



TAC TITANS Triangle Classic Meet

Hosted by TAC TITANS

June 16-19, 2022

Held at Triangle Aquatic Center, 275 Convention Drive, Cary, NC,

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC22101 REVISED 5/30/22

MEET DIRECTOR Jennifer Riley jriley@tactitans.org	MEET ENTRY COORDINATOR Jennifer Riley jriley@tactitans.org
MEET REFEREE Kevin Chignell kevinchignell@gmail.com	MEET MARSHAL Mark Frank mfrank@triangleaquatics.org

CONDITION OF SANCTION

As a condition of this sanction, The TAC Titans agree to comply with and to enforce all COVID-19 health and safety mandates and guidelines of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions in effect at the time of the meet. Further, the meet will be conducted in accordance with individual facility requirements as detailed in the TAC Titans Meet Plan below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.

ASSUMPTION OF RISK DISCLAIMER

The TAC Titans have taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

COVID-19 RELEASE

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, NORTH CAROLINA SWIMMING, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES

FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**NCS FACE
COVERING
STATEMENT**

NCS recommends the proper use of face coverings at all NCS activities and expects all participants, coaches, officials, volunteers, and spectators to comply with all club and facility specific COVID-19 safety requirements and guidelines from USA Swimming, North Carolina Swimming, the State of North Carolina, and local jurisdictions.

PARENTAL ACCESS

Parents needing access to their athlete during the meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet the Front Desk. Should parents be unable to contact their child directly, they should see the Meet Marshal located at the deck entrance in the Lower lobby. In the case of an emergency, please call and/or text the Facility Director at 919.459.4045.

MEET FORMAT

This is a 4-day meet – Thursday 13&O timed-finals; Fri-Sun 13&O prelim/final and 12&U timed-final meet

PRELIMS/FINALS:

13-14 – B & A Finals (top 16 swimmers)

15 & OVER – C, B & A Finals (top 24 swimmers)

TIMED FINALS:

12&U events, 400 free and 400 IM are timed-finals (all other events are prelims/finals)

- All events will be pre-seeded with the exception of the 400 IM and 400 Free
- 400 free will swim FAST to SLOW, alternating girls/boys
- 400 IM will swim FAST to SLOW, alternating girls/boys with the 2 fastest seeded heats swimming in finals (there is no AM/PM option)
- The number of heats for ALL DISTANCE EVENTS (≥ 400 yards) may be limited to stay within the required 4-hour session timeline limit.
- There are no relays in this meet

SCHEDULE

Session	Day	Warm-up	Meet Start	Age Group
1	Thursday – Timed Finals	5:45 PM	6:45 PM	13 & O
2	Friday Prelims	6:30AM	8:00 AM	13 & O
3	Friday Timed Finals	12:40 PM	1:50 PM	12 & U
4	Friday Finals	5:45 PM	6:45 PM	13 & O
5	Saturday Prelims	6:30AM	8:00 AM	13 & O
6	Saturday Timed Finals	12:40 PM	1:50 PM	12 & U
7	Saturday Finals	5:45 PM	6:45 PM	13 & O
8	Sunday Prelims	6:30AM	8:00 AM	13 & O
9	Sunday Timed Finals	12:40 PM	1:50 PM	12 & U
10	Sunday Finals	5:45 PM	6:45 PM	13 & O

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For
Wednesday, June 8, 2022	8:00 PM	Entry deadline
Wednesday, June 15, 2022	Zoom meeting - time TBD	Coaches/General Meeting
Thur-Sun, June 16-19, 2022	30 mins prior to start of each session	Official Briefings
Thursday, June 16, 2022	12:00PM	400 Free positive check-in (13&O and 12&U)
Thursday, June 16, 2022	8:00 PM	400 IM positive check-in

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated. The NCS Scratch Rule is in effect for this meet.

TECHNICAL SUIT BAN for 12&Us

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply

with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to TAC TITANS marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet. There are no time standards for this meet.

SWIMMERS WITH DISABILITIES

TAC TITANS welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit TAC TITANS ability to accommodate all requests.

ENTRIES

As an invitational meet, teams **MUST** contact the Meet Director as soon as possible and **NO LATER THAN** Friday, May 27, 2022, to express their interest in attending. Otherwise, acceptance of entries cannot be guaranteed.

ENTRIES will not be accepted before Friday, May 27, 2022, at 8:00 AM and not after Wednesday, June 8, 2022, at 8:00 PM. Please **DO NOT** send entries if you have not previously contacted the Meet Director.

"NT" entry times **WILL NOT** be accepted at this meet.

Entries should be submitted in Hy-Tek format via email. A completed and signed "Summary of Fees" Sheet (included in this announcement) and payment in full must be received by the Meet Entry Coordinator before the start of the meet. Swimmers will not be allowed to swim until all fees are paid. A swimmer's age on the first day of the meet will determine their age for the entire meet.

ENTRY LIMITATIONS

Swimmers are limited to 3 individual events per day and 8 for the meet. The meet will be capped at 800 swimmers.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES

Make checks payable to: TAC TITANS; All fees are non-refundable	
Individual Event	\$9.00 per event
Relays	\$16.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$20.00 per swimmer, including relay only swimmers
Late Entry Fee	Double the IE and relay fees listed

SEEDING

The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN

Positive check-in may be done at the admin table and via GroupMe (see check-in events and deadlines in Meeting and Deadline table above)

Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

SCRATCHES

The current NCS Scratch Rule will be in effect during the course of this meet for prelims/finals and deck seeded events (see attachment). This will serve as the official guide for technical procedural rules, except when stated otherwise in the Meet Announcement. Coaches and swimmers are expected to be familiar with the rule. For ties that affect finals seeding, entry into the A final will be determined by a swim-off (for 8th and 9th). For entry into to the B final (16th and 17th) or C final (24th and 25th), a swim-off will not be offered and placement will instead be settled randomly by computer. Ties for alternates will also be settled randomly by computer.

Scratches for finals will be done either in person at the scratch table or virtually via the GroupMe app (if applicable).

ALL SWIMMERS SHOULD SCRATCH FROM SUNDAY FINALS IF THEY HAVE NO INTENTION OF SWIMMING.

SCORING	This meet will not be scored.
AWARDS	No awards will be given.
RESULTS	Results will be posted on the Triangle Aquatic Center website http://www.triangleaquatics.org/events/event-results/ within 48 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-Tek backups either via email attachment or on www.ncswim.org .
COACHES	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials. TAC TITANS welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
HOSPITALITY/ CONCESSIONS	TAC is proud to offer hospitality to all coaches and officials participating in the corresponding session of the meet. Hospitality is offered prior to and into the corresponding session, not after. TAC will also provide snacks and drinks on deck to coaches, officials and meet personnel.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.
WAIVER/RELEASE	As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA

Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. TAC TITANS, Triangle Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

(revised 5/28 – events will be re-numbered prior meet)

Thursday

Thursday 13&O Timed-Finals

Warm-up: 5:45pm; Meet Start: 6:45pm

Girls	Event	Boys
27	13&O 400 Free	28

Friday

Friday 13&O

Prelims - Warm-up: 6:30am; Meet Start: 8:00am

Finals - Warm-up: 5:45pm; Meet Start: 6:45pm

Girls	Event	Boys
1	13&O 200 Free	2
3	13&O 100 Breast	4
5	13&O 100 Fly	6
7	13&O 400 IM	8

Friday 12&U Timed-Finals

Warm-up: 12:40pm; Meet Start: 1:50pm

Girls	Event	Boys
9	12&U 50 Free	10
11	12&U 200 Breast	12
13	12&U 100 Fly	14
15	12&U 50 Breast	16
17	12&U 400 Free	18

Saturday

Saturday 13&O

Prelims - Warm-up: 6:30am; Meet Start: 8:00am

Finals - Warm-up: 5:45pm; Meet Start: 6:45pm

Girls	Event	Boys
19	13&O 200 Breast	20
21	13&O 50 Free	22
23	13&O 200 IM	24
25	13&O 100 Back	26

Saturday 12&U Timed-Finals

Warm-up: 12:40pm; Meet Start: 1:50pm

Girls	Event	Boys
29	12&U 200 Free	30
31	12&U 100 Breast	32
33	12&U 200 Fly	34
35	12&U 100 Back	36
37	12&U 400 IM	38

Sunday

Sunday 13&O

Prelims - Warm-up: 6:30am; Meet Start: 8:00am

Finals - Warm-up: 5:45pm; Meet Start: 6:45pm

Girls	Event	Boys
39	13&O 100 Free	40
41	13&O 200 Back	42
43	13&O 200 Fly	44

Sunday 12&U Timed-Finals

Warm-up: 12:40pm; Meet Start: 1:50pm

Girls	Event	Boys
47	12&U 50 Back	48
49	12&U 200 IM	50
51	12&U 50 Fly	52
53	12&U 200 Back	54
55	12&U 100 Free	56



NORTH CAROLINA SCRATCH RULE

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
 - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
 - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
 - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
 - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
 - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
 - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
 - C. The swimmer was not named in any finals heat during the initial announcement of results
 - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.

THIS PAGE IS FOR COACHES ONLY

2022 TAC TITANS Triangle Classic Meet

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to TAC TITANS):

TAC TITANS

ATTN: Mark Frank

275 Convention Drive

Cary, NC 27511

Email to: jriley@tactitans.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$9.00 per event	
Swimmers (Travel Fund & Facility Surcharge)		\$23.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TAC TITANS, Triangle Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE