

To be Considered by the
House of Delegates
Fall 2020

B-01

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Add restrictions on use of endowment funds

Rationale: Inadvertently removed when updated By-Laws were passed

Submitted by: Treasurer

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 4 - HOUSE OF DELEGATES

4.8 MEETING LOCATION AND TIME - All meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of Directors shall determine the location and time of all meetings of the House of Delegates. If federal, state, or local law, policy, or regulation prohibits physical gathering sufficient to conduct a House of Delegates meeting within the Territory, a House of Delegates meeting may be conducted through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. In that circumstance, participation by such means shall constitute presence at that meeting.

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B-02

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Change nominations to require more than 1 and clarify which positions require nominations and move Age Group Coordinator to be elected by all HOD members

Rationale: - Governance should pick qualified candidates, not determine the BOD
- Age Group Coordinator inadvertently added to wrong group when By-Laws were rewritten

Submitted by: Wayne Shulby/Trish Martin

Recommendation: *(Office Use Only)*

Effective Date: Immediate

**ARTICLE 6
OFFICERS AND DIRECTORS**

6.1 OFFICERS - The officers shall be as listed herein and shall be elected by the House of Delegates at its annual meeting in the odd years.

.3 COMMITTEE CHAIRS/COORDINATORS/AT-LARGE BOARD MEMBERS

A. The following committee chairs/coordinators shall be elected by the House of Delegates:

(1) Safe Sport / Operational Risk Coordinator.

(2) Age Group Coordinator

B. The following committee chairs /coordinators/ at-large Board members shall be elected as follows:

(1) The Athlete At-Large Board members shall be elected by the athletes at the same time as the Athlete Representatives.

(2) The Officials Chair shall be elected in accordance with NCS Policies and Procedures.

~~(3) The Age Group Coordinator shall be elected by a majority of the coach members at HOD.~~

~~(4)~~(3) The National Coordinator shall be elected in accordance with NCS Policies and Procedures.

**ARTICLE 7
DIVISIONS, COMMITTEES AND COORDINATORS**

7.4 STANDING COMMITTEES & COORDINATORS

34 .3 GOVERNANCE COMMITTEE -

35 D. DUTIES

- 36 (8) To nominate the Board members listed in 6.1 and 6.2.3 A; ~~Zone Board of~~
37 ~~Review Members and coordinator~~ to be elected by the House of Delegates
38 consistent with the matrix of skills, demographics, and talents needed. At
39 least 2 nominees for each position shall be named.

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B-03 DEI Coordinator BOD Member

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Make DEI Chair a voting member of the BOD and change the National Representative to a non-voting member.

Rationale: Given the current environment there is a desire to make DEI more visible without increasing the number of voting BOD members

Submitted by: Wayne Shulby/Trish Martin

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 5 - BOARD OF DIRECTORS

5.1 MEMBERS - The Board of Directors shall consist of the following officers, committee chairs, coordinators and representatives of NCS, together with those additional members designated in Sections 5.2 and 5.3:

.14 ~~National Coordinator~~ [DEI Coordinator](#)

5.3 EX-OFFICIO MEMBERS - The following persons shall be ex-officio members of the Board of Directors:

.1 Legislative Chair

.2 Governance Chair

.3 Immediate Past General Chair

.4 [National Coordinator](#)

ARTICLE 6 - OFFICERS AND DIRECTORS

6.2 OTHER DIRECTORS

.3 COMMITTEE CHAIRS/COORDINATORS/AT-LARGE BOARD MEMBERS

A. The following committee chairs/coordinators shall be elected by the House of Delegates:

(1) Safe Sport / Operational Risk Coordinator.

(2) [DEI Coordinator](#)

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B-04 Deadlines for Proposed Amendments

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Add deadlines for proposed amendment changes

Rationale: Deadlines were inadvertently deleted. Deadlines are required to effectively manage process

Submitted by: Legislative Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 9 - ORGANIZATION, AMENDMENT OF BYLAWS AND DISSOLUTION

9.3 AMENDMENTS - Any provision of these Bylaws not mandated by USA Swimming [and submitted 50 days prior to HOD](#) may be amended at any meeting of the NCS House of Delegates by a two-thirds (2/3) vote of the members present and voting. [Any provisions submitted less than 50 days prior to HOD shall require nine-tenths \(9/10\) of the vote of the members present and voting.](#) Amendments so approved shall not take effect until reviewed and approved by the USA Swimming Rules and Regulations Committee. Changes to Required LSC Bylaws shall be effective on the date established in the amending USA Swimming legislation.

[9.4 PUBLICATION OF AMENDMENTS — All proposed amendments shall be published and made available on the North Carolina Swimming website not less than twenty \(20\) days prior to the House of Delegates.](#)

[Renumber remaining sections](#)

To be Considered by the
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BH-01

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Ratify required By-Law Changes made by USAS HOD

Rationale: Required

Submitted by: Wayne Shulby

Recommendation: *(Office Use Only)*

Effective Date: Immediate

Required LSC By-Law Changes and Housekeeping

2.1 MEMBERS - The membership of NCS shall consist of the clubs, organizations and individuals who have registered with NCS as set forth in the USA Swimming Corporate Bylaws, including seasonal athlete membership, flex membership, and single event open water athlete membership.

.1 MEMBERS - A Member's status is subject to the Member's continued satisfaction of the criteria for membership and compliance with the Member's responsibilities under these Bylaws, the USA Swimming ~~Rules and Regulations~~ Corporate By-Laws, regulations, policies, procedures and code of conduct of NCS and USA Swimming.

2.2 MEMBERS' RESPONSIBILITIES

.2 RESPONSIBILITY FOR INFRACTIONS - A Group Member or Individual Member, as defined in USA Swimming Corporate Bylaws ~~Rules and Regulations~~, may be held responsible for infractions of the policies, procedures, rules, regulations or codes of conduct or ethics adopted by USA Swimming or NCS, including its responsibilities as set forth in these Bylaws.

4.4 VOICE AND VOTING RIGHTS OF MEMBERS - The voice and voting rights of members of the House of Delegates and of individuals shall be as follows:

.1 GROUP MEMBER REPRESENTATIVES, BOARD MEMBERS, AT-LARGE HOUSE MEMBERS AND OTHER MEMBERS - Each of the Group Member Representatives, the Board Members, the At-Large House Members, , Legislative Chair, Scheduling Coordinator, ~~Registration~~/Membership Coordinator, Senior Coordinator, and Immediate Past General Chair shall have both voice and vote in meetings of the House of Delegates.

