



# 2021 MSA Blue & White Meet

## Hosted by Mecklenburg Swimming Association

### September 25-26, 2021

Mecklenburg County Aquatic Center (MCAC)  
800 East Martin Luther King Jr. Blvd., Charlotte, NC 28202-2874

*Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.  
Sanction #NC21146*

MEET DIRECTOR	MEET ENTRY COORDINATOR/ADMIN REFEREE
Jay McGarity <a href="mailto:jay@msaswim.com">jay@msaswim.com</a>	Lynn Tippetts-Fazen 858-735-8803 <a href="mailto:SwimMeet.AR@gmail.com">SwimMeet.AR@gmail.com</a>
MEET REFEREE	MEET MARSHAL
Dwight Dickerman 704-236-1658 <a href="mailto:dwight.dickerman@sailfishaquatics.org">dwight.dickerman@sailfishaquatics.org</a>	Peter Perers <a href="mailto:headcoach@msaswim.com">headcoach@msaswim.com</a>

#### CONDITION OF SANCTION

As a condition of this sanction, MSA agrees to comply with and to enforce all COVID-19 health and safety mandates and guidelines of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions in effect at the time of the meet. Further, the meet will be conducted in accordance with individual facility requirements as detailed in the MSA Meet Plan below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.

#### ASSUMPTION OF RISK DISCLAIMER

The MSA has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

#### COVID-19 RELEASE

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, NORTH CAROLINA SWIMMING, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

## MSA COVID-19 MEET PLAN

### NCS FACE COVERING STATEMENT

Following new CDC recommendations and the North Carolina Governor's latest Executive Order issued May 14, 2021, North Carolina Swimming has revised guidance on the use of face coverings at USA Swimming activities as follows:

- North Carolina Swimming strongly recommends that partially vaccinated or unvaccinated individuals continue to wear face coverings and practice social distancing at all swimming activities.
- Other individuals are welcome to continue wearing face coverings for personal comfort.
- NCS clubs may require that participants wear face coverings and observe social distancing at meets that they host.
- NCS members are expected to comply with all COVID-19 safety guidelines from USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, aquatic facilities, and member clubs.

### FACILITY and HOST TEAM REQUIREMENTS

MSA has discussed specific health and safety procedures with the venue management. Compliance with the most current guidelines from USA Swimming, North Carolina Swimming, CDC, State and Local jurisdictions will be maintained throughout the duration of the meet. At this time, the facility and/or MSA have the following additional requirements:

- All unvaccinated meet participants – coaches, officials, administrators, volunteers, vendors, athletes (when not in the pool) and spectators (if allowed) – must wear face coverings/masks that fit snugly against the face and simultaneously cover the nose and mouth at all times while in the facility to minimize the spread of respiratory droplets.
- The Mecklenburg County Aquatic Center has set a capacity limit of 1000 individuals inside the facility, which represents 62% of building capacity. To be included in the 1000 are lifeguards, maintenance staff, officials, coaches, timers and other volunteers/COVID monitors, athletes, spectators, etc.
- The number of swimmers per session may be limited as needed to keep the total number of individuals in the building fewer than 1000 per facility guidelines for maximum occupancy.
- Spectators, if permitted at the time of the meet, ***will be limited to only one adult/spectator per family and only for the session in which they have an athlete that is entered.*** Only athletes, coaches, officials and pre-authorized volunteers will be allowed on deck (including the bleachers at the start/turn ends or the Lane 1 side of the pool). All other parents/guests must remain in the designated spectator seating area along the lane 8 side of the pool. Spectators may be denied entry or re-entry if maximum facility capacity is reached. If the facility, or other state/local, regulations change prior to the meet, spectators may be disallowed in order to comply with the guidelines in place at the time of the meet.

#### Warm-Ups

A multi-period warmup may be utilized to comply with current COVID guidelines and if swimmer numbers warrant. Warmup assignments and procedures will be communicated prior to the meet.

#### Locker Rooms

- Locker Rooms are to be used only by swimmers.
- It is recommended that swimmers wear their suits to and from the pool.
- Swimmers are allowed to change in the locker room.

