

# WCSA Lenoir Mid Summer Meet

## June 19th , 2012

<b>LOCATION</b>	William B. Stronach, Jr. Aquatic and Fitness Center 1031 Jim Barger Rd. Lenoir, NC 28645
<b>DATE/TIME</b>	Warm-ups begin at 5:40 pm, and the meet starts at 6:30 pm. There will be an officials meeting at 6:00 pm. at the timing table tent. There will be a coaches meeting at 6:25 at the timing table tent.
<b>FACILITY</b>	Competition Pool with 8 lanes, depths ranging from 3 1/2 to 12 feet, 7 feet wide and equipped with non-turbulent lane lines. Paddock starting blocks will be used. The competition course has not been certified in accordance with 104.2.2C(4). Stop Watches will be used. <b>Relays-Swimmers starting from shallow end must start in the water.</b>
<b>RULES</b>	<p>The meet will be conducted in accordance with the current USA Swimming Rules &amp; Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.</p> <p>Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.</p>
<b>CREDENTIALS</b>	All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck.
<b>OFFICIALS</b>	Officials meeting will be held at 6:00 at the timing table tent
<b>SANCTION</b>	Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction #NC12084
<b>CLASSIFICATION</b>	Closed WCSA Meet, age group.
<b>ELIGIBILITY</b>	All swimmers must be properly registered with USA Swimming, Inc. Also, swimmers must be members of WCSA.
<b>Disability Statement</b>	Swim Lenoir welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Swim Lenoir's ability to accommodate all requests.

<b>SAFETY</b>	The North Carolina Swimming Safety Guidelines will be in effect during this meet. Coaches are advised to supervise their swimmers at all times. No running or horseplay will be tolerated.
<b>RACING STARTS</b>	Any swimmer entered into the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>RELEASE STATEMENT</b>	"USA Swimming, Inc., North Carolina Swimming, Inc., Swim Lenoir, Inc., and the William B. Stronach, Jr. Aquatic and Fitness Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet."
<b>ENTRIES</b>	Entries must be submitted using HY6TEK's Team Manager. Entries may be mailed on diskette or e-mailed. List ages of swimmers as of June 19th, 2012.
<b>ENTRY LIMIT</b>	Swimmers may enter a maximum of three (3) individual events and two (2) relay events.
<b>ENTRY DEADLINE</b>	ENTRIES MUST BE RECEIVED NO LATER THAN Friday, June 15th, 2012.
<b>SEND ENTRIES TO</b>	<a href="mailto:king420@charter.net">king420@charter.net</a>
<b>ENTRY FEES</b>	\$10.00 per swimmer. Make checks payable to Swim Lenoir.
<b>AWARDS</b>	Ribbons will be given 1 <sup>st</sup> thru 8 <sup>th</sup> place for individual events and 1 <sup>st</sup> thru 3 <sup>rd</sup> place for relay events.
<b>SCORING</b>	Scoring will be 9-7-6-5-4-3-2-1 for individual events and double for relays (Maximum of two relays per team may score)
<b>WARM-UPS</b>	Warm-ups begin at 5:40pm. öThe NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.ö
<b>MEET DIRECTOR</b>	Todd King <a href="mailto:king420@charter.net">king420@charter.net</a>
<b>MEET REFEREE</b>	Bob Esch <a href="mailto:resch12@charter.net">resch12@charter.net</a>
<b>MEET MARSHALL</b>	Todd King
<b>QUESTIONS</b>	Please direct all questions to the Meet Director

# WCSA Order of Events

<b>GIRLS</b>		<b>BOYS</b>
1	12 & UNDER 200 IM	2
3	SENIOR 200 IM	4
5	8 & UNDER 200 FREE REL	6
7	12 & UNDER 200 FREE REL	8
9	SENIOR 200 FREE REL	10
11	8 & UNDER 50 FREE	12
13	12 & Under 50 FREE	14
15	SENIOR 100 FREE	16
17	8 & UNDER 50 BR	18
19	12 & Under 50 BR	20
21	SENIOR 100 BR	22
23	8 & UNDER 50 BACK	24
25	12 & UNDER 50 BACK	26
27	SENIOR 100 BACK	28
29	8 & UNDER 50 FLY	30
31	12 & UNDER 50 FLY	32
33	SENIOR 100 FLY	34
35	8 & UNDER 200 MED RELAY	36
37	12 & UNDER 200 MED RELAY	38
39	SENIOR 200 MED RELAY	40