4.5 DUTIES AND POWERS - The House of Delegates shall oversee the establishment of policies, procedures and programs. In addition to the duties and powers prescribed in the USA Swimming Rules and Regulations, USA Swimming Corporate Bylaws, or elsewhere in these Bylaws, the House of Delegates shall:

.1 Elect the officers, Athlete Representatives, Coach Representative(s), At-Large Board Members, ~~NCS members of the Southern Zone Board of Review~~ and the committee chairs and coordinators listed in Articles 6 and 7;

.7 Remove from office any persons elected by the House of Delegates (Board Members, or committee chairs or coordinators) who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the ~~Zone~~-National Board of Review for any of the reasons set forth in Article 404.4.3 of USA Swimming Rules and Regulations. However, no such individual may be removed without receiving thirty (30) days' written notice by the Secretary or other officer designated by the House of Delegates specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reason and an opportunity to respond in writing within twenty (20) days to such allegations.

5.4 LIMITATIONS -

.1 No more than 2 Members of any Group Member shall serve as voting members on the Board of Directors at any time. This limitation shall be applied separately as to Athlete Members and Non-Athlete Members.

5.6 DUTIES AND POWERS - The Board of Directors shall act for NCS and the House of Delegates during the intervals between meetings of the House of Delegates, except that it shall not remove a Board Member or other person not appointed by the Board of Directors or amend these Bylaws. Any actions taken are subject to the exercise by the House of Delegates of its powers of ratification or prospective modification or rescission. In addition to the powers and duties prescribed in the USA Swimming Rules and Regulations or elsewhere in these Bylaws, the Board of Directors shall have the power and it shall be its duty to:

.10 Remove from office any Board Members, committee chairs, or committee members or coordinators of NCS who were appointed/elected by the Board and who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the ~~Zone~~-National Board of Review for any of the reasons set forth in Part Four of the USA Swimming Rules and Regulations. However, no At-Large Board Member, or committee chair or coordinator may be removed without receiving the thirty (30) days' written notice specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reasons and an opportunity to respond in writing within twenty (20) days to such allegations.

6.6 TERMS OF OFFICE -

.3 CONSECUTIVE TERMS LIMITATION - Except for Treasurer, no Individual Member who has served two successive terms shall be eligible for re-election or appointment to the same position until a lapse of one term. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of this successive terms limitation.

7.4 STANDING COMMITTEES & COORDINATORS

86 .3 GOVERNANCE COMMITTEE -

87 D. DUTIES

88 (8) To nominate Board members, ~~Zone Board of Review Members~~ and
89 coordinators to be elected by the House of Delegates consistent with the
90 matrix of skills, demographics, and talents needed;
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92 10.2 EXCLUSION - The indemnification provided by this Article 10, shall not apply to any
93 Indemnified Party whose otherwise indemnified conduct is finally determined to have been
94 in bad faith, self-dealing, gross negligence, wanton and willful disregard of applicable laws,
95 rules and regulations, of the USA Swimming Rules and Regulations, of the USA Swimming
96 Code of Conduct or these Bylaws or who is convicted of a crime (including felony,
97 misdemeanor and lesser crimes) involving sexual misconduct, child abuse, violation of a law
98 specifically designed to protect minors or similar offenses, or who is found by ~~the Zone Board~~
99 ~~of Review~~, the National Board of Review, or the U.S. Center for SafeSport to have committed
100 actions which would be the basis for such a conviction and, in each case, the otherwise
101 indemnifiable conduct (or failure to act) was, or was directly related to, the predicate acts of
102 the conviction or finding.
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104 14.2 DEFINITIONS - When used in these Bylaws, the following terms shall have the meanings
105 indicated in this Section, and the definitions of such terms are equally applicable both to the
106 singular and plural forms.
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108 ~~.21 ZONE BOARD OF REVIEW - the Board of Review of the Zone in which NCS is~~
109 ~~located, which Zone Board of Review is established pursuant to Part Four of the USA~~
110 ~~Swimming Rules and Regulations. Where the context requires, a reference to the~~
111 ~~Zone Board of Review shall include a reference to the National Board of Review when~~
112 ~~that body is acting upon an appeal from the Zone Board of Review.~~
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R-01 US Open Winter Funding

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Add US Open to Winter Championships
Rationale: US Open is being held in Winter Season in 2020
Submitted by: Legislative Committee
Recommendation: *(Office Use Only)*
Effective Date: Immediate

ARTICLE 211: TRAVEL FUND

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211.6 REIMBURSEMENT LEVELS

- .1 Winter Championship Season
 - A. Winter Junior Nationals \$400
 - B. Winter Senior Nationals [/ US Open](#) \$550

To be Considered by the
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R-02 Finals No Show Penalty

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Change No Show penalty for Finals

Rationale: Current Rule isn't enforced

Submitted by: Operations Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 208: THE COMPETITION

208.3. INDIVIDUAL SCRATCH RULE - Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

.1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.

.2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.

.3 Preliminary and Finals Events

A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck, then 208.3.2 applies

B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. ~~For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Coordinator (Senior/Age Group) for failure to compete.~~ A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

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R-03 Championship Facility Fees

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Revision to language in the Entry Deadline rule.
Rationale: To clarify the meaning of the rule
Submitted by: Operations Committee
Effective Date: Immediate

ARTICLE 203: MEET ENTRY FEES

203.1. Non-Championship Meet ENTRY FEES

Entry fees may be set at the discretion of the meet host as outlined in the meet bid.

203.2 Championship Meet Entry Fees - The maximum allowable entry fee for NCS Championship meets is as follows:

Short Course (Sr & AG): \$6.00 individual, \$10.00 relay

Long Course (AG): \$6.00 individual, \$10.00 relay

Long Course (Sr): \$8.00 individual, \$12.00 relay

Facility/swimmer surcharge may not exceed \$15.00 for short course or \$15.00 for long course

Relay only swimmer facility / swimmer surcharge may not exceed \$7.50 for short course or \$7.50 for long course.

ARTICLE 214: FACILITY USE SURCHARGE

214.1. GENERAL

.1 Any NCS club hosting a meet on the NCS schedule may charge fees per swimmer as a facility surcharge. ~~For NCS Championship meets (age group & senior, SC & LC), relay only swimmers are exempt from the facility surcharge.~~

.2 In order to assess a facility surcharge, the meet classification, the facility to be used, and the amount of the surcharge must be included in the bid packet and must be approved by the NCS House of Delegates at a regular Operations Committee meeting held to approve the meet schedule or by the Board of Directors between meetings of the House of Delegates.

NOTE: ARTICLE 214 will be incorporated into the appropriate sections of ARTICLES 202 and 203

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R-04 Endowment Fund Restrictions

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Affirm Rule Change approved by Board of Directors – May 2020 with clarifications

Rationale: Inadvertently removed when updated By-Laws were passed

Submitted by: Legislative Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 215: MISCELLANEOUS

215.1 ENDOWMENT FUNDS USE - NCS may, by action of the Board of Directors or the House of Delegates, designate, receive and accept, or otherwise acquire property or funds or any interest therein in the form of set asides, gifts, grants, contributions, and testamentary transfers. NCS use of such property and funds shall be limited to expenditures of its income only for NCS exempt purposes in furtherance of its support of, or to benefit, NCS athletes and NCS programs while retaining the principal thereof as an endowment to further such purposes.

