



**8 & Under Winter Snowflake Invitational**  
 Hosted by  
**MARLINS OF RALEIGH SWIM TEAM**  
 January 18-19, 2020  
 Ravenscroft School-A.E. Finley Athletic Center  
 7409 Falls of the Neuse Rd, Raleigh, NC 27615  
*Held under the Sanction of USA Swimming, Inc.,  
 issued by North Carolina Swimming, Inc.*  
**SANCTION #NC20018**

MEET DIRECTOR	MEET ENTRY COORDINATOR
<p align="center"> <b>Cara Cameron</b>            4904 Waters Edge Drive, Suite 295            Raleigh, NC 27606            (919) 851-3000  <b>Coachcara45@aol.com</b> </p>	<p align="center"> <b>Pam Rocque</b>  <a href="mailto:mormeets@gmail.com">mormeets@gmail.com</a>   <b>Admin Official</b>  <b>Pam Rocque</b> </p>
MEET REFEREE	MEET MARSHAL
<p align="center"> <b>Wade Martin</b> <a href="mailto:wmartin144@nc.rr.com">wmartin144@nc.rr.com</a> </p>	<p align="center"> <b>Logan Walser</b> </p>

**FACILITY:**

Ravenscroft is a six-lane, 25yd pool, with non-turbulent lane ropes and permanently mounted starting blocks. The minimum depth at the start end of the pool is 12 feet and 3.5 feet at the turn end. Any starts, including relay starts, from the turn end must begin within the water. The competition course has not been certified in accordance with 104.2.2C(4). An automatic timing system and computerized results will be used. 25yd events will start from the blocks. Spectator seating is available in the balcony.

**NOTES:**

- 1) NO FOOD OR DRINK ALLOWED ON DECK. However, swimmers may have a plastic bottle for water.
- 2) NO TOBACCO USE IS ALLOWED IN ANY PART OF THE BUILDING OR ON CAMPUS.
- 3) **NO ONE ASSOCIATED WITH THE MEET IS ALLOWED ON THE TRACK OR FOOTBALL FIELD.**

**MEET FORMAT:**

This is a timed final Age Group meet. Depending on the size of the meet, breaks may be scheduled (5-10min maximum per break) between events at the discretion of the Meet Referee and the Meet Director.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:00am	9:00am	8 & Under Girls
2	Saturday	Approx 11:30am	Not before 11:30am	8 & Under Boys
3	Sunday	8:00am	9:00am	8 & Under Girls
4	Sunday	Approx 11:30am	Not before 11:30am	8 & Under Boys

*MOR reserves the right to combine sessions if necessary.*

## **DEADLINE AND MEETING**

### **SUMMARY:**

<b>Day/Date</b>	<b>Time</b>	<b>For</b>	<b>Location</b>
Sat/Sun	During warm ups	Officials Meeting	Hospitality Room
Saturday	8:50am	Coaches Meeting	By starting console

### **SAFETY:**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their athletes at all times. NO running or horseplay will be tolerated.

### **RACING STARTS:**

Any swimmer entered in the meet, who is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **RULES:**

This meet will be conducted in accordance with USA Swimming Rules and Regulations and the NCS Safety Program, except where rules therein are optional, and exceptions are herein stated. All events are timed finals.

The Minor Athlete Abuse Prevention Policy is in effect for this meet and all Applicable Adults are expected to comply with the stated requirements and guidelines.

**Use of audio or visual recording devices, including cell phones and ipads is not permitted in changing areas, restrooms, locker rooms or behind the starting areas.**

Deck changing is prohibited

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

### **DISABILITIES:**

MOR welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistance required and/or registered service animals. Failure to provide advance notice may limit MOR's ability to accommodate all requests.

### **CLASSIFICATION:**

8 & Under Timed Final Meet.

### **TECHNICAL SUIT BAN for 12&Us**

Per NCS Rule 210.2, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

**ELIGIBILITY:**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to the meet entry deadline and be no older than 8 years of age on the Saturday, January 18, 2020. The swimmer’s age on the first day of the meet will determine their age for the whole competition. There is no on deck registration available.