### PARENTAL ACCESS

***Parents needing access to their athlete during the meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet in the main lobby. Should parents be unable to contact their child directly, they should ask the front desk to see the Meet Marshal. In case of an emergency, please contact the Meet Director.***

## FACILITY

The competition pool is a 50-meter pool with 2 bulkheads. Minimum depth is 6 feet at the scoreboard end and 13 feet at the diving board end. The pool is equipped with eight, 9-foot-wide lanes with non-turbulent lane lines and Paragon starting blocks which will be used for competition in accordance with USA Swimming diving depth guidelines. Colorado 6000 electronic/automatic timing system with a scoreboard will be utilized with touchpads and two (2) timers per lane each operating a watch and button. Hy-Tek Meet Manager software will be used. The warm pool will be available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Seating for 1000 people is available, however the facility is not allowing spectators at this time. There is ample parking areas within 100 yards of the facility where parents may park and wait. Smoking is not permitted inside the building. Absolutely no glass bottles will be allowed on the pool deck. Only meet volunteers, USA Swimming registered athletes and current USA Swimming registered officials and coaches may be on deck.

## MEET FORMAT

This is a timed final dual meet between MSA and Sailfish Aquatics. All events will be pre-seeded unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:30 AM	10:00AM	8&U, 9-10 and 15&O
2	Sat. Distance		10 Min. After Morning Session	15 and Over
3	Sunday	8:30 AM	10:00 AM	11-12 & 13-14
4	Sun. Distance		10 Min. After Morning Session	11-14

## MEET SCHEDULE AND DEADLINES

<b>Monday, September 15, 2021</b>	<b>TIME</b>
Entry Deadline	12:00 PM
<b>Saturday, September 25, 2021 – Session 1</b>	<b>TIME</b>
Coaches/General Meeting	7:50 AM
Warm-Up	8:30 – 9:50 AM
Officials Briefing (45 minutes prior to start of Session 1)	9:15 AM
Meet Start	10:00 AM
<b>Saturday, September 25, 2021 – Session 2 (Distance)</b>	<b>TIME</b>
Positive Check-In Deadline for 500 Free	11:00 AM
Meet Start	10 min. after end of morning session
<b>Sunday, September 26, 2021 – Session 3</b>	<b>TIME</b>
Warm-Up	8:30 – 9:50 AM
Officials Briefing (45 minutes prior to start of Session 3)	9:15 AM
Meet Start	10:00 AM
<b>Sunday, September 26, 2021 – Session 4 (Distance)</b>	<b>TIME</b>
Positive Check-In Deadline for 500 Free	11:00 AM
Meet Start	10 min. after end of morning session

## RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. If following the NCS Scratch Rule: The NCS Scratch Rule is in effect for this meet. Include the scratch rule (on separate page) and any penalties that may be accessed.

## **TECHNICAL SUIT BAN for 12&Us**

**Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.**

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

## **MAAPP**

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

## **SAFE SPORT**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

## **ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. and members of MSA or Sailfish Aquatics. All Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. **There will be no on deck registration available at this meet.**

## **MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS**

MSA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit MSA's ability to accommodate all requests.

## ENTRIES

Please email entries using Hy-Tek compatible software for entries. List all swimmers' ages as of September 25, 2021. Entries should be sent via email and must include the following:

- 1) A Hy-Tek compatible entry file
- 2) Team entry report
- 3) Financial report
- 4) A list of Coaches attending the meet to confirm current credentials

A swimmer's age on the first day of the meet will determine his/her age for the entire meet.

Deck entries will be accepted at the discretion of the Meet Director and Meet Referee.

## ENTRY LIMITATIONS

Swimmers may swim a maximum of 4 individual events, but no more than 3 events per session. Meet management reserves the right to limit and/or eliminate events to allow the meet to run in the allotted time.

## ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

## ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by 12:00 pm Monday, September 15, 2021. Late entries (between the entry deadline and Friday night before the meet) and/or deck entries may be accepted at the discretion of the Meet Director and Meet Referee. Deck entries may be allowed if they do not require reseeding of the meet and fees are paid on deck. Double fees will apply to all late/deck entries and must be paid before entry can be processed on deck. **Deck entries will be accepted from presently registered athletes. No on deck swimmer registration will be available.**

## ENTRY FEES

Make checks payable to: MSA ~ All fees are non-refundable	
Individual Event Fee	\$4.00 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$15.00 per swimmer
Late Entry Fee	Double the above individual entry fee

## SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order, but before No times. The 500 Free will be deck seeded fastest to slowest, alternating girls and boys heats. The 500 Free will be limited to the fastest 40 male and 40 female swimmers each. Entries may be limited to stay in allotted time. Events may be combined and/or breaks added at the discretion of the Meet Referee should they determine that it is in the best interest of the athletes.

## CHECK-IN

A positive check-in, located at the Clerk of Course, will be required for the following events:

- 500 Free

Check-in for events will be as stated in the Meet Schedule and Deadlines summary. Swimmers that fail to check in will be scratched from the event and not seeded.

Swimmers will have to provide their own timers and lap counters for the 500 Free.

<b>SCRATCHES</b>	There will be no penalty for scratching pre-seeded events at the block. There will also not be a penalty for missing deck-seeded events. However, we request that all coaches and athletes, as a courtesy to fellow athletes, officials and volunteers, follow the appropriate check-in and scratch procedures for the positive check-in events to allow the meet to run in a timely manner and avoid swimming with empty lanes.
<b>SCORING</b>	There will be no scoring for this meet.
<b>AWARDS</b>	There will be no awards for this meet.
<b>RESULTS</b>	Results will be posted at the venue throughout the meet and will be on the MSA website within 24 hours of the meet's conclusion. Additionally, results will be uploaded to Meet Mobile during the meet.
<b>COACHES</b>	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
<b>OFFICIALS/TIMERS/ VOLUNTEERS</b>	There will be a need for officials. <b>MSA welcomes</b> and encourages anyone willing to volunteer. Volunteering Officials should contact the Meet Referee by email <b><u>prior to the meet.</u></b> All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet/session. There will be a meeting at the day(s)/time(s) listed in the "Deadline and Meeting Summary" above. Meetings may be in-person at the meet or virtual in advance and assignments may be communicated electronically prior to each session. All officials are strongly encouraged to complete an individual personal review of applicable USAS rules prior to the meet. Officials should report at the time specified by the Meet Referee and bring a mask (if necessary) and a writing utensil.
<b>HOSPITALITY/ CONCESSIONS</b>	There will be a hospitality area open to coaches and official. Limited concessions may be available but athletes and spectators should plan to bring their own snacks and beverages in the event that there are no refreshments available for purchase.
<b>WARM-UP</b>	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. <b>There is to be no diving or horseplay in this area.</b>
<b>WAIVER/RELEASE</b>	As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. MSA, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting

permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

#### **IMAGE RELEASE**

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.



# ORDER OF EVENTS



Session 1 - Saturday, September 25 <sup>th</sup> 2021 Warm-Up 8:30 AM ♦ Meet Start 10:00 AM		
Girls	Event	Boys
1	15 & Over 100 Freestyle	2
3	9-10 50 Freestyle	4
5	8 & Under 25 Freestyle	6
7	15 & Over 100 Breaststroke	8
9	9-10 50 Breaststroke	10
11	8 & Under 25 Breaststroke	12
13	15 & Over 100 Butterfly	14
15	9-10 50 Butterfly	16
17	8 & Under 25 Butterfly	18
19	15 & Over 100 Backstroke	20
21	9-10 50 Backstroke	22
23	8 & Under 25 Backstroke	24
25	15 & Over 100 IM	26
27	9-10 100 IM	28
29	15 & Over 50 Freestyle	30

Session 2 (Saturday DISTANCE) - Saturday, September 25 <sup>th</sup> 2021 *Meet Start: 10 minutes after the conclusion of Session 1		
Girls	Event	Boys
31	15 and Over 500 Free**	32

\* Events will begin 10 minutes after Session 1 has ended.

\*\*Limited to the fastest 40 male /female each

Session 3 - Sunday, September 26 <sup>th</sup> 2021 Warm-Up 8:30 AM ♦ Meet Start 10:00 AM		
Girls	Event	Boys
33	11-12 50 Freestyle	34
35	13-14 100 Freestyle	36
37	11-12 50 Breaststroke	38
39	13-14 100 Breaststroke	40
41	11-12 50 Butterfly	42
43	13-14 100 Butterfly	44
45	11-12 50 Backstroke	46
47	13-14 100 Backstroke	48
49	11-12 100 IM	50
51	13-14 100 IM	52

Session 4 (Sunday IM) - Sunday, September 26 <sup>th</sup> 2021 *Meet Start: 10 minutes after the conclusion of Session 3		
Girls	Event	Boys
53	11-14 500 Free**	54

\* Events will begin 10 minutes after Session 3 has ended.

\*\*Limited to the fastest 40 male /female each





**2019 MSA Blue and White Intra-Squad Meet  
Summary of Fees/Release Form**

Peter Perers

[headcoach@msaswim.com](mailto:headcoach@msaswim.com)

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Event Entries		\$4.00 per event	
Swimmers (Travel Fund & Facility Surcharge)		\$18.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

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SIGNATURE (Coach or Club Representative)

CLUB

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TITLE

DATE