.1 GENERAL ENDOWMENT FUND - NCS shall maintain a permanent General Endowment Fund. The principal of which shall be kept intact. Transfers from the endowment fund shall be made in accordance with IRS regulations with half the funds transferred to the General Fund and the other half to the Travel Fund.

~~215.1~~2 OLYMPIC TRIALS QUALIFYING TIME: As Olympic Trials time standards, once achieved, are valid through the end of the current Olympic quadrennial. Any swimmer, who has achieved an Olympic Trials time standard, may use that time as an entry time into any NCS meet in which he/she is otherwise eligible to compete through the end of the quadrennial.

~~215.2~~3 AMENDMENTS

.1 Amendments to these Rules are to be made in the same manner as amendments to the NCS Bylaws, except that only a simple majority is necessary. See NCS Bylaws Article 111, Section 111.3 for reference.

To be Considered by the
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R-05

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Eliminate Age Group Classifications

Rationale: Meets do not currently use these classifications and should be free to determine how to structure their meets

Submitted by: Operations and Legislative Committees

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 210: AGE GROUP PROGRAM

210.4. AGE GROUP TIME STANDARDS

.1 NCS Age Group Time Standards shall be the current USA Swimming National Age Group ~~Recognition~~ Motivational Times ~~(also referred to herein as NAG Times)~~ except as otherwise permitted by the NCS ~~Bylaws and Rules~~.

.2 Current USA Swimming National Age Group ~~NAG~~ Motivational Times for 15-16 will be used for the NCS 15-18 Age Group.

.3 For NCS Championship meets, standards faster than the USA Swimming National Age Group Motivational ~~NAG~~ Times may be established if approved by the Operations Committee. Championship meet time standards shall be reviewed annually by the Operations Committee. Each year, time standards for the upcoming year shall be presented to the NCS House of Delegates at the Fall meeting. Final time standards shall be posted to the NCS website no later than 10 days following the Fall meeting of the House of Delegates.

.4 The Operations Committee, may establish additional standards.

.5 ~~NCS swimmers already classified on the basis of the previous year's NCS Age Group Time Standards remain in that classification until they change age groups except for Senior Circuit swimmers. Senior Circuit swimmers remain Senior Circuit swimmers regardless of changing age groups.~~

210.5. MEET AND SWIMMER CLASSIFICATION AND SWIMMER ELIGIBILITY Sanctioned ~~age group~~ meets will be classified as Championship, ~~'A/AAA', Senior Circuit, Senior Developmental, 'A', 'BB & faster', 'B & faster', B/C~~, Open, Invitational, Intrasquad, Dual, Tri, Quad, Closed League, Open Water, and Special Meets that have innovative, non-traditional formats (e.g. mini-meets, pentathlons, single age group meets).

.1 NCS Championship Competition - All NCS Championship meets are open to all eligible NCS registered swimmers. Qualifying standards shall be established and must have been achieved prior to entry for each event (stroke and distance) entered.

A. Non-NCS registered swimmers may not enter the NCS Age Group Championships.

B. Non-NCS registered swimmers may enter the NCS Senior Championships.

~~C. A club that enters a swimmer who has not achieved the qualifying time standard for an event at an NCS Championship where the swimmer fails to attain the qualifying time standard in the NCS Championship will be fined \$100 per occurrence. Fines shall be collected by the Operations Committee. A club shall have 60 days in which to prove the time or pay the fine.~~

D. Scoring at all NCS Championships shall be through 16 places (or two finals heats, if conducted in other than an 8-lane pool) regardless of the number of heats or lanes swum in final sessions. Scoring shall be in accordance with USA Swimming Rules & Regulations for scoring (102.7.3).

E. The host club shall recognize the top-6 scoring clubs in the combined scoring and the top-3 scoring clubs with USA Swimming registrations of 100 swimmers and fewer.

~~.2 'A & Faster' Competition 'A/AAA' meets may be scheduled when out-of-LSC entrants are invited or results of previous years indicate that faster qualifying time standards are desirable. In the meet announcement, the meet host shall state the qualifying time standards that are required for each event (stroke and distance.)~~

~~.3 Senior Circuit Competition~~

~~A. A Senior Circuit swimmer is a swimmer who has achieved two 13-14 'AA' time standards in two of the six different strokes. I.M. is considered a stroke. Freestyle and sprint freestyle are considered different strokes.~~

~~B. A swimmer may qualify as a Senior Circuit swimmer in any sanctioned or approved meet.~~

~~C. A swimmer qualified as a Senior Circuit swimmer at one course is automatically qualified for the other courses (50 meter, 25 meter, 25 yard).~~

~~D. In a Senior Circuit meet, only Senior Circuit swimmers are permitted to compete in individual events except as otherwise provided in these Rules.~~

~~E. A Senior Circuit swimmer may compete in any Senior Circuit meet.~~

~~F. A Senior Circuit swimmer may compete in any event in a Senior Circuit meet, regardless of whether or not the swimmer has not achieved a 13-14 'AA' time in each entered event.~~

~~G. A Senior Circuit swimmer is prohibited from competing in any relay or individual event in Senior Developmental meets.~~

~~H. OPTION Any swimmer who has achieved at least two 13-14 'AA' NCS stroke time standards may compete in any individual event at a Senior Circuit meet however, once a swimmer elects to compete in an event (stroke and distance) at a Senior Circuit meet in which the swimmer has not achieved a 13-14 'AA' time, the swimmer is prohibited from competing in any Senior Developmental meet. Distance free and sprint free (events 200 and shorter) are considered different strokes.~~

~~.4 Senior Developmental Competition~~

~~A. A Senior Developmental swimmer is a swimmer who is at least 13 years-old and has yet to achieve two 13-14 'AA' time standards in two of the six different strokes. I.M. is considered a stroke. Freestyle and sprint freestyle are considered different strokes.~~

~~B. In a Senior Developmental meet, only Senior Developmental swimmers are permitted to compete.~~

~~C. A Senior Developmental swimmer may compete in any Senior Developmental meet.~~

