LC Winter Invitat |
| 4           | 3:14.14     | 374                 | Scalise, Annabeth | 18         | NC SwimMAC Carolina   | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Breaststroke Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>   | <b>Age</b> | <b>LSC / Club</b>   | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------|------------|---------------------|------------------|--------------------------------|
| 1           | 2:18.51     | 920                 | Mikuta, Reid  | 18         | NC Swim GSA         | 12/7/2019        | 2019 U.S. Open                 |
| 2           | 2:44.96     | 549                 | Lowe, Kenneth | 18         | NC SwimMAC Carolina | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>        | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------|------------------|--------------------------------|
| 1           | 1:03.45     | 805                 | Crouse, Caroline | 18         | NC Marlins Of Raleigh    | 3/6/2020         | 2020 Sectional - Cary          |
| 2           | 1:04.73     | 761                 | Stout, Alina     | 18         | NC SwimMAC Carolina      | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 3           | 1:04.91     | 754                 | Nelson, Emme     | 18         | NC SwimMAC Carolina      | 3/6/2020         | 2020 Sectional - Cary          |
| 4           | 1:05.46     | 735                 | Zhu, Caroline    | 18         | NC TAC Titans            | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 1:06.24     | 709                 | Lange, Sophie    | 18         | NC Carolina Aquatic Team | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 1:06.42     | 703                 | Morgan, Brooke   | 18         | NC TAC Titans            | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 1:07.15     | 678                 | Smith, Janie     | 18         | NC Unattached            | 10/11/2019       | University of SC vs University |
| 8           | 1:09.96     | 586                 | Dichak, Victoria | 18         | NC SwimMAC Carolina      | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 9           | 1:14.56     | 443                 | Brantley, Lawson | 18         | NC SwimMAC Carolina      | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 1:16.23     | 394                 | Holian, Sinclair | 18         | NC Swim GSA              | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 100 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 54.83       | 882                 | Poelke, Boyd     | 18         | NC SwimMAC Carolina            | 12/10/2019       | Long Course Time Trials Jrs Ea |
| 2           | 57.11       | 784                 | Tuning, Jeffrey  | 18         | NC New Wave Swim Team          | 3/6/2020         | 2020 Sectional - Cary          |
| 3           | 57.24       | 778                 | Roche, Sam       | 18         | NC Unattached                  | 12/6/2019        | 2019 U.S. Open                 |
| 4           | 57.63       | 762                 | Tomlinson, Alex  | 18         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 5           | 57.65       | 761                 | Wang, Conner     | 18         | NC East Carolina Aquatics      | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 57.67       | 760                 | Moore, Joseph    | 18         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 7           | 58.11       | 742                 | Davis, C.J.      | 18         | NC SwimMAC Carolina            | 3/6/2020         | 2020 Sectional - Cary          |
| 8           | 58.65       | 720                 | Bailey, Cameron  | 18         | NC Smoky Mountain Aquatic Club | 3/6/2020         | 2020 Sectional - Cary          |
| 9           | 58.88       | 711                 | Ivy, Michael     | 18         | NC TAC Titans                  | 3/6/2020         | 2020 Sectional - Cary          |
| 10          | 59.31       | 693                 | Parsons, Garreth | 18         | NC Marlins Of Raleigh          | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:14.27     | 877                 | Crouse, Caroline  | 18         | NC Marlins Of Raleigh           | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:20.04     | 789                 | Vannote, Ellie    | 18         | NC University Of North Carolina | 2/23/2020        | 2020 ACC Invite LC             |
| 3           | 2:23.96     | 730                 | Lange, Sophie     | 18         | NC Carolina Aquatic Team        | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:27.01     | 685                 | Harris, Chloe     | 18         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 2:41.82     | 478                 | Martinson, Brynn  | 18         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 2:55.87     | 299                 | Scalise, Annabeth | 18         | NC SwimMAC Carolina             | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Butterfly Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>         | <b>Age</b> | <b>LSC / Club</b>                           | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|---------------------|------------|---|------------------|--------------------------------|
| 1           | 2:03.98     | 850                 | Poelke, Boyd        | 18         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 2           | 2:08.68     | 763                 | Schneider, Ethan    | 18         | NC SwimMAC Carolina                         | 11/7/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:09.54     | 747                 | Parsons, Garreth    | 18         | NC Marlins Of Raleigh                       | 3/7/2020         | 2020 Sectional - Cary          |
| 4           | 2:11.38     | 714                 | Moore, Joseph       | 18         | NC SwimMAC Carolina                         | 3/7/2020         | 2020 Sectional - Cary          |
| 5           | 2:12.32     | 698                 | Lloyd, Owen         | 18         | NC North Carolina Aquatic Club              | 1/18/2020        | 2020 Pro Series - Knoxville    |
| 6           | 2:13.04     | 685                 | Wombacher, Rio      | 18         | NC Raleigh Swimming Association             | 3/7/2020         | 2020 Sectional - Cary          |
| 7           | 2:15.68     | 639                 | Todd, Jack          | 18         | NC Marlins Of Raleigh                       | 3/7/2020         | 2020 Sectional - Cary          |
| 8           | 2:16.56     | 624                 | Barker, Christopher | 18         | NC New Wave Swim Team                       | 3/7/2020         | 2020 Sectional - Cary          |
| 9           | 2:18.56     | 590                 | Vlahos, Luke        | 18         | NC YMCA of Northwest North Carolina Riptyde | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |
| 10          | 2:28.81     | 427                 | Ryan, Gaige         | 18         | NC SwimMAC Carolina                         | 1/19/2020        | 2020 NC SwimMAC Novant Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>        | <b>Age</b> | <b>LSC / Club</b>      | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|--------------------|------------|------------------------|------------------|--------------------------------|
| 1           | 2:21.90     | 815                 | McCauley, Ashley   | 18         | NC Unattached          | 11/24/2019       | 2019 UT Invite - Longcourse    |
| 2           | 2:22.31     | 807                 | Berkoff, Katharine | 18         | NC NC State University | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:22.95     | 796                 | Crouse, Caroline   | 18         | NC Marlins Of Raleigh  | 3/8/2020         | 2020 Sectional - Cary          |
| 4           | 2:24.52     | 768                 | Nelson, Emme       | 18         | NC SwimMAC Carolina    | 1/19/2020        | 2020 Pro Series - Knoxville    |
| 5           | 2:25.81     | 746                 | Baric, Maria       | 18         | NC TAC Titans          | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:26.61     | 732                 | Taylor, Jackie     | 18         | NC Marlins Of Raleigh  | 3/8/2020         | 2020 Sectional - Cary          |
| 7           | 2:47.00     | 415                 | Holian, Sinclair   | 18         | NC Swim GSA            | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 200 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>      | <b>Age</b> | <b>LSC / Club</b>              | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:09.26     | 814                 | Hering, Tanner   | 18         | NC Swim GSA                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 2           | 2:12.21     | 755                 | Mikuta, Reid     | 18         | NC Swim GSA                    | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 3           | 2:13.69     | 726                 | Lloyd, Owen      | 18         | NC North Carolina Aquatic Club | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 4           | 2:18.93     | 626                 | Schneider, Ethan | 18         | NC SwimMAC Carolina            | 11/9/2019        | 2020 Pro Series - Greensboro   |
| 5           | 2:19.06     | 624                 | Davis, C.J.      | 18         | NC SwimMAC Carolina            | 3/8/2020         | 2020 Sectional - Cary          |
| 6           | 2:27.82     | 471                 | O'Neill, Trevor  | 18         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |
| 7           | 2:31.20     | 416                 | Parsons, Garreth | 18         | NC Marlins Of Raleigh          | 1/20/2020        | 2020 VA NOVA LC Winter Invitat |

