

Star Aquatics Fall Splash 'n' Dash
October 25-26, 2008
Quad Plus Meet
YWCA of Winston Salem
Winston-Salem, NC

- Sanction:** Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction# NC08090
- Sponsor:** Star Aquatics, LLC – 10% of the proceeds of this meet will be donated to a local charity.
- Site Info:** The YWCA Gateway Facility, Winston-Salem, N.C. A 8 Lane, 25 Yd pool with a depth of 6 feet on the starting end. Pool has non-turbulent lane lines, Colorado Timing System with 8 lane scoreboard display and custom starting blocks. There is a two lane warm-up/cool down pool that will be available. The meet will be conducted in accordance with current USA Swimming Code and the NCS Official Handbook and NCS Safety Program, except where rules therein are optional and exceptions must be stated.
- Date:** October 25-26, 2008
- Classification:** Quad meet (STAR Aquatics, Stingray Aquatics, Sandhill Sand Sharks, New Wave Swim Team and Queen City Dolphins) in a timed finals format with a 12 & under session in the morning and 13 & Over session in the afternoon.
- Eligibility:** All Swimmers Must Be Registered With USA Swimming, Inc. and one of the five teams involved in the meet to be eligible. The meet is open to all ability levels within each age group.
- Entries:** Please submit entries on Hy-tek Meet Manager compatible diskettes accompanied by enclosed summary form. List the swimmer's age as of October 25, 2008. Only properly completed forms accompanied by payment will be accepted.
Please note that the following entry guidelines will be strictly enforced by the meet director:
- 1. Payment must be attached with all entries.**
 - 2. There may be on-deck entries taken at this meet, but in open lanes only, with double fees paid at the time of entry. All deck entered swimmers must be USA swimming athlete members already entered in the meet.**
 - 3. Entries are welcome on disk which must be compatible with Hy-tek's Meet Manager program and accompanied by hard copy documentation.**
 - 4. All relay only swimmers must be listed on the summary sheet and must pay the NCS travel fund and facility surcharge.**
- Entry Limit:** All swimmers are limited to a maximum of four (4) events per day and one relay per day. The meet director reserves the right to move events and/or age groups depending on the number of entries and the timeline to accommodate all athletes.
- Entry Deadline:** **Wednesday, October 15th, 2008.** Entries will be accepted up to midnight on Wednesday, October 15th. Telephone entries will not be accepted. Changes to entries will be accepted by email. Please follow up to be sure that the meet director has received any changes. Entries will be accepted in the order in which completed entries are received. Entries may be limited at the discretion of the meet director in order to manage the timeline.

Entry Fees: \$2.00 per individual event
\$8.00 per relay
\$8.00 per swimmer facility surcharge (including relay only swimmers)
\$2.00 per swimmer NCS Travel Fund (including relay only swimmers)

Double fees will be charged for late entries. A late entry is any entry received after midnight Wednesday, October 15th. All fees are non-refundable. A check made out to Star Aquatics must accompany entries.

Mail Entries To:

Star Aquatics
P.O. Box 16311
High Point, NC 27261
336-337-0169 or 336-712-0465
Or email to: Entries@staraquatics.net

Order of events: See Attached Schedule

Awards: Individual Events 1st-8th Place Ribbons
Relays 1st-3rd Place Ribbons
Heat winner prizes will be awarded throughout the meet.

Warm-Up Schedule: Specific warm-ups will be held in accordance with the NCS safety program. Lane assignments for warm-ups will be available in the coaches' packets. A current coach's card will be required to obtain the packet and must be with the coach at all times on deck. Please begin warm-up procedures at the starting end of the pool only. Diving will not be allowed until specific warm-up period is announced. Specific warm-up times and procedures will be emailed prior to the meet and also detailed in the coaches' packet.

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

Coaches Meeting: There will be a coaches meeting Saturday, October 25th at 7:45 am.

Officials Meeting: There will be an officials meeting at 7:30am Saturday in the Hospitality room and 30 minutes prior to the start of the other sessions as needed.

Meet Director: Jennifer Peterson
zuelpete@embarqmail.com
336-689-1603

Meet Referee: Gary Flynn
336-855-6814 or gary_flynn@bellsouth.net

Meet Marshall: Jan & Gary Byrum

Hospitality: Drinks and snacks will be provided to the coaches, officials, and meet volunteers.

Concessions: Provided by the Gateway YWCA.

Volunteers: All teams must be ready to provide at least two timers for each session if necessary.

Rules/Other: Clerk of course will be provided for all 8 & under events.

Meet management reserves the right to combine and move events as needed.

All swimmers entering relays must be listed on the entry sheets. Any relay scratches should be indicated on the session scratch sheet, not on the relay cards. Relays will be seeded and posted along with the individual events. Relay cards with the names and order of the relay team are to be delivered to the clerk of course before the second event has begun for each session.

Coolers are not allowed in the facility. This will be strictly enforced by facility management.

No personal items should be left in the spectator area overnight (or when not in use). Anything left will be removed and placed in lost and found.

Parking: Parking is allowed in designated areas only. Vehicles illegally parked in the parking lots or street areas are liable to be ticketed or towed at the owner's expense.

Release Statement: USA Swimming Inc. North Carolina Swimming Inc., Star Aquatics LLC, The YWCA of Winston Salem and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

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MEET ENTRIES/ENTRY FEES SUMMARY FORM

AGE GROUP	TOTAL # SWIMMERS	NCS TRAVEL FUND@ \$2 PER SWIMMER	FACILITY SURCHARGE @ \$8 PER SWIMMER	TOTAL INDIVIDUAL ENTRIES	INDIV ENTRIES @ \$2.00	TOTAL # RELAYS	TOTAL RELAY FEES @ \$8 PER RELAY
8 UND GIRLS							
9-10 GIRLS							
11-12 GIRLS							
13-14 WOMEN							
15-18 WOMEN							
8 UND BOYS							
9-10 BOYS							
11-12 BOYS							
13 -14 MEN							
15-18 MEN							
TOTALS							

TOTAL NCS TRAVEL \$ _____
TOTAL FACILITY SURCHARGE \$ _____
TOTAL INDIVIDUAL ENTRY FEE \$ _____
TOTAL RELAY FEES \$ _____
TOTAL ENTERED \$ _____

PLEASE RETURN THIS SUMMARY SHEET BY OCTOBER 15TH, 2008 WITH ENTRY FEES, DISK AND HARD COPY OF ENTRIES TO:

STAR AQUATICS
P.O. BOX 16311
High Point, NC. 27261

entries@staraquatics.net
336-337-0169 or 336-712-0465
MAKE CHECKS PAYABLE TO STAR AQUATICS

USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC STAR AQUATICS, LLC. WSSU, AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

HEAD COACH SIGNATURE _____ PHONE _____
PRINT COACH'S NAME _____ E-MAIL ADDRESS _____
CLUB NAME _____ CLUB CODE _____
CLUB ADDRESS _____
CITY _____ STATE _____ ZIP CODE _____

**Star Aquatics Fall Splash 'n' Dash Invitational
October 25-26, 2008**

Morning Session: 12 & Under BB/B/C
Warm-ups 7:00 am/Meet starts at 8:00 am
Saturday, October 25th, 2008

ORDER OF EVENTS

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	10&under 200 Free Relay	2
3	11-12 200 Free Relay	4
5	10&under 50 Free	6
7	11-12 50 Free	8
9	10&under 100 Breast	10
11	11-12 100 Breast	12
13	10&under 50 Back	14
15	11-12 50 Back	16
17	10&under 100 Fly	18
19	11-12 100 Fly	20
	10 minute break if needed	
21	10&under 100 IM	22
23	11-12 200 Free	24

Afternoon Session: 13 & Over
Warm-ups not before 12:30 pm. Meet starts 1 hour after warm-ups begin.
Saturday, October 25th, 2008

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
25	13 - 14 200 Free Relay	26
27	15 & Over 200 Free Relay	28
29	13 - 14 200 Fly	30
31	15 & Over 200 Fly	32
33	13 - 14 100 Back	34
35	15 & Over 100 Back	36
37	13 - 14 200 Breast	38
39	15 & 200 Breast	40
41	13 - 14 100 Free	42
43	15 & Over 100 Free	44
45	13 - 14 200 IM	46
47	15 & Over 200 IM	48

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Morning Session: 12 & Under BB/B/C
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Sunday, October 26th, 2008

ORDER OF EVENTS

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
49	10 & Under 200 Medley Relay	50
51	11-12 200 Medley Relay	52
53	10&under 100 Free	54
55	11-12 100 Free	56
57	10&under 50 Breast	58
59	11-12 50 Breast	60
61	10&under 100 Back	62
63	11-12 100 Back	64
65	10&under 50 Fly	66
67	11-12 50 Fly	68
	10 minute break if needed	
69	10&under 200 Free	70
71	11-12 200 IM	72

Afternoon Session: 13 & Over
Warm-ups not before 12:30 pm. Meet starts 1 hour after warm-ups begin.
Sunday, October 26th, 2008

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
71	13 - 14 200 Medley Relay	72
73	15 & Over 200 Medley Relay	74
75	13 - 14 200 Free	76
77	15 & Over 200 Free	78
79	13 - 14 100 Fly	80
81	15 & Over 100 Fly	82
83	13 - 14 200 Back	84
85	15 & Over 200 Back	86
87	13 - 14 100 Breast	88
89	15 & Over 100 Breast	90
91	13 - 14 50 Free	92
93	15 & Over 50 Free	94