

2021 October Opener
Hosted by YMCA of Western North Carolina Piranhas Swim Team
October 9, 2021
Held at Buncombe County Schools Aquatic Center, 18 Ensley Stadium Loop, Asheville, NC 28803

Held under the Approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Approved Meet #NC21173AP

MEET DIRECTOR	MEET ENTRY COORDINATOR
Kirk Hampleman 828-209-9616 khampleman@ymcawnc.org	Jon Jolley 828-381-8806 jonj@ymcacv.org
MEET REFEREE	MEET MARSHAL
Colleen Gillan 828-925-6563 csgillan9@gmail.com	Amanda Little

**CONDITION OF
SANCTION**

As a condition of this sanction, the YMCA of Western North Carolina Piranhas Swim Team agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, and the YMCA of Western North Carolina Piranhas Swim Team Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

**ASSUMPTION OF
RISK DISCLAIMER**

The YMCA of Western North Carolina Piranhas Swim Team has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

COVID-19 RELEASE An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES

FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

YMCA of Western North Carolina Piranhas Swim Team COVID 19 MEET PLAN

**NCS FACE
COVERING
STATEMENT**

NCS recommends the proper use of face coverings at all NCS activities and expects all participants, coaches, officials, volunteers, and spectators to comply with all club and facility specific COVID-19 safety requirements and guidelines from USA Swimming, North Carolina Swimming, the State of North Carolina, and local jurisdictions.

FACE COVERINGS

All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.

LOCAL PROTOCOLS

The deck of the indoor pool at the Buncombe County pool is 6,815 square feet. There will be 3 Social distancing monitors. Coaches will be on the north side (tennis court side). Swimmers will be on the south side and West Side and the grassy area at the east side (with designated spots for tents). Parents will be able to view the meet via Facebook live, plus we will have 16 spots for timers

that will be filled by parent volunteers. Swimmers will have a designated space on deck that is marked in Blue tape that will ensure social distancing. The meet will be run at a slow pace

The clerk of course will be at the south side deep end of the pool. All ages will go through the clerk of course to ensure social distancing is taking place at all times. It will be staged with 2 heat positions. The heat that is getting ready to swim will be behind the blocks. The timers will be at the Start end wall and proceed to the blocks after the start of each heat. There will be a designated spot for swimmers to put their face coverings on while they race. Prior to the meet, each team will meet with the swimmers to go through the specific protocols that will be in place.

Locker rooms will be limited to bathroom use only. Showers are closed, and swimmers will not be able to change in the locker rooms. Swimmers will be required to arrive and leave the meet in their swim suits. Swimmers whose coaches allow them to wear tech suits will abide by the same rule. Specifically, swimmers that will wear tech suits will not be able to warm up in a different suit and then change prior to the start of the meet.

**ENTRY & EXIT
PROCEDURES**

The designated entrance for the meet will be through the Front door on the south side of the building and the designated exit will be through the outer door on the west side.

**SWIMMER
LIMITATIONS**

There will be a maximum of 175 swimmers entered in the meet.

**SPECTATOR
LIMITATIONS**

The Buncombe County indoor pool has a set a capacity limit of 227 individuals inside the pool. We expect to be nowhere close to 27 with the protocols mentioned above. Included in the total are a maximum of 175 swimmers, 16 parents timing, 4 officials, 1 Colorado Timing operator, 4 lifeguards, 3 social distancing monitors, 2 clerk of course volunteers, and 10 coaches.

**PARENTAL ACCESS
FOR SAFE SPORT**

We will have parents inside the pool volunteering to time and to provide social distancing help. We will also provide viewing of the meet via video streaming on Facebook live.

WARM-UPS

Each team will have 35 minutes for warm-ups. Each team will split their warm-ups as it sees fit, with no more than 5 swimmers in a lane for 13 and over and 4 per lane for 12 and under. Warm up/cool down will be available in the competition pool during breaks only.

