

## 2018 ATOM Winter Invite

Aquatic Team of Mecklenburg

November 30-December 2

Held at Mecklenburg County Aquatic Center  
800 E. Martin Luther King Jr Blvd, Charlotte NC 28202

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Sanction #NC18174**

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### FACILITY

The competition pools are 8-lane, 25 yard courses featuring nine-foot wide lanes separated by non-turbulent lane lines, Paragon starting blocks and a minimum pool depth of six feet. A Colorado Electronic Timing System and an 8-lane scoreboards will be used. Warm-up and warm-down lanes will be available. The pool is certified by USA Swimming. There is ample seating for 1000 spectators and competitors. **The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming**

### MEET FORMAT

13-14 girls, 13-14 boys, Senior Women and Senior Men: Friday's events will be timed finals except for the 50 Freestyle (see Order of Events). Saturday and Sunday's Senior Circuit events will be swum as prelims in the morning and finals in the evening. All 13-14 and Senior Senior Circuit events will be combined during Saturday and Sunday prelims The event finals will be separated out into the appropriate age group and gender. There will be a consolation (B) heat and a championship (A) heat swum in all events with the championship (A) heat swimming first. All Saturday relays will be swum as timed finals in the evening finals session, and the Sunday 400 yd freestyle relays will be swum at the end of Sunday's prelims session prior to the start of the 1650 yd. freestyle.

The 12 & under events will all be timed finals.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Timed Finals	3:00 PM	4:30 PM	All
2	Saturday Prelims	7:00 AM	8:30 AM	13 & Over
3	Saturday Timed Finals	Not before 12:30	45 minutes after warm-up	12 & Under
4	Saturday Finals	5:00 PM	6:00 PM	13 & Over
5	Sunday Prelims	7:00 AM	8:30 AM	13 & Over
6	Sunday Timed Finals	Not before 12:30	45 minutes after warm-up	12& Under
7	Sunday Finals	Not before 4:30 PM	Not before 5:30 PM	13 & Over

## DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For
Tue, Nov 20, 2018	11:59pm	Entry deadline
Friday, Nov 30, 2018	2:45 pm	Coaches/General Meeting
	(see order of events)	Positive Check in
Each Session	30 minutes prior to start	Official Briefings

**SAFETY** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

**RACING STARTS** Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES** This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

There may be combined heats in events 400 yards and longer.

**ELIGIBILITY** **All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline.** Entries listed as "Registration Applied For" will not be accepted. **There will be no on deck registration available at this meet.** The 2017-2020 NAG Time standards are in effect for this meet. Friday evening and Saturday and Sunday morning preliminary sessions (and related finals) will be Senior Circuit events. Swimmers in the Senior Circuit events must be 13 or older and have achieved a 13-14 "AA" time in two (2) different strokes to swim. **A swimmer must have achieved the 13-14 "AA" time to enter the 1650 freestyle.** Swimmers in the 12 & under events must have achieved the "BB" time in two (2) different strokes in their age group to swim. **A 12 & under swimmer must have achieved the 11-12 "B" time to enter the 500 yd. freestyle.**



## **SEEDING**

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded as NT. The 400 IM will be swum as follows: the top two heats will be circle seeded, then the fastest four heats will be swum slowest to fastest, followed by the remaining heats swum fast to slow. If the boys and girls 400 IM are conducted in the same course, we will swim the first four heats of girls, followed by the first four heats of boys, then alternate girls/boys.

The 1650 yd freestyle will be swum fast to slow, with the fastest heat (subject to indicated AM/PM preferences) swimming with finals. Swimmers should indicate AM/PM preference at positive check in for the event. If the 1650 is conducted in one course, we will alternate girls/boys heats.

The 12 & under 500 yd freestyle will be swum slow to fast. We will swim all heats of girls followed by all heats of boys if the events are swum in the same course.

In the Senior Circuit 1650 yd freestyle and the 400 IM and the Senior Circuit and 12 & under 500 yd freestyle, combined girls/boys heats may be swum at the discretion of the referee.

## **CHECK-IN**

The 400 Yd. IM, the 1650 Yd. Freestyle, and the Senior Circuit and 12 & under 500 yd freestyle will be positive check-in events. Failure to positively check-in may result in a swimmer being scratched from the event. In the 1650 Yd. Freestyle, the fastest eight (8) women and men will be swum during Sunday's finals. The remaining swimmers will swim at the conclusion of Sunday's prelims. Swimmers should indicate AM/PM preference at positive check in. Meet management reserves the right to adjust the number of swimmers in the 1650 depending on the time line of Sunday's prelims. Check in will be located under the main scoreboard with the Administrative Referee, and should be completed at the times stated in the DEADLINES AND MEET SUMMARY section of the Meet Announcement.

Relay cards will be required for all relays, listing the swimmers' name and order of swimmers, and should be turned in to the Administrative Referee at the times stated in the DEADLINES AND MEET SUMMARY section of the Meet Announcement. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event.

## **SCRATCH RULE**

The North Carolina Scratch Rule is in effect for this meet (see attached).

<b>SCORING</b>	USA Swimming scoring system for 8 lane pools through 16 <sup>th</sup> place. Individual events: A Final: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 B Final: 9-7-6-5-4-3-2-1 Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2;
<b>AWARDS</b>	No awards will be given for this meet.
<b>COACHES</b>	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
<b>OFFICIALS/ TIMERS/ VOLUNTEERS</b>	There will be a need for officials. ATOM welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area after warm-ups on Friday and as needed during the meet. Each team will be asked to provide timers for finals sessions based on the number of swimmers they have entered in the meet. Swimmers must provide their own timers and counters for the 1000 and 1650 free. Swimmers must provide their own counter for the 500 free.
<b>HOSPITALITY/ CONCESSIONS</b>	There will be a hospitality area open to all coaches and officials. Refreshments will be available via concessions offered by ATOM.
<b>WARM-UP</b>	<b>In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.</b> Lanes will be available for warm-up and warm-down each session. Each coach is responsible for monitoring his/her team's activities in this area. <b>There is to be no diving or horseplay in this area.</b>
<b>Chairs Spectators &amp; Coaches</b>	<b>NO CHAIRS WILL BE ALLOWED INTO THE FACILITY.</b>

**WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. ATOM, QCD, MCAC, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

**IMAGE RELEASE**

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

## ORDER OF EVENTS

Friday, November 30, 2018

Warm-up: 3:00 PM; Meet Start: 4:30 PM

Girls/Women	Event	Boys/Men
1	13 & over 50 free*	2
35	11-12 200 IM	36
37	10-Under 200 IM	38
3	13 & over 200 IM	4
5	13 & over 500 free	6
39	12&U 500 free	40

\*50 free will be prelim/final

Positive check in required for the 500 FREE. Check in will close 30 minutes prior to the start meet

Saturday, December 1, 2018

Prelims: Warm-up: 7:00 AM; Meet Start: 8:30 AM

Finals: Warm-up: 5:00 PM; Meet Start: 6:00 PM

Girls/Women	Event	Boys/Men
7	13 & over 200 free	8
9	13 & over 100 fly	10
11	13 & over 200 breast	12
13	13 & over 100 back	14
15	13 & over 400 IM	16
17	13-14 400 Medley Relay **	18
19	Senior 400 Medley Relay**	20

positive check-in required for 400 IM. Check-in will close 30 minutes prior to start of meet

\*\*13-14 AND Senior 400 Medley Relay to be swum with finals. Relay cards due 30 minutes prior to start of meet

Sunday, March 26, 2017

Prelims: Warm-up: 7:00 AM; Meet Start: 8:30 AM

Finals: Warm-up: not before 4:30 PM; Meet Start: not before 5:30 PM

Girls/Women	Event	Boys/Men
21	13 & over 200 fly	22
23	13 & over 100 free	24
25	13 & over 100 breast	26
27	13 & over 200 back	28
31	13-14 400 Free Relay	32
33	Senior 400 Free Relay	34
29	13 & over 1650 free	30

Positive check-in required for the 1650 Free 30 minutes prior to the start of the meet.

Relay cards due 30 minutes prior to start of meet

Saturday, December 1, 2018

Timed Finals: Warm-up: Not before 12:30 noon; Meet Start: Not before 1:15 PM

Girls/Women	Event	Boys/Men
41	11-12 200 Free Relay	42
43	10&U 200 Free Relay	44
45	12yr 200 free	46
47	11yr 200 free	48
49	10yr 200 free	50
51	9&U 200 free	52
53	12yr 50 breast	54
55	11yr 50 breast	56
57	10yr 50 breast	58
59	9&U 50 breast	60
61	11-12 200 breast	62
63	12yr 100 back	64
65	11 yr 100 back	66
67	10 yr 100 back	68
69	9&U 100 back	70
71	12yr 100 fly	72
73	11yr 100 fly	74
75	10yr 100 fly	76
77	9&U 100 fly	78



79	12yr 50 free	80
81	11yr 50 free	82
83	10yr 50 free	84
85	9&U 50 free	86

**Relays cards due 30 minutes prior to start of the meet**

**Sunday, December 2, 2019**

**Timed Finals: Warm-up: Not before 12:30 noon; Meet Start: Not before 1:15 PM**

Girls/Women	Event	Boys/Men
87	11-12 200 Medley Relay	88
89	10&U 200 Medley Relay	90
91	12yr 100 free	92
93	11yr 100 free	94
95	10yr 100 free	96
97	9&U 100 free	98
99	12yr 50 fly	100
101	11yr 50 fly	102
103	10yr 50 fly	104
105	9&U 50 fly	106
107	11-12 200 fly	108
109	12yr 100 breast	110
111	11yr 100 breast	112
113	10yr 100 breast	114
115	9&U 100 breast	116
117	12yr 50 back	118
119	11yr 50 back	120
121	10yr 50 back	122
123	9&U 50 back	124
125	11-12 200 back	126
127	12yr 100 IM	128
129	11yr 100 IM	130
131	10yr 100 IM	132
133	9&U 100 IM	134

**Relays cards due 30 minutes prior to start of the meet**

## **NORTH CAROLINA SCRATCH RULE**

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
  - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
  - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
  - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
  - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
  - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
  - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
  - C. The swimmer was not named in any finals heat during the initial announcement of results
  - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## **208.4. RELAY SCRATCH RULE**

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.