

Independence Invitational

June 28-30, 2019

Hosted by Enfinity Aquatic Club

www.enfinityhealth.org

Greensboro Aquatic Center

1921 West Gate City Blvd., Greensboro, NC 27403

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC19097

MEET DIRECTOR Korey McCulley 620-786-4971 kmcculleygso@enfinityfit.com	MEET ENTRY COORDINATOR Korey McCulley 620-786-4971 kmcculleygso@enfinityfit.com
MEET REFEREE Beth Burge 336-266-0810 bethburge@me.com	MEET MARSHAL Troy Whitman 336-688-3464 twhitman123@gmail.com

FACILITY

Greensboro Aquatic Center is a state-of-the-art indoor facility with four pools. The main competition pool is 9-10 feet deep at both ends and will be configured into one 50M course with eight 9-foot wide lanes. All lanes feature non-turbulent lane lines and Paragon starting blocks. Eight lanes will be used for this competition. The Omega electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. At least four lanes will be open for continuous warm up and warm down. Seating for 1800 spectators is available. The GAC will provide parking for \$5 per day with unlimited entry and exit. Enfinity Aquatic Club will provide free parking for volunteers, coaches, and working officials in the Volunteer Lot.

MEET FORMAT

This is a timed final, prelim/final Age Group/Senior pre-seeded meet unless otherwise indicated.

Session	Day	Est. Warm-up	Est. Meet Start	Age Group
1	Friday prelims	6:30 AM	8:00 AM	13&O
2	Friday timed finals	12:15 PM	1:00 PM	12&U
3	Friday finals	5:00 PM	6:00 PM	13&O
4	Saturday prelims	6:30 AM	8:00 AM	13&O
5	Saturday timed finals	12:15 PM	1:00 PM	12&U
6	Saturday finals	5:00 PM	6:00 PM	13&O
7	Sunday prelims	6:30 AM	8:00 AM	13&O
8	Sunday timed finals	12:15 PM	1:00 PM	12&U
9	Sunday finals	5:00 PM	6:00 PM	13&O

CHECK IN DEADLINES:

Day, Date	Time	For:
Tuesday, 06/18	10:00PM	Entry deadline
Friday, 06/28	7:00AM	Coaches/General Meeting
Friday/Saturday/Sunday 06/28 – 06/30	One Hour Prior to Session Start Times	Official Briefings
Friday, 06/28	7:30AM	Positive Check In Deadline 13&O 400m FR
Friday, 06/28	12:30PM	Positive Check in Deadline 12&U 200m IM
Saturday, 06/29	7:30AM	Positive Check in Deadline 13&O 400m IM
Sunday, 06/30	7:30AM	Positive Check in Deadline 13&O 800m FR
Sunday, 06/30	12:30PM	Positive Check in Deadline 12&U 400m FR

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Lawn chairs and coolers are not permitted at the GAC.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The NCS Scratch Rule is in effect for this meet. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

ENFINITY AQUATIC CLUB welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit ENFINITY AQUATIC CLUB's ability to accommodate all requests.

ENTRIES

Entries should be submitted in HyTek format via email. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator no later than the entry deadline for entries to be considered complete. Enfinity Aquatic Club entries will be entered first and then complete entries from other teams in

the order received. Enfinity Aquatic Club reserves the right to limit entries in order to comply with the four/eight hour rule. Rejected entries will be returned immediately. **All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge and Facility Surcharge.** Unless entries are rejected, entry fees are non-refundable.

Only LCM times will be accepted for entries. Swimmers without actual LCM times should be entered with converted SCY times or estimated LCM times to assure best seeding for all competitors. **NT entries will not be accepted.**

Breaks are noted in the Order of Events. Others may be added at the discretion of the Meet Referee. If chase starts are used to comply with timelines, coaches will be informed about chase starts within 24 hours of the entry deadline.

ENTRY LIMITATIONS

Swimmers may enter up to ten (10) individual events for the meet. 13&O swimmers may swim a maximum of three (3) individual events per day and 12&U swimmers are limited to four (4) individual events per day.

The 13&O 400M Freestyle and 400M IM may be limited to the Top 32-48 by gender to manage morning timelines. The 9-12 400M Freestyle may be limited to the Top 32. Swimmers who enter these 400M events but are not allowed to swim will be accommodated in other events as possible or may request an entry fee refund. Coaches will be notified once entries close.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by Tuesday, June 18, 2019 at 10:00PM. Entries will be accepted only at the discretion of the Meet Director and may be declined once capacity is reached. Enfinity Aquatic Club reserves the right to limit or suspend the addition of swimmers or heats to accommodate entries. **Late entries may be accepted at the discretion of the Meet Director and will be charged double fees. There will be no on deck entries.**

ENTRY FEES

Make checks payable to: ENFINITY AQUATIC CLUB; All fees are non-refundable	
Individual Event P/F	\$8.00 per event
Individual Event TF	\$6.00 per event
12&U Relays	\$12.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$15.00 per swimmer
Late Entry Fee	Double the IE and relay fees listed

SEEDING

The conforming time standard for this meet is LCM (long course meters). All 13&O events will be seeded and swum from **FASTEST TO SLOWEST** unless otherwise indicated. Enfinity Aquatic Club reserves the right to use chase starts or to combine heats and events at the discretion of the Meet Referee.

10&U and 11-12 Timed Finals Events: All events for 12&U swimmers will be swum as timed finals in the afternoons. All events will swim SLOWEST to FASTEST unless otherwise indicated. Individual event results will be split by 10&U/11-12 for scoring and awards.

13&O Prelim/Finals Events: All events will swim **FASTEST TO SLOWEST**. Preliminary results will be divided into 13-14 and 15&O for finals seeding. There will be A/B Finals for the 13-14 age group and A/B/C/D Finals for the 15&O age group. The A Final will be swum before the B Final. Finals will be swum in event order: 13-14 A Final/B Final, 15&O A Final/B Final/C Final/D Final. There is not a ready room. All finalists should report to the blocks. Alternates should report to the Starter prior to the event and may swim in the B Final for the 13-14 age group or the D Final for 15&O age group in the event of no shows.

13&O 800M Free: The 800M Freestyle will be swum as a timed final, fastest to slowest, alternating women and men. The event will be deck seeded after positive check-in. If chase starts are used, women will start from one end and men from the other. Heats and events may be combined at the discretion of the Meet Referee. Swimmers may be asked to provide one timer and a counter. This event will be broken out by age for scoring and awards.

13&O 400M Free & IM: The 13&O 400M Freestyle and Individual Medley will be swum as timed final events and will be deck seeded after positive check in. The fastest 32-48 positively checked in swimmers in each event will swim with finals, fastest to slowest in event order. Coaches will be informed once entries close how many swimmers will compete at night. Remaining heats will swim at the end of preliminaries, fastest to slowest in event order. Heats and events may be combined at the discretion of the Meet Referee. Swimmers may be asked to provide a timer during prelims. The event will be broken out by age group for scoring and awards.

12&U 200M IM: The 12&U 200M IM will be deck seeded after positive check-in and will be swum slowest to fastest in event order.

12&U 400M Free: The 12&U 400M Freestyle will be swum fastest to slowest in event order. The event will be deck seeded after positive check-in and may be limited to the top 32. Heats and events may be combined at the discretion of the Meet Referee. Swimmers may be asked to provide a timer.

RELAYS: All 12&U relays will be swum as timed finals in the afternoon sessions.

