



YBAC Hurricanes Spring LC Invitational

Hosted by YBAC Hurricanes

May 19 & 20, 2012

The Greensboro Aquatic Center
1921 West Lee Street, Greensboro, NC 27403



Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC12054

MEET DIRECTOR	MEET ENTRY COORDINATOR
David McDevitt 336-395-9622 dmcdevitt@acymca.org	David McDevitt 1346 S Main St. Burlington, NC 27215 336-395-9622 dmcdevitt@acymca.org
MEET REFEREE	MEET MARSHALL
Trish Martin 336-327-4697 GSAofficials@GSAswim.org	Beth Burge 336-226-0810 burgeb@labcorp.com

FACILITY

The Greensboro Aquatic Center is a state-of-the-art indoor facility with three pools which opened in August 2011. The main competition pool is 9-10 feet deep at both ends. 8 lanes 50 Meter course will be used for competition. All lanes feature non-turbulent lane lines and Colorado starting blocks. Eight lanes will be used for this competition. The Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The Diving well with seven lanes will be open for continuous warm up and down. Seating for 1800 spectators is available. Parking will be available for \$4 per day with unlimited entry and exit. Free parking will be provided for coaches and officials working the meet.

MEET FORMAT

This is a timed final Age Group/Senior, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday AM	7:30 AM	8:30 AM	13 & Older
2	Saturday PM	12:30 PM	1:30 PM	12 & Under
3	Sunday AM	7:30 AM	8:30 AM	13 & Older
4	Sunday PM	12:30 PM	1:30 PM	12 & Under

DEADLINE AND MEETING SUMMARY: (keep section in chronological order)

Day, Date	Time	For:
Wednesday 5/9	11:30 PM	Entry deadline
Saturday 5/19	7:15 AM	Coaches Meeting
Saturday 5/19	8:00 AM	Positive check in for 13 & Over 400 IM
Saturday 5/19	1:00 PM	Positive check in for 12 & Under 400 Free
Sunday 5/20	8:00 AM	Positive check in for 13 & Over 400 Free

SAFETY	The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.
RACING STARTS	Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
RULES	This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The NCS Scratch Rule is in effect for this meet. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet. Swimmer's age on the first day of the meet will determine their age for the entire meet.
SWIMMERS WITH DISABILITIES	The YBAC Hurricanes welcome all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit YBAC's ability to accommodate all requests.
ENTRIES	Submitted entries by Hy-Tek entry file via e-mail to: dmcdevitt@acymca.org . Mail: 1) a printout listing individual swimmers, their events, USA-S number, age and entry times. 2) Attached summary sheet with fees. Meet Management reserves the right to combine any events as needed and reserves the right to limit the number of heats or entries in any event to control meet timelines. This includes events with combined age groups. If meet entries must be limited, they will be accepted in the order in which final and completely correct entry files until the meet capacity is reached. Entries received thereafter will be returned immediately 'NO TIME' (NT) entries WILL be accepted. All relay-only swimmers including alternates must be listed and pay the swimmer surcharges.
ENTRY LIMITATIONS	Swimmers may swim a maximum of 4 individual events plus 1 relay per day and a total of 8 individual events and 2 relays for the meet. 400 Freestyle and 400 IM may be limited to first 24 swimmers entered in the meet. If swimmers entries cannot be accommodated, swimmers will be permitted to enter another event. Sessions may be modified to meet the 4 hour rule
ENTRY VERIFICATION	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
ENTRY DEADLINES	The Meet Entry Coordinator must receive entries by Wednesday, May 9 11:30 PM. Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES: Make Checks payable to: Alamance County YMCA

Individual Event	\$2.50 per event – NCS Teams; \$3.00 per event – Non-NCS Teams
Relays	\$8.00 per relay – NCS Teams; \$9.00 per relay – Non-NCS Teams
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$15.00 per swimmer long course
Late Entry Fee	Double the Individual Event and relay fees listed

SEEDING The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN A positive check-in, at the clerk of course, will be required for the following events: 400 Free & 400 IM
Check in for event will be 30 minutes prior to session start to scratch, seed, and produce meet programs. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event. Swimmers missing their last event will be charged a \$25 fine.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING All scoring will be on a sixteen (16) place basis.

- Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-
- Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2;

AWARDS Ribbons will be awarded: 1st through 8th place for “A”. “BB”, “B” & “C” times in the following age groups 8&U, 9/10, 11/12, 13/14, 15&O; Best times ribbons will be awarded.

Iron Man & Iron women Awards will be presented to the top male & female with the highest combined points in the following events:

- 8 & U: 200 Free, 100 Fly, 200 IM
- 9/10: 200 Free, 100 Fly, 200 IM
- 11/12: 400 Free, 100 Fly, 200 IM
- 13/14 & 15&O: 400 Free, 400 IM, 200 Fly

Swimmers must compete legally in all three events to be eligible for the Iron Man & Iron Woman award

First place Team will receive a Team Banner

RESULTS Results will be posted on HOST TEAM’s website within 24 hours of the meets conclusion & sent to all teams via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting Saturday, 5/19 at 7:15 AM. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS /
TIMERS /
VOLUNTEERS**

There will be a need for officials. YBAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be called by the meet referee prior to the start of each session in the hospitality area.

**HOSPITALITY /
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. TEAM HOST, FACILITY, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Saturday May 19, 2012

Warm-up: 7:30 – 8:15 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
1	13 & Older 200 Freestyle	2
3	13 & Older 100 Butterfly	4
5	13 & Older 50 Freestyle	6
7	13 & Older 200 Breaststroke	8
9	13 & Older 100 Backstroke	10
11	13 & Older 400 Freestyle Relay	12
13	13 & Older 400 IM	14

Saturday, May 19, 2012

Warm-up: 12:30 – 1:15 PM; Meet Start: 1:30 PM

Girls/Women	Event	Boys/Men
15	12 & Under 200 Freestyle	16
17	12 & Under 50 Backstroke	18
19	12 & Under 100 Breaststroke	20
21	12 & Under 50 Freestyle	22
23	12 & Under 100 Butterfly	24
25	12 & Under 200 Freestyle Relay	26
27	12 & Under 400 Freestyle	28

Sunday, May 20, 2012

Warm-up: 7:30 -8:15 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
29	13 & Older 200 Butterfly	30
31	13 & Older 100 Freestyle	32
33	13 & Older 200 IM	34
35	13 & Older 100 Breaststroke	36
37	13 & Older 200 Backstroke	38
39	13 & Older 400 Medley Relay	40
41	13 & Older 400 Freestyle	42

Sunday, May 20, 2012

Warm-up: 12:30 – 1:15 PM; Meet Start: 1:30 PM

Girls/Women	Event	Boys/Men
43	12 & Under 100 Freestyle	44
45	12 & Under 50 Breaststroke	46
47	12 & Under 100 Backstroke	48
49	12 & Under 50 Butterfly	50
51	12 & Under 200 IM	52
53	12 & Under 200 Medley Relay	54

**YBAC Hurricanes Spring Invitational
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to:
YBAC Hurricanes
ATTN: David McDevitt
1346 S Main St. Burlington, NC 27215
Email to: dmcdevitt@acymca.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$2.50 per event (NCS Teams) \$3.00 per event (non-NCS Teams)	
Relay Entries		\$8.00 per relay (NCS Teams) \$9.00 per relay (non-NCS Teams)	
Swimmers (Travel Fund & Facility Surcharge)		\$18.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE