

ECA Southeastern Classic

November 15-17, 2019

*Minges Natatorium, East Carolina University
Greenville, NC*

SANCTION: Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.,
Sanction #NC19179

MEET HOST: East Carolina Aquatics

FACILITY: Minges Natatorium, East Carolina University

For Directions: The pool is the Big Brick Building Before you get to the football stadium

<http://ecupirates.cstv.com/directions/ecu-directions.html>

MEET MANAGEMENT:

Director: Casey Charles - ecacoachcasey@gmail.com

Meet Referee: Bob Landry – roblandry@suddenlink.com

Meet Marshal: Scott Pake – ecacoachscott@gmail.com

MEET MANAGEMENT STATEMENT:

All coaches and officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

ELIGIBILITY: Invited swimmers must be members of USA Swimming and all Adult Athletes must hold current APT certification to compete. There will be no on-deck registration available at this meet.

COMPETITION POOL: The pool is an 8-lane, 25-yard course with non-turbulent lane markers, deck anchored starting blocks. A Colorado 6 Timing System will be used with watches in each of 8-lanes for competition. A digital scoreboard will also be in use. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

WARM-UP/WARM-DOWN POOL: In addition to the competition pool, a 6-lane 20-yard diving well will be available for continuous warm-up/warm-down use.

RULES

This meet will be conducted in accordance with the current USA swimming code and the NCS Safety Program, except where rules therein are optional, and exceptions herein stated.

SAFE SPORT: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Only feet first entry into warm down lanes at all times and during warm-ups except during specific warm-ups periods while under the direct supervision of a certified coach. No glass is allowed in the pool area or locker rooms at any time. Running and horseplay will not be allowed. As at any pool, the deck may be slippery, and caution should be taken to prevent accidents. Swimmers are not allowed in pool equipment rooms or work out rooms. NO blocking of fire exits, which includes doorways and passages. Coaches must hold current certifications and registration with USA Swimming and be prepared to show their Deck Pass virtual membership card upon request. No spectators will be allowed on the competition deck at any time. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks. Flash photography of any kind at the start of a race is

prohibited. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MAAPP: The Minor Athlete Abuse Prevention Policy is in effect for this meet and all Applicable Adults are expected to comply with the stated requirements and guidelines.

TECH SUIT BAN for 12U's: Per NCS Rule 210.2, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

RACING STARTS: Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend. Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

**NO FOOD ALLOWED ON THE POOL DECK. ONLY WATER BOTTLES WILL BE PERMITTED
ALL Athletes and coaches must fill-out and sign an ECU WAIVER in order to participate in this event.**

RELEASE: USA Swimming, North Carolina Swimming, Inc., East Carolina Aquatics, East Carolina University and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damage arising by reasons of injuries to anyone during the conduct of the meet in any facility on the ECU exercise physiology building.

IMAGE RELEASE: All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

SCHEDULE

Friday, November 15, 2019

Session #1 (Timed Finals, Prelims)– Warm-ups: 6:20 PM, Meet Starts: 7:05 PM

Session #2 (Finals) – Warm-ups: Start at conclusion of Session #1, Meet Starts: 15 min later

Saturday, November 16, 2019

Session #3 – (Senior Prelims) – Warm-ups: 9:15 AM, Meet Starts: 10:00 AM

Session #4 – (Age Group Timed Finals) – Warm-ups: 1:30 PM, Meet Starts: 2:15 PM

Session #5 – (Senior Finals) – Warm-ups: 6:00 PM, Meet Starts: 6:45 PM

Sunday, November 17, 2019

Session #6 – (Senior Prelims) – Warm-ups: 7:30 AM, Meet Starts: 8:15 AM

Session #7 – (Senior Timed Final) – Warm-ups: At the conclusion of Session #6, Meet Starts: 15-mins later

