



Coca-Cola Winter Invite December 5-7th, 2008

Sanction: Hold under sanction of USA Swimming, issued by North Carolina Swimming, Inc.
Sanction #NC08127

Host: SwimMAC Carolina

Facility: Huntersville Family Fitness & Aquatics
11725 Verhoeff Road
Huntersville, NC 28078
(704) 766-2222

The Huntersville Family Fitness & Aquatics center has a 12,952 square-foot pool area featuring a 50-meter by 25-yard Paddock Pool Racing tank. The pool depth ranges from 6 feet at the starting end to 17 feet at the far end of the pool with eight 9 foot wide lanes. There will be at least 8 additional lanes available for warm up and warm down. The pool is equipped with Competitor 4" Racing Lanes and with single pedestal Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and an eight-lane scoreboard. Hy-Tek Meet Manager software will be used.

Format: All events will be conducted on a timed final basis. The age groups will be as follows:
8-Under, 10 & Under, 11-12, Open.

Schedule: 8 & Under and SENIOR FRIDAY AFTERNOON SESSION
Warm-up 4:30 PM
Timed Finals 5:30 PM
10-UNDER MORNING SESSION
Warm-up 7:15 AM
Timed Finals 8:00 AM
11-12 MID SESSION
Warm-up 11:00 AM
Timed Finals 11:45 AM
SENIOR DEVELOPMENT AFTERNOON SESSION
Warm-ups 3:00PM
Timed Finals 4:00PM

Eligibility: All Swimmers must be registered with USA Swimming.

The 2005 -2008 NAG Time standards are in effect for this meet. The morning sessions are for 12 & Under "BB" & Below. A swimmer may not enter an event in which he/she has an "A" time standard

The afternoon sessions are for Senior Development swimmers. A Senior Development swimmer is at least thirteen years old and has less than two 13-14 "AA" strokes.

- Entry Limit:** Swimmers are limited to **4 individual events a day and a total of 9 individual events for the meet for 13 and over swimmers and 7 individual events for the meet for swimmers 12 & under.** Meet Management reserves the right to limit the meet to 250 swimmers per session and reserves the right to go over that number if in compliance with the Four Hour rule. Entries will be accepted in order of receipt. SwimMAC ENTRIES WILL BE ENTERED IN FIRST AND THEN WE WILL ACCEPT TEAMS/ENTRIES FOR AS MANY SPOTS AS WE HAVE AVAILABLE THEREAFTER IN THE ORDER THEY ARE RECEIVED.
- Rules:** This meet will be conducted in accordance with the current USA Swimming Rules and Regulations the NCS Official Handbook and NCS Safety Program, except where Rules therein are optional and exceptions are stated.
- Scratch Rule:** There will be no penalty for scratching pre-seeded events at the block. In the deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event. Check-in will be located at the Clerk of Course.
- Warm-up:** In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet management reserves the right to change warm-up times according to the number of entries.
- During the competition, there will be lanes available for continuous warm-up/warm-down. There is to be no diving or horseplay in this area.
- Seeding:** All events will be pre-seeded except for Open 500 Free, Open 400 IM, and Open 1000 Free.
- 10 & under, 11/12 200 IM & Free** All swimmers entered in the 10 & under 200 Free or the 11-12 200 Free must have a 'B' time in their age- group for the 100 Free. All swimmers entered in the 10 & under 200 IM or the 11-12 200 IM must have a 'B' time in their age group for the 100 IM.
- 1000 Free:** The 1000 Free will be limited to the fastest 24 women's and 24 men's entry times. Meet Management reserves the right to combine heats (men & women). All heats will be swum fastest to slowest, alternating women then men. Meet management reserves the right to swim over distance events in 2 courses.
- 500 Free & 400 IM:** We reserve the right to limit the 500 free to 7 heats of girls and 7 heats of boys. We reserve the right to limit the 400 IM to 7 heats of girls and 7 heats of boys. Meet management reserves the right to combine heats (men & women). All heats will be swum fastest to slowest, alternating women then men.
- Positive Check-In:** A positive check-in will be required for the following events:
AGE GROUP EVENT DEADLINE
Open **500 Free:** 5:00 PM Friday
Open **400 IM:** 5:00 PM Friday
Open **1000 Free:** 4:30 PM Saturday
- Entry Forms:** Entries should be submitted on a 3.5" Disk generated by HY-Tek Team Manager OR the enclosed meet entry forms and summary sheet. All computer entries must be accompanied by a hard copy of the entire entry. Please list each swimmer's age as of November 30, 2007. All entries, manual or computer generated, must include the Official Summary Sheet and payment of fees.

