

STAR Aquatics' Senior Circuit

January 28, 2012

- SANCTION #:** Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction # 12027
- CLASSIFICATION:** Senior (13 & Over) Circuit Meet
- HOST CLUB:** STAR Aquatics, LLC
PO Box 16311
High Point, NC 27261
- LOCATION:** Greensboro Aquatics Center
1921 West Lee St.
Greensboro, NC 27403
- VENUE:** The Greensboro Aquatics Center is a 50 meter pool which can be broken into two short course venues with a separate diving well. This competition will use a 8 lane long course competition venue with continuous warm-up and cool down lanes available throughout the meet. The pool depth is 9ø10øat the start and turn ends and 4ø lane lines will be used to reduce turbulence. The lane width is 7ø A Colorado Timing System 6 with a Daktronics Pro-Star LED Video Scoreboard Display will display results simultaneously. Starting platforms are Colorado Competition deck anchored platforms. The competition course has not been certified in accordance with 104.2.2C(4).
- No outside Food or Drink will be permitted.
There is a spectator seating area with a capacity of 1850 persons. Spectators are not allowed on the deck at any time. The 650 bleacher seats on deck are reserved for swimmers only.
- VENUE SHOPS** KAST-A-WAY Swim wear is located near the main entrance.
Food and drink may be purchased from various Food Carts located throughout the venue.
- PARKING** Parking will be \$5.00 per day with same day re-entry allowed. Parking for Coaches and Officials will be provided.
- RULES:** This meet will be conducted in accordance with the current USA Swimming Regulations, NCS Official Handbook and NCS Safety Program, except where rules are therein optional and exceptions are herein stated.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- ELIGIBILITY:** All swimmers must be registered with USA Swimming, Inc. to participate. Swimmers without current proof of membership will not swim. **THERE WILL BE NO ON DECK REGISTRATION.**
- 13 & Over swimmers who have at least one of the 2012 SE Sectional Spring Qualifying times to compete in this meet.
- SWIMMERS WITH DISABILITIES:** Star Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Star's ability to accommodate all requests.

- FORMAT:** This is a long course Senior Meet for Qualifying Senior Swimmers. The meet will be conducted in 2 sessions. All events are Timed Finals.
- SEEDING:** The conforming time standard for this meet is Long Course Meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order. Seeding may be done in 6 or 8 lane format depending on size of the meet.
- The 800 and 1500 will be deck-seeded and require positive check-in.
- All events will be swum Slow to Fast, all women, and then all men. STAR reserves the right to combine events, sexes, or take breaks as needed to meet the needs of the athletes.
- ENTRY LIMITS:** Swimmers are limited to 3 Individual Events per session and 5 events per day. Swimmers may swim the same events in the morning and evening sessions. All events count toward the entry limit.
- ENTRIES/ENTRY DEADLINE:** **Please note the following guidelines for entries:**
- Calculate swimmer age as of **January 28, 2012**
 - Submit the entry with best LONG COURSE METERS times achieved in a USA competition or time trial. SHORT COURSE METER times will be seeded after all LCM times. There will be no course conversion.
 - Submit a Hy-Tek Meet Manager compatible file to entries@staraquatics.net. A confirmation email will be returned when they have been received. Entries will not be loaded until payment has been received.
 - Complete the attached Meet Entry Form and mail it along with your payment*.
 - There may be on-deck entries taken at this meet, but in open lanes only. This will be first come first serve. No swimmers will be added to the meet. *Double fees will apply and must be paid at the time of entry. Coaches should complete an Event Addö form and submit it to the Hy-Tek Admin table during warm-ups.
- Entry Deadline is Tuesday, January 18, 2012 by 9:00 PM.**
- Entries will be processed in the order received.
 - Confirmation email will be sent to the entering team within 48 hours of receipt of entries.
 - Telephone entries will not be taken.
 - Changes to previously submitted entries may be emailed to entries@staraquatics.net, confirmation email will be sent.
 - Entries past the deadline (late entries) will be taken at the discretion of the Meet Director for double fees. Late entries will be handled on a first come first serve basis.
- *See Entry Feesö for costs per event.
Please contact Michele Hendrix at Michele@staraquatics.net or 336-847-2613 with questions about the entry process.
- ENTRY FEES:** \$2.50 per NCS Individual Event
\$3.00 per swimmer NCS Travel Fund
\$15.00 per swimmer Facility Use Surcharge
- Double fees will be charged for entries received after 9:00 PM, **Wednesday January 18, 2012**. All fees are non-refundable. Checks should be made out to STAR Aquatics. Meet Management will refund fees in the event individual events are limited due to time constraints.
- RELAYS:** There are no relays in this meet.
- MAIL MEET ENTRY FORM TO:** STAR Aquatics
PO Box 16311
High Point, NC 27261
Include a completed öMeet Entry Formö and payment for all entries.

