



2017 Carolina Crown Senior Swim Challenge

Hosted By South Carolina Swimming

April 30, 2017

Held under the sanction of USA Swimming, Inc. Issued by South Carolina Swimming, Inc.

Sanction number: SC17xxxLCM

MEET DIRECTORS		MEET ENTRY COORDINATOR
Karen Alexander pixabugg@bellsouth.net 864-506-2016	Jonathan Watson 01silversurfer@bellsouth.net 919-395- 9585	Karen Alexander pixabugg@bellsouth.net 864-506-2016
MEET REFEREE	SAFETY MARSHAL	
Gene Ashcraft deerhunter54@ymail.com 704-309-5593	Scott McMillian	

FACILITY

Clover School District Community YMCA, 5484 Charlotte Hwy, Clover, SC 29710

Emergency Phone Number: (803) 831-9622

The Clover School District Community YMCA is an outdoor facility with an eight (8) lane 50 meter pool and adjacent six (6) lane and four (4) lane warm-up pool. The warm-up pools will be available for the duration of the meet. The Paddock built competition pool has eight (8) foot wide lanes with bottom striping and wall targets. The pool also features an Automatic Surge Reduction guttering system with non-turbulent lane lines and starting blocks with wedges located at both ends of the 50 meter course. The facility also features an eight lane Colorado Timing Digital Scoreboard.

The facility features six (6) locker rooms (Boys & Men, Girls & Women) along with separate rest room facilities for spectators inside the YMCA. All areas of the facility are handicap accessible. Overflow parking is available at the adjacent elementary school. The facility does not have bleachers, so parents and swimmers are encouraged to bring deck chairs and tents to shade the sun.

The water depth of the competition pool (or course) is six (6) feet seven (7) inches measured from one (1) meter to five (5) meters at the starting end of the course and six (6) feet seven (7) inches measured from one (1) meter to five (5) meters at the turn end of the course. At 25 meters from the start end of the pool, there is a slight incline to four

(4) feet for fifteen (15) yards, then the pool declines back to six (6) feet, seven (7) inches. The water depth of the six (6) lane warm down course is six (6) feet eight (8) inches measured from one (1) meter to five (5) meters at the starting end of the course and four (4) feet six (6) inches measured from one (1) meter to five (5) meters at the turn end of the course. The water depth of the four (4) lane warm down pool (or course) is a sliding depth from left to right; Water depth is (3) feet three (3) inches measured from one (1) meter to five (5) meters at the ramp side of the course and four (4) feet six (6) inches measured from one (1) meter to five (5) meters at the wall side of the course. The competition course has not been certified in accordance with 104.2.2C(4).

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MEET FORMAT

The Carolina Crown Meet will be a long course quad meet with all events being conducted as timed final events for 15-18 year old athletes. The athletes in attendance will be selected from the top 15-18 athletes who have represented a North Carolina Swimming or South Carolina Swimming member club during the 2016-17 short course season. Each athlete selected will be assigned to represent one of four squads during the competition. Each squad will have a staff of three USA Swimming registered coaches. The Head Coach of each squad will select athletes from their squad to participate in up to four individual events and two relays during the competition. The Head Coach will also be responsible for completing the entries for their squad.

SCHEDULE

The single day meet will be run on the following schedule:

COACH ARRIVAL/MEETING	11:00 am
ATHLETE CHECK-IN	11:45 am
OFFICIALS MEETING	12:00 pm
WARM-UPS	12:30 pm
MEET BEGINS	1:30 pm
HALFTIME BREAK	10 mins – Following event #14

SAFE SPORT

The SCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in workout rooms, storage rooms, meeting rooms or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend that each squad assign a coach to monitor warm-up sessions in addition to the Meet Marshal provided by SCS. The Clover School District Community YMCA pool rules must be followed by all participants and spectators attending this event.

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms. They are also not allowed behind the starting blocks.

Deck changes are prohibited.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on the pool deck. No spectators will be allowed on deck at any time.

RULES

This meet will be run in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

ELIGIBILITY

All swimmers participating must be registered with USA Swimming, Inc. Swimmers must be registered prior to the entry deadline. There will be no on deck registration available at this meet. All swimmers participating must be members in good standing with North Carolina Swimming or South Carolina Swimming member clubs and have qualified for the meet under the rules for selection.

Any swimmer entered in the meet must be certified by a USA Swimming member- coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES FOR SELECTION

Athletes will be selected with a goal of selecting 50 athletes on each of four squads (200 total athletes). The goal is for each squad to have up to 25 males and 25 females. The athletes selected will include athletes age 15, 16, 17 and 18 who have ranked in the top-75 athletes (short course) in each of the contested events between 9/1/16 and 3/24/17.

Two lists will be distributed of selected athletes. The first will be athletes who have an automatic spot guaranteed on one of the four squads. A second list of alternates will be for athletes (Ranked up to 75th in an event) who will likely attend and should apply by the deadline. All athletes on either list should register online at www.ncswim.org and mail a check for \$70 by the April 10th deadline to the address indicated and everyone will be notified of their selection via email and postings on the LSC websites by April 11, 2017.

ENTRIES

All entries should be submitted in Hy-Tek Format by the Head Coaches and submitted via email. A hardcopy of the entry must also be sent which can be a Word document sent by email as an attachment. The hardcopy should show the age of each athlete as of April 30, 2017.

As all athletes will be selected based on short course swims during the period of Sept. 1, 2016-March 24, 2017, we will be requiring the return of paid athlete registrations for every athlete planning to attend. There are no refunds once committed. The following is a schedule of notifications for this event:

Athlete selections posted on NC and SC websites* * www.ncswim.org and www.sc-swimming.org	Monday , April 3, 2017
Deadline for Athlete Online Forms To Be Completed	Monday, April 10, 2017
Head Coaches/Assistants Receive List of Athletes/Times on their Squads	Wednesday, April 12, 2017
Deadline for Meet Entries to be sent in by Head Coaches	Thursday, April 20, 2017

ENTRY LIMITS

Swimmers may enter up to four (4) individual events and two (2) relays in this meet. Each squad may enter any number of athletes in an individual event; however, each squad may only enter two (2) relays in any relay event.

ENTRY DEADLINE

The deadline for submission of entries for each squad shall be Thursday, April 20, 2017 at 9pm. Late entries may be accepted at the discretion of the Meet Directors.

ENTRY FEES

There is a charge per athlete of \$70 to attend this swim meet. Please make checks payable to "North Carolina Swimming". Athletes should register on the North Carolina website (www.ncswim.org) and mail their check payable to **North Carolina Swimming** for \$70 no later than April 10th to:

Carolina Crown Challenge

c/o Jonathan Watson
6766 Chauncey Drive
Raleigh, NC 27615

SCORING

This meet will be scored as follows:

Individual Events: 9-7-6-5-4-3-2-1.

Relays: 18-14-12-10-8-6-4-2.

AWARDS

Athletes of the winning squad will receive a Carolina Crown commemorative towel. All participants will receive special outfitting compliments of Speedo USA. The top-8 individual event winners and the top-3 relay teams will receive medals.

COACHES

All coaches on deck must be currently registered and certified with USA Swimming. Coaching cards shall be presented to Meet Management upon arrival and shall be displayed prominently while on deck. There will be a general meeting for all coaches at 11:00 am on Sunday, April 30, 2017. Any coaches wishing to participate in this event are asked to contact **Jon Mengerling** (South Carolina Swimming, senior@sc-swimming.org) or **Jonathan Watson** (North Carolina Swimming, 01silversurfer@bellsouth.net) prior to April 1, 2017.

OFFICIALS, TIMERS, & VOLUNTEERS

There will be a need for officials and volunteers at this event. Any certified official who would like to officiate at this event is asked to contact Meet Referee, Gene Ashcraft. Anyone wishing to be a timer at this event is asked to contact Karen Alexander. See page 1 for email addresses.

HOSPITALITY

There will be hospitality on-site offered to coaches, volunteers and officials who are in aiding in the conduct of this meet. In addition, refreshments will be on sale during the event as well. Outside food and coolers are not permitted by the facility.

WARM-UPS

In accordance with USA Swimming Guidelines, there will be a published warm-up procedure for all swimmers and coaches attending this meet. The Safety Marshal will ensure all squads, coaches and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the final number of entries. During the competition, there will be lanes for continuous warm-up/down. There is no horseplay or diving in this area. Swimmers will enter the pool feet first except in lanes that are designated for one-way race starts under the direction of a USA Swimming certified coach.

SEEDING

The conforming time for this meet is SCY. Entries will be made with SCY times and seeded with those times. NT entries will not be accepted. Swimmers will be seeded from slowest to fastest in each event.

Breaks are noted in the Order of Events. All events are timed finals.

SCRATCHES & PENALTIES

There are no penalties for scratching or failing to compete in seeded events including relays at the block.

CAROLINA CROWN SWIM CHALLENGE

Sunday, April 30, 2017

Held under the sanction of USA Swimming, Inc. Issued by South Carolina Swimming, Inc.

Sanction number: SC17110LCM

ORDER OF EVENTS

Warm-Ups: 12:30 pm

Meet Starts: 1:30 pm

Women's Event Number	Events	Men's Event Number
1	Open 200m Medley Relay	2
3	Senior 200m Freestyle	4
5	Senior 100m Breaststroke	6
7	Senior 200m Butterfly	8
9	Senior 100m Backstroke	10
11	Senior 200m Individual Medley	12
13	Senior 400m Freestyle	14
<i>Halftime Break – 10-minutes</i>		
15	Senior 50m Freestyle	16
17	Senior 200m Breaststroke	18
19	Senior 100m Butterfly	20
21	Senior 200m Backstroke	22
23	Senior 100m Freestyle	24
25	Senior 400m Individual Medley	26
<i>5-minute Break</i>		
27	Open 400m Freestyle Relay	28