**ENTRIES:**

Submit entries using Hy-Tek cl2 format. Email is the preferred method of sending entries, however disks are acceptable. The Hy-Tek order of events file can be found on the NCS website at [www.ncswim.org](http://www.ncswim.org) or coaches may email Pam Rocque at [mormeets@gmail.com](mailto:mormeets@gmail.com) to receive a copy. Entries submitted after the entry deadline should be emailed to the Meet Director. New entry files will not be accepted after the meet entry deadline, however new entries via Word files may be accepted at the discretion of the Meet Director, Cara Cameron [coachcara45@aol.com](mailto:coachcara45@aol.com)

**ENTRY LIMITS:**

Swimmers may not enter more than four (4) events per day. Swimmers who are entered in more than four **events will be automatically dropped from the event(s)** that put them over the limit. No refunds will be given for incorrect entries.

MOR reserves the right to combine or adjust warm-ups or sessions as needed to confirm to timeline requirements.

**ENTRY DEADLINE:**

Completed meet entries on Hy-Tek, Team Unify or similar team management software are due **by Wednesday, January 8, 2020**. Entries will not be accepted without a completed Summary Sheet and payment of entry fees. Late entries, including adding additional events or switching events, may be accepted by the Meet Director but may not be seeded. **Double entry fees will be charged for all late or changed entries after the entry deadline.** Telephone and fax entries will not be accepted. Please direct all entry correspondence to both the Meet Director and the Meet Entry Coordinator (see first page for contact information). Include your club name, and the swimmer/events in question. All clubs should receive a confirmation of the receipt of their entry. If you do not get a confirmation within 48 hours of emailing your entry, please contact us at (919) 851-3000.

**ENTRY FEES:**

Please make checks payable to: <b>Marlins Of Raleigh Swim Team (MOR)</b>	
NCS Individual Event	\$6.00per event
Out-of-state Individual Event	\$6.50 per event
Relays	\$8.00 per relay
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$10.00 per swimmer

*Entry fees must accompany entry and are non-refundable.*

**SEEDING:**

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.

**SCRATCHES:**

There are no penalties for scratching pre-seeded events at the block.

**SCORING:**

No team or individual scoring will be kept.

**AWARDS:**

EVENTS	AGE GROUP	AWARD	PLACE
Individual Events	7-8 year olds	Ribbons	4 <sup>th</sup> -6 <sup>th</sup>
		Medals	1 <sup>st</sup> -3 <sup>rd</sup>
	6 & Unders	Ribbons	4 <sup>th</sup> -6 <sup>th</sup>
		Medals 1 <sup>st</sup> -3 <sup>rd</sup>	1 <sup>st</sup> -3 <sup>rd</sup>
Relays	8 & Unders	Ribbons	1 <sup>st</sup> -3 <sup>rd</sup>

**MAIL ENTRY & FEES TO:**

**MOR SNOWFLAKE MEET**

4904 Waters Edge Drive; Suite 295  
Raleigh, NC 27606

Email Entries To: [mormeets@gmail.com](mailto:mormeets@gmail.com) (Pam Rocque)  
[Coachcara45@aol.com](mailto:Coachcara45@aol.com) (Cara Cameron)

Please note that there will be no entries accepted without a hard copy.

**Final entry must:**

- 1) Include check payable to MOR for correct entry fees
- 2) Include properly completed Summary Form
- 3) Be received by the meet entry deadline
- 4) Not be sent in a manner requiring a signature for delivery.

**WARM-UPS:**

In accordance with USA Swimming guidelines there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Meet Marshals will ensure that all clubs, coaches and swimmers follow the warm-up procedure. There may be two warm-up periods during each session. This will be determined once entry numbers are received. If two warm-up periods are held, each will be 25 minutes in length and allow clubs to dive in their assigned lanes during their warm-up period. This information will be communicated to clubs attending the week of the meet. **Meet management reserves the right to change warm-up times according to the number of entries. There is no diving allowed from the shallow end of the pool. Relay swimmers will start in the water at the shallow end of the pool.**

**HOSPITALITY:**

Hospitality will be available for all coaches, officials and meet volunteers.

**CREDENTIALS:**

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings. You must show your credentials when getting a heat sheet.

**CONCESSIONS AND APPAREL:**

MOR will provide concessions in the lobby and team dealer All American Swimwear will provide swimming apparel items at the concession area.

**RELEASE STATEMENT:**

USA Swimming, Inc., North Carolina Swimming, Inc., Marlins of Raleigh, Inc., and Ravenscroft School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**IMAGE RELEASE**

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

**OFFICIALS:**

There will be a need for officials. Marlins of Raleigh welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying

their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**PARKING:**

Parking will be available in the main lot in front of the Finley Center and to the right of the Upper School building. Please do not park on grass or in un-marked spots.

