



SwimMAC Intrasquad Meet Saturday, October 31, 2009

Sanction: Hold Under sanction of USA Swimming issued by North Carolina Swimming, Inc. Sanction #NC09099

Host: Mecklenburg Aquatic Club

Facility: Mecklenburg Aquatic Club
9850 Providence Road
Charlotte, NC 28277
(704)846-5335

The MAC Swim Center at Charlotte Latin School is a 30,000 square foot facility featuring a 50-meter by 25-yard Paddock Pools racing tank. In the 10-lane competition course, pool depth ranges from 6 feet to 12 feet with lanes that are 8-foot wide. Up to 10 lanes will be used for continuous warm-up and warm-down. The facility also features a Colorado 6000 system and ten-lane scoreboard. There is bleacher seating for 600 competitors and spectators. Starting blocks will be used for competition in accordance with the USA Swimming diving depth guidelines.

Schedule: **Saturday October 31, 2009 Girls Meet**

Session I

Warm-up: 7:30AM

Timed Finals: 8:30AM

Saturday October 31, 2009 Boys Meet

Session II

Warm-up: NOON

Timed Finals: 1:00 PM

Format: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety Program, except where rules therein are optional and exceptions herein stated.

Eligibility: This meet is open to all swimmers registered with the Mecklenburg Aquatic Club. Session I is for female swimmers only. Session II will for male swimmers only.

Entry Limits: Swimmers may swim up to 4 events.

Rules: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety program, except wherein are optional and exceptions are stated.

All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification /

registration. Coaches and officials shall prominently display their registration cards while on deck.

Warm-up: In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.

During the competition there will be lanes available for continuous warm-up/warm-down. There is to be no diving or horseplay in this area.

Entry Forms: Entries can be submitted on a 3.5" Disk generated by HY-TEK Team Manager OR the enclosed meet entry forms and summary sheet. All computer entries must be accompanied by a hard copy of the entire meet entry. Please list each swimmer's age as of October 31, 2009.

All entries, manual or computer generated must include the following forms:

1. Official Summary Sheet
2. Payment of Fees

Fees: \$10.00 per swimmer.
Please make checks payable to the Mecklenburg Aquatic Club.

Entry: Entries must be received by Friday October 23rd, 2009 by 7:30PM.
No fax or phone entries. Late entries will be accepted at the discretion of the Meet Director. There will be no on-deck registration available at this meet.

Please mail entries to:

The Mecklenburg Aquatic Club
SwimMAC Intersquad Meet Director
9850 Providence Road
Charlotte, NC 28277

Meet Management: Meet Director: Stephanie Miller
Meet Referee: Richard Pockat
Meet Marshall: Russ Kasl

Release: USA Swimming, North Carolina Swimming, Inc., Charlotte Latin School and The Mecklenburg Aquatic Club and all the employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Scoring: Events will be scored through 30th place each event. Relays will not be scored.

Coaches' Meeting: There will be a coaches' meeting in Hospitality October 31, 15 minutes prior to the start of warm up for the morning session.

Officials: SwimMAC welcomes and encourages the assistance of certified officials from visiting teams. To volunteer, please contact the Meet Director by telephone or the Meet Referee once you arrive. To volunteer, please contact the Meet Director by telephone or the Meet Referee once you arrive. There will be Officials' meetings each session, in Hospitality, 45 minutes prior to the start of each session.

SwimMAC Intrasquad Meet
Saturday October 31, 2009
Order of Events

Saturday: Session I

Girls Meet
October 31, 2009
Girls

Warm-ups: 7:30 AM
Meet: 8:30 AM

Event #

1	12 & Under 50 Fly
2	13 & Over 100 Fly
3	12 & Under 50 Back
4	13 & Over 100 Back
5	Open Mystery Relay #1
6	12 & Under 50 Breast
7	13 & Over 100 Breast
8	12 & Under 50 Free
9	13 & Over 100 Free
10	12 & Under 100 IM
11	13 & Over 100 IM
12	Open Mystery Relay #2

Saturday: Session II

Boys Meet
October 31, 2009
Boys

Warm-ups: 12:00PM
Meet: 1:00PM

Event #

1	12 & Under 50 Fly
2	13 & Over 100 Fly
3	12 & Under 50 Back
4	13 & Over 100 Back
5	Open Mystery Relay #1
6	12 & Under 50 Breast
7	13 & Over 100 Breast
8	12 & Under 50 Free
9	13 & Over 100 Free
10	12 & Under 100 IM
11	13 & Over 100 IM
12	Open Mystery Relay #2