

YOTA

SWIM TEAM

2012 YMCA of the Triangle Area Swim Team Closed IntraSquad – Meet Information October 6th, 2012

- Site:** NC State University
Willis Casey Natatorium located within Carmichael Gymnasium
2611 Cates Avenue
Raleigh, NC 27695
- Date:** Saturday October 6th 2012
- Times:** Saturday:
All age groups: Warm Up 7:00 AM. Meet start 8:00 AM
- Sanction:** Held under the sanction of the USA Swimming, INC., Issued by North Carolina Swimming, INC., NCS
Sanction #NC12122
- Parking:** Parking will be available around the Carmichael Gymnasium complex and within the Cates Avenue
Parking Deck on the NCSU campus.
- Facility:** Willis Casey Natatorium located within Carmichael Gymnasium

This facility is an 8 lane, 25 yard pool with depths ranging from 4 - 10 feet. We will be using KDI
Paragon starting platforms and a Colorado Timing System. The competition course has not been
certified in accordance with 104.2.2C(4). There will be changing rooms for all competitors and ample
seating for spectators.

**NOTE: NO FOOD OR DRINK ALLOWED ON THE DECK. NO TOBACCO USE ALLOWED IN ANY PART
OF THE BUILDING.**
- Rules:** The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and
the NCS Safety program, except where rules therein are optional and exceptions are herein stated. All
events will be timed finals. Use of audio or visual recording devices, including a cell phone, is not
permitted in changing areas, rest rooms or locker rooms.
- Classification:** 8 & under age group session and a 9-10, 11-12 year old age group session, and a 13 & over age group
session. Meet host reserves the right to combine the sessions of the meet if numbers are too small.
- Eligibility:** All swimmers must be registered with USA Swimming Inc.

YOTA welcomes all swimmers with disabilities as described in the USA Swimming Rules and
Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that
require any accommodations are required to provide advance notice in writing to the meet director by
the entry deadline accompanying their meet entry file, including the need for any personal assistants
required and/or registered service animals. Failure to provide advance notice may limit YOTA's ability
to accommodate all requests.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be
certified by a USA Swimming member coach as being proficient in performing a racing start or must
start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal
guardian to ensure compliance with this requirement.
- Entries:** Submit entries on disk using Hy-Tek CL2 format, by standard date interchange format (SD3). You
must list swimmers' age **as of October 6th, 2012**. Use best yard times achieved. All swimmers must be
registered USA Swimming members by your local LSC. You can find the Hy-Tek order of events file at
the North Carolina Swimming website at www.ncswim.org. No Deck Entries will be accepted.

Entry Limit: 12 & under swimmers may enter 4 individual events. 13 & over swimmers may enter 5 individual events.

Fees: None

Scoring: None

Awards: No awards will be given at this meet.

Warm Ups: The warm-up will be 50 minutes long and you will be able to do dive starts during your warm-up session in your lanes only. Warm up assignments will be determined before the meet. There is no diving from the shallow end of the pool.

Safety: The NCS Safety Program is in effect for the meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

Credentials: All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.

Meet Director: Kale Stevens (Kale.Stevens@YMCATriangle.org)
Tammy Minyard (tammy.minyard@YMCATriangle.org)

Meet Referee: Robert (Bob) Davis (bobjdavis@gmail.com)

Meet Marshall: Tammy Minyard (tammy.minyard@YMCATriangle.org)

Officials Meeting: The Officials meeting will take place at 7:30 AM.

Hospitality: Hospitality will be open to officials, coaches, and meet workers.

Release Statement: USA Swimming, Inc., North Carolina Swimming, Inc, YMCA of the Triangle Area Swim Team, and NC State University shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Order of Events:

YOTA Intra-Squad Session 1 Saturday, October 6th, 2012 7:00am warm-up; 8:00am meet start		
GIRLS	EVENTS	BOYS
1	8 & Under 25 BACK	2
3	9-10 50 BACK	4
5	11-12 50 BACK	6
7	13 & over 50 BACK	8
9	8 & Under 25 FLY	10
11	9-10 50 FLY	12
13	11-12 50 FLY	14
15	13 & over 50 FLY	16
17	8 & Under 25 FREE	18
19	9-10 50 FREE	20
21	11-12 50 FREE	22
23	13 & over 50 FREE	24
25	8 & Under 25 BREAST	26
27	9-10 50 BREAST	28
29	11-12 50 BREAST	30
31	13 & over 50 BREAST	32
33	13 & over 100 IM	34