

NORTH CAROLINA AQUABLAZERS SWIM TEAM

6th Annual

NATIONAL BLACK HERITAGE CHAMPIONSHIP SWIM MEET

MAY 24-25, 2008

SANCTION: Pending Approval of Florida Swimming

HOST: North Carolina Aquablazers, Inc.

FACILITY: Central Florida YMCA Aquatic and Family Center
8422 International Drive
Orlando, Florida 32819
(407) 363-1911

The Central Florida YMCA Aquatic and Family Center has two 8-lane 25-yd pools, with nonturbulent lane lines, and a Colorado timing system. A third 8-lane 25-yd pool is available for continuous warm up/warm down. Ample spectator and swimmer seating is available. The YMCA Aquatic and Family Center has hosted the Atlanta Olympic Swim Team, the Olympic Trials, U.S. Senior and Junior Nationals, YMCA National Championships, NCAA Division Championships, Regional Special Olympic Championships and numerous Florida State finals since 1994. Disney World is just 15 minutes away from the pool; Universal Studios and Sea World are just 5 minutes away from the pool.

SCHEDULE: Our tentative schedule of events is provided below. The women's and men's events will run in 2 pools simultaneously during each session. The start times listed below for the afternoon sessions are subject to change once we get all entries, run the Hytek Sessions Reports/Timelines and determine an approximate end time for each morning session. Teams will be notified of any changes prior to the meet.

Friday, May 23rd	Coaches' Meeting/Dinner Place TBD	7:00 PM
Saturday, May 24th	Session 1	
	13 & Over Warm Ups	7:00 AM
	Coaches' Meeting	7:45 AM
	13 & Over Timed Finals	8:00 AM
Saturday, May 24th	Session 2	
	12 and Under Warm Ups	Noon
	12 and Under Timed Finals	1:00 PM
Sunday, May 25th	Session 3	
	13 & Over Warm Ups	7:00 AM
	Coaches' Meeting	7:45 AM
	13 & Over Timed Finals	8:00 AM

Sunday, May 25th

Session 4

12 & Under Warm Ups

Noon

12 & Under Timed Finals

1:00 PM

ELIGIBILITY: This meet is open to all swimmers. USA swimming registration is not required. Swimmers must compete in their age-group only, except for relays. In relays, swimmers are allowed to “swim-up” as necessary. Swimmers shall compete at the age reached on the first day of the meet.

AGE GROUPS: 8 and Under; 9-10, 11-12, 13-14, 15 and Over

RULES: This meet will be conducted in accordance with the current USA Swimming Code and the Florida Swimming Official Handbook and Safety Program, except where the rules therein are optional and exceptions are herein stated.

FORMAT: All events will be timed finals throughout the competition.

ENTRY LIMIT: **Individual Swimmers** are limited to six (6) individual events for the meet, and no more than three (3) individual events per day.

Each team can enter a maximum of two (2) **Relays** per event. **Each swimmer shall be limited to two (2) relay events.** Swimmers participating on relay teams only must be listed on the entry forms. All **relays** must be submitted by the entry deadline. Relays can be submitted without the names of the relay swimmers. If teams intend to provide names of relay swimmers, those names must be provided within 30 minutes prior to the start of each session.

There will be **No Deck Seeding** of individuals or relays.

ENTRY FEES:

Individual Events:	\$5.25 per event
Relay Events:	\$8.00 per relay
Swimmer Surcharge	\$10.00 per swimmer

All fees are non-refundable. Entries will not be accepted unless accompanied by entry fees by the meet deadline. Fees can be paid by check, money order or credit card. Please make all checks or money orders payable to North Carolina Aquablazers, Inc. The credit card option will be made available through Pay Pal once the meet website is set up. Teams will be notified by e-mail once this option becomes available.

ENTRY FORMS: The preferred method of entry submission is electronic entry. Please submit your entries by e-mail to the Meet Director using Hy-Tek. If you do not have the Team Manager program to make a Hy-Tek entry, but would like to make an electronic entry, you can download a copy of Team Manager II Lite at no charge from the Hy-Tek website: www.hy-tek.com. Entries may also be submitted on the enclosed entry forms.

Electronic entries must be followed by a hard copy. The electronic entry, hard copy and fees must be received by the entry deadline. ***Please***

include summary totals in the body of your email; this helps us check for errors.

Please send the entries by e-mail to:
kcfromnc@mindspring.com

Please mail hard copies of entries to:
Kathy Cooper
Meet Director
2417 Deanwood Drive
Raleigh, NC 27615

ENTRY DEADLINE: All Entries and fees must be received by **5:00 pm - Saturday, April 19, 2008**. No telephone entries will be accepted. No late entries will be accepted. Corrections to entries submitted by the initial deadline will be allowed up to and including April 26, 2008.

