

## 2025 SwimMAC Spring Splash

Friday, May 2<sup>nd</sup> - Sunday, May 4<sup>th</sup>, 2025 Hosted by SwimMAC Carolina at the SwimMAC Charlotte Latin Facility 9850 Providence Rd., Charlotte, NC 28277. Phone: (704) 846-5335

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

#### Sanction #NC25079

MEET DIRECTOR	MEET ENTRY COORDINATOR
Kim DeCann	Jeffrey Childs
kdecann@swimmaccarolina.org	<u>Jeffrey@rileychilds.net</u>
	704-307-0327
MEET REFEREE	Meet Marshall
Peter von Streeruwitz	Frank Totten
pvs@carolina.rr.com	ftotten@swimmaccarolina.org
	Amelia Keller
	akeller@swimmaccarolina.org

#### **FACILITY**

The SwimMAC Swim Center is a 30,000-square-foot facility featuring a 50-meter by 25-yard Paddock Pool racing tank. The pool has Competitor 4" Racing Lanes and uses Paddock stainless steel starting platforms. The facility also features a Colorado System 6 timing system and a ten-lane scoreboard. Touchpads, buttons, and two watches per lane will be used. Hy-Tek Meet Manager software will be used. In the 50-meter competition pool, the pool depth ranges from 12 feet at the starting end to 4 feet at the pool's far end with ten (10), 8-foot-wide lanes. Eight (8) lanes will be used for competition during all sessions. Lane Ten (10) will be available for continuous warm-up and warm-down during all sessions. SwimMAC will work with the facility to ensure the required course dimensions are valid. Lifeguards will provide First Aid. Available equipment includes AED, backboard, bag-valve Mask and one way valve mask.

There will be limited "In-Person" spectator viewing. The meet will be livestreamed via YouTube.

#### **MEET FORMAT**

This is an Age Group and Senior pre-seeded timed final meet unless otherwise indicated.

Meet management reserves the right to limit heats of timed finals events if needed to manage the timeline. Meet Management reserves the right to add breaks between events if deemed necessary. Breaks will be published in advance of the

session and limited to 10 minutes. Events may be combined at the discretion of the Referee. All events will swim slowest to fastest unless noted.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday PM	5:00 pm	6:00 pm	11&0
2	Saturday AM	7:30 am	8:30 am	13&0/11-12 Girls
3	Saturday PM	1:00 pm	2:00 pm	10&U/11-12 Boys
4	Sunday AM	7:30 am	8:30 pm	13&O/11-12 Girls
5	Sunday PM	1:00 pm	2:00 pm	10&U/11-12 Boys

#### **DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Tuesday, April 22, 2025	5:00 PM	Entry deadline
Friday, May 2nd, 2025	TBD	Coaches Meeting (Hospitality Room)
Friday May 2nd – Sunday May 4th, 2025	45 min. before start of each session	Officials Meeting (Hospitality Room)
Saturday May 3rd– Sunday May 4th, 2025	20 min. before the start of each session	Timers Briefing

#### **RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

## TECHNICAL SUIT BAN for 12&Us

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or midthigh regardless of the seam type.

#### MAAPP

All adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

#### SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely always supervise their swimmers. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in workout rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to the host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming membercoach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member -coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request an assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials, coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

#### **ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must be APT certified to compete. Swimmers must be registered prior to the entry deadline. Entries listed as Registration Applied for will not be accepted. There will be no on-deck registration available at this meet.

### MEMBERS WITH **DISABILITIES OR MEDICAL CONDITIONS**

SwimMAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC's ability to accommodate all requests.

#### **ENTRIES**

Entries submitted in Hy-Tek format require no hard copy entry forms. Email must be emailed to the Meet Entry Coordinator by the entry deadline. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. A swimmer's age on the first day of the meet will determine their age for the entire meet. SwimMAC entries will be entered first, and then accept teams/entries in the order received until session capacity or four-hour rule is reached. Entries received after that will be returned immediately. Meet Management reserves the right to limit the number of participants in the meet. No Times (NT) entries will not be accepted.

#### **ENTRY LIMITATIONS**

Swimmers may compete in 2 individual events on Friday and 4 individual events per day on Saturday and Sunday for a total of 10 individual events for the meet.

#### **ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

#### **ENTRY DEADLINES**

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on-deck entries.

Make checks payable to: SwimMAC; All fees are non-refundable		
Individual Event	\$8.00 per event	
NCS Travel Fund	\$3.00 per swimmer	
Facility Surcharge	\$18.00 per swimmer	

#### SEEDING

The meet will be conducted on a long course, so the conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times may be converted to LCM. Meet Management reserves the right to combine heats (men & women). No Times (NT) entries will not be accepted.

#### CHECK-IN

Positive check-in will be at the Clerk of Course. There will be a positive check-in for all Events 400M or longer. Swimmers who fail to check in by the deadline will be scratched from the event. See Schedule below:

Individual Events	Check-in Deadline	
13&O 400 IM	Friday	5:15 pm
11&O 400 Free	Friday	5:15 pm

- 13&O 400IM: The 400IM is a Timed Final event, and after positive check-in, they will be deck-seeded from slowest to fastest and may be limited to 7 heats of women and 7 heats of men, if required to manage timeline. Heats and events may be combined at the discretion of the Meet Referee.
- 11&O 400 Free: The 400 Free is a Timed Final event, and after positive check-in, they will be deck-seeded from slowest to fastest. and may be limited to 7 heats of women and 7 heats of men, if required to manage timeline. Heats and events may be combined at the discretion of the Meet Referee.

#### **SCRATCHES**

There will be no penalty for scratching pre-seeded events at the block. For positive check-in deck seeded events, a swimmer who is properly checked-in, has been seeded, and fails to complete in said event **shall be barred from their next individual event.** 

#### **SCORING**

None

#### **AWARDS**

Ribbons will be awarded to the top 8 finishers per age (8&U, 9-year-old, 10-year-old, 11-year-old, and 12-year-old) in the 12&U sessions.

#### RESULTS

Results will be posted on the SwimMAC website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-Tek backups either on a memory stick or via email attachment.

#### COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

#### OFFICIALS/TIMERS/ VOLUNTEERS

There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer. Volunteering Officials are encouraged to contact the Meet Referee by email **prior to the meet.** All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet/session. There will be a meeting at the day(s)/time(s) listed in the "Deadline and Meeting Summary" above. Meetings may be in-person at the meet or virtual in advance and assignments may be communicated electronically prior to each session. All officials are strongly encouraged to complete an individual personal review of applicable USAS rules prior to the meet. Officials should report at the time specified by the Meet Referee and bring a writing utensil.

## HOSPITALITY/ CONCESSIONS

There will be a hospitality area open to all coaches and officials.

#### **WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lane 10 will be available for continuous warm-up/down. There is to be no diving or horseplay in this area.

#### WAIVER/RELEASE

As a team entered in this meet, upon entry, you are verifying that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines and that you shall be responsible for the compliance of your swimmers with those rules during this meet. SwimMAC Carolina, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

#### **IMAGE RELEASE**

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet, such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in a public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

# 2025 SwimMAC Spring Splash Order of Events

## Friday May 2<sup>nd</sup>, 2025

Warm-up: 5:00 pm Start: 6:00 pm		
Girls/Women	<u>Event</u>	Boys/Men
1	13&O 400 IM	2
3	11&O 400 Free	4

<sup>\*</sup>Positive Check-in required.

## Saturday May 3<sup>rd</sup>, 2025 AM Session

Warm-up: 7:30 am Start: 8:30 am		
Girls/Women	<u>Event</u>	Boys/Men
5	13&O 50 Freestyle	6
7	11-12 50 Freestyle	
9	13&O 100 Breaststroke	10
11	11-12 100 Breaststroke	
13	13&O 100 Fly	14
15	11-12 Girls 100 Fly	
17	13&O 200 Backstroke	18
19	11-12 50 Backstroke	
21	13&O 200 Individual Medley	22
23	11-12 200 Individual Medley	

## Saturday May 3<sup>rd</sup>, 2025 PM Session

Warm-up: 1:00 pm Start: 2:00 pm		
Girls/Women	Event	Boys/Men
25	10&U 50 Freestyle	26
	11-12 50 Freestyle	8
27	10&U 100 Breaststroke	28
	11-12 100 Breaststroke	12
29	10&U 50 Butterfly	30
	11-12 50 Butterfly	16
31	10&U 100 Backstroke	32
	11-12 100 Backstroke	20
33	10&U 200 Individual Medley	34
	11-12 200 Individual Medley	24

# 2025 SwimMAC Spring Splash Order of Events

## Sunday May 4th, 2025 AM Session

	Warm-up: 7:30 am Start: 8:30 am			
Girls/Women	<u>Event</u>	Boys/Men		
35	13&O 100 Freestyle	36		
37	11-12 100 Freestyle			
39	13&O 200 Breaststroke	40		
41	11-12 50 Breaststroke			
43	13&O 100 Backstroke	44		
45	11-12 100 Backstroke			
47	13&O 200 Fly	48		
49	11-12 50 Fly			
51	13&O 200 Freestyle	52		
53	11-12 200 Freestyle			

## Sunday May 4th, 2025 PM Session

Warm-up: 1:00 pm Start: 2:00 pm			
Girls/Women	<u>Event</u>	Boys/Men	
55	10&U 100 Freestyle	56	
	11-12 100 Freestyle	38	
57	10&U 50 Breaststroke	58	
	11-12 50 Breaststroke	42	
59	10&U 100 Backstroke	60	
	11-12 100 Backstroke	46	
61	10&U 50 Butterfly	62	
	11-12 50 Butterfly	50	
63	10&U 200 Freestyle	64	
	11-12 200 Freestyle	54	

## 2025 SwimMAC Spring Splash **Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to SwimMAC Carolina):

SwimMAC Carolina ATTN: Kim DeCann 9850 Providence Rd Charlotte, NC 28270

		Email to: k	decann@swimmaccard	olina.org
Team Name				
Club Code				
Coach				
Coach Phone				
Coach Email				
Team Address				
lko-m-		Total Neurobox	Cook non	Tatal
Item Individual Entries		Total Number	Cost per \$8 per event	Total
marviadar Entries			yo per event	
Relay Entries			N/A	
Swimmers (Travel Facility Surcharge)			\$21 per swimmer	
Total Fees Due				
Waiver, Acknowled	lgement a	। ınd Liabilitv Relea	lase:	<u> </u>
	_			e swimmers and coaches listed on the
enclosed entry are	registered	with USA Swimm	ning. I acknowledge tha	at I am familiar with the Safety Rules of USA
Swimming, Inc. and	North Car	rolina Swimming,	Inc. regarding warm-u	p procedures and meet safety guidelines
and that I shall be r	esponsible	e for the compliar	nce of my swimmers wi	th those rules during this meet.
Mecklenburg Aquat	tic Club (D	BA SwimMAC Car	rolina), Charlotte Latin,	North Carolina Swimming, Inc., and USA
Swimming, Inc., the	ir agents,	employees, and o	coaches shall be held fr	ee and harmless from any and all liabilities
or claims for damag	ges arising	by reason of illne	ess or injury to anyone	during the conduct of this meet. I also
acknowledge that b	y entering	g this meet, I am g	granting permission for	the names of any or all of my team's
swimmers to be pu	blished on	the internet in the	he form of Psych Sheets	s, Meet Results, or any other documents
associated with the	running o	of this meet.		
SIGNATURE (Coach or C	lub Represei	ntative)		CLUB
TITLE				DATE