



TYDE Andy Craver Autumn Leaves Invitational
 Hosted by YMCA of Northwest North Carolina

October 8-10, 2021

Held at the Greensboro Aquatics Center, 1921 West Gate City Blvd, Greensboro, NC 27403
 Held under the Approval of USA Swimming, Inc. issued by North Carolina Swimming, Inc.

Approved Meet #NC21171AP

MEET DIRECTOR	MEET ENTRY COORDINATOR
Bob Jennings 336-413-5822 coachbob@swimtyde.org	Felixa Boutwell 336-817-1113 coachfelixa@swimtyde.org
MEET REFEREE	MEET MARSHALL
Jean Trowbridge 336-354-8441 Trowbridgejean67@gmail.com	Melissa Kohrt 410-858-0813 Melissa@swimtyde.org

CONDITION OF SANCTION

As a condition of this sanction, TYDE agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, and the TYDE Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

ASSUMPTION OF RISK DISCLAIMER

TYDE has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

COVID-19 RELEASE USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NORTH CAROLINA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NCS FACE COVERING STATEMENT NCS recommends the proper use of face coverings at all NCS activities and expects all participants, coaches, officials, volunteers, and spectators to comply with all club and facility specific COVID-19 safety requirements and guidelines from USA Swimming, North Carolina Swimming, the State of North Carolina, and local jurisdictions.

FACILITY and HOST TEAM REQUIREMENTS TYDE has discussed specific health and safety procedures with the venue management. Compliance with the most current guidelines from USA Swimming, North Carolina Swimming, CDC, State and Local jurisdictions will be maintained throughout the duration of the meet. The Greensboro Aquatic Center is currently requiring everyone to wear a mask and maintain distance whenever possible. Swimmers must remain masked until at the starting blocks.

PARENTAL ACCESS Parents needing access to their athlete during the meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet them in the concourse. Should parents be unable to contact their child directly, in the case of an emergency, please call and/or text the meet director(s).

FACILITY

The Greensboro Aquatics Center main competition pool is a 50-meter pool which can be broken into two short course venues with a separate diving well. This competition will use one or two short course competition venues that are 10 lanes or 8 lanes (depending on entries) with continuous warm-up and cool down lanes available throughout the meet. The pool depth is 9'-10' at the start and turn ends and 4" lane lines will be used to reduce turbulence. The lane width is 7'. An Omega timing system with a Daktronics Pro-Star LED Video Scoreboard Display will display results simultaneously. Starting platforms are Omega deck anchored platforms. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

No outside Food or Drink will be permitted. There is a spectator seating area with a capacity of 1850 persons. Spectators are not allowed on the deck at any time. The 650 bleacher seats on deck are reserved for swimmers only. **No chairs are permitted in the stands or on deck.**

MEET FORMAT This is a USAS Approved, Age Group/Open timed final meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:30 PM-5:30PM	5:45 PM	All Ages
2	Saturday	7:30 AM-8:30PM	8:45 AM	11-12 Boys , 13 & Up Boys & Girls
3	Saturday	1:00 PM-2:00PM	2:15 PM	11-12 Girls , 10 & Under and 8 & Under Boys & Girls
4	Sunday	7:30 AM-8:30PM	8:45 AM	11-12 Boys , 13 & Up Boys & Girls
5	Sunday	1:00 PM-2:00PM	2:15 PM	11-12 Girls , 10 & Under Boys & Girls

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, Sept 28	11:59 PM	Entry deadline
Wednesday, Oct 6	8:15 PM	Virtual Coaches Meeting with GAC rep
Friday, Oct 8	4:30 PM	Friday distance events positive check in
Friday-Sunday (10/8-10)	30 min before each session start	Official Briefings

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are required to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the Greensboro Aquatic Center or any other restrictions that are posted for the safety of the people in attendance or to protect Greensboro Aquatic Center property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action.

RACING STARTS	Any swimmer entered in the meet, unaccompanied by a YMCA Swimming Coach, must be certified by a YMCA Swimming Coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
RULES	This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
MAAPP	All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
MEMBERS WITH DISABILITIES or MEDICAL CONDITIONS	The YMCA of Northwest North Carolina welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit the YMCA of Northwest North Carolina's ability to accommodate all requests.
ELIGIBILITY	This is a closed YMCA meet. All swimmers must be members of a YMCA club. All Adult Athletes must hold current APT certification to compete. There are no minimum qualifying standards for this meet.
ENTRIES	Entries submitted in Hy-tek or SDIF format require no hard copy entry forms. Email is preferred for electronic entries however disks are also acceptable. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline unless other arrangements have been made prior to the entry deadline. A swimmer's age on the first day of the meet will determine their age for the entire meet. YMCA of NWNC entries will be entered first and then will accept teams/entries in the order received, until the four/eight hour rule is reached. Entries received thereafter will be returned immediately.
ENTRY LIMITATIONS	Swimmers may swim a maximum of four (4) individual events and one (1) relay event per day.
ENTRY VERIFICATION	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
ENTRY DEADLINES	The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: TYDE/YMCA of NWNK; All fees are non-refundable	
Individual Event	\$6.00 per event
Relay Events	\$16.00 per event
Facility Surcharge	\$10.00 per swimmer
Electronic Heat Sheet Fee	\$5.00 per swimmer
NCS Travel Fund	\$3.00 per swimmer
Late Entry Fee	\$12.00 per individual/\$32 per relay

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest in all pre-seeded events. Deck seeded events (400 IM, 1000 Fr and 500 Fr) will run fastest to slowest and alternate female to male if the session is conducted in 1 pool. If 2 pools are needed then the session will be split into a male pool and female pool. All non-conforming times will be seeded last in rank order

CHECK-IN

A positive check-in, located by the scoring table, will be required for the following events:

- Open 400 IM, 1000 FR, 500 FR

Check in for the event will be as stated in the Deadline and Meeting Summary. Swimmers that fail to check in will be scratched from the event and not seeded.

