

**2020 October Opener**  
**Hosted by YMCA of Western North Carolina Piranhas Swim Team**  
**October 10, 2020**

**Held at Buncombe County Schools Aquatic Center, 18 Ensley Stadium Loop, Asheville, NC 28803**  
Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.  
**Sanction #NC20134**

**CONDITION OF  
SANCTION**

As a condition of this sanction, the YMCA of Western North Carolina Piranhas Swim Team agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, and the YMCA of Western North Carolina Piranhas Swim Team Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

**ASSUMPTION OF  
RISK DISCLAIMER**

The YMCA of Western North Carolina Piranhas Swim Team has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

**COVID-19 RELEASE**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

## YMCA of Western North Carolina Piranhas Swim Team COVID 19 MEET PLAN

- FACE COVERINGS** *All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.*
- LOCAL PROTOCOLS** *The deck of the indoor pool at the Buncombe County pool is 6,815 square feet. There will be 3 Social distancing monitors. Coaches will be on the north side (tennis court side). Swimmers will be on the south side and West Side and the grassy area at the east side (with designated spots for tents). Parents will be able to view the meet via Facebook live, plus we will have 8 spots for timers that will be filled by parent volunteers. Swimmers will have a designated space on deck that is marked in Blue tape that will ensure social distancing. The meet will be run at a slow pace*
- The clerk of course will be at the south side deep end of the pool. All ages will go through the clerk of course to ensure social distancing is taking place at all times. It will be staged with 2 heat positions. The heat that is getting ready to swim will be behind the blocks. The timers will be at the Start end wall and proceed to the blocks after the start of each heat. There will be a designated spot for swimmers to put their face coverings on while they race. Prior to the meet, each team will meet with the swimmers to go through the specific protocols that will be in place.*
- Locker rooms will be limited to bathroom use only. Showers are closed, and swimmers will not be able to change in the locker rooms. Swimmers will be required to arrive and leave the meet in their swim suits. Swimmers whose coaches allow them to wear tech suits will abide by the same rule. Specifically, swimmers that will wear tech suits will not be able to warm up in a different suit and then change prior to the start of the meet. No tech suits for swimmers 12 and under as per rule 102.8(F)*
- ENTRY & EXIT PROCEDURES** *The designated entrance for the meet will be through the Front door on the south side of the building and the designated exit will be through the outer door on the west side.*
- SWIMMER LIMITATIONS** *There will be a maximum of 75 swimmers entered per session of the meet.*
- SPECTATOR LIMITATIONS** *The Buncombe County indoor pool has a set a capacity limit of 227 individuals inside the pool. We expect to be nowhere close to 227 with the protocols mentioned above. Included in the total are a maximum of 75 swimmers, 8 parents timing, 6 officials, 1 Colorado Timing operator, 4 lifeguards, 3 social distancing monitors, 2 clerk of course volunteers, and 12 coaches.*
- PARENTAL ACCESS FOR SAFE SPORT** *We will have parents inside the pool volunteering to time and to provide social distancing help. We will also provide viewing of the meet via video streaming on Facebook live.*

**SCREENING**

*Ingress to the facility requires health screening questions and/or a temperature check before entering in accordance with CDC and local health department recommendation.*

**WARM UPS**

*Each team will have 45 minutes for warm ups. Each team will split their warm ups as it sees fit, with no more than 5 swimmers in a lane for 13 and over and 4 per lane for 12 and under.*

*Warm up/cool down will be available in the competition pool during breaks only.*

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
Kirk Hampleman 828-209-9616 <a href="mailto:khampleman@ymcawnc.org">khampleman@ymcawnc.org</a>	Jon Jolley 828-381-8806 <a href="mailto:jonj@ymcacv.org">jonj@ymcacv.org</a>
<b>MEET REFEREE</b>	<b>MEET MARSHAL</b>
Colleen Gillan 828-925-2889 <a href="mailto:csgillan9@gmail.com">csgillan9@gmail.com</a>	Darrian Turner 828-329-6665 Turnerdarian10@gmail.com

**FACILITY**

25 Yard, 10 lane pool (lanes are 8 feet wide), water depth from 4 ½ feet to 6 feet, with non-turbulent lane markers and Velocity starting blocks. Colorado 7000 timing system will be used. **There is an additional 6,815 square feet of deck space at the facility. The competition course has not been certified in accordance with 104.2.2C(4).**

**MEET FORMAT**

This is a timed final Age Group/Senior, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	9:00 AM	10:00 AM	12 & U
2	Saturday	No earlier than 12:30 PM	No earlier than 1:30 PM	13 & O

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Thursday, October 1	11:00 PM	Entry deadline
Prior to meet	TBD	Coaches/General Meeting
Prior to meet	TBD	Official Briefing (Virtual)

**RULES**

**This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.**

**TECHNICAL SUIT BAN  
for 12&Us**

**Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.**

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

**MAAPP**

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**SAFE SPORT**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer’s guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer’s team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

**ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as “Registration Applied

For” will not be accepted. **There will be no on deck registration available at this meet.**

**MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS**

The YMCA of Western North Carolina Piranhas Swim Team welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Members who are unable to wear face coverings because of a documented medical condition must notify the Meet Director in advance and may have limited deck access. Failure to provide advance notice may limit YSST’s ability to accommodate all requests.

**ENTRIES**

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. Payment in full must be received by the start of the meet. List swimmer’s age as of October 10, 2020. The meet will be limited to 75 swimmers per session.

**ENTRY LIMITATIONS**

Swimmers may swim a maximum of 3 individual events.

**ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES**

**The Meet Entry Coordinator must receive entries by Thursday, October 1<sup>st</sup>, 2020 by 11:00 pm. Late entries may be accepted at the discretion of the Meet Director.**

**IMAGE RELEASE**

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team’s head coach and the Meet Director prior to the meet.

**ENTRY FEES**

<b>Make checks payable to: YMCA of Western NC; All fees are non-refundable</b>	
Individual Surcharge	\$23 flat entry fee

# ORDER OF EVENTS

## Saturday Morning Session

Warm-up: 9:00 AM      Meet Start: 10:00 AM

Girls/Women	Event	Boys/Men
1	12 & U 50 Free	2
3	12 & U 100 Free	4
5	12 & U 50 Back	6
7	12 & U 100 Back	8
9	12 & U 100 IM	10
11	12 & U 200 IM	12
13	12 & U 50 Breast	14
15	12 & U 100 Breast	16
17	12 & U 50 Fly	18
19	12 & U 100 Fly	20
21	12 & U 200 Free	22

## Saturday Afternoon Session

Warm-up: 12:30 PM      Meet Start: 1:30 PM

Girls/Women	Event	Boys/Men
23	13 & O 50 Free	24
25	13 & O 100 Free	26
27	13 & O 200 Free	28
29	13 & O 100 Back	30
31	13 & O 200 Back	32
33	13 & O 200 IM	34
35	13 & O 400 IM	36
37	13 & O 100 Breast	38
39	13 & O 200 Breast	40
41	13 & O 100 Fly	42
43	13 & O 200 Fly	44
45	13 & O 500 Free	46

**2020 October Opener  
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to YMCA of Western NC):  
WNCY  
53 Ashland Ave  
Asheville, NC 28803  
Email to: khampleman@ymcawnc.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmers (Travel Fund & Facility Surcharge)		\$23 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. WNCY, YMCA of Western North Carolina, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE