

STINGRAY AQUATICS WINTER INVITATIONAL

JANUARY 16-18, 2009

- HOST:** Stingray Aquatics and the Upper Palmetto Area YMCA
- LOCATION:** Upper Palmetto YMCA
325 Rawlinson Rd
Rock Hill, SC 29732
803-817-7665
- SANCTION:** Held under the sanction of USA Swimming, Inc., Issued by South Carolina Swimming, Sanction# SC0915SC
- DATES:**
- | | | |
|-----------------------------|------------------|---------|
| Friday | Warm-Ups: | 4:00pm |
| | Timed Finals: | 5:00pm |
| Saturday & Sunday Morning | Warm-up: | 7:00am |
| | Meet Start: | 8:30am |
| | Finals Warm-ups: | 5:00pm |
| | Finals Start: | 6:00pm |
| Saturday & Sunday Afternoon | Warm-Ups: | 12:00pm |
| | Timed Finals | 1:00pm |
- RULES:** Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCS rules and the information therein. The start time may be adjusted Based on the number of entries.
- FACILITIES:** The Upper Palmetto YMCA has a 10 lane 25 yard competition tank and an 8 lane 25 yard warm-up and warm-down tank. Pool is bottom striped, wall targeted, has non-turbulent lanes, a fully automatic Colorado Timing System with backup and a 10 line scoreboard. Continuous warm-down is available.
- ELIGIBILITY:** All Swimmers and teams currently registered members of USA Swimming, Inc. Age is to be determined by the first day of the meet January 16, 2009
- ENTRIES
FORMAT:** Faxed entries will not be accepted. Entries may be submitted by e-mail. However, you must also mail a printed hard copy of entries including the completed summary sheet, a Highlighted alphabetical listing of all swimmers with USA numbers from the LSC, and your payment in full to have your entries considered complete. Include last name, first full name and age of the swimmer on first day of the meet. Times must be listed to 1/100th. Entries must be submitted using short course yards times or no times.
- ENTRIES:** All 11-Over swimmers are limited to 2 events on Friday and 3 on Saturday and Sunday. All 10-Under's will be allowed to swim 4 events a day.
- ENTRY
FEES:** \$7.00 Swimmer surcharge and \$2.00 SCS Travel/Program fund surcharge
\$3.00 per event for 11-Over swimmers
\$6.00 per relay
\$2.50 per event for 10-Under swimmers
Clubs should submit a single check payable to Stingray Aquatics for the full amount due. All fees must be paid prior to any swimmer entering the pool.
- ENTRY
DEADLINE:** All entries **MUST** be received no later than 5:00pm January 2, 2009. Full payment and all required paper work must accompany your entry to be accepted. Questions, up to the deadline can be addressed to Tina Aeschbacher (704) 839-1380. Visiting teams are responsible for the delivery of their entries on time.

**MAIL
COMPLETED
ENTRIES:**

Mail completed entries to the following address. Please use a guaranteed carrier service and make sure that you sign the signature release.

2007 SA Winter Invitational
C/o Tina Aeschbacher
4086 Buckingham Dr
Fort Mill, SC 29707
(704) 839-1380

stingrayaquatics.com
Subject: SA Winter Invitational

**MEET
FORMAT:**

Meet management reserves the right to adjust number of heats and lanes and warm-up times based on the number of entries. Events 400 yards and above could be limited to the top 40 swimmers in each event. Distance events are all events 400 yards and above. They will be positive check-in and deck seeded. Positive check-in will close 30 minutes after the start of warm-ups. Any swimmer who is positively checked-in for an event and does not swim will be ineligible for his/her next individual event. All 400 yards and above events will be swum fastest to slowest alternating girls, boys. Swimmers must provide their own personnel to time and lap count for the distance events. All distance events will be swum alternating girls' heat, boys' heat, fastest to slowest. The top 10 1000 Free swimmers in the boys and girls events will swim in finals at night. Meet Management reserves the right for a mid-session break to slow down the meet. The top 20 swimmers will swim at night. With an A and B Final for the 13-Over swimmers with the B Final swimming first. The 11-12 year old age group will have an A Final only.

SCRATCHES:

The South Carolina scratch rule will be in effect at this meet. A swimmer qualifying to swim in the A or B (consolation final) final race based upon the results of the preliminaries must notify the referee within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete. Failure of an individual to compete in the final race of the individual event will result in the competitor being barred from further competition for the remainder of the meet.

AWARDS:

Ribbons will be awarded to the top-10 finishers by age groups.

OFFICIALS:

Individuals wishing to officiate at this meet should contact Meet Referee.

RELEASE:

USA Swimming, South Carolina Swimming, Stingray Aquatics, and the Upper Palmetto YMCA, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

COACHES:

Coaches must check in at Clerk of Course and provide current coaching credentials to be allowed on deck. A coaches meeting will be held fifteen minutes prior to the start of the Friday evening session.

**SAFETY/
WARM-UP
PROCEDURES:**

The South Carolina LSC Procedures will be in effect. A copy of the SCS LSC Warm-up Procedures will be available in the coach's packet and posted around the pool. Coaches are advised to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. Running and horseplay are both prohibited. Glass containers and bottles are prohibited inside the pool area. The use of pull buoys, kick boards, paddles, bands, and other equipment is prohibited.

CONTACT:

Meet Referee: Marty Fehr
704-560-1285

martinfehr@att.net

Meet Directors: Tina Aeschbacher
704-839-1380

Gina Nordyke
704-491-1366

Sr. Head Coach: Jay McGarity
859-285-0640

Age Group Head Coach: Wil Trotter
704-779-9105

Stingray Aquatics
P.O. Box 2277
Mathews, NC 28106

Meet Marshall: Mike Winn

Session: 1 Friday Evening Timed Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	1 Women 400 IM
Finals	2 Men 400 IM
Finals	3 Girls 11-12 200 IM
Finals	4 Boys 11-12 200 IM
Finals	5 Women 500 Freestyle
Finals	6 Men 500 Freestyle
Finals	7 Girls 11-12 500 Freestyle
Finals	8 Boys 11-12 500 Freestyle

Session: 2 Saturday Morning Prelim Session

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Prelims	9 Girls 13-14 200 IM
Prelims	10 Boys 13-14 200 IM
Prelims	11 Women 200 IM
Prelims	12 Men 200 IM
Prelims	13 Girls 13-14 100 Freestyle
Prelims	14 Boys 13-14 100 Freestyle
Prelims	15 Women 100 Freestyle
Prelims	16 Men 100 Freestyle
Prelims	17 Girls 13-14 200 Butterfly
Prelims	19 Women 200 Butterfly
Prelims	20 Men 200 Butterfly
Prelims	21 Girls 13-14 100 Breaststroke
Prelims	22 Boys 13-14 100 Breaststroke
Prelims	23 Women 100 Breaststroke
Prelims	24 Men 100 Breaststroke
Prelims	25 Girls 13-14 200 Backstroke
Prelims	26 Boys 13-14 200 Backstroke
Prelims	27 Women 200 Backstroke
Prelims	28 Men 200 Backstroke
Finals-S	29 Women 1000 Freestyle
Finals-S	30 Men 1000 Freestyle

Session: 3 Saturday Afternoon Timed Final Session

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	31 Girls 10 & Under 200 Freestyle Relay
Finals	32 Boys 10 & Under 200 Freestyle Relay
Finals	33 Girls 11-12 200 Freestyle Relay
Finals	34 Boys 11-12 200 Freestyle Relay
Finals	35 Girls 10 & Under 200 IM
Finals	36 Boys 10 & Under 200 IM
Prelims	37 Girls 11-12 100 Backstroke
Prelims	38 Boys 11-12 100 Backstroke
Finals	39 Girls 10 & Under 100 Backstroke
Finals	40 Boys 10 & Under 100 Backstroke
Prelims	41 Girls 11-12 50 Freestyle
Prelims	42 Boys 11-12 50 Freestyle
Finals	43 Girls 10 & Under 50 Freestyle
Finals	44 Boys 10 & Under 50 Freestyle
Prelims	45 Girls 11-12 100 Butterfly
Prelims	46 Boys 11-12 100 Butterfly
Finals	47 Girls 10 & Under 100 Butterfly
Finals	48 Boys 10 & Under 100 Butterfly
Prelims	49 Girls 11-12 50 Breaststroke
Prelims	50 Boys 11-12 50 Breaststroke
Finals	51 Girls 10 & Under 50 Breaststroke
Finals	52 Boys 10 & Under 50 Breaststroke
Prelims	53 Girls 11-12 100 Freestyle
Prelims	54 Boys 11-12 100 Freestyle
Finals	55 Girls 10 & Under 100 Freestyle
Finals	56 Boys 10 & Under 100 Freestyle