SCRATCHES

There will be no penalty for scratching pre-seeded events at the block.

In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

SCORING

No team or individual scoring will be kept.

AWARDS

For 12 & Unders

Individual Events: 1st-8th place ribbons

Relay Events: 1st-3rd place ribbons

RESULTS

Results will be posted on TYDE's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with YMCA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards or be prepared to show their Deck Pass virtual membership card upon request while on deck. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. TYDE welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand in the GAC Lobby.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches and swimmers follow all warm up procedures. Meet management reserves the right to change warm up times according to the number of entries. Warm up assignments will be handed out in the coach's packet prior to the start of the meet. At least three lanes will be open for continuous warm up and down during the meet.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with the YMCA. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. The TYDE Swim Team, The Greensboro Aquatic Center, North Carolina Swimming, Inc., the YMCA of the USA and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

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ORDER OF EVENTS

Friday PM - Warm-ups: 4:30 PM - Timed Finals: 5:30 PM

GIRLS	EVENT		BOYS
101	Open	500 Free	102
103	Open	400 IM	104
105	Open	1000 Free	106

Saturday AM - Warm-ups: 7:30 AM - Timed Finals: 8:30 AM

GIRLS	EVENT		BOYS
X	11-12	200 Free Relay	200
201	13-14	200 Free Relay	202
203	Open	200 Free Relay	204
X	11-12	100 Back	206
207	13-14	200 Back	208
209	Open	200 Back	210
X	11-12	50 Fly	212
213	13-14	100 Fly	214
215	Open	100 Fly	216
X	11-12	200 Free	218
219	13-14	200 Free	220
221	Open	200 Free	222
X	11-12	100 Breast	224
225	13-14	100 Breast	226
227	Open	100 Breast	228
X	11-12	50 Free	230
231	13-14	50 Free	232
233	Open	50 Free	234

Saturday PM - Warm-ups: 1:00 PM - Timed Finals: 2:00 PM

GIRLS	EVENT		BOYS
301	11-12	200 Free Relay	X
303	10 & U	200 Free Relay	304
305	8 & U	100 Free Relay	306
307	11-12	100 Back	X
309	10 & U	100 Back	310
311	8 & U	25 Back	312
313	11-12	50 Fly	X
315	10 & U	50 Fly	316
317	8 & U	25 Fly	318
319	11-12	200 Free	X
321	10 & U	200 Free	322
323	8 & U	25 Free	324
325	11-12	100 Breast	X
327	10 & U	100 Breast	328
329	8 & U	25 Breast	330
331	11-12	50 Free	X
333	10 & U	50 Free	334

Sunday AM - Warm-ups: 7:30 AM - Timed Finals: 8:30 AM

GIRLS		EVENT	BOYS
X	12 & U	200 Medley Relay	400
401	13-14	200 MIXED Medley Relay*	X
403	Open	200 MIXED Medley Relay*	X
X	11-12	100 IM	406
407	13-14	200 IM	408
409	Open	200 IM	410
X	11-12	50 Back	412
413	13-14	100 Back	414
415	Open	100 Back	416
X	11-12	100 Fly	418
419	13-14	200 Fly	420
421	Open	200 Fly	422
X	11-12	100 Free	424
425	13-14	100 Free	426
427	Open	100 Free	428
X	11-12	50 Breast	430
431	13-14	200 Breast	432
433	Open	200 Breast	434

Sunday PM - Warm-ups: 1:00 PM - Timed Finals: 2:00 PM

GIRLS		EVENT	BOYS
X	10 & U	200 MIXED Medley Relay*	500
501	12 & U	200 Medley Relay	X
503	10 & U	100 IM	504
505	11-12	100 IM	X
507	10 & U	50 Back	508
509	11-12	50 Back	X
511	10 & U	100 Fly	512
513	11-12	100 Fly	X
515	10 & U	100 Free	516
517	11-12	100 Free	X
519	10 & U	50 Breast	520
521	11-12	50 Breast	X

*MIXED MEDLEY RELAYS MUST CONSIST OF 2 GIRLS AND 2 BOYS IN ANY ORDER.

**TYDE Andy Craver Autumn Leaves Invitational
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to YMCA of NWNC):

YMCA of NWNC RipTYDE

ATTN: Lisa Greene/Felixa Boutwell

775 West End Avenue

Winston-Salem, NC 27101

Email to: coachfelixa@swimtyde.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$6.00 per event	
Relay Entries		\$16.00 per event	
Swimmers Facility Surcharge (total swimmers)		\$10.00 per swimmer	
Electronic Heat Sheet Fee		\$5.00 per swimmer	
NCS Travel Fund (total swimmers)		\$3 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with YMCA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. YMCA of NWNC, Greensboro Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE