



## DUKE AQUATICS' NIKE INVITATIONAL



January 11 - 13, 2013  
Hillsborough Sportsplex

- Sanction:** Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. **NCS Sanction #NC13002**
- Facility:** The Sportsplex pool is an 11 lane, 25 yard course pool with non-turbulent lane markers and deck-anchored starting blocks. It is 6 feet deep at the starting end. The Colorado Timing system will be used along with watches in each of 10 eight-foot wide lanes for competition. In addition to the competition pool, there is a warm-up/warm-down pool with 3 lanes for continuous use throughout the meet. Spectator seating for approximately 400 people is available on one side of the pool and there is deck space for additional folding chairs. The facility also has a snack bar. Locker rooms for women and men are available. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, rest rooms, or locker rooms. The competition course has not been certified in accordance with 104.2.2C(4).
- Facility Rules:** This facility forbids coolers, food or beverages from being brought into the building. Please inform your families of this rule.  
Also:  
- No smoking is allowed in the building.  
- No glass containers are allowed.  
- Shoes are required in the lobby due to ice skaters on the premises.  
All persons on deck must be meet volunteers or USA Swimming card carrying, certified coaches, officials, or registered swimmers.
- Rules:** The meet will be conducted in accordance with USA Swimming Rules and Regulations and NCS Safety program, except where the rules therein are optional, and exceptions are herein stated.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

All events will be swum as timed finals.

All events 400 yards or longer will be deck seeded. Positive check-in for those events will be required 45 minutes prior to the start of their respective sessions. The North Carolina Scratch Rule will be in effect. Swimmers checking in but not swimming the event will be disqualified from their next individual event.

The 400 IM will be swum slowest to fastest, all girls followed by all boys. The 500 Free will be swum in the order of the 3 fastest heats of girls, slow to fast, followed by the 3 fastest heats of boys, slow to fast, and then alternating girls and boys, fastest to slowest.

The 1000 Free will be swum fastest to slowest, alternating women and men and may be limited to the fastest 30 swimmers of each gender. Swimmers must provide their own timer and counter for 500 Free and 1000 Free events.

Meet management reserves the right to combine events as needed and reserves the right to limit the number of heats in any event 400 yards or longer.

**Classification:**

This is an age group/senior meet with no minimum or maximum time standards.

**Eligibility:**

All swimmers must be registered with USA Swimming, Inc.  
All events will be swum as timed finals.

Duke Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit DA's ability to accommodate all requests.

**Entries:**

Please submit entries using Hy-Tek or Team Unify software via email, list the swimmer's age as of January 11, 2013. Only properly completed entries with payment will be accepted.

**(1) Payment must accompany all entries.**

**(2) Deck entries will be taken only for those swimmers already entered in the meet.**

**(3) Please send an email to [dukeinvite@yahoo.com](mailto:dukeinvite@yahoo.com) indicating the approximate number of swimmers your team plans to bring to the meet. This information is for planning purposes only and does not indicate acceptance into the meet.**

**Entry limit:** Swimmers are limited to 4 individual events and one relay per day, not to exceed 10 events for the meet. Meet management reserves the right to limit team entries in order to manage the timeline. Any team affected will be notified by telephone or e-mail and entry fees will be refunded. These are the only fees that will be refunded.

**Entry Deadline:** **Tuesday, January 1, 2013.**  
Entries will be accepted up to 9 PM on Tuesday, January 1<sup>st</sup>, 2013. Telephone entries will not be accepted, although changes to entries may be accepted by phone or e-mail. Please follow-up to make sure that the Meet Director has received any meet entry changes. Late entries may be accepted at the discretion of the Meet Director but will be charged double and may not be seeded. Entries will be accepted in the order in which completed entries are received. Entries may be limited at the discretion of the Meet Director in order to manage the timeline. If the meet is filled, we reserve the right to reject and return entries even if received prior to the deadline.

**Entry fees:**

Individual Events:	\$2.50 per event (NCS registered swimmers)
	\$3.00 per event (outside NCS-LSC swimmers)
Relay Events:	\$8.00 per event
Facility Surcharge:	\$10.00 per swimmer
NCS Travel Fund:	\$3.00 per swimmer

NT entries will not be accepted. All swimmers should be accurately entered with their current best times. Entry times will be verified through the SWIMS database. All fees are non-refundable. Double fees will be charged for late entries, if accepted. A late entry is any entry received on or after 9 PM Tuesday, January 1<sup>st</sup> 2013.

**Send entries to:** **Duke Aquatics Nike Invitational**  
3020 Pickett Road  
Suite 424  
Durham, NC 27705  
[dukeinvite@yahoo.com](mailto:dukeinvite@yahoo.com)

Please do not send entries in a manner that requires signature upon delivery. Please send intentions to attend along with expected numbers of age group and seniors swimmers by Dec 20<sup>th</sup> 2012.

**Order of events:** See attached schedule.

**Session Schedule:**  
Friday PM Session: Warm-ups: 4:00 PM. Meet begins at 5:15 PM

AM Sessions: Saturday and Sunday: Warm-ups 7:00 AM. Meet begins at 8:00 AM

- PM Sessions:** Saturday & Sunday: Warm-ups immediately after the morning session but not before 11:30 AM. Meet begins 45 minutes after the start of warm-ups.
- Awards:** Ribbons will be awarded for 12 & under age groups.  
Individual events: 1<sup>st</sup> ó 8<sup>th</sup> place ribbons  
Relays: 1<sup>st</sup> ó 3<sup>rd</sup> place ribbons  
13 & over events will be swum combined but separated into 13-14 and 15 and up for results.
- Scoring:** This meet will not be scored.
- Warm-up Schedule:** Specific warm-ups will be held in accordance with the NCS Safety Program. Lane assignments for warm-ups will be provided in the coaches' packet. A current coach's card will be required to obtain the packet. Please begin warm-up procedures at the starting end of the pool only. Diving will not be allowed until the specific warm-up period is announced. Specific warm-up procedures will be described in the coaches' packets as well.
- Safety:** The NCS Safety Program is in effect for this meet. Coaches are requested to supervise their swimmers at all times. No running or horseplay will be allowed.
- Racing Starts:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Meet Director:** Michele Schaefer (dukeaquaticmeets@gmail.com)
- Meet Referee:** Colleen Gillan (csgillan@charter.net)
- Meet Marshall:** Sandy Falise
- Officials' Meeting:** There will be an officials' meeting at 4:30 PM Friday and 30 minutes prior to the start of each of the other sessions as needed.
- Coaches' Meeting:** There will be coaches' meeting at 3:45 PM Friday in the hospitality room.
- Hospitality:** Food and drink will be provided to the coaches, officials and volunteers.
- Concessions:** Concessions are available at the Sportsplex.
- Volunteers:** Volunteer timers and officials are always welcome.

# DUKE AQUATICS NIKE INVITATIONAL

## ORDER OF EVENTS

### Friday Evening, January 11, 2013

#### Warm-ups 4:00 PM / Timed Finals 5:15 PM

Women	Event	Men
1*	Senior 400 IM	2*
3	12 & Under 200 IM	4
5*	Senior 500 Free	6*

\*Deck seeded events with positive check-in to be completed by 4:30 PM. Swimmers not checked in, will be scratched from the event.

### Saturday Morning, January 12, 2013

#### Warm-ups 7:00 AM / Timed Finals 8:00 AM

Women	Event	Men
7	Senior 200 Free	8
9	Senior 100 Back	10
11	Senior 200 Fly	12
13	Senior 50 Free	14
15	Senior 200 Breast	16
	5 Minute Break	
17	13-14 200 Medley Relay	18
19	Senior 200 Medley Relay	20

### Saturday Afternoon, January 12, 2013

#### Warm-ups not before 11:30 AM / Timed Finals not before 12:15 PM

Women	Event	Men
21	10 & U 100 Breast	22
23	11-12 100 Breast	24
25	10 & U 200 Free	26
27	11-12 200 Free	28
29	10 & U 50 Back	30
31	12 & U 200 Back	32
33	11-12 50 Back	34
35	10 & U 100 Fly	36
37	11-12 100 Fly	38
39	10 & U 50 Free	40
41	11-12 50 Free	42
43	10 & U 200 Medley Relay	44
45	11-12 200 Medley Relay	46

# DUKE AQUATICS NIKE INVITATIONAL

## ORDER OF EVENTS

### Sunday Morning, January 13, 2013

#### Warm-ups 7:00 AM / Timed Finals 8:00 AM

Women	Event	Men
47	Senior 100 Free	48
49	Senior 100 Breast	50
51	Senior 200 Back	52
53	Senior 100 Fly	54
55	Senior 200 IM	56
57	13-14 200 Free Relay	58
59	Senior 200 Free Relay	60
	10 Minute Break	
61*	Senior 1000 Free	62*

\*Deck seeded events with positive check-in required by 7:00 AM. Swimmers who have not been checked in will be scratched from the event. The 1000 Free will be swum fastest to slowest, alternating women and men and may be limited to the fastest 30 of each gender.

### Sunday Afternoon, January 13, 2013

#### Warm-ups not before 11:30 AM / Timed Finals not before 12:15 PM

Women	Event	Men
63	10 & U 100 IM	64
65	11-12 100 IM	66
67	10 & U 100 Free	68
69	11-12 100 Free	70
71	10 & U 50 Breast	72
73	12 & U 200 Breast	74
75	11-12 50 Breast	76
77	10 & U 100 Back	78
79	11-12 100 Back	80
81	10 & U 50 Fly	82
83	12 & U 200 Fly	84
85	11-12 50 Fly	86
87	10 & U 200 Free Relay	88
89	11-12 200 Free Relay	90

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January 11 ó 13, 2013

## ENTRY FEES SUMMARY SHEET

TOTAL # SWIMMERS	NCS TRAVEL FUND \$3 PER SWIMMER	FACILITY SURCHARGE \$10 PER SWIMMER	TOTAL INDIVIDUAL ENTRIES	INDIV ENTRIES \$2.50 NC; \$3.00 OUT OF STATE	TOTAL # RELAYS	RELAY FEE \$8 PER RELAY

TOTAL NCS TRAVEL \$ \_\_\_\_\_

TOTAL FACILITY SURCHARGE \$ \_\_\_\_\_

TOTAL INDIVIDUAL ENTRY FEES \$ \_\_\_\_\_

TOTAL RELAY FEES \$ \_\_\_\_\_

**TOTAL FEES DUE WITH ENTRY \$ \_\_\_\_\_**

Please return this summary sheet with entry fees.

Please make checks payable to [Duke Aquatics](#).

USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC., DUKE AQUATICS, TRIANGLE SPORTSPLEX, AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

Signature on the entry summary and entry into this meet constitutes understanding and acceptance of the above release.

Head Coach's Signature \_\_\_\_\_ Print Name \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Phone \_\_\_\_\_

Club Name \_\_\_\_\_ Club Code \_\_\_\_\_

Club Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

## **HOTEL INFORMATION**

If you require lodging for your team, we have partnered with the Hotel Guy, Mark Rosoff. Please contact The Hotel Guy with your requirements. Mark works with a variety of hotels in the area and can provide you with the best room rates at a hotel which best fits your team's budget and needs:

Email: [markthehotelguy@gmail.com](mailto:markthehotelguy@gmail.com)

Telephone: 919-417-3494

Web Site: <http://thehotelguy.org/>