- ~~D. A Senior Developmental swimmer is eligible to compete only in Senior Developmental individual events and relay legs (stroke and distance) in which the swimmer has not achieved a 13-14 'AAA' time.~~
- ~~E. A Senior Developmental swimmer is prohibited from competing in any individual Event in Senior Circuit meets except for individual events in which the swimmer has achieved a 13-14 'AA' time and all relays.~~
- ~~F. OPTION – A Senior Developmental swimmer who has achieved one 13-14 'AA' time or has achieved two or more 13-14 'AA' times in the same stroke may elect to compete in any individual event at a Senior Circuit meet however, once such a Senior Developmental swimmer elects to compete in an event (stroke and distance) at a Senior Circuit meet in which the swimmer has not achieved a 13-14 'AA' time, the swimmer is prohibited from competing in any Senior Developmental meet.~~

~~.5 'A' Competition~~

- ~~A. An 'A' swimmer is one who has achieved an 'A' time in two of the six different strokes in a given age group regardless of the length of the event or course (50 meter, 25 meter, 25 yards). I.M. is considered a stroke. Freestyle and sprint freestyle are considered different strokes.~~
- ~~B. A swimmer may qualify as an 'A' swimmer in any sanctioned or approved meet.~~
- ~~C. A swimmer qualified as an 'A' swimmer at one course is automatically qualified for the other courses (50 meter, 25 meter, 25 yard).~~
- ~~D. 'A' times achieved in 50 meter events and the 100 I.M. are used to determine a swimmer's classification only in the 10 and under age group.~~
- ~~E. In an 'A' meet, only 'A' swimmers are permitted to compete except as otherwise provided in these Rules.~~
- ~~F. An 'A' swimmer may compete in any 'A' meet and may compete in any event in an 'A' meet, regardless of whether or not the swimmer has achieved an 'A' time in each entered event.~~

~~.6 'BB' Competition~~

- ~~A. A 'BB' swimmer is one who has achieved a 'BB' time in two of the five different strokes in a given age group regardless of the length of the event or course (50 meter, 25 meter, 25 yards) I.M. is considered a stroke.~~
- ~~B. A swimmer may qualify as a 'BB' swimmer in any sanctioned or approved meet.~~
- ~~C. A swimmer qualified as a 'BB' swimmer at one course is automatically qualified for the other courses (50 meter, 25 meter, 25 yard).~~
- ~~D. 'BB' times achieved in 50 meter events and the 100 I.M. are used to determine a swimmer's classification only in the 10 and under age group.~~
- ~~E. In a 'BB' meet, only 'BB' swimmers are permitted to compete except as otherwise provided in these Rules.~~
- ~~F. A 'BB' swimmer may compete in any 'BB' meet and may compete in any event in a 'BB' meet in which the swimmer has not achieved an 'A' time. A 'BB' swimmer is prohibited from competing at 'BB' meets in any individual event or relay leg (stroke and distance) in which the swimmer has achieved the 'AA' standard, even if entry was made prior to achieving the 'AA' time.~~
- ~~G. A 'BB' swimmer is prohibited from competing in any relay or individual event, in 'B' or 'C' meets, even if entry was made prior to becoming a 'BB' swimmer.~~
- ~~H. A 'BB' swimmer is prohibited from competing in any individual event in an 'A' meet except for individual events in which the swimmer has achieved a time and all relays. Refer to I below.~~

I. ~~OPTION—A 'BB' swimmer who has achieved one or more 'A' times may elect to compete in an 'A' meet however, once such a 'BB' swimmer elects to compete in a 'BB' event (stroke and distance) in an 'A' meet, the swimmer is prohibited from competing in a 'BB' meet in any event while in that age group.~~

~~.7—'C' Competition~~

A. ~~A 'C' swimmer is one who has not achieved a 'B' time in two of the five different strokes in a given age group regardless of the length of the event or course (50 meter, 25 meter, 25 yards). I.M. is considered a stroke~~

B. ~~A swimmer may qualify as a 'C' swimmer in any sanctioned or approved meet.~~

C. ~~A swimmer qualified as an 'C' swimmer at one course is automatically qualified for the other courses.~~

D. ~~'C' times achieved in 50 meter events and the 100 yard I.M. are used to determine a swimmer's classification only in the 10 and under age group.~~

E. ~~In a 'C' meet, only 'C' swimmers are permitted to compete.~~

F. ~~A 'C' swimmer may compete in any 'C' meets and may enter any event in a 'C' meet in which the swimmer has not achieved a 'BB' time. A 'C' swimmer is prohibited from competing at 'C' meets in any individual event or relay leg (stroke and distance) in which the swimmer has achieved the 'BB' standard, even if entry was made prior to achieving the 'BB' time.~~

G. ~~A 'C' swimmer is prohibited from competing in any individual event in 'A' or 'BB' meets.~~

H. ~~A 'C' swimmer is prohibited from competing in any individual event in an 'B' meet except for individual events in which the swimmer has achieved a 13-14 'B' (refer to I below) time and all relays.~~

I. ~~OPTION—A 'C' swimmer who has achieved one or more 'B' times may elect to compete in a 'B' meet however, once such a 'C' swimmer elects to compete in a 'C' event (stroke and distance) in an 'B' meet, the swimmer is prohibited from competing in a 'C' meet in any event while in that age group.~~

J. ~~'C' meets should be completed in one day.~~

~~.28~~ Open Competition

A. Open meets have no maximum or minimum qualifying times.

B. Open competition may be held with or without age groups.

~~.9—8 and Younger Competition~~

A. ~~There are no maximum or minimum qualifying times for 8 and under and 7-8 events.~~

B. ~~8 and under and 7-8 events are included only in developmental meets with 'BB' or slower qualifying times. In all 8 and under and 7-8 events any swimmer 8 years old or younger may enter any event regardless of time achieved.~~

C. ~~OPTION—Any swimmer 8 years old or younger who has achieved at least one 10&Under 'A' time may choose to be classified as an 'A' swimmer as in 207.2.3. Any swimmer 8 years old or younger who has achieved at least one 10&Under 'BB' time may choose to be classified as a 'BB' swimmer as in 207.2.4. Any swimmer 8 years old or younger who has achieved at least one 10&Under 'B' time may choose to be classified as a 'B' swimmer as in 210.2.5.~~

~~.40~~3 Special Competition - The Operations Committee or House of Delegates may authorize additional classes of competition (e.g. meets with alternative qualifying time standards and/or age groupings) on a trial basis for evaluation in order to achieve the objectives of USA Swimming and North Carolina Swimming.

210.7. AWARDS

~~.1~~ - All individual and team awards must conform to USA Swimming Rules and Regulations and NCS ~~By-Laws (NOT in BY-LAWS) and Rules.~~

~~.2~~ All meets with 'BB' or slower qualifying times which exclude the fastest Ag Group swimmers shall not provide team championship or high point awards and are limited to awards that do not exceed a cost of \$2.50 per award.

~~.3~~ A ribbon or other appropriate award shall be presented to each heat winner in all meets with slower than 'A' qualifying time standards.

~~.4~~ Special certificates, ribbons, and/or other appropriate awards should be presented to all swimmers who achieve 'A' times in a meet with slower than 'A' qualifying time standards.

To be Considered by the
House of Delegates
Fall 2020

R-06

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Add back amendment deadlines
Rationale: Deadlines were inadvertently deleted in a previous revision
Submitted by: Legislative Committee
Recommendation: *(Office Use Only)*
Effective Date: Immediate

ARTICLE 215: MISCELLANEOUS

215.3 AMENDMENTS

.1 Amendments to these Rules are to be made in the same manner as amendments to the NCS Bylaws, except that only a simple majority is necessary [for proposals submitted at least 50 days prior to House of Delegates](#). See NCS Bylaws Article 111, Section 111.3 for reference.

.2 PUBLICATION OF AMENDMENTS — All proposed amendments shall be published and made available on the North Carolina Swimming website not less than twenty (20) days prior to the House of Delegates.

To be Considered by the
House of Delegates
Fall 2020

R-07 Travel Fund

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Remove Travel Fund fee exemption for closed league and open water meets.
Disbursement language is being deleted

Rationale: These swimmers receive travel fund disbursement so they should contribute.
Disbursement language is being deleted as it serves no purpose.

Submitted by: Travel Fund Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 211: TRAVEL FUND

211.1. SURCHARGE

- .1 There shall be an NCS Travel surcharge of \$3.00 per swimmer per meet. This surcharge applies to all sanctioned NCS meets that charge or collect entry fees, except [USA Swimming National Level Championship](#), ~~closed league, and open water meets~~, [approved meets](#) and observed swims.
- .2 It is the responsibility of the meet host to collect this surcharge for each entrant, including those entrants that are members of the meet host.
- .3 The Travel Fund monies collected must be sent, properly identified, to the Treasurer within thirty (30) days of the last day of the meet.

~~**211.2. DISBURSEMENT OF INCOME**~~

- ~~.1 A maximum of fifty percent (50%) of the Travel Fund Endowment interest/dividend income shall be disbursed each year. The remaining percentage shall become part of the Travel Fund Endowment.~~
- ~~.2 All income received from USA Swimming from Swim-a-thon may be disbursed each year, unless otherwise determined by the NCS House of Delegates or Board of Directors.~~
- ~~.3 All monies from all marketing agreements may be disbursed each year, unless otherwise determined by the NCS House of Delegates or Board of Directors.~~
- ~~.4 The Travel Fund Committee may disburse additional monies as approved by the NCS House of Delegates or Board of Directors.~~
- ~~.5 Total disbursement shall not exceed the sum of available monies to be disbursed listed above in any year.~~

.7 APPEALS PROCESS

- A. Head coaches of registered NCS clubs may appeal any funding decisions for their registered athletes via email to the North Carolina Swimming Executive Director within 30 days of the event.

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B. Exceptions must be approved by the ~~North Carolina Swimming Board of Directors~~[Travel Fund Committee](#).

To be Considered by the
House of Delegates
Fall 2020

RH-01

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Clear up wording to make it clear 12 and under sessions can never be planned to exceed 4 hours

Rationale: Existing wording could be construed to allow prelims or finals to exceed 4 hours for 12 and unders which violates USA Swimming rule 205.3.1.F.

Submitted by: Legislative Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 210: AGE GROUP PROGRAM

210.6. PROTESTS AND PENALTIES

.3 LENGTH Meet hosts shall take steps to control the length of meets, using a maximum of four (4) hours of competition per session and eight (8) hours of competition for a prelims/final meet for a particular age group or class of swimmer in any one day as a desirable goal. This effort may take any one or combination of several forms, such as: limiting the number of events in one day, number of competitors, or the number of event entries, subject to the approval of the appropriate Operations Committee coordinator.

A. With the exception of NCS championship meets, the program in all other age group competition shall be planned to allow the events for swimmers twelve (12) years and younger to be completed in four (4) hours or less per session (prelims, finals, timed finals). Events for the same 12 & under swimmers shall be limited to one session per day, except for prelim/final meets where events for 12 & under swimmers may be offered in both prelims and finals~~for a timed finals session or in a total of eight (8) hours or less per day for a preliminaries and finals meet.~~

B. The rule does not apply to "Open" events even if swimmers 12 years of age or younger are entered.

C. Events that are scored multi-age (including Open events) are impacted by the rule if the multi-age scoring involves 12U designations, such as 11-12, 10U, 12U, etc. Meet Announcements. Meets must be planned such that events for 12&Unders can reasonably be concluded within four (4) hours. Sessions that exceed four hours are not in violation of the rule if properly planned.

D. Compliance Process

1. Measurement of the time duration applicable to this rule begins with the published meet start time of a session that offers 12U events and ends with the conclusion of the last 12U event of the day

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2. The following intervals shall be used for planning purposes:
 - a. Dive-overs 20 seconds
 - b. Non Dive-overs 30 seconds
 - c. Chase starts -20 seconds
 - d. Backstroke events +10 seconds
3. Timelines must be submitted to the Meet Referee within 1 day after close of entries.
The Meet Referee and Meet Director will work together to ensure all 12&U sessions are under 4 hours.

To be Considered by the
House of Delegates
Fall 2020

RH-02

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Clear up wording to make it clear 12 and under restrictions apply to boys and girls

Rationale: Existing wording could be construed to allow bonded seams on girl's suits

Submitted by: Legislative Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 210: AGE GROUP PROGRAM

210.2 SUITS - No Technical Suits may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed NCS meet.

- .1 Exceptions to the foregoing restriction are only for a meet in USA Swimming's Championship Series (i.e. Junior Nationals, US Open, National Championships, and Olympic Trials)
- .2 A Technical Suit is one that has the following components:
 - A. Any male or female suit with any bonded or taped seams is defined as a technical suit regardless of its fabric or silhouette; or
 - B. ~~Any male or female suit with woven fabric extending to the knee or mid-thigh is defined as a technical suit regardless of the type seams: bonded, taped or sewn. (Note: A woven suit with sewn seams and in a male brief or female regular cut not to the knees is not defined as a technical suit and is not restricted.)~~ Any suit with woven fabric extending past the hips.

(Note: WOVEN FABRIC – A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC – A suit with knit fabric and sewn seams not extending below the knees is permitted.)

To be Considered by the
House of Delegates
Fall 2020

RH-03

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Revision to language in the Entry Deadline rule.

Rationale: To clarify the meaning of the rule

Submitted by: Bill Martin

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 206: MEET ANNOUNCEMENT

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206.4 ENTRY DEADLINE The entry deadline can~~not~~ be ~~no earlier~~more than ten (10)
days prior to the first day of the swim meet.

To be Considered by the
House of Delegates
Fall 2020

RH-04

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Revised language to the Approved meet request procedure.

