

2024 EAC Cornucopia Invitational

November 08-10, 2024

Hosted by Enfinity Aquatic Club
Held at
Greensboro Aquatic Center
1921 West Gate City Blvd., Greensboro, NC 27403

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC24197

MEET DIRECTOR	MEET ENTRY COORDINATOR
Korey McCulley 620-786-4971 kmcculleygso@enfinityfit.com	Korey McCulley 620-786-4971 kmcculleygso@enfinityfit.com
MEET REFEREE	MEET MARSHAL
Jim Sianis jsianis@icloud.com	Gunther Rodriguez grodriguez@enfinityfit.com Katherine Holian kholian@enfinityfit.com

FACILITY and HOST TEAM REQUIREMENTS Enfinity Aquatic Club has discussed specific health and safety procedures with the venue management. Currently, the facility and Enfinity Aquatic Club have no additional requirements. Compliance with the most current guidelines from USA Swimming, North Carolina Swimming, CDC, State and Local jurisdictions will be maintained throughout the duration of the meet.

FACILITY Greensboro Aquatic Center is a state-of-the-art indoor facility with four pools. The main competition pool is 9-10 feet deep at both ends and will be configured into one 25 yard course with eight 8-9 foot wide lanes. All lanes feature non-turbulent lane lines and Paragon starting blocks. Eight lanes will be used for this competition. Host will ensure required course dimensions. The Omega electronic timing system will be used with touchpads, buttons, and stopwatches for backup. At least three lanes will be open for continuous warm up and warm down. Seating for 1800 spectators is available. The GAC will provide parking for \$5 per day with unlimited entry and exit. Enfinity Aquatic Club will provide free parking for volunteers, coaches, and working officials in the Volunteer Lot. **No outside chairs or coolers are allowed in the facility.**

MEDICAL SUPERVISION During the meet, there will be at least one lifeguard at each pool, a lifeguard supervisor, and event coordinator in the facility who are Red Cross certified lifeguards. Each pool has an AED on the pool deck.

MEET FORMAT This is a timed final Age Group/Senior, pre-seeded meet unless otherwise indicated. Meet Management reserves the right to combine sessions, add sessions, adjust session start times, or move an age group or gender to a different session depending on the number of entries in the meet to ensure the meet runs efficiently.

Coaches will be notified by email of any changes to the sessions within 48 hours of the entry deadline. Meet Management also reserves the right to limit, eliminate, and/or combine any heats/events to allow the meet to run in the allotted time.

Time trials will be offered on Sunday, following the conclusion of the 12&U session.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	3:30PM	5:00PM	12 & U / OPEN
2	Saturday	6:30AM	8:00AM	OPEN
3	Saturday	11:30AM	1:00PM	12 & Under
4	Saturday	4:30PM	6:00PM	OPEN
5	Sunday	6:30AM	8:00AM	OPEN
6	Sunday	11:30AM	1:00PM	12 & Under
7	Sunday	4:30PM	5:00PM	OPEN TIME TRIALS

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, 10/29	10:00 PM	Entry deadline
Tuesday, 11/05	12:00 PM	Coaches/General Meeting via Zoom
Friday-Sunday 11/08-10	45 min prior to session start	Official Briefings
Friday-Sunday 11/08-10	30 min prior to session start	Timer Briefing
Friday, 11/08	30 min prior to session start	Positive Check-In – 12&U 200 IM
Friday, 11/08	30 min prior to session start	Positive Check-In – OPEN 1000 Freestyle
Friday, 11/08	30 min prior to session start	Positive Check-In – 12&U 500 Freestyle
Saturday, 11/09	30 min prior to session start	Positive Check-In – OPEN 400 Individual Medley
Sunday, 11/10	30 min prior to session start	Positive Check-In – OPEN 500 Freestyle
Sunday, 11/10	60 min after session 6 start	Time Trial Sign up

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

TECHNICAL SUIT BAN for 12&Us

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to the entry deadline. THERE WILL BE NO ON DECK REGISTRATION AVAILABLE AT THIS MEET.

SWIMMERS WITH DISABILITIES

Enfinity Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Enfinity Aquatic Club's ability to accommodate all requests.

ENTRIES

Entries should be submitted in HyTek format via email. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator no later than the entry deadline for entries to be considered complete. Enfinity Aquatic Club entries will be entered first and then complete entries from other teams in the order received. Enfinity Aquatic Club reserves the right to limit entries in order to comply with the four/eight hour rule. Rejected entries will be returned immediately. Unless entries are rejected, entry fees are non-refundable.

Enter SHORT COURSE YARDS times only. NT entries will not be accepted. Please make sure the times entered are close approximations to times that can be achieved.

Breaks may be added at the discretion of the Meet Referee.

ENTRY LIMITATIONS Swimmers may swim a maximum of 4 individual events per eligible session and a total of 6 individual events per day. Swimmers may swim a total of 14 individual events for the meet.

The Open 1000-yard Freestyle may be limited to the 3 fastest heats of boys and girls. The 12&U 500-yard Freestyle may be limited to the 4 fastest heats of boys and girls. The Open 400-yard Individual Medley may be limited to the 4 fastest heats of boys and girls. The Open 500-yard Freestyle may be limited to the 4 fastest heats of boys and girls.

Entries will close with the team that puts the total number of entries over the timeline

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES **The Meet Entry Coordinator must receive entries by Tuesday, October 29, 2024 at 10:00PM.** Entries will be accepted only at the discretion of the Meet Director and may be declined once capacity is reached. Enfinity Aquatic Club reserves the right to limit or suspend the addition of swimmers or heats to accommodate entries. **Late entries may be accepted at the discretion of the Meet Director and will be charged double fees. There will be no on deck entries.**

ENTRY FEES

Make checks payable to: ENFINITY AQUATIC CLUB; All fees are non-refundable	
Individual Events	\$10.00 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$20.00 per swimmer
Heat Sheet Fee	\$5.00 per swimmer
Late Entry Fee	\$20.00 per individual event
Time Trial Events	\$10.00 per event

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN A positive check-in, located in Clerk of Course, will be required for the following events:

- 12&U 200-yard Individual Medley
- Open 1000-yard Freestyle
- 12&U 500-yard Freestyle
- Open 400-yard Individual Medley
- Open 500-yard Freestyle

Check-in for the events above will be closed 30 minutes prior to the start of each session. Swimmers failing to check in will be scratched from the event and not seeded. A swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event unless excused by the Meet Referee

SCORING This meet will not be scored.

AWARDS

There will be no awards at this meet.

RESULTS

Results will be posted on Enfinity Aquatic Club's website within 24 hours of the meet's conclusion. Meet Mobile will be used for this meet as facility internet connectivity allows. At the conclusion of the meet, results will be sent to each team via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. Enfinity Aquatic Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stands. No outside food or drink will be permitted to spectators in the GAC.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Enfinity Aquatic Club, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

TIME TRIALS

Entry fees for time trials will be \$10.00 due at sign up. Time trials count towards a swimmer's individual 6-event limit for each day, but not the meet limit. Swimmers may swim two Time Trial events and must provide their own timers. Timers must be athletes, coaches, officials, or volunteers approved to participate in the meet.

- Time trials will be offered on Sunday, upon the conclusion of the 12&U session, time permitting and at the discretion of the Meet Referee.
- Only swimmers properly entered in at least one individual event are eligible for individual time trials.
- Entry deadline for Time Trials shall be one hour after the beginning of the Sunday 12&U session. This time may be changed in the Technical Meeting depending on projected session time lines.
- The event order will follow the event order offered in the meet. Events may be combined however, backstroke events will not be combined with forward starting events.
- Time permitting, non-meet event time trials (ie 1650 Free and/or Relays) may be conducted after all meet event time trials have been conducted at the discretion of the Meet Referee.
- All USA Swimming Rules will apply to Time Trials.

ORDER OF EVENTS

Friday, November 08th
Session 1 - 12 & Under & OPEN
Warm-up: 3:30PM, Meet Start: 5:00PM

Girls/Women	Event	Boys/Men
1	12 & Under 200 IM	2
3	OPEN 1000 Freestyle	4
5	12 & Under 500 Freestyle	6

Saturday, November 09th
Session 2 - OPEN
Warm-up: 6:30AM, Meet Start: 8:00AM

Girls/Women	Event	Boys/Men
7	OPEN 200 Freestyle	8
9	OPEN 100 Breaststroke	10
11	OPEN 100 Backstroke	12
13	OPEN 200 Butterfly	14

Saturday, November 09th
Session 3 - 12 & Under
Warm-up: 11:30AM, Meet Start: 1:00PM

Girls/Women	Event	Boys/Men
15	12 & Under 50 Butterfly	16
17	12 & Under 100 Backstroke	18
19	12 & Under 50 Breaststroke	20
21	12 & Under 100 Freestyle	22
23	12 & Under 100 IM	24

Saturday, November 09th
Session 4 - OPEN
Warm-up: 4:30PM, Meet Start: 6:00 PM

Girls/Women	Event	Boys/Men
25	OPEN 50 Freestyle	26
27	OPEN 200 Backstroke	28
29	OPEN 100 Butterfly	30
31	OPEN 400 IM	32

Sunday, November 10th
Session 5 - OPEN
Warm-up: 6:30AM, Meet Start: 8:00AM

Girls/Women	Event	Boys/Men
33	OPEN 200 Ind. Medley	34
35	OPEN 100 Freestyle	36
37	OPEN 200 Breaststroke	38
39	OPEN 500 Freestyle	40

Sunday, November 10th
Session 6 - 12 & Under
Warm-up: 11:30AM, Meet Start: 1:00PM

Girls/Women	Event	Boys/Men
41	12 & Under 50 Freestyle	42
43	12 & Under 100 Butterfly	44
45	12 & Under 50 Backstroke	46
47	12 & Under 100 Breaststroke	48
49	12 & Under 200 Freestyle	50

Sunday, November 10th
Session 7 - OPEN
Warm-up: 4:30PM, Meet Start: 5:00 PM

Girls/Women	Event	Boys/Men
	OPEN TIME TRIALS	

EAC Cornucopia Classic Invitational Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Enfinity Aquatic Club):

Enfinity Aquatic Club (ATTN: Tim Hillen)
 908 Arbor Road
 Winston Salem, NC 27104
 Email to: thillen@enfinityfit.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$10.00 Per Event Double For Late Entry	
Swimmers (Travel Fund, Heat Sheet, & Facility Surcharge)		\$28.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Enfinity Aquatic Club, Greensboro Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE