

Nomad Aquatic and Fitness

10 AND UNDER MEET
 NOMAD AQUATICS
 SAT., OCTOBER 6TH, 2012
 NOMAD AQUATICS AND FITNESS
 11202 HARRIS RD.
 HUNTERSVILLE, NC 28078

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction # NC12106

MEET DIRECTOR	MEET ENTRY COORDINATOR
MISSY HUBBARD 704-949-1543 missy@nomadaquatic.com	LEIGH BROWN 11202 Harris Rd. Huntersville, NC 28078 704-949-1555 leigh@nomadaquatic.com
MEET REFEREE	MEET MARSHALL
Bill Vey 704-875-0794 wvey@carolina.rr.com	MISSY HUBBARD 704-949-1543 missy@nomadaquatic.com

FACILITY

Competition pool with 10 lanes, depth is 6 ft. equipped with non-turbulent 8' wide lane lines and built-in/permanent starting blocks. An IST electronic timing system with ten-line scoreboard will be used. Stopwatches/backup buttons will be used for backup times. 1500 sq.ft locker rooms are provided for athletes. Spectator seating for 500. Spectators to bring their tents and chairs. Visit www.nomadaquatics.com to view the facility. The competition course has not been certified in accordance with 104.2.2C(4).

MEET FORMAT

This is a timed final 10 and under meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:00 AM	9:00 AM	10-under

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wed. 9/26/2012	6:00 PM	Entry deadline: Sept.26 th 2012
Sat. 10/6/2012	7:45 AM	Coaches Meeting

SAFETY	The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.
RACING STARTS	Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
RULES	This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.
SWIMMERS WITH DISABILITIES	Nomad Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Nomad Aquatics ability to accommodate all requests.
ENTRIES	Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. and payment in full must be received by the Meet Entry Coordinator by the entry deadline. A swimmer's age on the first day of the meet will determine their age for the entire meet. HOST TEAM entries will be entered first and then accept teams/entries in the order received, until the four/eight hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.
ENTRY LIMITATIONS	Swimmers may swim a maximum of 5 individual events plus 2 relays per day
ENTRY VERIFICATION	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
ENTRY DEADLINES	The Meet Entry Coordinator must receive entries by Wed.Sept.26 th by 6:00pm Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES

Individual Event	\$2.50 per event
Relays	\$8.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$7 per swimmer
Late Entry Fee	Double the individual event and relay fees listed

- SEEDING** The conforming time standard for this meet is short/long course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order
- SCRATCHES** There will be no penalty for scratching pre-seeded events at the block. .
- SCORING** Meet will not be scored
- AWARDS** Ribbons will be awarded to the top 6 finishers in each age group, 8 & Under, 9-10, ribbons will be awarded to top 3 relay finishers.
- RESULTS** Results will be posted on Nomad's website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
- COACHES** All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting Sat.Oct.6th at 7:45 in hospitality located behind the warm pool. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
- OFFICIALS/TIMERS/
VOLUNTEERS** There will be a need for officials. Nomad Aquatics welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held one hour prior to the start of each session in the hospitality area.
- HOSPITALITY/
CONCESSIONS** There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Nomad Aquatics and Fitness, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Saturday, Oct.6th,2012

Warm-up: 8:00am; Meet Start: 9:00am

Girls/Women	Event	Boys/Men
1	10 UNDER 200 FR REL	2
3	8 UNDER FR REL	4
5	10 UNDER 100 IM	6
7	8 UNDER 25 FR	8
9	10 UNDER 50 FR	10
11	8 UNDER 25 FLY	12
13	10 UNDER 50 FLY	14
15	8 UNDER 25 BACK	16
17	10 UNDER 50 BACK	18
19	8 UNDER 25 BREAST	20
21	10 UNDER 50 BREAST	22
23	10 UNDER 100 FREE	24
25	8 UNDER MED.REL	26
27	10 UNDER MED.REL	28