SCORING: Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Team scores and individual high point scores will be posted throughout the meet. Team points will be scored from 1st through 16th place. Individual awards will be given only from 1st through 8th places and relay awards will be given only from 1st through 3rd places. Any challenges to results must be made by the swimmers' coach to the Meet Referee within 30 minutes of the conclusion of the last session on Sunday. No challenges by parents will be considered.

AWARDS: Individual Events: 1st, 2nd - 3rd Trophies, 4th – 8th Ribbons
Relays: 1st Trophies, 2nd & 3rd Medals
Team Place Awards: 1st – 6th Team Trophies
Team Spirit Award Trophy
High Point Awards: Plaques and bags to top individual female and male swimmers with the highest point totals in each age group

Individual and Relay awards will be presented each day throughout the day. Team Trophies, Team Spirit Award and High Point Awards will be presented on Sunday at the conclusion of the last session.

SPECIAL EVENTS: **Olympian Maritza Correia and World Record Holder Cullen Jones** will be with us again this year signing autographs, taking pictures, and at the end of Session 3 on Sunday, swimming exhibition 50 Frees with select swimmers. We have a lottery to pick the swimmers eligible to swim with them. Please include the names of all of your swimmers who are interested in swimming in these exhibition events with your meet entries. Winners will be selected and posted at the end of Session 2.

In addition, we plan to continue to honor Luqman El-Amin, an outstanding young swimmer with the City of Atlanta Dolphins Swim Team who passed away on December 19, 2006 in a car accident. The Men's 15 & Over 100 Fly is named after him and we will give a special award to the winner of that event.

Saturday, May 24th Swimmers' Social 7:00 – 10:00 PM
Place TBD

Sunday, May 25th *Immediately Following*
Session 3
 Women's
 Exhibition 50 Free
 with Olympian Maritza
 Correia
 Men's
 Exhibition 50 Free
 with World Record Holder
 Cullen Jones
Immediately Following
Session 4
 Team Spirit, High Point,
 Team Awards
 Presentation

**MEET
MANAGEMENT:**

Meet Director, Kathy Cooper (NCA)
Meet Marshal and Promotions Manager, Kenny Cross (NCA)
Meet Referee, TBD

**OFFICIALS
AND TIMERS:**

The North Carolina Aquablazers Swim Team welcomes and encourages the assistance of certified officials from visiting teams. Each team is requested to provide at least one official and two timers for the meet. Please include your meet officials and timers with your meet entries.

RELEASE:

USA Swimming Inc., North Carolina Aquablazers, Inc., Florida Swimming, the Central Florida YMCA Aquatic and Family Center, and all employees and representatives of these organizations, shall be held free and harmless from any all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**HOSPITALITY &
CONCESSIONS:**

There will be hospitality for all coaches, officials, and volunteers. Refreshments will be available at the concession stand.

MEET PROGRAMS:

Each team should send a team picture to the Meet Director to put in the meet program. There is no charge for the team picture. If teams want to place an additional ad in the meet program, the cost for ads is \$25 for a quarter page; \$50 for a half page; \$100 for a full page, \$250 for a professional page and \$500 for the inside front and back cover. Ads can either be e-mailed to the Meet Director or copied onto a CD and mailed to her at the addresses provided above. The deadline for team pictures and/or heat sheet ad submission is April 26, 2008.

ATTACHMENTS:

Entry Form/Entry Summary Sheet, Order of Events, Hotel Information

2008
NORTH CAROLINA AQUABLAZERS
Sixth Annual
NATIONAL BLACK HERITAGE CHAMPIONSHIP SWIM MEET

OFFICIAL ENTRY FORM

CLUB NAME _____ **ABBREVIATION** _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP CODE** _____

HEAD COACH _____

WORK PHONE (____) _____ - _____ **HOME PHONE** (____) _____ - _____

CELL PHONE (____) _____ - _____

e-mail address _____

TEAM HOTEL _____ **# Rooms Reserved** _____

ASST. COACH _____ **ASST. COACH** _____

ASST. COACH _____ **ASST. COACH** _____

ASST. COACH _____ **ASST. COACH** _____

All coaches identified above are currently registered as coaches with United States Swimming, Inc., and are responsible for the swimmers entered on this meet entry form during the conduct of the meet.