The REST OF THE BUILDING IS OFF LIMITS. Please do not go on TRACK OR FIELD!

**ENTRY SUMMARY SHEET  
2020 MOR 8&UNDER WINTER SNOWFLAKE INVITATIONAL SWIM MEET  
JANUARY 18-19, 2020**

Use this form for a summary of entry fees.

AGE GROUP	NO. OF ATHLETES	PER ATHLETE FEES \$13 per athlete [\$3 NCS + \$10 Facility]	ENTRY FEE NC athletes \$6.00 Out-of state \$6.50/event	NO. OF RELAYS	RELAY FEES \$8.00/relay	TOTAL ENTRY FEES
8 & UNDER GIRLS						
8 & UNDER BOYS						
<b>TOTAL FEE</b>						<b>\$</b>

**TOTAL FEES**

Return this summary sheet with entry fees, official rosters and entry forms to:

**MOR SNOWFLAKE MEET  
4904 WATERS EDGE DRIVE; SUITE 295  
RALEIGH, NC 27606**

USA Swimming, Inc., North Carolina Swimming, Inc., Marlins of Raleigh, Inc., and Ravenscroft School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature (Coach): \_\_\_\_\_

Head Coach: \_\_\_\_\_

Approximate number of coaches who will be in attendance: \_\_\_\_\_

Club: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club Address: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Please supply an address in which we can contact the appropriate coach to communicate changes or new information:**

**ORDER OF EVENTS**  
**SESSION 1**  
**Warm-up: 8:00AM Meet Starts: 9:00AM**

<b>GIRLS EVENT #</b>	<b>EVENTS</b>	
1	8&U 100yd Free Relay	
3	8&U 200yd Freestyle	
5	6&U 25yd Freestyle	
7	7-8 25yd Freestyle	
9	6&U 25yd Backstroke	
11	7-8 25yd Backstroke	
13	7-8 100yd Backstroke	
15	6&U 25yd Breaststroke	
17	7-8 25yd Breaststroke	
19	8&U 100yd IM	
21	6&U 25yd Butterfly	
23	7-8 25yd Butterfly	
25	7-8 100yd Butterfly	

**SESSION 2**  
**Warm-up: Not before 11:30am Meet Starts: Not before 11:30am**

	<b>EVENTS</b>	<b>BOYS EVENT #</b>
	8&U 100yd Free Relay	2
	8&U 200yd Freestyle	4
	6&U 25yd Freestyle	6
	7-8 25yd Freestyle	8
	6&U 25yd Backstroke	10
	7-8 25yd Backstroke	12
	7-8 100yd Backstroke	14
	6&U 25yd Breaststroke	16
	7-8 25yd Breaststroke	18
	8&U 100yd IM	20
	6&U 25yd Butterfly	22
	7-8 25yd Butterfly	24
	7-8 100yd Butterfly	26

**ORDER OF EVENTS  
SESSION 3  
Warm-up: 8:00AM Meet Starts: 9:00AM**

<b>GIRLS EVENT #</b>	<b>EVENTS</b>	
27	8&U 100yd Medley Relay	
29	7-8 200yd IM	
31	6&U 50yd Freestyle	
33	7-8 50yd Freestyle	
35	6&U 50yd Backstroke	
37	7-8 50yd Backstroke	
39	6&U 50yd Breaststroke	
41	7-8 50yd Breaststroke	
43	6&U 50yd Butterfly	
45	7-8 50yd Butterfly	
47	8&U 100yd Freestyle	
49	7-8 100yd Breaststroke	

**SESSION 4  
Warm-up: Not before 11:30am Meet Starts: Not before 11:30am**

	<b>EVENTS</b>	<b>BOYS EVENT #</b>
	8&U 100yd Medley Relay	28
	7-8 200yd IM	30
	6&U 50yd Freestyle	32
	7-8 50yd Freestyle	34
	6&U 50yd Backstroke	36
	7-8 50yd Backstroke	38
	6&U 50yd Breaststroke	40
	7-8 50yd Breaststroke	42
	6&U 50yd Butterfly	44
	7-8 50yd Butterfly	46
	8&U 100yd Freestyle	48
	7-8 100yd Breaststroke	50