Rationale: To comply with USA Swimming rules

Submitted by: Bill Martin

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 204: SANCTIONS/APPROVALS

204.3. SANCTION/APPROVAL REQUEST PROCEDURE

- .5 USA member swim clubs may not host Approved meets unless approved first by the House of Delegates at the scheduling meeting or the NCS Operations-Sanction Committee and then by USA Swimming. YMCA-affiliated USA Swimming clubs hosting closed league meets are exempt from ~~this~~ these requirementss.

To be Considered by the
House of Delegates
Fall 2020

RH-05

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Update terminology to reflect new organization
Rationale: Current terminology is out of date
Submitted by: Bill Martin
Recommendation: *(Office Use Only)*
Effective Date: Immediate

ARTICLE 202: MEET SCHEDULING PROCESS

202.1. SCHEDULING

.11 Once the schedule is approved, any club who has had its bid approved is expected to run the awarded meet. If a club decides not to hold a meet, it may be subject to penalty, as indicated below:

- A. For a Championship meet, if the club notifies the ~~Technical-Planning~~ Scheduling Coordinator ~~Committee~~ at least 180 days prior to the first day of the meet, there shall be no penalty. If the notification is received less than 180 days prior, the club shall be fined \$500.
- B. For other meets, if the club notifies the ~~Technical-Planning~~ Scheduling Coordinator ~~Committee~~ at least 120 days prior to the first day of the meet, there shall be no penalty. If the notification is received less than 120 days prior, the club shall be fined \$200.

204.6 Summary Chart: Sanction Fees/Late Fees

Meet Type	Scheduling Required*	Sanction Request Due**	Sanction Fee	Late Fee: Scheduled Meets	Late Fee: Unscheduled Meets
Intrasquad	No	30 days prior to meet start	\$10	\$50	\$100
Dual/Tri/Quad	No	30 days prior to meet start	\$10	\$50	\$300
Closed League	No	30 days prior to meet start	\$10	\$50	\$300
All Other	Yes	60 days prior to meet start	\$10	\$200	\$300

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* While not all classes of meets are required to be on the ~~technical planning~~[NCS meet](#) schedule, NCS strongly encourages clubs to include all meets on the schedule. Submitting sanction or approved meet requests for unscheduled meets after the deadline results in higher late fees.

** Sanction Requests for both scheduled and unscheduled meets are due by the deadline.

To be Considered by the
House of Delegates
Fall 2020

RH-06

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Summary: Misc Housekeeping changes to correct inconsistencies/errors found by staff and the legislative committee.

Rationale:

Submitted by: Legislative Committee

Recommendation: *(Office Use Only)*

Effective Date: Immediate

ARTICLE 201: GLOSSARY OF TERMS

ATTACHED - A USA Swimming athlete member who represents a USA Swimming club member in a meet after meeting the requirements of USA Swimming ~~Article 302~~.

BOARD OF DIRECTORS - The group that manages the affairs of NCS between meetings of the House of Delegates. See NCS Bylaws, ~~Article 605-5~~

HOUSE OF DELEGATES - The group comprised of athletes, clubs, coaches, officials, volunteers, other representatives, and their officers that manage the affairs of NCS. See NCS Bylaws ~~Article 604~~.

~~NCS HANDBOOK - The official compilation of NCS Bylaws and Rules that defines and organizes the swimming program for North Carolina Swimming.~~

SANCTION - A permit issued by USA Swimming to conduct a meet in conformance with all USA Swimming Rules. Any Sanction may be withheld or revoked at any time. ~~See Article 204.~~

SANCTIONED MEET - A meet conducted in conformance with all USA Swimming rules. ~~See Article 204.~~

ARTICLE 202: MEET SCHEDULING PROCESS

202.1. SCHEDULING

.1 Except when the House of Delegates determines otherwise by a 2/3 majority, the schedule for each short course season (September through approximately April) shall be approved at the corresponding House of Delegates meeting the previous Spring and the schedule for each long course season (approximately May through August) shall be approved at the corresponding House of Delegates meeting the previous Fall.

.3 A protected date is a date where no additional NCS sanctioned meets open to a particular level of swimmer may be subsequently added to the schedule. Saturday and Sunday of any weekend for the following events on the scheduled NCS calendar will be protected dates for which no meets shall be sanctioned or approved except as noted.

A. Regularly scheduled HOD meetings

- B. NCS SC 14 and Under and Senior Championships Meets
- C. NCS LC 14 and Under and Senior Championships Meets
- D. NCS Open Water Championships

Closed championships are exempt. Meets may be awarded on the dates of events ~~2-B~~ or ~~3-C~~ for swimmers who are ineligible to compete in the protected meet.

~~.8—At each appropriate House of Delegates meeting, the House of Delegates will approve, with possible modifications, the corresponding upcoming season schedule. (Duplicates .1)~~

~~.9~~⁸ Once approved, the schedule shall be open to additional meets if any such meet does not conflict with a protected date. Any requests for additional meets must be submitted to the Scheduling Coordinator and the sanctions committee prior to the appropriate sanction request deadline (30 days prior to the meet start date for closed, dual, tri or quad meets and 60 days prior the meet start date for all other type meets). Requests for additional meets that are made after the sanction request deadline shall be assessed a late fee in addition to the sanction fee as detailed in the summary chart in section ~~203~~²⁰⁴.6-. —Meet requests within 8 days of the meet start date will not be considered. The Scheduling Coordinator shall have the authority to approve or reject any additional meets submitted for scheduling approval. A club may appeal any rejection or fine to the Operations Committee.

~~.40~~⁹ After a meet has been approved as part of the schedule, material changes to information originally submitted in the bid submission form, including a change in venue or changes in fees that are mandatory and apply to all or virtually all participants, shall be submitted as soon as the changes are known to the Scheduling Coordinator for approval.

A The Scheduling Coordinator can either approve or reject the changes.

B If the requested change is rejected by the Scheduling Coordinator, the host can appeal the change to the Operations Committee. The Operations Committee can either accept or reject the requested changes.

C If the requested change is rejected by the Operations Committee, the host can appeal the decision through the Zone Appeals Process (ZAP).

D The team may also cancel the meet under the existing cancellation process.

ARTICLE 204: SANCTIONS/APPROVALS

204.1. USA SWIMMING REQUIREMENTS. Swimming meets (e.g., competitions, clinics, exhibitions, Swim-a-thons, benefits, or other events where amateur swimmers compete, demonstrate, or exhibit) must generally be sanctioned. Sanction applicants must be familiar with the USA Swimming Rules and Regulations, ~~Part II, Article 202, 202.1, 202.2, and 202.3~~ covering Jurisdiction, Requirements, and Conditions that are a part of the Sanction Application. Sanctions are issued, withheld or withdrawn in accordance USA Swimming Rules and Regulations, ~~Article 202~~. Special attention is called to the following provisions:

204.3. SANCTION/APPROVAL REQUEST PROCEDURE

.1 Meets - For swim meets other than closed, dual, tri or quad meets, prior scheduling approval is required except as provided in ~~Article 202~~. At least sixty (60) days before the meet, the meet host must submit a sanction/approval request to the sanctions committee. The sanction request shall include:

A. Meet announcement Sheet. See ~~Article 206~~ for required information.

- B. Order of Events.
- C. Appropriate Fees. See [Article 207 \(204.5\)](#).
- D. Any additional information required by the sanctions committee.