**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Girls Age 18 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>       | <b>Age</b> | <b>LSC / Club</b>                 | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--------------------------------|
| 1           | 5:07.57     | 750                 | Nelson, Emme      | 18         | NC SwimMAC Carolina               | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 2           | 5:08.33     | 744                 | Taylor, Jackie    | 18         | NC Marlins Of Raleigh             | 1/18/2020        | 2020 VA NOVA LC Winter Invitat |
| 3           | 5:13.92     | 701                 | Sutter, Olivia    | 18         | NC YMCA of Western North Carolina | 12/6/2019        | 2019 U.S. Open                 |
| 4           | 5:43.74     | 487                 | Martinson, Brynn  | 18         | NC SwimMAC Carolina               | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 5           | 5:46.65     | 467                 | Scalise, Annabeth | 18         | NC SwimMAC Carolina               | 1/18/2020        | 2020 NC SwimMAC Novant Invitat |
| 6           | 5:47.02     | 465                 | Holian, Sinclair  | 18         | NC Swim GSA                       | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |



**NCS Top Ten LC Times as of 8/31/20****LSC: NC For Dates 9/1/2019 - 8/31/2020****Boys Age 18 400 Individual Medley Long Course Meters**

| <b>Rank</b> | <b>Time</b> | <b>Power Points</b> | <b>Name</b>    | <b>Age</b> | <b>LSC / Club</b>               | <b>Swim Date</b> | <b>Meet</b>                    |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 4:33.59     | 835                 | Lloyd, Owen    | 18         | NC North Carolina Aquatic Club  | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 2           | 4:33.67     | 834                 | Rzepecki, Jami | 18         | NC Unattached                   | 11/22/2019       | 2019 Ohio State Fall Open Invi |
| 3           | 4:34.11     | 830                 | Dant, Ross     | 18         | NC NC State University          | 12/6/2019        | 2019 U.S. Open                 |
| 4           | 4:35.07     | 822                 | Kerr, Adam     | 18         | NC University Of North Carolina | 2/23/2020        | 2020 ACC Invite LC             |
| 5           | 4:39.69     | 780                 | Moore, Joseph  | 18         | NC SwimMAC Carolina             | 3/6/2020         | 2020 Sectional - Cary          |
| 6           | 4:40.60     | 772                 | Atkinson, Ike  | 18         | NC SwimMAC Carolina             | 1/17/2020        | 2020 Pro Series - Knoxville    |
| 7           | 4:47.32     | 714                 | Hering, Tanner | 18         | NC Swim GSA                     | 11/2/2019        | 2019 NC SGSA Senior Elite LC M |
| 8           | 5:19.18     | 460                 | Ryan, Gaige    | 18         | NC SwimMAC Carolina             | 1/18/2020        | 2020 NC SwimMAC Novant Inviat  |