



**SWIMMAC MARLIN RISING STAR MEET**

Hosted By SwimMAC Carolina

Saturday, January 12, 2013

Held At SwimMAC @ Charlotte Latin

9850 Providence RD, Charlotte, NC 28277

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Sanction #NC13018**

<b>MEET DIRECTOR</b> Kristen Lyons - 704.231.6595 <a href="mailto:Jklyons@yahoo.com">Jklyons@yahoo.com</a>	<b>MEET ENTRY COORDINATOR</b> Terry Fritch 704.846.5335 <a href="mailto:tfritch@swimmaccarolina.org">tfritch@swimmaccarolina.org</a>
<b>MEET REFEREE</b> Craig Fisher 704.995.6014 <a href="mailto:Cfisher36@carolina.rr.com">Cfisher36@carolina.rr.com</a>	<b>MEET MARSHALL</b> Lindsay Treece 704.846.5335 <a href="mailto:ltreece@swimmaccarolina.org">ltreece@swimmaccarolina.org</a>

**FACILITY**

The MAC Swim Center is a 30,000 square foot facility featuring a 50 meter by 25 yard Paddock Pool racing tank. The pool is equipped with Competitor 4" Racing Lanes and uses pedestal Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and a ten lane scoreboard. Hy-Tek Meet Manager software will be used. In the 25 yard competition pool, the pool depth ranges from 6 feet at the starting end to 12 feet at the far end of the pool with ten, 8 foot wide lanes. There will be up to 12 additional lanes available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is bleacher seating for 600 competitors and spectators.

**MEET FORMAT**

This is a timed final pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	2:45 PM	3:15 PM	11 & Unders

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Thurs., Jan. 3 <sup>rd</sup> , 2013	5:00 PM	Entry deadline
Sat., Jan. 12 <sup>th</sup> , 2013	2:45 PM	Official Briefing

- SAFETY** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.
- RACING STARTS** Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- RULES** This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is strongly discouraged
- ELIGIBILITY** All swimmers must be registered with USA Swimming, Inc. and SwimMAC. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. **The 2013-2016 NAG Time standards are in effect for this meet. These sessions are for 12 & Under swimmers with fewer than two "BB" times.**
- SWIMMERS WITH DISABILITIES** SwimMAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC's ability to accommodate all requests.
- ENTRIES** Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. A swimmer's age on the first day of the meet will determine their age for the entire meet. Entries will be received until the four hour rule is reached. Entries received thereafter will be returned immediately.
- ENTRY LIMITATIONS** Swimmers may swim a maximum of 4 individual events.
- ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
- ENTRY DEADLINES** The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

**ENTRY FEES**

<b>Make checks payable to: SwimMAC; All fees are non-refundable</b>	
Individual Event	\$2.50 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$10.00 per swimmer
Late Entry Fee	\$2.50 per event

<b>SEEDING</b>	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.
<b>CHECK-IN</b>	None
<b>SCRATCHES</b>	There will be no penalty for scratching pre-seeded events at the block.
<b>SCORING</b>	None
<b>AWARDS</b>	Ribbons will be awarded for 1 <sup>st</sup> thru 10 <sup>th</sup> for each age group. 8 & Under, & 9-10
<b>RESULTS</b>	Results will be posted on SwimMAC's website within 24 hours of the meets conclusion.
<b>COACHES</b>	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. A general meeting may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. . Coaches are accountable for all information presented in the coaches meetings.
<b>OFFICIALS/TIMERS/ VOLUNTEERS</b>	There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
<b>HOSPITALITY/ CONCESSIONS</b>	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
<b>WARM-UP</b>	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

**WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. SwimMAC, Charlotte Latin, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

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**ORDER OF EVENTS**

Saturday, January 12, 2013

Warm-up: 2:45 PM; Meet Start: 3:15 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>1</b>	<b>10 &amp; under 50 Back</b>	<b>2</b>
<b>3</b>	<b>12 &amp; under 100 Back</b>	<b>4</b>
<b>5</b>	<b>8 &amp; under 25 Breast</b>	<b>6</b>
<b>7</b>	<b>10 &amp; under 50 Breast</b>	<b>8</b>
<b>9</b>	<b>12 &amp; under 100 Breast</b>	<b>10</b>
<b>11</b>	<b>10 &amp; under 25 Fly</b>	<b>12</b>
<b>13</b>	<b>12 &amp; under 50 Fly</b>	<b>14</b>
<b>15</b>	<b>10 &amp; under 50 Free</b>	<b>16</b>
<b>17</b>	<b>12 &amp; under 100 Free</b>	<b>18</b>
<b>19</b>	<b>12 &amp; Under 100 IM</b>	<b>20</b>