

**Greensboro Swimming Association's  
Fall Pentathlon Swim Meet  
October 13 – 14, 2007  
John Gordon Dewey Pool at Grimsley High School  
801 Westover Terrace  
Greensboro, N. C.**

- SANCTION:** Held under the sanction of United States Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction No. NC07087
- SPONSORS:** The City of Greensboro Parks and Recreation Department and the Greensboro Swimming Association.
- FACILITY:** The John Dewey Pool is an eight lane, 25-yard course with non-turbulent lane ropes. The Colorado Electronic Timing System with horn and strobe start will be used. There is a small diving well available for warm down after swimming events.
- RULES:** The meet will be conducted in accordance with the USA Swimming Rules and Regulations and the NC Official Handbook and NCS Safety program, except where the rules therein are optional and exceptions are herein stated.
- CLASSIFICATION:** This is a BB and Up / B-C meet conducted in accordance with the NCS classified age group program and is restricted to swimmers twelve and under as designated in the entry information.
- ELIGIBILITY:** All swimmers must be registered with USA Swimming, Inc.
- ENTRIES:** Entries must be submitted in Hy-Tek Team Manager format.
- Entry file maybe submitted by e-mail to [tbrewer441@aol.com](mailto:tbrewer441@aol.com). A print out listing the individual swimmers and their events, all other requested information and payment of entry fees must be submitted for your entry to be considered complete.
- All relay only swimmers, including alternates, must be entered on the submitted entry disk or listed on the meet entry forms and pay the NCS travel fund surcharge of \$2.00 and the \$4.00 Facility charge.
- ENTRY LIMIT:** Swimmers are limited to five individual events and one relay per day. To be eligible for the Pentathlon Award a swimmer must compete in all 5 events offered each day.
- ENTRY DEADLINE:** Midnight, Wednesday, October 3, 2007.
- Late entries will be accepted only at the discretion of the Meet Director. Late entries may not be seeded. We reserve the right to limit or suspend the addition of swimmers or heats to accommodate late entries. Late entries will be charged double fees.
- ENTRY FEES:** \$2.00 For Each Individual Event  
\$8.00 For Each Relay Event  
\$2.00 For Each Swimmer - NC Travel Fund (Includes Relay Only Swimmers)  
\$4.00 Facility Charge  
Make Checks Payable To: Greensboro Swimming Association  
Entry Fees Are Non-Refundable
- MAIL ENTRIES:** Tom Brewer [Tbrewer441@aol.com](mailto:Tbrewer441@aol.com)

C/O Brewer Equipment Co.  
4611 W. Market St.  
Greensboro, N. C. 27407

336-292-6737 (office)

**PENTATHLON SCORING:**

To be eligible for "Pentathlon Award Scoring", a swimmer must compete in all five events offered in that session on that day. Pentathlon scoring consists of the total accumulated time for all five events swum each day. The winner will be the swimmers that accumulates the least amount of time for all five events. If a swimmer is disqualified in an event, for Pentathlon scoring purposes, that swimmer will receive a time 5 seconds slower than the slowest finisher's time in that event.

Medals will be awarded to the top three "Pentathlon Scoring Placers" in each age group for each session on Saturday and again on Sunday. [There will be short distance and longer distance Pentathlon winners.] In the event of a tie, the swimmer with the fastest time in the Individual Medley event (100 Free on Saturday for 8-UN) of the session will be the winner.

<b>AWARDS:</b>	Pentathlon Winners	1 <sup>st</sup> – 3 <sup>rd</sup> Place - Medals
	Individual Ribbons	1 <sup>st</sup> - 8 <sup>th</sup> Place
	Relay Ribbons	1 <sup>st</sup> Place

**SCORING:** This meet will not be scored.

**SAFETY:** The NCS safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. Anyone failing to comply with a safety request may forfeit his or her privilege to participate.

**USS MEMBERSHIP:** Coaches must present a current USS membership card to the Meet Director to receive their entry package and must display their membership card at all times that they are on deck.

**MEET DIRECTOR:** Tom Brewer  
1103 Hammel Rd.  
Greensboro, N. C. 27408

**MEET REFEREE:** David Chandler

**MEET MARSHALS:** Trish Martin

We strongly recommend each team assign a marshal to monitor warm-up sessions in addition to host team marshals. Continuous warm-up in diving well will be monitored throughout meet.

**HOSPITALITY:** Officials, coaches, and workers hospitality is located in area behind concession stand at entrance to pool.

**CONCESSIONS:** Food and drinks will be available at concession stand at entrance to the pool.

**WARM UP PROCEDURES:**

Warm-Up Procedure And Lane Assignments As Follows:

First 30 Minutes - General Warm-Up In All Lanes. No Diving.

Last 30 Minutes - Specific Warm-Up.

Lanes 1 And 8 - Push Off Beginning At Starting End Of Pool. Circle Swim Only. No Diving.

Lanes 2 And 7 - Dive Start Only. Swim On Length Only. Start From Start End Only.

Lanes 3,4,5,6 - General Warm-Up Only. No Diving.

Warm-Up Procedure May Be Modified By The Referee To Adjust To Existing Conditions.