Session: 4 Saturday Evening Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	107 Girls 13 & Over 400 Freestyle Relay
Finals	108 Boys 13 & Over 400 Freestyle Relay
Finals	109 Women Open 400 Freestyle Relay
Finals	110 Men Open 400 Freestyle Relay
Finals	41 Girls 11-12 50 Freestyle
Finals	42 Boys 11-12 50 Freestyle
Finals	9 Girls 13-14 200 IM
Finals	10 Boys 13-14 200 IM
Finals	11 Women 200 IM
Finals	12 Men 200 IM
Finals	53 Girls 11-12 100 Freestyle
Finals	54 Boys 11-12 100 Freestyle
Finals	13 Girls 13-14 100 Freestyle
Finals	14 Boys 13-14 100 Freestyle
Finals	15 Women 100 Freestyle
Finals	16 Men 100 Freestyle

Finals	45 Girls 11-12 100 Butterfly
Finals	46 Boys 11-12 100 Butterfly
Finals	17 Girls 13-14 200 Butterfly
Finals	19 Women 200 Butterfly
Finals	20 Men 200 Butterfly
Finals	49 Girls 11-12 50 Breaststroke
Finals	50 Boys 11-12 50 Breaststroke
Finals	21 Girls 13-14 100 Breaststroke
Finals	22 Boys 13-14 100 Breaststroke
Finals	23 Women 100 Breaststroke
Finals	24 Men 100 Breaststroke
Finals	37 Girls 11-12 100 Backstroke
Finals	38 Boys 11-12 100 Backstroke
Finals	25 Girls 13-14 200 Backstroke
Finals	26 Boys 13-14 200 Backstroke
Finals	27 Women 200 Backstroke
Finals	28 Men 200 Backstroke
Finals-1	29 Women 1000 Freestyle
Finals-1	30 Men 1000 Freestyle

Session: 5 Sunday Morning Prelim Session

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Prelims	61 Girls 13-14 100 Backstroke
Prelims	62 Boys 13-14 100 Backstroke
Prelims	63 Women 100 Backstroke
Prelims	64 Men 100 Backstroke
Prelims	65 Girls 13-14 200 Freestyle
Prelims	66 Boys 13-14 200 Freestyle
Prelims	67 Women 200 Freestyle
Prelims	68 Men 200 Freestyle
Prelims	69 Girls 13-14 100 Butterfly
Prelims	70 Boys 13-14 100 Butterfly
Prelims	71 Women 100 Butterfly
Prelims	72 Men 100 Butterfly
Prelims	73 Girls 13-14 200 Breaststroke
Prelims	74 Boys 13-14 200 Breaststroke
Prelims	75 Women 200 Breaststroke
Prelims	76 Men 200 Breaststroke
Prelims	77 Girls 13-14 50 Freestyle
Prelims	78 Boys 13-14 50 Freestyle
Prelims	79 Women 50 Freestyle
Prelims	80 Men 50 Freestyle

