

## MAC Senior Intrasquad Meet Saturday, October 13, 2007

**Sanction:** Hold Under sanction of USA Swimming issued by North Carolina Swimming,

Inc. Sanction # NC07094.

**Host:** Mecklenburg Aquatic Club

**Facility**: Mecklenburg Aquatic Club

9850 Providence Road Charlotte, NC 28277 (704)846-5335

The MAC Swim Center at Charlotte Latin School is a 30,000 square foot facility featuring a 50-meter by 25-yard Paddock Pools racing tank. In the 10 –lane competition course, pool depth ranges from 6 feet to 12 feet with lanes that are 8-feet wide. Up to 10 lanes will be used for continuous warm-up and warm-down. The facility also features a Colorado 6000 system and ten-lane scoreboard. There is bleacher seating for 600 competitors and spectators.

Schedule: Saturday October 13, 2007 Senior Division(Sr I,II,III)

Session I

Warm-up: 9:00AM Timed Finals: 10:00AM

Saturday October 13, 2007 Shark Division(Blue, Orange, White)

Session II

Warm-up: 1:30PM Timed Finals: 2:30PM

**Eligibility:** This meet is open to all MAC Senior and Shark swimmers registered with USA

Swimming, Inc. and the Mecklenburg Aquatic Club. Session I will have Senior Division swimmers and Session II will have all Shark Division swimmers.

**Entry Limits:** Swimmers may swim up to 4 events.

**Rules**: This meet will be conducted in accordance with the current USA Swimming

Rules and Regulations and the NCS Official Handbook and NCS Safety program,

except wherein are optional and exceptions are stated.

**Warm-up:** In accordance with USA Swimming guidelines, there will be a published warm-

up procedure for all swimmers and coaches attending the meet. The Marshall will

ensure all teams, coaches, and swimmers follow all warm-up procedures.

During the competition there will be lanes available for continuous warm-up/warm-down. There is to be no diving or horseplay in this area.

**Entry Forms:** Entries can be submitted on a 3.5" Disk generated by HY-TEK Team Manager OR the enclosed meet entry forms and summary sheet. All computer entries must be accompanied by a hard copy oft the entire meet entry. Please list each swimmer's age as of October 13, 2007.

All entries, manual or computer generated must include the following forms:

1. Official Summary Sheet

2. Payment of Fees

**Fees:** \$8.00 per swimmer.

Please make checks payable to the Mecklenburg Aquatic Club.

**Entry:** Entries must be received by Monday October 8th, 2007 by 7:30PM.

No fax or phone entries. Late entries will be accepted at the discretion of

the Meet Director.

Please mail entries to: The Mecklenburg Aquatic Club

9850 Providence Road Charlotte, NC 28277

Meet

Management: Meet Director: Sarah Jane Plevka & Sonja Turpin

Meet Referee: Dick Vanhalsema Meet Marshall: Larry Hough

**Release**: USA Swimming, North Carolina Swimming, Inc., Charlotte Latin School and

The Mecklenburg Aquatic Club and all the employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of

this event.

**Attachments:** All events will be scored to 30<sup>th</sup> place. Relays will be non-scoring and just for

fun!

**Information:** Please contact MAC Coaching Staff @ 704-846-5335 form more information.



# **MAC Senior Intrasquad Meet**

	October 13, 2007			
HOST:	Mecklenburg Aquatic Club			
FACILITY:	MAC Swim Center at Charlotte Latin School 9850 Providence Road Charlotte, NC 28277 (704)846-5335			
SCHEDULE:	Saturday October 13, 2007 Session I Senior Division (Sr I,II,III) Warm-up: 9:00AM Timed Finals 10:00AM  Session II Shark Swimmers (Blue, Orange, White) Warm-up: 1:30pm Timed Finals 2:30pm			
<b>EVENTS:</b>	See Back Page			
<b>ELIGIBILITY:</b>	This meet is open to all MAC swimmers in the Senior and Shark divisions			
ENTRY LIMIT:	Each swimmer may swim up to 4 events per day and 1 relay.			
ENTRY FEE:	\$8.00 entry for each swimmer.			
NON- PARTICIPATION:	If you will not be competing in this meet you must return the non-participation form by Monday October 1, 2007.			
MAC SENIOR INTRASQUAD MEET NON-PARTICIPATION FORM DUE MONDAY OCTOBER 1, 2007				
NAME	GROUP			
REASON				
SIGNED	DATE			

### MAC Senior Intrasquad Meet Saturday October 13, 2007 Order of Events

## Saturday

#### **Session I**

Warm-ups: 9:00AM

10:00AM

October 13, 2007

Girls		Boys
Event #		Event #
1	Open 100 Fly	2
3	Open 100 Back	4
5	Open100 Butterfly	6
7	Open 200 Mystery Relay	8
9	Open 100 Breast	10
11	Open 100 Freestyle	12
13	Open 200 IM	14

#### **Session II**

Warm-ups: 1:30PM Meet: 2:30PM

Girls		Boys
Event #		Event #
15	Open 100 Fly	16
17	Open 100 Back	18
19	Open 100 Butterfly	20
21	Open 200 Mystery Relay	22
23	Open 100 Breast	24
25	Open 100 Freestyle	26
27	Open 200 IM	28