**SESSION SCHEDULE:**

Saturday & Sunday Morning Sessions

Warm-Ups Begin At 8:00 AM And End At 9:00 AM

Timed Finals Begin At 9:00 AM

Saturday & Sunday Afternoon Sessions

Warm-Ups Begin Immediately After  
Completion Of The Morning Sessions  
But Not Before 11:30 AM

Timed Finals Will Not Begin Before 12:30 PM

**COMBINED SESSIONS:**

*In the event this meet is under subscribed, GSA reserves the right to combine the morning and afternoon sessions each day for competition, Pentathlon scoring, and award purposes.*

**RELEASE STATEMENT:**

USA Swimming, Inc., North Carolina Swimming, Inc., The Greensboro Swimming Association And The City Of Greensboro Parks And Recreation Department shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

Greensboro Swimming Association's  
Fall Pentathlon  
Order of Events

Saturday Morning BB and Up Session  
Warm-ups at 8:00 AM - Competition at 9:00 AM

Girls	Age	Event	Boys
1	11-12	100 Butterfly	2
3	9-10	50Y Butterfly	4
5	11-12	100 Backstroke	6
7	9-10	50Y Backstroke	8
9	11-12	100Y Breaststroke	10
11	9-10	50Y Breaststroke	12
13	11-12	100Y Freestyle	14
15	9-10	50Y Freestyle	16
17	11-12	200Y Individual Medley	18
19	9-10	100Y Individual Medley	20
21	12-UN	200Y Medley Relay	22
23	10-UN	200Y Medley Relay	24

Saturday Afternoon B - C Session  
Warm-ups at 11:30 AM - Competition at 12:30 PM

25	11-12	100 Butterfly	26
27	9-10	50Y Butterfly	28
29	8-UN	25Y Butterfly	30
31	11-12	100 Backstroke	32
33	9-10	50Y Backstroke	34
35	8-UN	25Y Backstroke	36
37	11-12	100Y Breaststroke	38
39	9-10	50Y Breaststroke	40
41	8-UN	25Y Breaststroke	42
43	11-12	100Y Freestyle	44
45	9-10	50Y Freestyle	46
47	8-UN	25Y Freestyle	48
49	11-12	200Y Individual Medley	50
51	9-10	100Y Individual Medley	52
53	8-UN	100Y Freestyle	54
55	12-UN	200Y Medley Relay	56
57	10-UN	200Y Medley Relay	58
59	8-UN	200Y Medley Relay	60

# Greensboro Swimming Association's

## Fall Pentathlon

### Order of Events

#### Sunday Morning BB and Up Session

Warm-ups at 8:00 AM - Competition at 9:00 AM

<b>Girls</b>	<b>Age</b>	<b>Event</b>	<b>Boys</b>
61	11-12	50Y Butterfly	62
63	9-10	100Y Butterfly	64
65	11-12	50Y Backstroke	66
67	9-10	100 Backstroke	68
69	11-12	50Y Breaststroke	70
71	9-10	100Y Breaststroke	72
73	11-12	50Y Freestyle	74
75	9-10	100Y Freestyle	76
77	11-12	100Y Individual Medley	78
79	9-10	200Y Individual Medley	80
81	12-UN	200Y Freestyle Relay	82
83	10-UN	200Y Freestyle Relay	84

#### Sunday Afternoon B - C Session

Warm-ups at 12:00 AM - Competition at 1:00 PM

85	11-12	50Y Butterfly	86
87	9-10	100Y Butterfly	88
89	8-UN	50Y Butterfly	90
91	11-12	50Y Backstroke	92
93	9-10	100 Backstroke	94
95	8-UN	50Y Backstroke	96
97	11-12	50Y Breaststroke	98
99	9-10	100Y Breaststroke	100
101	8-UN	50Y Breaststroke	102
103	11-12	50Y Freestyle	104
105	9-10	100Y Freestyle	106
107	8-UN	50Y Freestyle	108
109	11-12	100Y Individual Medley	110
111	9-10	200Y Individual Medley	112
113	8-UN	100Y Individual Medley	114
115	12-UN	200Y Freestyle Relay	116
117	10-UN	200Y Freestyle Relay	118
119	8-UN	200Y Freestyle Relay	120

**Greensboro Swimming Association's  
Fall Pentathlon Swim Meet  
October 13 – 14, 2007  
ENTRY SUMMARY WORKSHEET**

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
10 & UN Girls - BB & UP Session			X	\$2.00	
10 & UN Boys - BB & UP Session			X	\$2.00	
11-12 Girls - BB & UP Session			X	\$2.00	
11-12 Boys - BB & UP Session			X	\$2.00	
8-UN Girls - B / C Session			X	\$2.00	
8-UN Boys - B / C Session			X	\$2.00	
9-10 Girls - B / C Session			X	\$2.00	
9-10 Boys - B / C Session			X	\$2.00	
11-12 Girls - B / C Session			X	\$2.00	
11-12 Boys - B / C Session			X	\$2.00	
			X		
			X		
Relay Only Swimmers					
<b>Total # of Swimmers</b>			X	\$6.00	
Total Relays Entered			X	\$8.00	
<b>Total Fees Due With Entry</b>					

Make Checks Payable to: Greensboro Swimming Association

Return This Summary Sheet with  
Entry Fees and Forms to:

Tom Brewer  
Brewer Equipment Co.  
4611 W. Market St.  
Greensboro, N. C. 27407

Call Letters \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Coach \_\_\_\_\_

Team Name \_\_\_\_\_

Phone (Work) (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Street Address \_\_\_\_\_

(Home) (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

( Fax ) (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_