Note: Meet hosts should submit the meet sanction request IMMEDIATELY after the meet has been scheduled by the NCS House of Delegates or Operations Committee.

~~204.4. SANCTION FEES A list of sanction fees is listed in Article 204.6.~~

- .3 The Sanction Chair or designee shall assess a fine of one hundred dollars (\$100.00) or less for willful violation or neglect of the provisions of this article. The assessment of such a fine may be appealed according to NCS Rules ~~and Bylaws~~.

204.65 Summary Chart: Sanction Fees/Late Fees

Meet Type	Scheduling Required*	Sanction Request Due**	Sanction Fee***	Late Fee: Scheduled Meets	Late Fee: Unscheduled Meets
Intrasquad	No	30 days prior to meet start	\$10	\$50	\$100
Dual/Tri/Quad	No	30 days prior to meet start	\$10	\$50	\$300
Closed League	No	30 days prior to meet start	\$10	\$50	\$300
Sectional	No	60 days	\$0	\$200	\$300
National	No	na	\$0	\$0	\$0
All Other	Yes	60 days prior to meet start	\$10	\$200	\$300

* While not all classes of meets are required to be on the technical planning schedule, NCS strongly encourages clubs to include all meets on the schedule. Submitting sanction or approved meet requests for unscheduled meets after the deadline results in higher late fees.

** [Prior to meet start](#). Sanction Requests for both scheduled and unscheduled meets are due by the deadline.

*** [Meets with no fees other than travel fund - \\$0 sanction fee – Fees shall accompany requests for sanction or approval.](#)

ARTICLE 205: REQUIRED MEET REPORTS

~~205.1. ATHLETE EXPENSES Within ten (10) days of the completion of the meet, report any payment of money or anything of value given directly or indirectly to any swimmer competing in a sanctioned event. The report must be filed in accordance with USA Swimming Rules and Regulations, Article 202, 202.2.8~~
~~Comment – Not found in USA Swimming Rules~~

115 **ARTICLE 206: MEET ANNOUNCEMENT**

116 206.5 CHASE STARTS Chase starts may only be conducted for 100 meter and longer events in 50M
117 pools with starting platforms and water depths of 4' or deeper on both ends. The timing systems for
118 both ends shall be identical and shall conform to USA Swimming primary timing system requirements. If
119 chase starts are to be considered, the option should be declared in the meet announcement that is
120 submitted for sanctioning.

121 The Meet Director and Meet Referee shall jointly make requests to add previously unapproved chase
122 starts to a meet to the Sanctions Committee no later than 24 hours after the entry deadline. If the
123 exception is approved, the information shall be communicated to teams entered in the meet within 24
124 hours of approval and entry fees shall be refunded to teams who decline to participate in chase start
125 events. Conducting chase starts without prior Sanction Committee approval is considered a ~~violation of~~
126 ~~NCS rule 203.5.1.C~~ and is subject to penalties ~~as stated~~.

127 206.6 TWO PER LANE Two-per-lane competition may only be conducted for freestyle events of 400M
128 or longer in 50M pools with 9-foot-wide lanes. Swimmers may start from either end of the pool provided
129 starting platforms and water depths of 4' or deeper are available on each end and identical,
130 independent timing systems that conform to USA Swimming primary timing system requirements are
131 operating for each heat. If two-per-lane competition is to be considered, the option should be declared
132 in the meet announcement that is submitted for sanctioning. Information about lane width shall be
133 included in the facility description

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135 The Meet Director and Meet Referee shall jointly make requests to add previously unapproved 2-per-
136 lane events to a meet to the Sanctions Committee no later than 24 hours after the entry deadline. If the
137 exception is approved, the information shall be communicated to teams entered in the meet within 24
138 hours of approval and entry fees shall be refunded to teams who decline to participate in two-per-lane
139 events. Swimming any events two-per-lane without prior Sanction Committee approval is considered a
140 violation ~~of NCS rule 203.5.1.C~~ and is subject to penalties ~~as indicated~~.

141 **ARTICLE 207: MEMBERSHIP, SANCTION, AND APPROVAL FEES**

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143 ~~207.10. SANCTION and APPROVAL FEES~~

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145 ~~.1 National or Sectional Championships \$0.00~~

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147 ~~.2 Meets with no fees other than Travel Fund fees. \$0.00~~

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149 ~~.3 All other meets \$10.00~~

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151 ~~.4 Fees shall accompany requests for sanction or approval~~

152 **ARTICLE 208: THE COMPETITION**

153
154 208.5. OFFICIATING

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156 .2 All Stroke and Turn Judges, Starters, and Referees shall be certified by NCS pursuant to **Article 209**
157 and conform to USA Swimming Rules and Regulations ~~402.12.2~~
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208.6. PROTESTS Any protests arising from the competition shall be resolved as outlined in the USA Swimming Rules and Regulations. ~~Refer to: Part I, 102.11, Part IV, Article 401, and to NCS By-Laws, Article 110-Comment - NOT IN BY-LAWS.~~

ARTICLE 210: AGE GROUP PROGRAM

210.1. OBJECTIVES

- .1 Purpose - The purpose of the NCS age group swimming program is to achieve the objectives set forth for Age Group Swimming in the USA Swimming Rules and Regulations, Part 2, ~~Article 204, Section 204.1.~~ In order to achieve these objectives NCS shall:

210.4. AGE GROUP TIME STANDARDS

- .1 NCS Age Group Time Standards shall be the current USA Swimming National Age Group ~~Recognition~~ Motivational Times ~~(also referred to herein as NAG Times)~~ except as otherwise permitted by the NCS ~~Bylaws and Rules.~~
- .2 Current USA Swimming National Age Group ~~NAG~~ Motivational Times for 15-16 will be used for the NCS 15-18 Age Group.
- .3 For NCS Championship meets, standards faster than the USA Swimming National Age Group Motivational ~~NAG~~ Times may be established if approved by the Operations Committee. Championship meet time standards shall be reviewed annually by the Operations Committee. Each year, time standards for the upcoming year shall be presented to the NCS House of Delegates at the Fall meeting. Final time standards shall be posted to the NCS website no later than 10 days following the Fall meeting of the House of Delegates.

~~.6 A list of current time standards may be attached in Part III~~

210.5. MEET AND SWIMMER CLASSIFICATION AND SWIMMER ELIGIBILITY Sanctioned age group meets will be classified as Championship, 'A/AAA', Senior Circuit, Senior Developmental, 'A', 'BB & faster', 'B & faster', B/C, Open, Dual, Tri, Quad, Closed League, Open Water, and Special Meets that have innovative, non-traditional formats (e.g. mini-meets, pentathlons, single age group meets).

- .1 NCS Championship Competition - All NCS Championship meets are open to all eligible NCS registered swimmers. Qualifying standards shall be established and must have been achieved prior to entry for each event (stroke and distance) entered.
 - D. Scoring at all NCS Championships shall be through 16 places (or two finals heats, if conducted in other than an 8-lane pool) regardless of the number of heats or lanes swum in final sessions. Scoring shall be in accordance with USA Swimming Rules & Regulations for scoring ~~(102.7.3).~~
- .9 8 and Younger Competition
 - C. OPTION - Any swimmer 8 years old or younger who has achieved at least one 10&Under 'A' time may choose to be classified as an 'A' swimmer ~~as in 207.2.3.~~ Any swimmer 8 years old or younger who has achieved at least one 10&Under 'BB' time may choose to be classified as a 'BB' swimmer ~~as in 207.2.4.~~ Any swimmer 8 years old or younger who has achieved at least one 10&Under 'B' time may choose to be classified as a 'B' swimmer ~~as in 210.2.5.~~

210.6. PROTESTS AND PENALTIES

- .3 LENGTH Meet hosts shall take steps to control the length of meets, using a maximum of four (4) hours of competition per session and eight (8) hours of competition for a prelims/final meet for a particular age group or class of swimmer in any one day as a desirable goal. This effort may take any one or combination of several forms, such as: limiting the number of events in one day, number of competitors, or the number of event entries, subject to the approval of the appropriate Operations Committee coordinator.
- G. All fines will be placed into the NCS Travel Fund. The assessment of a fine may be appealed according to NCS Rules. ~~and By-Laws~~ *Comment - NOT in BY-LAWS.*

210.7. AWARDS

- .1 All individual and team awards must conform to USA Swimming Rules and Regulations and NCS ~~By-Laws~~ *Comment - NOT in BY-LAWS.* and Rules.

ARTICLE 211: TRAVEL FUND

211.4 ATHLETE FUNDING

.1 REQUIREMENTS

- C. Within the 12-month period preceding the competition, the swimmer must have competed with ~~a-NCS~~ an NCS registered club in not fewer than four (4) USA Swimming meets hosted by NCS member clubs in good standing that collected and paid the NCS Travel Fund surcharge.

ARTICLE 212: RECORDS

GENERAL ELIGIBILITY REQUIREMENT: To be considered for NCS Senior Records, Age Group Records, Top-5, or All-Stars, a swimmer must be registered with USA Swimming and representing an NCS club when the time is achieved.

212.1. SENIOR RECORDS

.2 Types

- A. NCS Senior Record – The best time ever swum by an NCS registered swimmer at time of performance in any USA Swimming sanctioned, approved, or observed meet, within or without North Carolina, or in a National or International Championship event recognized by USA Swimming. The swim must appear in the SWIMS National Times Database. A time achieved at one of the observed North Carolina High School Championship meets is acceptable for an NCS Senior Record. College swimmers who are currently registered with North Carolina Swimming (whether attached or unattached) and a current member in good standing with USA Swimming are eligible to set NCS Records in any USA Swimming sanctioned, approved or observed meet. A tie of an existing record shall be recognized as such in the Senior Records list. Any swim timed with watches only is not acceptable for ~~a-NCS~~ an NCS Senior Record.
- B. NCS Senior Championship Record - The best time ever swum in a meet event designated as an NCS Senior Championship.

212.2. AGE GROUP RECORDS

.2 Types

- 257 A. NCS Age Group Record – The best time ever swum by ~~a-NCS~~an NCS registered swimmer at
258 time of performance in an age group in any USA Swimming sanctioned, approved, or observed
259 meet, within or without North Carolina, or in a National or International Championship event
260 recognized by USA Swimming. The swim must appear in the SWIMS National Times Database.
261 A time achieved at one of the observed North Carolina High School Championship meets is
262 acceptable for ~~a-NCS~~an NCS Age Group Record. College swimmers who are currently registered
263 with North Carolina Swimming (whether attached or unattached) and a current member in good
264 standing with USA Swimming are eligible to set NCS Records in any USA Swimming sanctioned,
265 approved or observed meet. A tie of an existing record shall be recognized as such in the Age
266 Group Records list. Any swim timed with watches only is not acceptable for ~~a-NCS~~an NCS Age
267 Group Record.

268 ARTICLE 213: NCS ALL STAR CRITERIA

269
270 213.1. GENERAL Selection of NCS All Stars and Swimmer of the Year shall be based upon times
271 achieved by NCS registered for both Long Course Meters and Short Course Yards, in USA Swimming
272 sanctioned, approved, or observed meets, in the age group events designated by NCS, provided such
273 events are offered in NCS meets and are available to all NCS swimmers. Collegiate swimmers are not
274 eligible to receive Top 5, NCS All Star, or Swimmer of the Year awards unless they are currently
275 registered NCS members and have been registered members of an NCS club for at least the two full
276 years prior to the end of the awards period.

277 278 213.2. ALL STAR CRITERIA

- 279
280 .2 Each NCS swimmer who individually achieves at least one USA National Age Group Recognition
281 Top 10 Time is ~~a-NCS~~an NCS All Star.
282
283 .3 Each NCS swimmer who achieves NC Top-5 “AAAA” times in two or more of the following categories:
284 distance freestyle, sprint freestyle, backstroke, butterfly, breaststroke, or individual medley for Short
285 Course Yards is ~~a-NCS~~an NCS All Star upon verification by the NCS All Star Committee. The
286 recognition period will begin September 1 of the previous year and end August 31 of the current
287 year.
288
289 .4 Each NCS swimmer who achieves NC Top-5 “AAAA” times in two or more of the following categories:
290 distance freestyle, sprint freestyle, backstroke, butterfly, breaststroke, or individual medley for Long
291 Course Meters is ~~a-NCS~~an NCS All Star upon verification by the NCS All Star Committee. The
292 recognition period will begin September 1 of the previous year and end August 31 of the current
293 year.

294 ARTICLE 215: MISCELLANEOUS

295 296 215.2 AMENDMENTS

- 297
298 .1 Amendments to these Rules are to be made in the same manner as amendments to the NCS Bylaws,
299 except that only a simple majority is necessary. ~~See NCS Bylaws Article 111 (9), Section 111.3 (9.3)~~
300 ~~for reference.~~