SCHEDULE:

Saturday AM Session 1	Saturday PM Session 2
<u>Warm-Up</u> ó 8:15 AM <u>Timed Finals</u> - 9:30 AM	<u>Warm-Up</u> - 4:30 PM <u>Positive Check-In</u> (800, and 1500) ó5:30 PM <u>Timed Finals</u> ó 5:30 PM

AWARDS:
SCORING:
SCRATCHES:
WARM-UP RULES:

No awards for this meet.
 No scoring for this meet.
 No penalty for swimmers failing to report for their event.
 Warm up assignments will be posted and included in the coaches packet.

SAFETY:

The North Carolina safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO Running or horseplay will be tolerated. No spectators will be allowed on deck.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

MEET REFEREE:
ADMIN REFEREE:
MEET DIRECTOR:
MEET MARSHAL:

Gary Flynn, gbflynn57@gmail.com , 336-855-6814
 N/A
 Michele Hendrix, Michele@staraquatics.net, 336-847-2613
 Kevin Hinman

**COACH AND
 OFFICIAL CHECK-
 IN:**

In accordance with NC Swimming Rules, coaches and officials are required to display proof of current USA Swimming Membership at all times.

We ask that all coaches and officials show their credentials to the Meet Director or designee upon arrival. Only those with current proof of credentials will be allowed on deck.

**COACHES'
 MEETING:
 OFFICIALS:**

There will be a coaches meeting at 9:15 AM on Saturday morning.
 All certified officials that hold current USA swimming membership are welcome on deck. There will be a meeting 45 minutes prior to the start of the sessions for officials. Location will be announced.

HOSPITALITY:

There will be limited hospitality available to coaches and officials.

RELEASE:

USA Swimming, Inc., North Carolina Swimming, Inc., Star Aquatics, LLC, Greensboro Aquatics Center and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

LODGING:

TBD

**STAR Long Course Senior Circuit #3
Order of Events
Saturday January 28, 2012**

Saturday January, 28 2012 Session 1 Warm-Ups 8:15 AM/Timed Finals 9:30 AM		
Girls	Events	Boys
1	400 Freestyle	2
3	50 Freestyle	4
5	200 Individual Medley	6
7	200 Backstroke	8
9	200 Freestyle	10
11	200 Breaststroke	12
13	200 Butterfly	14
15	100 Freestyle	16
17	400 Individual Medley	18
Saturday January 28, 2012 Session 2 Warm-Ups 4:30 PM/Timed Finals 5:30 PM		
Girls	Events	Boys
19	400 Individual Medley	20
21	50 Freestyle	22
23	200 Freestyle	24
25	100 Backstroke	26
27	400 Freestyle	28
29	200 Individual Medley	30
31	100 Breaststroke	32
33	100 Butterfly	34
35	100 Freestyle	36
37	800 Freestyle-Women Only**	
	1500 Freestyle- Men Only**	38

****Positive Check-In Required – 5:30 PM**

STAR Long Course Senior Circuit #3
January 28, 2012
Meet Entry Form

Official Entry Information:

Club Name _____ Club Code _____

Address _____

City _____ State, NC Zip _____

Head Coach _____ Home Phone _____

Email Address _____ Work Phone _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

Assistant Coach _____

All coaches identified above are currently registered as coaches with USA Swimming, Inc. and are responsible for the swimmers entered in this meet and during the conduct of the event **January 28, 2012**.

Signature _____ Date _____

Release Statement

USA Swimming, Inc., North Carolina Swimming, Inc., Star Aquatics, LLC, Greensboro Aquatic Center and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature _____ Date _____

# of Individual Entries – In- State		X \$2.50 each entry	\$
NCS Travel Fund (total swimmers)		X \$3.00 each swimmer	\$
Facility Charge (total swimmers)		X \$15.00 each swimmer	\$
Totals			\$