

**RAC YMCA Mini Meet
JF Hurley Family YMCA
April 25, 2009**

Sanction:

This is a closed YMCA meet. The meet will be conducted in accordance with current USA Swimming Technical Rules. Held under the Approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Approval #09065AP

Facility Information:

JF Hurley YMCA
828 Jake Alexander Blvd. NW
Salisbury, NC 28147
(704) 636-0111

The pool is an eight-lane, 25 yard course with non-turbulent lane lines. Electronic timing and computer results will be used. Spectator seating is available. Limited concessions may be provided.

Parking:

Parking will be available in the main YMCA parking lot in front of the building. Please do not park in the parking lot to the right side of the YMCA (Vacant Winn-Dixie), as cars will be towed.

Schedule:

Saturday
Warm Up: 11:00 AM
Meet Start: 12:00 PM

Eligibility:

This is a YMCA meet. All swimmers must be members of a YMCA swim team.

Classification:

This is a Senior/Age Group meet with no minimum or maximum time standards.

Age for Meet:

Age as of April 25, 2009

Format:

This meet will be conducted in accordance with current USA Swimming Technical Rules, the NCS Swimming Handbook, and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

1. All events will be swum as timed finals.
2. Scratches and deck entries will be taken until 30 minutes prior to the start of each session.
3. The referee and meet management reserve the right to combine heats.
4. Depending on entry numbers, we may include 5 or 10 minute (maximum) breaks in between events at the discretion of the Meet Referee and the Meet Director. All breaks will be discussed during the coaches meeting if they are needed.

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Awards:

Individual Events: 1st – 8th place ribbons

Relay Events: 1st – 3rd place ribbons

Entry Limit:

Four (4) individual entries and two (2) relay events per day. There is no limit on relay entries per team.

Entries:

Entries will be accepted in HY-TEK CLII format and must be received no later than **8 PM on April 21, 2009**. Entries must be submitted electronically. Deck entries will be accepted to fill empty lanes. Please send any correspondence relating to entries via e-mail to Matt Hall at MHall@rowanymca.com. Include team name, swimmer, and/or events in question.

Mail to:

Matt Hall
828 Jake Alexander Blvd. NW
Salisbury, NC 28147
(704) 636-0111

E-mail to:

MHall@rowanymca.com

Entry Fees:

\$10.00 flat fee

Make checks payable to Rowan Aquatic Club YMCA.

Warm Ups:

Each team will get at least 2 lanes

Coaches Meeting:

There will be a coaches meeting 15 minutes prior to the start of the session on the pool deck. All coaches will be asked to present their 2009 Coach Membership ID. Coaches without a coach membership card will not be allowed on the pool deck.

Officials Meeting:

An officials meeting will be conducted 30 minutes prior to the start of the session on the pool deck.

Meet Referee:

Jay Stevens

Meet Director:

Mary Spake

Meet Marshall:

TBD

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Concessions:

Concessions may be sold on the pool deck.

Release:

USA Swimming, Inc., North Carolina Swimming, Inc., JF Hurley Family YMCA, Rowan Aquatic Club YMCA swim team (RAC Y), and the YMCA of Rowan County shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Safety:

The NCS Safety Program is in effect for this meet. Coaches are required to closely supervise their swimmers at all times. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the JF Hurley Family YMCA or any other restrictions that are posted for the safety of the people in attendance or to protect JF Hurley Family YMCA property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action.

Order of Events

Saturday, April 25, 2009 - Warm Ups: 11:00 AM, Meet Start: 12:00 PM

Girl's Event #	Age Group Distance & Stroke	Boy's Event #
1	8 & Under 100 Medley Relay	2
3	10 & Under 100 Medley Relay	4
5	11-12 200 Medley Relay	6
7	6 & Under 25 Back	8
9	7-8 25 Back	10
11	9-10 50 Back	12
13	11-14 50 Back	14
15	Senior 50 Back	16
17	6 & Under 25 Breast	18
19	7-8 25 Breast	20
21	9-10 50 Breast	22
23	11-14 50 Breast	24
25	Senior 50 Breast	26
27	6 & Under 100 IM	28
29	7 & 8 100 IM	30
31	9-10 200 IM	32
33	11-14 200 IM	34
35	Senior 200 IM	36
37	6 & Under 25 Fly	38
39	7-8 25 Fly	40
41	9-10 50 Fly	42
43	11-14 50 Fly	44
45	Senior 50 Fly	46
47	6 & Under 25 Free	48
49	7-8 25 Free	50
51	9-10 50 Free	52
53	11-14 50 Free	54
55	Senior 50 Free	56
57	8U 100 Free Relay	58
59	10 & Under 200 Free Relay	60
61	11-12 200 Free Relay	62