

**RAC YMCA Red/Blue Intra-squad
JF Hurley Family YMCA
September 29, 2012**

Sanction:

This is a closed YMCA meet. The meet will be USA Swimming approved and will be conducted in accordance with current USA Swimming Technical Rules.

Approval #NC12109AP

Facility Information:

JF Hurley YMCA
828 Jake Alexander Blvd. NW
Salisbury, NC 28147
(704) 636-0111

The pool is an eight-lane, 25 yard pool with non-turbulent lane lines and stationary starting blocks. Pool is 7 feet deep on the start end and 4 feet deep on the turn end, with lane widths of just under 7 feet. Electronic timing/start and computer results will be used. Spectator seating is available. The competition course has not been certified in accordance with 104.2.2C(4).

There will be a warm up/cool down pool available during the meet.

Spectator seating is available on deck.

Parking:

Parking will be available in the main YMCA parking lot in front of the building.

Schedule:

Saturday
Warm Up: 7:30 AM
Meet Start: 8:00 AM

Eligibility:

This is a YMCA meet. All swimmers must be members of the RACY YMCA swim team. Swimmers ages will be determined as of September 29, 2012.

Swimmers with Disabilities

RACY welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit RACY's ability to accommodate all requests.

Classification:

This is an Age Group/Senior meet with no minimum or maximum time standards.

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Officials Meeting:

An officials meeting will be conducted 30 minutes prior to the start of the meet on the pool deck.

Meet Referee:

Steve Frazell (frazheels4@aol.com)

Meet Director:

Jamie Knorr (swimmomof5@gmail.com)

Meet Marshal:

Sheri Rodenhuis

Concessions:

Concessions may be sold on the pool deck.

Release:

USA swimming, Inc., North Carolina Swimming, Inc., JF Hurley Family YMCA, Rowan Aquatic Club YMCA swim team (RACY), and the YMCA of Rowan County shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Safety:

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the JF Hurley Family YMCA or any other restrictions that are posted for the safety of the people in attendance or to protect JF Hurley Family YMCA property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Racing Starts:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Order of Events

Saturday, September 29, 2012 - Warm Ups: 7:30 AM, Meet Start: 8:00 AM

Girls Event #	Age Group Distance & Stroke	Boys Event #
1	8 & Under 100 Medley Relay	2
3	10 & Under 100 Medley Relay	4
5	11-12 200 Medley Relay	6
7	6 & Under 25 Back	8
9	7-8 25 Back	10
11	9-10 50 Back	12
13	11-14 50 Back	14
15	Senior 50 Back	16
17	6 & Under 25 Breast	18
19	7-8 25 Breast	20
21	9-10 50 Breast	22
23	11-14 50 Breast	24
25	Senior 50 Breast	26
27	6 & Under 100 IM	28
29	7 & 8 100 IM	30
31	9-10 200 IM	32
33	11-14 200 IM	34
35	Senior 200 IM	36
37	6 & Under 25 Fly	38
39	7-8 25 Fly	40
41	9-10 50 Fly	42
43	11-14 50 Fly	44
45	Senior 50 Fly	46
47	6 & Under 25 Free	48
49	7-8 25 Free	50
51	9-10 50 Free	52
53	11-14 50 Free	54
55	Senior 50 Free	56
57	8U 100 Free Relay	58
59	10 & Under 200 Free Relay	60
61	11-12 200 Free Relay	62

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Financial Summary Sheet**

Age Group	Individual Entries			Relay Entries		
	Total # of Swimmers @ \$0.00	Total Meet Surcharge	Total # of Individual Entries @ \$0.00	Total Individual Entry Fees	Total # of Relay Entries @ \$0.00	Total Relay Entry Fees
8 & Under Girls		N/A				
9 - 10 Girls		N/A				
11 ó 12 Girls		N/A				
13 ó 14 Girls		N/A				
15 & Over Girls		N/A				
8 & Under Boys		N/A				
9 - 10 Boys		N/A				
11 ó 12 Boys		N/A				
13 ó 14 Boys		N/A				
15 & Over Boys		N/A				

Total Entry Fee:	\$ 0.00
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Coach: _____ **Phone:** _____

E-Mail: _____

Club: Rowan Aquatic Club ó YMCA **Club Code:** RACY **LSC:** North Carolina

Mailing Address:
(For Final Results) _____

Secondary Contact: _____ **Phone:** _____

E-Mail: _____

Number of Coaches Attending Meet: _____

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Coaches Signature: _____ **Date:** _____