

**Star Aquatics Fall Intra-squad Meet**  
**Saturday, September 13, 2008**  
YWCA of Winston Salem  
Winston-Salem, NC

- Sanction: Held under the approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Approval# NC08089AP
- Sponsor: Star Aquatics, LLC
- Site Info: The YWCA Gateway Facility, Winston-Salem, N.C. An 8 Lane, 25 Yd pool with a depth of 6 feet on the starting end. Pool has non-turbulent lane lines, Colorado Timing System with 8 lane scoreboard display and custom starting blocks. There is a two lane warm-up/cool down pool that will be available. The meet will be conducted in accordance with current USA Swimming Rules and Regulations, the NCS Official Handbook and the NCS Safety Program, except where rules therein are optional and exceptions must be stated.
- Date: September 13th, 2008
- Classification: Age Group and Senior meet
- Eligibility: All swimmers must be registered with STAR Aquatics.
- Entry Limit: All swimmers are limited to a maximum of four (4) events and two relays. Relays will be determined by the coaches.
- Entry Deadline: **Wednesday, September 3rd, 2008.** Entries will be accepted up to midnight on Wednesday, September 3rd. Individual entries should be submitted through the STAR Aquatics website (staraquatics.net).
- Entry Fees: \$3.00 Facility Charge  
\$2.00 NCS Travel Fund  
\$2.00 per Individual Event  
Relays – No Charge
- Order of events: See Attached Schedule
- Awards: Heat winner prizes will be awarded throughout the meet.
- Meet Director: Jennifer Peterson  
zuelpete@embarqmail.com  
336-689-1603
- Meet Referee: Gary Flynn  
336-855-6814 or [gary\\_flynn@bellsouth.net](mailto:gary_flynn@bellsouth.net)
- Officials Meeting: There will be an officials meeting at 8:00 am in the Hospitality room.

Meet Marshals: Gary and Jan Byrum

Rules/Other: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

Clerk of course will be provided for all 8 & under events.

Meet management reserves the right to cancel relays for time management purposes.

Meet management reserves the right to combine events as needed.

Coolers are not allowed in the facility. This will be strictly enforced by facility management.

No personal items should be left in the spectator area overnight (or when not in use). Anything left will be removed and placed in lost and found.

Parking: Parking is allowed in designated areas only. Vehicles illegally parked in the parking lots or street areas are liable to be ticketed or towed at the owner's expense.

Release Statement: USA Swimming Inc. North Carolina Swimming Inc., Star Aquatics LLC, The YWCA of Winston Salem and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

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Warm-ups 7:30 am/Meet starts at 8:30 am

**ORDER OF EVENTS**

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	8&under 100 medley relay	2
3	9-10 200 medley relay	4
5	11-12 200 medley relay	6
7	13-14 200 medley relay	8
9	15-18 200 medley relay	10
11	8&under 25 free	12
13	9-10 50 free	14
15	11-12 50 free	16
17	13-14 50 free	18
19	15-18 50 free	20
21	8&under 25 breast	22
23	9-10 50 breast	24
25	11-12 50 breast	26
27	13-14 100 breast	28
29	15-18 100 breast	30
31	8&under 25 fly	32
33	9-10 50 fly	34
35	11-12 50 fly	36
37	13-14 100 fly	38
39	15-18 100 fly	40
41	8&under 25 back	42
43	9-10 50 back	44
45	11-12 50 back	46
47	13-14 100 back	48
49	15-18 100 back	50
51	10&under 100 IM	52
53	11-12 100 IM	54
55	13-14 200 IM	56
57	15-18 200 IM	58
59	8&under 50 free	60
61	9-10 100 free	62
63	11-12 100 free	64
65	13-14 100 free	66
67	15-18 200 free	68
69	8&under 100 free relay	70
71	9-10 200 free relay	72
73	11-12 200 free relay	74
75	13-14 200 free relay	76
77	15-18 200 free relay	78