Signature _____ **Date** _____

MAIL ENTRIES TO: **KATHY COOPER**
MEET DIRECTOR
2417 DEANWOOD DRIVE
RALEIGH, NC 27615

ENTRY FEE SUMMARY

	INDIVIDUAL ENTRY #S	X \$10.00 SURCHARGE	IND. ENTRY TOTALS	X \$5.25 INDIVIDUAL FEE	INDIVIDUAL \$ TOTALS	RELAY ENTRY #S	X \$8.00 RELAY \$ TOTALS	TOTALS
8 & UNDER								
9-10								
11-12								
13-14								
15 & OVER								

MAKE ALL CHECKS PAYABLE TO NORTH CAROLINA AQUABLAZERS, INC. TOTAL _____

NORTH CAROLINA AQUABLAZERS, INC. AND CENTRAL FLORIDA YMCA AQUATIC AND FAMILY CENTER SHALL BE HELD FREE AND HARMLESS FOR ANY AND ALL LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

SIGNATURE _____ **DATE** _____

**NC AQUABLAZERS SWIM TEAM
SIXTH ANNUAL
NATIONAL BLACK HERITAGE CHAMPIONSHIP SWIM MEET
May 24-25, 2008**

**Saturday May 24, 2008
Women**

**Warm-ups: 7:00 am
Event Name**

**Timed Finals: 8:00 am
Men**

1	15 & Over 200 yd Freestyle	2
3	13-14 200 yd Freestyle	4
5	15 & Over 50 yd Breaststroke	6
7	13-14 50 yd Breaststroke	8
9	15 & Over 100 yd Butterfly	10
11	13-14 100 yd Butterfly	12
13	15 & Over 50 yd Backstroke	14
15	13-14 50 yd Backstroke	16
17	15 & Over 200 yd Individual Medley	18
19	13-14 200 yd Individual Medley	20
21	15 & Over 200 yd Freestyle Relay	22
23	13-14 200 yd Freestyle Relay	24

**Saturday May 24, 2008
Women**

**Warm-ups: NOON
Event Name**

**Timed Finals: 1:00 pm
Men**

25	11-12 200 yd Freestyle	26
27	9-10 200 yd Freestyle	28
29	8 & Under 100 yd Freestyle	30
31	11-12 50 yd Breaststroke	32
33	9-10 50 yd Breaststroke	34
35	8 & Under 25 yd Breaststroke	36
37	11-12 100 yd Butterfly	38
39	9-10 100 yd Butterfly	40
41	8 & Under 50 yd Butterfly	42
43	11-12 50 yd Backstroke	44
45	9-10 50 yd Backstroke	46
47	8 and Under 25 yd Backstroke	48
49	11-12 200 yd Individual Medley	50
51	9-10 100 yd Individual Medley	52
53	8 and Under 100 yd Individual Medley	54
55	11-12 200 yd Freestyle Relay	56
57	9-10 200 yd Freestyle Relay	58
59	8 and Under 100 yd Freestyle Relay	60

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**Sunday May 25, 2008
Women**

**Warm-ups: 7:00 am
Event Name**

**Timed Finals: 8:00 am
Men**

61	15 & Over 100 yd Freestyle	62
63	13-14 100 yd Freestyle	64
65	15 & Over 50 yd Butterfly	66
67	13-14 50 yd Butterfly	68
69	15 & Over 100 yd Backstroke	70
71	13-14 100 yd Backstroke	72
73	15 & Over 100 yd Breaststroke	74
75	13-14 100 yd Breaststroke	76
77	15 & Over 50 yd Freestyle	78
79	13-14 50 yd Freestyle	80
81	15 & Over 200 yd Medley Relay	82
83	13-14 200 yd Medley Relay	84

**Sunday May 25, 2008
Women**

**Warm-ups: NOON
Event Name**

**Timed Finals: 1:00 pm
Men**

85	11-12 100 yd Freestyle	86
87	9-10 100 yd Freestyle	88
89	8 & Under 50 yd Freestyle	90
91	11-12 50 yd Butterfly	92
93	9-10 50 yd Butterfly	94
95	8 & Under 25 yd Butterfly	96
97	11-12 100 yd Backstroke	98
99	9-10 100 yd Backstroke	100
101	8 and Under 50 yd Backstroke	102
103	11-12 100 yd Breaststroke	104
105	9-10 100 yd Breaststroke	106
107	8 & Under 50 yd Breaststroke	108
109	11-12 50 yd Freestyle	110
111	9-10 50 yd Freestyle	112
113	8 & Under 25 yd Freestyle	114
115	11-12 200 yd Medley Relay	116
117	9-10 200 yd Medley Relay	118
119	8 and Under 100 yd Medley Relay	120