Session #8 – (Age Group Timed Finals) – Warm-ups: 12:30 PM, Meet Starts: 1:15 PM

Session #9 – (Senior Finals) – Warm-ups: 5:00 PM, Meet Starts: 5:45 PM

EVENT FORMAT/SEEDING

- Event #1/2 – **Senior 50 FR** will be a prelims/finals event – Top 40 swimmers will qualify for finals
- **500 Freestyle** and **400 IM** are timed final senior events. Each will be limited to the **top 40** seeded athletes in each event. **Please note the following:**
 - **All times must be provable**
 - **Time must be faster than a 13-14 “BB” in the event**
 - **Rank order: SCY, LCM, SCM – NO CONVERTED TIMES**
- **1000 Freestyle** is a timed final event and will be limited to the top 16 seeded athletes in each event. **Please note the following:**
 - **All times must be provable**
 - **Time must be faster than a 13-14 “BB” in the event**
 - **Rank order: SCY, LCM, SCM – NO CONVERTED TIMES**
- **11-12 and 10 and under 200 IM** will be limited to the **top 16 qualifiers in each event. Please note the following:**
 - **All times must be provable**
 - **MUST BE UNDER 4:00**
 - **Rank order: SCY, LCM, SCM – NO CONVERTED TIMES**
- Senior 200 IM, 200 BR, 200 FL, and 200 BK **REQUIRE a 13-14 “BB”** entry time. Any entry slower than the BB standard in that event will be scratched with no refund.
- All Senior Events (with the exception of events 400 and longer) will be prelims/finals. The top 32 swimmers for each event will qualify for finals.
- **ALL 12&U events will be TIMED FINALS**

CHECK-IN/SCRATCH PROCEDURES

The current NCS Scratch Rule will be in effect during the course of this meet for prelims/finals and deck seeded events (see attachment). This will serve as the official guide for technical procedural rules, except when stated otherwise in the Meet Announcement. Coaches and swimmers are expected to be familiar with the rule. **ALL SWIMMERS SHOULD SCRATCH FROM SUNDAY FINALS IF THEY HAVE NO INTENTION OF SWIMMING.**

OTHER CHECK-IN PROCEDURES

All other check-ins will be discussed at the coaches’ meeting on Friday.

ENTRIES

Entry Limits – Swimmers are limited to 3 events per session and 8 events total for the meet.

FEES – **Individual Events** - \$4.50, **Relay Events** - \$10.00, **Facility Fee** - \$10.00, **NCS Travel Fee** - \$3.00

ENTRY DEADLINE: Entries must be received by 9:00 pm, Tuesday, November 5, 2019.

ENTRY: Entries must be submitted via email attachment generated by Hy-Tek Team Manager.

SCORING/AWARDS

Top 16 will score in each individual event:

Individual Events – 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Top 8 will score in each relay event:

Relay Events – 40, 34, 32, 30, 28, 26, 24

Awards – 1st-8th place ribbons for all individual events.

MEETINGS

COACHES' MEETING There will be a brief meeting at 6:50 PM before the start of session #1. ALL Coaches' Meetings will be held behind the timing/scratch table

OFFICIALS' MEETINGS Officials will meet at a time determined by the meet referee in the hospitality area and will have brief meetings throughout the course of the meet at the discretion of the MEET REFEREE.

TIMERS' MEETINGS Meetings will be conducted 20 minutes before the start of each session in the hallway behind the starter's table.

HOSPITALITY AND CONCESSIONS:

Hospitality will be provided for all coaches, officials, and volunteers. Refreshments will be available as well throughout all sessions.

SCHEDULE OF EVENTS

Friday, November 15, 2019

Session #1 – Warm-ups: 6:20 PM, Meet Starts: 7:05 PM

Girls' Event #	Event	Boys' Event #
1	Senior 50 Freestyle – Prelims	2
3	Senior 400 IM (Timed Final – Top 40)	4
5	Senior 500 Freestyle (Timed Final – Top 40)	6

Session #2 – Warm-ups: Start at conclusion of S#1, Meet Starts: After 15 mins of warm-up

Girls' Event #	Event	Boys' Event #
1	Senior 50 Freestyle – Finals (Top 40)	2

Saturday, November 16, 2019

Session #3 – (Senior Prelims) – Warm-ups: 9:15 AM, Meet Starts: 10:00 AM

Girls' Event #	Event	Boys' Event #
7	Prelims - Senior 200 Freestyle	8
9	Prelims - Senior 100 Backstroke	10
11	Prelims - Senior 200 Breaststroke	12
13	Prelims - Senior 100 Butterfly	14

Session #4 – (Age Group Timed Finals) – Warm-ups: 1:30 PM, Meet Starts: 2:15 PM

Girls' Event #	Event	Boys' Event #
15	11-12 200 Freestyle	16
17	10 & under 200 Freestyle	18
19	11-12 50 Breaststroke	20
21	10 & under 50 Breaststroke	22
23	11-12 100 Butterfly	24
25	10 & under 100 Butterfly	26
27	11-12 100 Backstroke	28
29	10 & Under 100 Backstroke	30
31	11-12 50 Freestyle	32
33	10 & under 50 Freestyle	34
35	11-12 100 IM	36
37	10 & under 100 IM	38
	5-min Break (If timeline permits)	
39	11-12 200 Medley Relay	40
41	10 & under 200 Medley Relay	42

Session #5 – (Senior Finals) – Warm-ups: 6:00 PM, Meet Starts: 6:45 PM

7	Finals - Senior 200 Freestyle (Top 32)	8
9	Finals - Senior 100 Backstroke (Top 32)	10
11	Finals - Senior 200 Breaststroke (Top 32)	12
13	Finals - Senior 100 Butterfly (Top 32)	14
	5-min Break (If timeline permits)	
43	Senior 200 Medley Relay	44

Sunday, November 17, 2019

Session #6 – (Senior Prelims) – Warm-ups: 7:30 AM, Meet Starts: 8:15 AM

45	Prelims – Senior 200 Butterfly	46
47	Prelims – Senior 100 Freestyle	48
49	Prelims – Senior 200 Backstroke	50
51	Prelims – Senior 100 Breaststroke	52
53	Prelims – Senior 200 IM	54

Session #7 – (Senior Timed Final) – Warm-ups: At the conclusion of Session #6, Meet Starts: 15-mins later

55	Timed Finals – Senior 1000 Freestyle (Top 16)	56
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Session #8 – (Age Group Timed Finals) – Warm-ups: 1:00 PM, Meet Starts: 1:40 PM

Girls' Event #	Event	Boys' Event #
57	11-12 100 Freestyle	58
59	10 & under 100 Freestyle	60
61	11-12 50 Butterfly	62
63	10 & under 50 Butterfly	64
65	11-12 100 Breaststroke	66
67	10 & under 100 Breaststroke	68
69	11-12 50 Backstroke	70
71	10 & Under 50 Backstroke	72
73	11-12 200 IM (Top 16)	74
75	10 & under 200 IM (Top 16)	76
	5-min Break (If timeline permits)	
77	11-12 200 Freestyle Relay	78
79	10 & under 200 Freestyle Relay	80

Session #9 – (Senior Finals) – Warm-ups: 5:00 PM, Meet Starts: 5:45 PM

45	Finals – Senior 200 Butterfly	46
47	Finals – Senior 100 Freestyle	48
49	Finals – Senior 200 Backstroke	50
51	Finals – Senior 100 Breaststroke	52
53	Finals – Senior 200 IM	54
	5-min Break	
81	Senior 200 Freestyle Relay	82

NORTH CAROLINA SCRATCH RULE

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
 - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
 - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
 - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
 - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
 - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
 - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
 - C. The swimmer was not named in any finals heat during the initial announcement of results
 - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.