

**YWNC October Opener**  
**October 08, 2011**  
**Corpening Memorial YMCA**

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- APPROVAL:** Held under the Approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Approved Meet #NC11139AP
- LOCATION:** Corpening Memorial YMCA  
348 Grace Corpening Dr.  
Marion, NC 28752
- SPONSOR:** YMCA of Western North Carolina
- FACILITY:** The Corpening YMCA pool consists of an indoor 8-lane 25-yard pool. The lanes are seven feet (7) wide . Starting blocks are anchored to the deck. The competition course has not been certified in accordance with 104.2.2C(4). The Colorado Dolphin Timing System will be used. There is some spectator seating and plenty of parking. We will use 8 lanes for competition, and have up to two 10 min breaks for warm up/warm down during the meet. Limited deck seating is available for swimmers, coaches and spectators. Please use the side entrance to the building. This will allow meet participants direct access to the pool.
- SCHEDULE:** *Warm up begins at 12:30pm*  
*Meet begins at 1:30pm*
- ELIGIBILITY:** This is an "Approved" closed YMCA meet. Swimmers must be full privilege members in good standing of the YMCA and YMCA swim team they represent. This is an open and age group meet and there are no time standards.
- YWNC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit YWNC's ability to accommodate all requests.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- AGE:** Swimmers ages will be determined as of October 8, 2011.
- FORMAT:** All events will be swum as timed finals. All events will be pre-seeded. A Clerk of Course will be available for 8 & under events. Events may be combined at the discretion of the referee and meet management.

- RULES:** The meet will be conducted in accordance with the current USA Swimming Rules & Regulations, the NCS Safety Program and the rules that Govern YMCA Competitive Sports. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- AWARDS:** Each participant will receive a participation award.
- ENTRIES:** Submit entries to Kiki Farmer at [kfarmer@ymcawnc.org](mailto:kfarmer@ymcawnc.org). Entry deadline is Thursday, September 29<sup>th</sup>, 2011
- ENTRY LIMIT:** Swimmers may enter four (4) individual events and one (1) relay event.
- FEES:** \$12.00 per swimmer  
Make payment to YMCA of WNC.
- MEET REFEREE:** Ron Young (e-mail: [ronbabydoc@att.net](mailto:ronbabydoc@att.net))
- MEET DIRECTOR:** Kiki Farmer
- COACHES:** Coaches must check in at Clerk of Course and provide current coaching credentials to be allowed on deck. A coaches meeting will be held fifteen (15) minutes prior to the start of the session on the pool deck.
- OFFICIALS:** An officials meeting will be conducted 30 minutes prior to the start of the meet on the pool deck.
- CREDENTIALS:** All coaches and officials shall prominently display their registration cards while on deck.
- VOLUNTEERS:** YWNC welcomes and encourages volunteers from all participating teams.
- SAFETY:** The NCS Safety program is in effect at this meet. Coaches are required to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. In the event that a swimmer, or others associated with a team are found to be violating posted rules for use of the YMCA of Western North Carolina, or any other restrictions that are posted for the safety of the people in attendance, or to protect the YMCA of Western North Carolina property, the individuals will be reported to the Meet Director or the Meet Marshall who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshall, or Meet Referee may also take disciplinary action.
- RELEASE:** USA swimming, Inc., North Carolina Swimming, Inc., the YMCA of Western North Carolina and the Corpening Memorial YMCA, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**DIRECTIONS:**

From I-40 take Exit 81 (Sugar Hill Rd.) and go North toward Marion. The Corpening Memorial YMCA is 1 ½ miles ahead on the left, just after the McDowell Hospital sign.

Please park on the lower levels and in the Senior Center parking lot adjacent to the YMCA.

<b>October Opener Order of Events</b>		
Girls	Events	Boys
1	Open 200 Back	2
3	13/over 50 Back	4
5	12/under 50 Back	6
7	8/under 25 Back	8
9	Open 200 Breast	10
11	13/over 50 Breast	12
13	12/under 50 Breast	14
15	8/under 25 Breast	16
17	Open 200 Free Relay	18
	10 min break wm-up, wm-down	
19	Open 500 Free	20
21	12/under 200 Free Relay	22
23	10/under 200 Free Relay	24
25	8/under 100 Free Relay	26
27	Open 200 Fly	28
29	13/over 50 Fly	30
31	12/under 50 Fly	32
33	8/under 25 Fly	34
	Possible 10 min break wm-up, down	
35	Open 400 IM	36
37	Open 200 IM	38
39	10/under 100 IM	40
41	13/over 50 Free	42
43	12/under 50 Free	44
45	10/under 50 Free	46
47	8/under 25 Free	48