



# 9th Annual Carolina Crown Swim Challenge

## April 28, 2024



Held under the sanction of USA Swimming issued by SC Swimming:  
Sanction Number SC24102LCM

**Host:** South Carolina Swimming

**Meet Director:** Scott Jones [scottjswim@gmail.com](mailto:scottjswim@gmail.com) 803-431-6135

**Referee:** Aimee Onoszko [aonoszko@bellsouth.net](mailto:aonoszko@bellsouth.net) 816-665-6080

**Admin Official:** Aimee McMillan [aimeeemcmillan@gmail.com](mailto:aimeeemcmillan@gmail.com) 704-502-5996

**Meet Entries to:** Trish Martin [pksmartin13@gmail.com](mailto:pksmartin13@gmail.com) 336-327-4697

**Safety Marshal:** Anne Impens [anneimpens@gmail.com](mailto:anneimpens@gmail.com) 803-493-5535

**Safety Marshal:** Brett Impens [brett.impens@gmail.com](mailto:brett.impens@gmail.com) 803-493-5535

**Facility:** CSD Community YMCA  
5485 Charlotte Highway  
Clover, SC 29710  
(803) 831-9662

The Clover School District Community YMCA is an outdoor facility with an eight lane 50 Meter pool and adjacent six lane and four lane warm-up pool. The warm-up pool will be available for the duration of the meet. The Paddock built competition pool has eight-foot-wide lanes with bottom striping and wall targets. The pool also features an Automatic Surge Reduction guttering system with non-turbulent lane lines and starting blocks with wedges located at both ends of the 50-meter course. The facility also features an eight lane Colorado Timing Digital Scoreboard. The facility features 6 locker rooms (Boys & Men, Girls & Women) along with separate restroom facilities for spectators inside the YMCA. All areas of the facilities are handicap accessible. Overflow parking is available at the adjacent elementary school.

The water depth of the competition course is seven (7) feet, zero (0) inches, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, zero (2) inches, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has a gradual rise after 20 meters to four (4) feet; after fifteen (15) meters from this point the depth gradually decreases back to seven (7) feet for fifteen (15) meters. The water depth of the six (6) lane warm down course is seven (7) feet, zero (0) inches, measured from one (1) meter to five (5) meters, on the starting end of the course, and three (3) feet, six (6) inches, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the four (4) lane warm down course is five (5) feet measured from one (1) meter to five (5) meters at the start end of the course and three feet (3) six (6) inches measured from one (1) meter to five (5) meters at the turn end of the course. The competition courses have not been certified in accordance with 104.2.2C(4).

Medical supervision will be provided by the CSD Lifeguard staff.

**Rules:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

Deck changing is prohibited by USA Swimming and SC Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

SWIMWEAR: No technical suit may be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet (USA Swimming Rule 102.8.1F)

MAAPP 2.0: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Athlete Eligibility:** Athletes will be selected with a goal of selecting up to 60 athletes on each of four squads (240 total). The goal is for each squad to have up to 30 males and 30 females with the goal of having half of the attendees representing each LSC. The squads will be selected from athletes who have ranked in the Top 30 in each LSC by age group and gender (short course) in each of the contested events during the qualifying period (September 1, 2023-March 17, 2024). 50m Backstroke, 50m Breaststroke, and 50m Butterfly events will be based on 200m Backstroke, 200m Breaststroke, and 200m Butterfly times achieved during the qualifying period.

All swimmers must be currently registered members of USA Swimming Inc. Age is to be determined by the first day of the meet or swimmers will compete at their age as of April 28, 2024.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.



# 9th Annual Carolina Crown Swim Challenge

## April 28, 2024



Held under the sanction of USA Swimming issued by SC Swimming:  
Sanction Number SC24102LCM

