



2025 TEAM Sailfish Dual

Hosted by Team Charlotte Swimming and
Mecklenburg County Aquatics Center
January 5th, 2025

Held at Mecklenburg County Aquatic Center, 800 East Martin King Jr. Blvd, Charlotte, NC 28202-2874
(704) 336-3483

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC25025

MEET DIRECTOR	MEET ENTRY COORDINATOR
Steve Romito coachsteve@teamcharlotteswim.com	Jeffrey Childs 704-307-0327 jeffrey@rileychilds.net
MEET REFEREE	MEET MARSHAL
Jeffrey Childs 704-307-0327 jeffrey@rileychilds.net	Kristina Bond coachkristina@teamcharlotteswim.com Rob Johnson rob@teamcharlotteswim.com

FACILITY

The Short Course competition (Saturday Events) is a 25-yard pool equipped with 8, 9-foot wide lanes with non-turbulent lane lines and Paragon starting blocks which will be used for competition in accordance with USA Swimming diving depth guidelines. The Omega electronic timing system with a full-color scoreboard will be used. The timing system utilizes touch pads and two buttons, and two watches per lane. The minimum depth range for any configuration utilized is 6.5 feet. There will be additional lanes available for continuous warm-up and warm-down. Team Charlotte will work with the facility to ensure the required course dimensions are valid. Lifeguards will provide First Aid. Available equipment includes an AED, backboard, bag-valve Mask, and one-way valve mask.

Spectator seating is in bleachers only. No chairs are permitted on Deck for spectators. There is ample parking within 100 yards of the facility. Smoking is not permitted inside the building. Absolutely no glass bottles will be allowed on the pool deck. Only meet volunteers, USA Swimming registered athletes, and current USA Swimming registered officials and coaches may be on Deck.

MEET FORMAT

This is a timed final preseeded meet.

1000 Free has a qualifying timed standard and will be limited two heats of women and men.

250-yard Mixed Age Group Free Relay will swim in the following order: 15&O 100-yds Free, 13/14 75-yds free, 10u 25-yds free, and 11/12 50-yds free.

Meet Management reserves the right to add breaks between events if deemed necessary. Breaks will be published before the session and limited to 10 minutes. Events may be combined at the discretion of the Referee. All events will swim slowest to fastest unless noted.

Session	Day	Warm-up	Meet Start	Age Group
1	Sunday	1:00 PM	2:00 PM	AG/SR

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Thursday, December 26 th , 2025	5:00 PM	Entry deadline
Sunday, January 5 th , 2025	12:45 PM	General Meeting
Sunday January 5th, 2025	1:15 PM	Official Briefing

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

TECHNICAL SUIT BAN for 12&Us

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in workout rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We

strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to the host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc., and all Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to the entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on-deck registration available at this meet.

MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS

Team Charlotte welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Team Charlotte's ability to accommodate all requests.

ENTRIES

Email is to be used for all entries. Entries must be submitted using Hy-Tek or compatible software. No Times entries will not be accepted. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator **before warm-ups start on the first day of the meet, Sunday, January 5th, 2024**. A swimmer's age on the first day of the meet will determine their age for the entire meet. Team Charlotte entries will be entered first, and then accepted teams/entries will be entered in the order received until the four-hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS

Swimmers are limited to four (4) individual events and one (1) relays.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed above in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. Late entry charges will apply. There will be no on-deck entries.

ENTRY FEES

Make checks payable to Team Charlotte. All fees are non-refundable, except if the meet is rejected for non-compliance or has reached capacity.	
Individual Event	\$17.00 Flat Fee for all participants
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$5.00 per swimmer

***Heat Sheet will be available on Meet Mobile, and an electronic copy will be emailed to teams no later than the day before the meet.**

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. Non-conforming times will not be accepted.

CHECK-IN

Positive check-in will be at the Clerk of Course. There will be a positive check-in for 400-yard or longer events. Swimmers who fail to check in by the deadline will be scratched from the event. See the Schedule below:

Individual Events	Check-in Deadline	
Open 1000y Free	Sunday	1:30 pm

- **13 and Over 1000 Free:** The 1000 Freestyle will be swum as a timed final event and will be deck-seeded after positive check-in. The event will be limited to the two fastest heats of women and men. Entries not accepted will be offered the opportunity to select alternative events. The 1000 Free participants must have a 2024 NAG 13/14 "A" time to qualify for the event. All times for these events must be provable in the USA Swimming SWIMS database.

Girls	Boys
12:09.49	11:23.99

SCRATCHES

There will be no penalty for scratching pre-seeded events at the block. For positive check-in deck-seeded events, a swimmer who is properly checked in, has been seeded, and fails to compete in the said event **shall be barred from their next individual event.**

SCORING

There will be no scoring.

AWARDS

There will be no ribbons at this meet.

RESULTS

Results will be posted on Team Charlotte's website within 24 hours of the conclusion of the meet. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards or have easy access to their Deck Pass virtual membership cards at all times while on Deck. There will be a general meeting at the date and time listed in the Deadline and Meeting Summary above. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Team Charlotte welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet. All officials on Deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration to the meet referee or designee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary. Meetings may be virtual in advance of the meet, and assignments may be communicated electronically prior to each session. All officials are strongly encouraged to complete an individual personal review of applicable USAS rules prior to the meet. Officials should report at the time specified by the Meet Referee and bring a mask (if necessary) and a writing utensil.

While TEAM Charlotte strives to provide all of the timers, there may be a need for volunteers from other teams to time. Timers should report to the head timer on the pool deck 30 minutes prior to the start of the session.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. All warm-up information will be distributed via email prior to the start of the meet. All procedures will be established and announced during the Coaches/General Meeting as indicated in the Deadline and Meeting Summary above. During the competition, lanes will be available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry, you are verifying that all of the swimmers and coaches listed and attending are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Team Charlotte, Mecklenburg County Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any

and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club-approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet, such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

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ORDER OF EVENTS

Sunday, January 5th

Warm-up: 1:00 PM; Meet Start: 2:00 PM

Girls/Women		Boys/Men
1	Open 50 Fly	2
3	100 kickboard relay	4
5	Open 50 Back	6
7	1000 Free	8
9	200 Mixed Medley Relay	-
11	Open 50 Breast	12
13	250 Mixed Age Group Free Relay	14
15	Open 50 free	16
17	Open 100 IM	18

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Summary of Fees/Release Form

Mail complete form along with entry fees (checks payable to Team Charlotte):

Team Charlotte Swimming
12612 Cedar Crossing Dr.
Charlotte, NC 28273

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	<i>Total</i>
Individual Entries		\$17.00 per Athlete	
Swimmers (Travel Fund, Heat Sheet, Facility Surcharge)		\$8.00 per Athlete	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Team Charlotte, Mecklenburg County Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE