



**WAVES  
OF WILMINGTON**  
**WOW ONE DAY INVITE 2012**

Saturday October 27, 2012

UNCóWilmington

Wilmington, NC

- Sanction:** Held under the sanction of USA Swimming, Inc. issued by North Carolina Swimming, Inc. **Sanction #NC12137**
- Host:** Waves of Wilmington Swim Team
- Site Info:** UNCW Natatorium, Wilmington, NC  
The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The competition pool is an 8-lane 25-yard pool with non-turbulent lane lines (7 ft. width), Colorado electric timing, scoreboard, and fixed starting blocks. There is an additional 5-lane 20 yard pool for continuous warm up and warm down.
- Rules:** The meet will be conducted in accordance with USA Swimming Rules and Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Racing Starts:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Scratch Rule:** The North Carolina Scratch Rule will be in effect for this meet. For example:  
204.3 INDIVIDUAL SCRATCH RULE ó Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.  
204.3.2 EVENTS SEEDED ON THE DECK ó Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless he notifies the clerk of course before the seeding for that event has begun that he wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet information states otherwise, events seeded on deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 yards or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the

check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet information.

204.3.4 EXCEPTION FOR FAILURE TO COMPETE ó No penalty shall apply for failure to compete in or scratch an individual event if:

A) The Referee is notified in the event of illness or injury and accepts the proof thereof.

B) The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary head, swim-off, or re-swim.

C) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

- Scoring: This meet will not be scored.
- Classification: Age Group Events. **All sessions are timed final events.**
- Eligibility: All swimmers must be registered with USA Swimming, Inc.
- Disabilities: Waves of Wilmington, Inc. welcomes all swimmers with disabilities as described in the USA Swimming Technical Rules, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice to the meet director by the entry deadline accompanying their meet entry file, including the names of any personal assistants required and/or registered service animals. Failure to provide advance notice may limit WOW's ability to accommodate all requests.
- Entries: Submit entries in Hy-Tek Team Manager format.  
Email entries to [coachdave@swimwow.org](mailto:coachdave@swimwow.org)  
If you submit in TM format, please provide a hard copy of your entries. There will be no on deck registration. All relay only swimmers, including alternates, must be listed on the meet entry form and pay the ðNCSö Travel Fund surcharge. List swimmers age as of the first day of the meet.
- Entry Limit: 3 individual events per day
- Entry Fees: Individual Events: \$3.00 per event  
Relay Events: \$12.00 per event  
NSC Travel Fund: \$3.00 per swimmer  
Facility Surcharge: \$7.00 per swimmer
- Entry Deadline: Wednesday October 17, 2012.  
Double entry fees will be charged for late entries, if accepted. A late entry is any entry received after 9:00 pm on Wednesday, October 17, 2012. All fees are non-refundable. A check made out to ðWaves of Wilmingtonö must accompany all entries.

Meet Director: David Sokolofsky  
P.O. Box 16554  
Wilmington, NC 28408  
[coachdave@swimwow.org](mailto:coachdave@swimwow.org)

Awards: No Awards

Time Schedule: Warm up: 7:45 AM, Meet Start: 8:30 AM

\*There will be an officials meeting 30 minutes prior to the start of each session. All officials are encouraged to volunteer\*

Warm-Ups: Guidelines will be published in coach's packet to be picked up at clerk of course upon arrival.

Hospitality: No hospitality

Volunteers: Any volunteer officials and/or timers will be greatly appreciated.

Meet Referee John Jewell: [JMJ2@ec.rr.com](mailto:JMJ2@ec.rr.com)

Meet Marshall: Scott Hannum: [hannumsq@wilmorth.com](mailto:hannumsq@wilmorth.com)

Safety: The North Carolina Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated! No parents will be allowed on the deck. Coaches will not be allowed behind the starting blocks during competition. All coaches will be required to display current coach's credentials to the meet marshal to remain on deck.

Release Statement: USA Swimming Inc., North Carolina Swimming, Inc., University of North Carolina Wilmington, Waves of Wilmington, Inc. and other governing bodies of the facilities shall be held free and harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

*All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.*

## ORDER OF EVENTS

Saturday, October 27, 2012

WARM UP 7:45 AM / START 8:30 AM

Women		Men
1	8 & Under 25 Freestyle	2
3	9-12 50 Freestyle	4
5	13 & Over 100 Freestyle	6
7	8 & Under 25 Butterfly	8
9	9-12 50 Butterfly	10
11	13 & Over 100 Butterfly	12
13	8 & Under 25 Backstroke	14
15	9-12 50 Backstroke	16
17	13 & Over 100 Backstroke	18
19	8 & Under 25 Breaststroke	20
21	9-12 50 Breaststroke	22
23	13 & Over 100 Breaststroke	24
25	8 & Under 100 IM	26
27	9-12 100 IM	28
29	13 & Over 200 IM	30
31	8 & Under 100 Freestyle Relay	32
33	9-12 200 Freestyle Relay	34
35	13 & Over 200 Freestyle Relay	36