

**Blue Ridge Swim League
Fall Kickoff Meet
CVAC, AQTC, PAC, QCD,WST
September 29, 2007**

LOCATION	William B. Stronach, Jr. Aquatic and Fitness Center 1031 Jim Barger Rd Lenoir, NC 28645
DATE/TIME	Saturday, September 29, 2007. Warm-ups begin at 8:00am, and the meet starts at 9:00am. There will be a coaches and officials meeting at 8:50 am.
FACILITY	Competition Pool with 6 lanes, depths ranging from 4 to 11 feet, equipped with non-turbulent lane lines and Paddock starting blocks. A Colorado electronic timing system with one-line scoreboard will be used. Stopwatches will be used for backup times.
RULES	The meet will be conducted in accordance with the current USA Swimming Official Handbook and the NCS Safety Program.
SANCTION	Approved Status: Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Approved #
CLASSIFICATION	Closed league (Blue Ridge Swim League), USA swimming approved meet.
ELIGIBILITY	All swimmers must be current members in good standing of the Blue Ridge Swim League to be eligible to swim in this meet.
SAFETY	The North Carolina Swimming Safety Guidelines will be in effect during this meet. Coaches are advised to supervise their swimmers at all times. Absolutely no running or horseplay will be tolerated.
RELEASE STATEMENT	"USA Swimming, Inc., North Carolina Swimming, Inc., Swim Lenoir, and the William B. Stronach, Jr. Aquatic and Fitness Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet."
ENTRIES	Entries must be submitted using HY-TEK Team Manager. Entries should be e-mailed to king420@charter.net . List ages of swimmers as of September 29 th , 2007.
ENTRY LIMIT	Swimmers may enter a maximum of three (3) individual events and two (2) relay events. Late Entries may be accepted at the discretion of the Meet Director and will not be seeded. There will be a \$10 charge for late entries.

ENTRY DEADLINE All entries must be received no later than midnight Thursday, September 20th, 2007.

SEND ENTRIES TO king420@charter.net

ENTRY FEES Fees will be \$8.00 per swimmer. Make check payable to **Swim Lenoir**. Entry fees are **non-refundable**.

AWARDS Ribbons will be given 1st thru 6th place for individual events and 1st thru 3rd place for relay events.

SCORING Scores will be awarded according to USA rules.

WARM-UPS Warm-ups begin at 8:00 am. Warm-ups will be conducted according to the NCS Safety Program and shall be supervised.

MEET DIRECTOR Todd King

MEET REFEREE Sam Choate

MEET MARSHALL Mark Hites

BLUE RIDGE SWIM LEAGUE

Order of Events

Girls Event #	Event	Boys Event #
1	8-Under 100 Free Relay	2
3	10-Under 200 Free Relay	4
5	11-12 200 Free Relay	6
7	13-14 200 Free Relay	8
9	Senior 200 Free Relay	10
11	10-Under 100M	12
13	11-12 100 IM	14
15	13-14 200 IM	16
17	Senior 200 IM	18
19	8-Under 25 Free	20
21	10-Under 50 Free	22
23	11-12 50 Free	24
25	13-14 100 Free	26
27	Senior 100 Free	28
29	8-Under 25 Breast	30
31	10-Under 50 Breast	32
33	11-12 50 Breast	34
35	13-14 100 Breast	36
37	Senior 100 Breast	38
39	8-Under 25 Back	40
41	10-Under 50 Back	42
43	11-12 50 Back	44
45	13-14 100 Back	46
47	Senior 100 Back	48
49	8-under 25 Fly	50
51	10-Under 50 Fly	52
53	11-12 50 Fly	54
55	13-14 100 Fly	56
57	Senior 100 Fly	58
59	8-Under 100 Medley Relay	60
61	10-Under 200 Medley Relay	62
63	11-12 200 Medley Relay	64
65	13-14 200 Medley Relay	66
67	Senior 200 Medley Relay	68