- Image Release:** By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.
- Entry Fees:** There is a participation charge per athlete of \$95, payable via PayPal. Athletes should register on the North Carolina website ([www.ncswim.org](http://www.ncswim.org)) no later than April 3, 2024.
- IMPORTANT NOTE: Please be sure to include the name of the athlete in the space provided on the PayPal page.**
- Meet Format:** The Carolina Crown Swim Challenge will be a long course quad meet with all events being conducted as timed final events for 15–18 year-old athletes. The athletes in attendance will be selected from the top 15-18 athletes who have represented a North Carolina Swimming or a South Carolina Swimming member club during the 2023-24 short course season. Each athlete selected will be assigned to represent one of four squads during the competition. Each squad will have a staff of three USA Swimming registered coaches. The Head Coach of each squad will select athletes from their squad to participate in up to three (3) individual events and two relays during the competition. The Head Coach will also be responsible for completing the entries for their squad.
- Time of Meet:** **The single-day competition will be run with the following schedule:**
- Athlete Check-In: 10:00 a.m.
  - Athlete Hospitality: 11:00 a.m.-3:00 p.m.
  - Officials Meeting: 11:00 a.m.
  - Coach Meeting: 11:45 a.m.
  - Warm-Up: 10:45 a.m.-11:45 a.m.
  - Competition: 12:00 p.m.
- Entries:** All athletes should complete the online application form posted at [www.ncswim.org](http://www.ncswim.org) and [www.sc-swimming.org](http://www.sc-swimming.org) and pay \$95 via PayPal. The application must be completed and meet fees must be received by April 3, 2024. As this is a first come, first serve event, registration will close when the maximum number of swimmers are registered. All swimmers selected will be notified via email and via postings on the LSC websites by April 9, 2024. Payments for swimmers not selected will be refunded. Due to the quick turnaround of manufacturing apparel, there can be no refunds for athletes named to a team roster who fail to show on the day of the event.
- Athlete Selection will be posted on South Carolina Swimming & North Carolina Swimming websites no later than Tuesday, April 9, 2024.
- Squad Head Coaches will receive team lists no later than Saturday, April 13, 2024.
- Coaches will submit squad entries no later than Thursday, April 18, 2024.
- South Carolina Swimming does not accept deck registrations. All swimmers entered must be registered with USA Swimming at time of entry deadline.
- Awards:** Athletes and coaches of the winning squad will receive a Carolina Crown Swim Challenge commemorative towel. All athletes and coaches will receive special outfitting, which will be color-coordinated with their selected squad. The top-8 scoring individual event winners and the top-3 scoring relay teams will receive medals.



# 9th Annual Carolina Crown Swim Challenge

## April 28, 2024

Held under the sanction of USA Swimming issued by SC Swimming:  
Sanction Number SC24102LCM

**Scoring:**

Individual Events: 9-7-6-5-4-3-2-1.

Relays: 18-14-12-10-8-6-4-2.

**Timing:**

Colorado Timing System and data processing services provided by YMCA of Upper Palmetto Rays.

**Coaches' Eligibility:**

All coaches on deck must be currently registered and certified with USA Swimming. Meet Management will require all coaches to be prepared to show their USA Swimming virtual membership cards upon request.

There will be a general meeting for all coaches at 11:45am on Sunday, April 28, 2024. Coaches wishing to participate in the event should fill out the [Coach Application Form](#) no later than March 15, 2024.

**Officials:**

We are in need of officials for this event. If you are interested in volunteering, please complete the [Officials Registration Form](#) or contact Aimee McMillan ([aimeemcmillan@gmail.com](mailto:aimeemcmillan@gmail.com)).

**Volunteers****Other Information:**

The Carolina Crown Swim Challenge will need numerous volunteers to provide a quality competition for our swimmers. If you are available to volunteer, please complete the [Volunteer Registration Form](#).

**Paraswimmers**

South Carolina Swimming welcomes all paraswimmers as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistance required and/or registered service animals. Failure to provide advance notice may limit SCS' ability to accommodate all requests.

**Releases**

By applying, all swimmers acknowledge that they are registered with USA Swimming. All coaches and swimmers acknowledge that they are familiar with the Safe Sport rules of USA Swimming, Inc. and South Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that coaches shall be responsible for their swimmers' compliance with those rules during this meet. North Carolina Swimming, Inc., South Carolina Swimming, Inc. and USA Swimming, Inc., Clover School District Community YMCA, their agents, employees, volunteers, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. By entering this meet, athletes and coaches are granting permission for their names and photographs to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running or promotion of this event.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

It is further understood that South Carolina Swimming, North Carolina Swimming, and the Clover School District Community YMCA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Digital heat sheets will be provided at no cost to swimmers/families. The heat sheet will be posted on the South Carolina Swimming website, [www.sc-swimming.org](http://www.sc-swimming.org), the North Carolina Swimming website, [www.ncswim.org](http://www.ncswim.org), and will be emailed to the coaching staff of each team. Heat sheets will be available at no charge on Meet Mobile. Hard copies will be provided to the coaches on deck.

**Alternate Contact**

If the meet director cannot be reached for any reason, your alternate contact is Amy Faulk at [amyfaulk@ncswim.org](mailto:amyfaulk@ncswim.org) or (704) 437-1439.



# 9th Annual Carolina Crown Swim Challenge

## April 28, 2024

Held under the sanction of USA Swimming issued by SC Swimming:  
Sanction Number SC24102LCM



### ORDER OF EVENTS

**Warm-up: 10:45 a.m.**

**Meet Start: 12:00 p.m.**

Women's Event Number	Events	Men's Event Number
1	200m Medley Relay	2
3	200m Freestyle	4
5	100m Breaststroke	6
7	50m Butterfly	8
9	100m Backstroke	10
11	200m Individual Medley	12
13	Mixed 400m Freestyle Relay	14
<b><i>5 minute Break</i></b>		
15	50m Freestyle	16
17	50m Breaststroke	18
19	100m Butterfly	20
21	50m Backstroke	22
23	100m Freestyle	24
<b><i>5-minute Break</i></b>		
25	200m Freestyle Relay	26

End of Meet

Meet management reserves the right to eliminate or add breaks depending on the timeline.