Entry Deadline: Entries must be received by **Tuesday, November 25th, 2008**. No Fax or phone entries. Late entries will be accepted at the discretion of Meet Director. Please mail entries to:

SwimMAC Carolina
9850 Providence Road
Charlotte, NC 28277
Attention: Coca-Cola Winter Invite Meet Director
apick@swimmaccarolina.org

Fees: Individual Events: \$2.00 per event
NCS Travel Fund: \$2.00 per swimmer
Facility Surcharge: \$10.00 per swimmer
Please make checks payable to SwimMAC Carolina.

Awards: Ribbons will be awarded to the top 8 finishers of each 8 & Under, 9 yrs olds and 10 year olds in the 10 & Under events and the top 8 finishers of each 11 yr olds and 12 year olds in 11-12 individual events. For example: the 8 fastest 11 year olds and the 8 fastest swimmers in the 11-12 100 free will receive ribbons.
The top 8 finishers in the Open events will receive ribbons regardless of actual age. The top 8 finishers in the 8-Under events will also receive ribbons regardless of age.

Scoring: No team or individual scoring will be kept.

Coaches All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification / registration. Coaches shall prominently display their registration cards while on deck. There will be a Coaches meeting Friday at 4:15pm, other meetings may be held at the meet director's discretion.

Officials All officials on deck must be registered and certified with USA Swimming. SwimMAC welcomes and encourages the assistance of certified officials from other teams. Meet Management will require all officials to show proof of certification / registration. Officials shall prominently display their registration cards while on deck. To volunteer, please contact the Meet Director by telephone or the Meet Referee once you arrive. There will be an Official's meetings each session, on Friday at 5:00pm, Saturday & Sunday at 7:30am, 11:15am and 3:30pm.

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

Meet Management: Meet Director: Vicky Montgomery
Meet Referee: Dick VanHalsema
Meet Marshall: Kari Lawrence

Hospitality & Concessions: There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

Release: USA Swimming, North Carolina Swimming Inc., Huntersville Family Fitness and Aquatics Center, and SwimMAC Carolina, and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Attachments: Order of Events
Entry Summary Form

Information: Please contact Kari Lawrence at 704-766-1520 x106 for more information.

Coca-Cola Winter Invite Order of Events

Friday PM December 5, 2008

Warm-up: 4:30 PM
Meet: 5:30 PM

Girls		Boys
Event #		Event #
1	8 & Under 50 Free	2
3	8 & Under 50 Back	4
5	Open 400 IM	6
7	8 & Under 25 Breast	8
9	8 & Under 25 Fly	10
11	Open 500 Free	12

Saturday AM December 6, 2008

10 & UNDER SESSION

Warm-up: 7:15 AM
Meet: 8:00 AM

Girls		Boys
Event #		Event #
13	10 & Under 100 IM	14
15	10 & Under 50 Breast	16
17	10 & Under 100 Back	18
19	10 & Under 50 Fly	20
21	10 & Under 200 Free	22

Saturday Mid December 6, 2008

11-12 SESSION

Warm-up: 11:00 AM
Meet: 11:45 PM

Girls		Boys
Event #		Event #
23	11-12 100 IM	24
25	11-12 50 Free	26
27	11-12 50 Breast	28
29	11-12 100 Back	30
31	11-12 50 Fly	32
33	11-12 200 Free	34

Saturday PM December 6, 2008

SENIOR SESSION

Warm-up: 3:00 PM
Meet: 4:00 PM

Girls		Boys
Event #		Event #
35	Open 200 IM	36
37	Open 100 Free	38
39	Open 200 Fly	40
41	Open 100 Back	42
43	Open 100 Breast	44
	<i>* 10 minute break if needed *</i>	
45	Open 1000 Free	46

Coca-Cola Winter Invite Order of Events

**Sunday AM
December 7, 2008**

10 & UNDER SESSION

**Warm-up: 7:15 AM
Meet: 8:00 AM**

Girls Event #		Boys Event #
47	10 & Under 50 Free	48
49	10 & Under 100 Fly	50
51	10 & Under 50 Back	52
53	10 & Under 100 Free	54
55	10 & Under 100 Breast	56
57	10 & Under 200 IM	58

**Sunday Mid
December 7, 2008**

11-12 SESSION

**Warm-up: 11:00 AM
Meet: 11:45 AM**

Girls Event #		Boys Event #
59	11-12 100 Breast	60
61	11-12 50 Back	62
63	11-12 100 Free	64
65	11-12 100 Fly	66
67	11-12 200 IM	68

**Sunday PM
December 7, 2008**

SENIOR SESSION

**Warm-ups: 3:30 PM
Meet: 4:30 PM**

Girls Event #		Boys Event #
69	Open 200 Back	70
71	Open 100 Fly	72
73	Open 50 Free	74
75	Open 200 Breast	76
77	Open 200 Free	78