FACILITY

25 Yard, 10 lane pool (lanes are 8 feet wide), water depth from 4 ½ feet to 6 feet, with non-turbulent lane markers and Velocity starting blocks. Colorado 7000 timing system will be used. The timing system will include touch pads with one timer per lane operating both a watch and a button and one timer per lane operating a watch only. **There is an additional 6,815 square feet of deck space at the facility. The competition course has not been certified in accordance with 104.2.2C(4).**

MEET FORMAT

This is a timed final Age Group/Senior, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:00 AM	9:15 AM	All

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Thur., September 30	11:00 PM	Entry deadline
Prior to meet	TBD	Coaches/General Meeting
Prior to meet	TBD	Official Briefing (Virtual)

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

**TECHNICAL SUIT BAN
for 12&Us**

Per NCS Rule 210.2, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer’s guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer’s team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

This is a closed YCMA meet. All swimmers must be members of a YMCA club. All Adult Athletes must hold current APT certification to compete. There are

no minimum time standards for this meet. There will be no on deck registration available at this meet.

**MEMBERS WITH
DISABILITIES OR
MEDICAL CONDITIONS**

The YMCA of Western North Carolina Piranhas Swim Team welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Members who are unable to wear face coverings because of a documented medical condition must notify the Meet Director in advance and may have limited deck access. Failure to provide advance notice may limit YSST's ability to accommodate all requests.

ENTRIES

Entries submitted in Hy-tec format require no hard copy entry forms. Email is preferred for electronic entries. Payment in full must be received by the start of the meet. List swimmer's age as of October 10, 2020. The meet will be limited to 75 swimmers per session.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 3 individual events.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by Thursday, September 30th, 2021 by 11:00 pm. Late entries may be accepted at the discretion of the Meet Director.

ENTRY FEES

Make checks payable to: YMCA of Western NC; All fees are non-refundable	
Individual Surcharge	\$23 flat entry fee

SEEDING	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.
CHECK-IN	All events will be pre-seeded and there will be no positive check-in.
SCRATCHES	There will be no penalty for scratching pre-seeded events at the block.
SCORING	No team or individual scoring will be kept.
AWARDS	There will be no awards.
RESULTS	Results will be posted on WNCY website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-Tek backups either on a memory stick or via email attachment.
COACHES	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials. WNCY welcomes and encourages anyone willing to volunteer. Volunteering Officials should contact the Meet Referee by email <u>prior to the meet.</u> All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet/session. There will be a meeting at the day(s)/time(s) listed in the "Deadline and Meeting Summary" above. Meetings may be in-person at the meet or virtual in advance and assignments may be communicated electronically prior to each session. All officials are strongly encouraged to complete an individual personal review of applicable USAS rules prior to the meet. Officials should report at the time specified by the Meet Referee and bring a mask (if necessary) and a writing utensil.
HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). **There is to be no diving or horseplay in this area.**

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. The Buncombe County Schools Aquatic Center, YMCA of Western North Carolina, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

	WNCY October Opener Order of Events	
Girls	Events	Boys
1	Open 100 Back	2
3	13/over 50 Back	4
5	12/under 50 Back	6
7	8/under 25 Back	8
9	13/ Over 100 Free	10
11	12/ Under 100 Free	12
13	Open 100 Breast	14
15	13/over 50 Breast	16
17	12/under 50 Breast	18
19	8/under 25 Breast	20
21	Open 200 Free Relay	22
	10 min break wm-up, wm-down	
23	Open 200 Free	24
25	12/under 200 Free Relay	26
27	10/under 200 Free Relay	28
29	8/under 100 Free Relay	30

31	Open 100 Fly	32
33	13/over 50 Fly	34
35	12/under 50 Fly	36
37	8/under 25 Fly	38
	Possible 10 min break wm-up, down	
39	Open 200 IM	40
41	13/Over 100 IM	42
43	12/under 100 IM	44
45	13/over 50 Free	46
47	12/under 50 Free	48
49	10/under 50 Free	50
51	8/under 25 Free	52

**WNCY October Opener
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to YMCA of Western NC):

WNCY

53 Ashland Ave

Asheville, NC 28803

Email to: khampleman@ymcawnc.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmers (Travel Fund & Facility Surcharge)		\$23 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The Buncombe County Schools Aquatic Center, YMCA of Western North Carolina, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE