2024 WNCY October Opener Hosted by YMCA of Western North Carolina Piranhas Swim Team September 28th, 2024

Held at Buncombe County Schools Aquatic Center, 18 Ensley Stadium Loop, Asheville, NC 28803

Held under the Approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Approved Meet #NC24159AP

MEET DIRECTOR	MEET ENTRY COORDINATOR
Kirk Hampleman	Colleen Gillan
828-209-9616	828-381-8806
khampleman@ymcawnc.org	jonj@ymcacv.org
MEET REFEREE	MEET MARSHAL
MEET REFEREE John Gillan	MEET MARSHAL Amanda Little
John Gillan	Amanda Little

FACILITY and HOST TEAM REQUIREMENTS

WNCY has discussed specific health and safety procedures with the venue management. At this time, the facility and WNCY have no additional requirements. Compliance with the most current guidelines from USA Swimming, North Carolina Swimming, CDC, State and Local jurisdictions will be maintained throughout the duration of the meet.

FACILITY

25 Yard, 10 lane pool (lanes are 8 feet wide), water depth from 4 ½ feet to 6 feet, with non-turbulent lane markers and Velocity starting blocks. Colorado 7000 timing system will be used. The timing system will include touch pads and one timer per lane operating both a watch and a button. **There is an additional 6,815 square feet of deck space at the facility.** The meet host will ensure required course dimensions. Lifeguards will provide medical support.

MEET FORMAT

This is a timed final Age Group/Senior, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	9:00 AM	10:15 AM	All

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Thur., September 19	11:00 PM	Entry deadline
Prior to meet	TBD	Coaches/General Meeting
Prior to meet	TBD	Official Briefing (Virtual)

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

TECHNICAL SUIT BAN for 12&Us

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or midthigh regardless of the seam type.

MAAPP

All adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. and be members of WNCY. All Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

MEMBERS WITH

WNCY welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide

DISABILITIES

OR

advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit WNCY ability to accommodate all requests.

MEDICAL CONDITIONS

ENTRIES Entries submitted in Hy-tek format require no hard copy entry forms. Email is

preferred for electronic entries. Payment in full must be received by the start of the

meet. List swimmer's age as of September, 28th 2024.

ENTRY LIMITATIONS Swimmers may swim a maximum of 3 individual events.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by Thursday, September 19th, 2024 by 11:00 pm. Late entries may be accepted at the discretion of the Meet Director.

ENTRY FEES

Make checks payable to: YMCA of Western NC; All fees are non-refundable				
Individual	\$30 flat entry fee			
Surcharge				

SEEDING The conforming time standard for this meet is short course yards. Swimmers

will be seeded and swim from slowest to fastest unless otherwise indicated.

All non-conforming times will be seeded last in rank order.

CHECK-IN All events will be pre-seeded and there will be no positive check-in.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING No team or individual scoring will be kept.

AWARDS There will be no awards.

RESULTS

Results will be posted on WNCY website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-Tek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

OFFICIALS/TIMERS/ VOLUNTEERS

There will be a need for officials. WNCY welcomes and encourages anyone willing to volunteer. Volunteering Officials should contact the Meet Referee by email **prior to the meet.** All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet/session. There will be a meeting at the day(s)/time(s) listed in the "Deadline and Meeting Summary" above. Meetings may be in-person at the meet or virtual in advance and assignments may be communicated electronically prior to each session. All officials are strongly encouraged to complete an individual personal review of applicable USAS rules prior to the meet. Officials should report at the time specified by the Meet Referee and bring a mask (if necessary) and a writing utensil.

HOSPITALITY/

CONCESSIONS

There will be a hospitality area open to all coaches and officials.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA

Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. WNCY, BCS Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Meet Name Summary of Fees/Release Form

 ${\it Complete and email or mail this form along with entry fees to (checks payable to YMCA of Western NC) } \\$

ATTN: Kirk Hampleman 40 N. Merrimon AVE Asheville, NC 28803

Email to: khampleman@ymcawnc.org

Team Name				1		
Club Code				=		
Coach				=		
Coach Phone				-		
Coach Email				-		
Team Address				-		
,						
Item	Total Number	Cost Per	Total	1		
Swimmers (Travel Fund & Facility		0000101	· otai	-		
Surcharge)						
Total Fees Due				-		
, the undersigned coach or team rep	oresentative, verif	•				
Naiver, Acknowledgement and Liab I, the undersigned coach or team rep the enclosed entry are registered wire Safety Rules of USA Swimming, Inc. a and meet safety guidelines, and that those rules during this meet. HOST Swimming, Inc., their agents, employ liabilities or claims for damages arisi this meet. I also acknowledge that be any or all of my team's swimmers to Results, or any other documents ass	oresentative, verifith USA Swimming and North Carolina I shall be responsive TEAM, FACILITY, Notes, and coachesing by reason of illow entering this medical be published on the state of the same of the same of the published on the same of the same of the same of the published on the same of the	. I acknowle a Swimming, sible for the clorth Carolin shall be held ness or injurate, I am graithe internet i	dge that Inc. rega complian a Swimm d free and y to anyo nting per	I am fa rding v ce of m ing, Inc d harml ne duri missior	miliar w varm-up by swimi c., and U less fror ing the c n for the	rith the procedumers with ISA any and conduct

DATE

TITLE

ORDER OF EVENTS

September 28th, 2024

Girls/Women	Event	Boys/Men
1	Open 100 Back	2
3	13& Over 50 Back	4
5	12 & Under 50 Back	6
7	8 & Under 25 Back	8
9	13 & Over 100 Free	10
11	12 & Under 100 Free	12
13	Open 100 Breast	14
15	13 & Over 50 Breast	15
17	12 & Under 50 Breast	18
19	8 & Under 25 Breast	20
21	Open 200 Free Relay	22
	10 min break Warm up/Warm down	
23	Open 200 Free	24
25	12 & Under 200 Free Relay	26
27	10 & Under 200 Free Relay	28
29	8 & Under 100 Free Relay	30
31	Open 100 Fly	32
33	13 & Over 50 Fly	34
35	12 & Under 50 Fly	36
37	8 & Under 25 Fly	38
	TENTATIVE 10 MIN BREAK	

39	Open 200 IM	40
41	13 & Over 100 IM	42
43	12 & Under 100 IM	44
45	13 & Over 50 Free	46
47	12 & Under 50 Free	48
49	10 & Under 50 Free	50
51	8 & Under 25 Free	52