Session: 6 Sunday Afternoon Timed Final Session

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	81 Girls 11-12 200 Medley Relay
Finals	82 Boys 11-12 200 Medley Relay
Finals	83 Girls 10 & Under 200 Medley Relay
Finals	84 Boys 10 & Under 200 Medley Relay
Prelims	85 Girls 11-12 200 Freestyle
Prelims	86 Boys 11-12 200 Freestyle
Finals	87 Girls 10 & Under 200 Freestyle
Finals	88 Boys 10 & Under 200 Freestyle
Prelims	89 Girls 11-12 50 Butterfly
Prelims	90 Boys 11-12 50 Butterfly
Finals	91 Girls 10 & Under 50 Butterfly
Finals	92 Boys 10 & Under 50 Butterfly
Prelims	93 Girls 11-12 100 Breaststroke
Prelims	94 Boys 11-12 100 Breaststroke
Finals	95 Girls 10 & Under 100 Breaststroke
Finals	96 Boys 10 & Under 100 Breaststroke
Prelims	97 Girls 11-12 50 Backstroke
Prelims	98 Boys 11-12 50 Backstroke
Finals	99 Girls 10 & Under 50 Backstroke
Finals	100 Boys 10 & Under 50 Backstroke
Prelims	101 Girls 11-12 100 IM
Prelims	102 Boys 11-12 100 IM
Finals	103 Girls 10 & Under 100 IM
Finals	104 Boys 10 & Under 100 IM
Finals	105 Girls 10 & Under 500 Freestyle
Finals	106 Boys 10 & Under 500 Freestyle

Session: 7 Sunday Evening Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event
Finals	111 Girls 13-14 400 Medley Relay
Finals	112 Boys 13-14 400 Medley Relay
Finals	113 Women Open 400 Medley Relay
Finals	114 Men Open 400 Medley Relay
Finals	97 Girls 11-12 50 Backstroke
Finals	98 Boys 11-12 50 Backstroke
Finals	61 Girls 13-14 100 Backstroke
Finals	62 Boys 13-14 100 Backstroke
Finals	63 Women 100 Backstroke
Finals	64 Men 100 Backstroke
Finals	85 Girls 11-12 200 Freestyle
Finals	86 Boys 11-12 200 Freestyle
Finals	65 Girls 13-14 200 Freestyle
Finals	66 Boys 13-14 200 Freestyle

Finals	67 Women 200 Freestyle
Finals	68 Men 200 Freestyle
Finals	89 Girls 11-12 50 Butterfly
Finals	90 Boys 11-12 50 Butterfly
Finals	69 Girls 13-14 100 Butterfly
Finals	70 Boys 13-14 100 Butterfly
Finals	71 Women 100 Butterfly
Finals	72 Men 100 Butterfly
Finals	93 Girls 11-12 100 Breaststroke
Finals	94 Boys 11-12 100 Breaststroke
Finals	73 Girls 13-14 200 Breaststroke
Finals	74 Boys 13-14 200 Breaststroke
Finals	75 Women 200 Breaststroke
Finals	76 Men 200 Breaststroke
Finals	101 Girls 11-12 100 IM
Finals	102 Boys 11-12 100 IM
Finals	77 Girls 13-14 50 Freestyle
Finals	78 Boys 13-14 50 Freestyle
Finals	79 Women 50 Freestyle
Finals	80 Men 50 Freestyle

**Stingray Aquatics Winter Invitational
January 16-18, 2009`
Financial Summary Sheet**

INDIVIDUAL

RELAYS

Age Group	Total # of Swimmers	Total # Entries \$2.50/Swim 10-under \$3:00/Swim 11-up	Total Per Swimmer Fee: \$9:00	Total Entry Fee	Total # Relays \$6:00 each	Total Relay Entry Fee
10 & Under Girls						
10 & Under Boys						
12 & Under Girls						
12 & Under Boys						
13-14 Girls						

13-14 Boys						
Senior Girls						
Senior Boys						
Total Individual Entries/Fees						

Total Fees

Make checks payable to: **Stingray Aquatics**

Return this summary sheet with entry feels, roster, disk, and entry forms to:

Mail Hard Copy Entries to:
Tina Aeschbacher
2008 Stingray Aquatics Winter Invitational
4086 Buckingham Dr
Fort Mill, SC 29707
(Cell) 704-839-1380

Email Entry Files to:
stingrayaquatics@yahoo.com

USA Swimming, South Carolina Swimming LSC, Stingray Aquatics, Upper Palmetto YMCA, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Coach: _____ Phone: _____ E-Mail: _____

Club: _____ Club Code: _____ LSC: _____

Mailing Address:
(For Final Results) _____

Secondary
Contact Person: _____ Phone: _____ E-Mail: _____

Number of Coaches Attending Meet: _____

Signature: _____ Date: _____