

Sharks Aquatic Club Last Chance Qualifier

Hosted by Sharks Aquatic Club July 8-10, 2022 Held at Shelby City Park Pool 850 W. Sumter St., Shelby, NC 28150

Held under the Sanction of USA Swimming, Inc., issued by NC Swimming, Inc.

Sanction #NC22118

MEET DIRECTOR	MEET ENTRY COORDINATOR	
David Messenger	David Messenger	
704-507-5457	704-507-5457	
damessenger21@yahoo.com	damessenger21@yahoo.com	
MEET REFEREE	MEET MARSHAL	
Mark Wiebke	Daniel Messenger	
704-507-2982	704-730-1709	

CONDITION OF SANCTION

As a condition of this sanction, SHARKS AQUATIC CLUB agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, and the SHARKS AQUATIC CLUB Meet Plan detailed below.

ASSUMPTION OF RISK DISCLAIMER

SHARKS AQUATIC CLUB has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

COVID-19 RELEASE

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOY-EES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

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SHARKS AQUATIC CLUB COVID-19 MEET PLAN

NCS FACE COVERING STATEMENT

NCS recommends the proper use of face coverings at all NCS activities and expects all participants, coaches, officials, volunteers, and spectators to comply with all club and facility specific COVD-19 safety requirements and guidelines from USA Swimming, North Carolina Swimming, the State of North Carolina, and local jurisdictions.

LOCAL PROTOCOLS

Each team will have its own seating area. Team members can bring their own tents to be setup in their respective team areas.

LOCKER ROOMS/ CHANGING Locker rooms will be limited to bathroom use only. Showers are closed and swimmers are asked to not change in the locker rooms.

ENTRY & EXIT PROCEDURES

Everyone will enter the pool through the building and exit through the front gate. The gate must remain closed during the meet unless individuals need to leave.

SPECTATOR LIMITATIONS

Spectators are welcome. Please contact meet management if you are interested in volunteering to time or help as an official.

RESTROOMS

Restrooms for parents/adults can be utilized in the main lobby.

WARM-UPS

General warm-ups will be split for every session. In addition to general warm up, unused long course lanes will be available during the meet for warm up/cool down, with no more than 20 swimmers per long course lane to be supervised by COVID monitors and coaches.

FACILITY

The ten-lane 50-meter outdoor competition pool has eight-foot wide lanes equipped with 6 inch Competitor "Wave Eater" lane lines. The pool itself is a deck level design that allows for turbulence reduction in all lanes. Pool depth ranges from 4 feet to 13 feet deep. An adjacent outdoor, 3 lane 25-yard warm down pool, located approximately 20 feet from lane 1, will be available during competition on all three days. The competition course has not been certified in accordance with 104.2.2C(4). Colorado automatic timing system with touchpads and buttons at both ends will be used in conjunction with a Daktronics 10-Lane scoreboard. Stainless steel blocks are permanently mounted, 4 feet above the water line, in the shallow end of the pool.

MEET FORMAT

This is a timed final, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-Up	Meet Start	Age Group
1	Friday	4:00 pm	5:00 pm	12 & Un / Open
2	Saturday	7:00 am	8:30 am	Open
3	Saturday	12:30 pm	12:40 pm	Open
4	Saturday	No earlier than	No earlier than	10 & Un/ 11-12
		1:00 pm	2:00 pm	
5	Sunday	7:00 am	8:30 am	Open
6	Sunday	12:30 pm	12:40 pm	Open
7	Sunday	No earlier than	No earlier than	10 & Un/ 11-12
		1:30 pm	2:30 pm	

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DEADLINE AND MEET SUMMARY

DATE	TIME	FOR
WED, JUN 29, 2022	5:00 PM	ENTRY & FEE DEADLINE
FRIDAY, JULY 8, 2022	4:30 PM	COACHES/GENERAL MEETING
FRIDAY, JULY 8, 2022	4:30 PM	OFFICIAL BRIEFING
FRIDAY, JULY 8, 2022	4:30 PM	OPEN 400 FREE/IM CHECK-IN DEADLINE
SATURDAY, JULY 9, 2022	8:00 AM	OFFICIAL BRIEFING
SATURDAY, JULY 9, 2022	8:00 AM	OPEN 800 FREE CHECK-IN DEADLINE
SATURDAY, JULY 9, 2022	12:30 PM	OFFICIAL BRIEFING
SUNDAY, JULY 10, 2022	8:00 AM	OFFICIAL BRIEFING
SUNDAY, JULY 10, 2022	8:00 AM	OPEN 1500 FREE CHECK-IN DEADLINE
SUNDAY, JULY 10, 2022	12:30 PM	OFFICIAL BRIEFING

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated. The NCS Scratch Rule is in effect for this meet. Age as of the first day of the meet (July 8, 2022) will determine the swimmer's age for the competition.

TECHNICAL SUIT BAN for 12&Us

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette;
 or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is

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also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered and fees paid prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. No on deck registration will be offered.

MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS

Sharks Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Shark Aquatic Club's ability to accommodate all requests.

ENTRIES

Email is preferred for electronic entries. However, you may also mail a printed hard copy of entries including the completed and signed Entry Summary Sheet (included in this announcement). Late entries after the entry deadline may be accepted at the discretion of the Meet Director at double the entry fee. All relay only swimmers, including alternates, must be listed and pay the NCS Travel Fund Surcharge.

Full payment and all required paperwork (fee summary and release form) must accompany your entry or be given to the entry coordinator upon arrival at the venue to be accepted. Swimmers will not be allowed to participate or enter the water until all fees are paid in full and all paperwork is complete.

Previous event payments outstanding to the host team must be paid in full prior to participation. Questions, up to the entry deadline, can be addressed to the Meet Director. Teams should submit a single check for the entire team. Electronic entries must be submitted using USA Swimming Standard data Interchange (.sd3) or compatible format. Go to www.hytekltd.com/downloads.html to download Team Manager II Lite if your club does not possess team management software. Please email electronic entry to David Messenger (damessenger21@yahoo.com). Sharks Aquatic Club is not responsible for lost or delayed entries. Any checks that are returned as dishonored for non-sufficient funds are subject to a \$50.00 fee.

ENTRY LIMITATIONS

Swimmers may swim a maximum of six (4) individual events per day. We reserve the right to limit entries to the first 600 properly registered athletes. Sharks Aquatic Club entries will be entered first, then all other entries on a first-come, first-served basis. Age Group entries may be limited to meet the "4-hour rule" limitations.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

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ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Director at double the entry fee. On Deck entries may be accepted at the discretion of the Meet Director and must be paid in cash.

ENTRY FEES

Make checks payable to "Sharks Aquatic Club"; All fees are non-refundable		
Individual Event \$6.50 per event		
NCS Travel Fund \$3.00 per swimmer		
Facility Surcharge \$15.00 per swimmer		
Late Entry Fee \$13.00 per event		
Any check returned as dishonored for non-sufficient funds will be subject to a \$50.00 fee		

SEEDING

All individual events except 400 meters or longer shall be pre-seeded. Events 400 meters or longer shall require positive check in no later than 30 minutes prior to the session. Failure to check in will result in the swimmer being scratched from the event. The North Carolina Scratch Rule will be in effect. The 400 Free, 400 IM, 800 Free and the 1500 Free shall be swam fastest to slowest alternating heats of women and then men. The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

CHECK-IN

A positive check-in will be required for the following events:

- Open 400 Free
- Open 400 IM
- Open 800 Free
- Open 1500 Free

Swimmers who have failed to be checked- in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event. Swimmers must provide their own timer for both the 400 Free, 400 IM, 800 Free & 1500 Free.

SCRATCHES

The NCS Scratch Rule is in effect for this meet.

SCORING

No team or individual scoring will be kept.

AWARDS

No awards will be given.

RESULTS

Results will be posted on Sharks Aquatic Club website within 24-36 hours of the meets conclusion. At the conclusion of the meet and or when results have been finalized, team coach(s) may obtain Hy-Tek backup either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be an in-person coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

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OFFICIALS

There will be a need for officials. Sharks Aquatic Club welcomes and encourages anyone willing to volunteer. Volunteering Officials MUST contact the Meet Referee by email prior to the meet. All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. Officials Briefings and assignments will be via e-mail in advance of the meet. Officials should report to their assigned position at the time instructed in the email communication, bring a mask, your personal water bottle, and a writing utensil. All assigned officials are strongly encouraged to complete an individual personal review of applicable USAS rules for their assigned position prior to the meet.

Prior to each meet session start, and at the referee's discretion, officials and timers may receive brief, separately conducted updates on deck with masks and social distancing. There will be no DQ slips and officials will verbally report disqualifications to the Chief Judge or Deck Referee. The Deck Referee will report disqualifications verbally to the Administrative Official.

Note: All USAS Officials from visiting teams are always welcomed. If your team plans on sending officials, please advise the Meet Referee.

TIMERS/ VOLUNTEERS

TEAMS REQUESTED TO PROVIDE TIMERS

Sharks Aquatics Club is a small swim club and this meet is at a ten (10) lane pool requiring a minimum of 10 timers per session. Each timer will utilize one stopwatch and one plunger, as back up to the touchpad. For 50-meter events, the timers will walk to the opposite end of the pool and again use one stopwatch and one plunger to back up the touchpad.

As a small team, we are unable to provide complete coverage for lane timers we are requesting support from all visiting teams to help provide timers. We are asking each team coach to solicit volunteer timers from their teams based on the number of entries from their team.

HOSPITALITY/ CONCESSIONS

There will be a hospitality area for coaches and officials. A concession stand will be open for all swimmers and spectators.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Meet Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. A 3 lane, 25-yard warm down pool located approximately 20 feet from lane 1 will be available during competition on all three days. There is to be no diving or horseplay in this area.

WAIVER/ RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Sharks Aquatic Club, Shelby Aquatic Center, City of Shelby, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published

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on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

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ORDER OF EVENTS

Friday, 7/8/2022

Warm-up: 4:00 PM; Meet Start: 5:00 PM

Girls/Women	Event	Boys/Men
1	12 & Under 200 Free	2
3	Open 400 Free	4
5	12 & Under 200 IM	6
7	Open 400 IM	8

Saturday, 7/9/2022 – AM Session

Warm-up: 7:00 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
9	Open 50 Free	10
11	Open 100 Fly	12
13	Open 200 Back	14
15	Open 100 Breast	16
17	Open 200 IM	18

Saturday, 7/9/2022 – 800 Free Session

Warm-up: 12:30 PM; Meet Start: 12:40 PM

Girls/Women	Event	Boys/Men
19	Open 800 Free	20

Saturday, 7/9/2022 – PM Session

Warm-up: Not Earlier than 12:00 PM; Meet Start: Not Earlier than 1:00 PM

Girls/Women	Event	Boys/Men
21	10 & Under 50 Free	22
23	11-12 50 Free	24
25	10 & Under 100 Fly	26
27	11-12 100 Fly	28
29	10 & Under 100 Back	30
31	11-12 100 Back	32
33	10 & Under 50 Breast	34
35	11-12 50 Breast	36

Warm-up: 7:00 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
37	Open 200 Free	38
39	Open 100 Back	40
41	Open 200 Fly	42
43	Open 100 Free	44
45	Open 200 Breast	46

Sunday, 7/10/2022– 1500 Free Session Warm-up: 12:30 PM; Meet Start: 12:40 PM

Girls/Women	Event	Boys/Men
47	Open 1500 Free	48

Sunday, 7/10/2022– PM Session Warm-up: Not Earlier than 12:00 PM; Meet Start: Not Earlier than 1:00 PM

Girls/Women	Event	Boys/Men
49	10 & Under 50 Fly	50
51	11-12 50 Fly	52
53	10 & Under 100 Free	54
55	11-12 100 Free	56
57	10 & Under 50 Back	58
59	11-12 50 Back	60
61	10 & Under 100 Breast	62
63	11-12 100 Breast	64

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Pool Location: http://goo.gl/maps/3Ej74 850 West Sumter St. Shelby, NC 28150





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Sharks Aquatic Club 2022 Last Chance Qualifier Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Sharks Aquatic Club):

Sharks Aquatic Club

ATTN: SAC 2021 Last Chance Qualifier

PO Box 2201 Shelby, NC 28151-2201

Email to: damessenger21@yahoo.com

Tages Name			
Team Name			
Club Code			
Coach			
Coach Phone			
Coach Email			
Team Address			
Item	Total Number	Cost per	Total
Individual Entries		\$6.50 per event	1000
NC Swimming Travel Fun	d	\$3.00 per swimmer	
Facility Surcharge		\$15.00 per	
Total Fees Due		swimmer	
Naiver, Acknowledgement an		ify that all of the swimme	ers and coaches listed on the enclosed entry are regis
			ules of USA Swimming, Inc. and North Carolina Swim-
		· =	t I shall be responsible for the compliance of my swin
			Center, City of Shelby NC, North Carolina Swimming,
-			eld free and harmless from any and all liabilities or conduct of this meet. I also acknowledge that by ente
			's swimmers to be published on the internet in the
form of Psych Sheets, Meet Re			·
SIGNATURE (Coach or Club Repre	sentative)		CLUB
TITLE			DATE

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North Carolina Scratch Rule (from General Rules of North Carolina Swimming, Inc.)

- 208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.
- .1 Pre-Seeded Meets Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.

.3 Preliminary and Finals Events

A Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies

B Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in

208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

C In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete

D When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without reseeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim E If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)

.4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:

A The Referee is notified in the event of illness or injury and accepts the proof thereof.

B The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.

C The swimmer was not named in any finals heat during the initial announcement of results

D It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

.1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.