CHECK-IN	<p>A positive check-in, located at clerk of course, will be required for the following events:</p> <ul style="list-style-type: none"> • 13&O 800M Free • 13&O 400M Free • 13&O 400M IM • 12&U 200M IM • 12&U 400M Free • ALL Relays <p>Check in for event will be as stated in the Deadline and Meeting Summary. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.</p>
SCRATCHES	<p>There will be no penalty for scratching pre-seeded events at the block. The NCS Scratch Rule is in effect for this meet.</p>
SCORING	<p>All scoring for individual and relay events will be on a sixteen (16) place basis as follows:</p> <ul style="list-style-type: none"> • Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 • Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.
AWARDS	<p>Individual events will be awarded for 10&U/11-12/13-14/15&O age groups. There will be no individual high point, team, or relay awards given at this meet.</p> <p>Ribbons will be awarded to the top 8 finishers in the 10&U and 11-12 age groups. Medals will be awarded to the top 3 finishers in the 13-14 and 15&O age groups.</p>
RESULTS	<p>Results will be posted on Enfinity Aquatic Club's website (www.enfinityhealth.org) within 24 hours of the meets conclusion. Meet Mobile will be used for this meet as facility internet connectivity allows.</p>
COACHES	<p>All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.</p>
OFFICIALS/TIMERS/ VOLUNTEERS	<p>There will be a need for officials. Enfinity Aquatic Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's</p>

level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stands. No outside food or drink will be permitted to spectators in the GAC.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down in the dive well. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Enfinity Aquatic Club, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Independence Invitational

June 28-30, 2019

ORDER OF EVENTS

Friday, June 28

13&OVER PRELIMS

Warm-up: 6:30AM; Meet Start: 8:00AM

Girls/Women	Event	Boys/Men
1	13&O 200M Butterfly	2
3	13&O 100M Freestyle	4
5	13&O 100M Breaststroke	6
7	13&O 400M Freestyle	8

Meet Announcer will call finals qualifiers for 13-14 and 15&O after events in prelims

12&UNDER TIME FINALS

Warm-up: 12:15PM; Meet Start: 1:00PM

Girls/Women	Event	Boys/Men
9	12&U 50M Butterfly	10
11	12&U 100M Freestyle	12
13	12&U 200M Ind. Med.	14
15	12&U 50M Backstroke	16
17	12&U 200M Freestyle Relay	18

13-14 / 15&OVER FINALS

Warm-up: 5:00PM; Meet Start: 6:00PM

Girls/Women	Event	Boys/Men
1	13-14 200M Butterfly	2
	15&O 200M Butterfly	
3	13-14 100M Freestyle	4
	15&O 100M Freestyle	
5	13-14 100M Breaststroke	6
	15&O 100M Breaststroke	
7	13&O 400M Freestyle	8

Independence Invitational June 28-30, 2019

ORDER OF EVENTS

Saturday, June 29

13&OVER PRELIMS

Warm-up: 6:30AM; Meet Start: 8:00AM

Girls/Women	Event	Boys/Men
19	13&O 200M Freestyle	20
21	13&O 200M Backstroke	22
23	13&O 100M Butterfly	24
25	13&O 400M Ind. Med.	26

Meet Announcer will call finals qualifiers for 13-14 and 15&O after events in prelims

12&UNDER TIME FINALS

Warm-up: 12:15PM; Meet Start: 1:00PM

Girls/Women	Event	Boys/Men
27	12&U 200M Freestyle	28
29	12&U 100M Backstroke	30
31	12&U 50M Breaststroke	32
33	12&U 200M Medley Relay	34

13-14 / 15&OVER FINALS

Warm-up: 5:00PM; Meet Start: 6:00PM

Girls/Women	Event	Boys/Men
19	13-14 200M Freestyle	20
	15&O 200M Freestyle	
21	13-14 200M Backstroke	22
	15&O 200M Backstroke	
23	13-14 100M Butterfly	24
	15&O 100M Butterfly	
25	13&O 400M Ind. Med.	26

Independence Invitational

June 28-30, 2019

ORDER OF EVENTS

Sunday, June 30

13&OVER PRELIMS

Warm-up: 6:30AM; Meet Start: 8:00AM

Girls/Women	Event	Boys/Men
35	13&O 100M Backstroke	36
37	13&O 200M Breaststroke	38
39	13&O 50M Freestyle	40
41	13&O 200M Ind. Med.	42
43	13&O 800M Freestyle	44

Meet Announcer will call finals qualifiers for 13-14 and 15&O after events in prelims

12&UNDER TIME FINALS

Warm-up: 12:15PM; Meet Start: 1:00PM

Girls/Women	Event	Boys/Men
45	12&U 50M Freestyle	46
47	12&U 100M Butterfly	48
48	12&U 100M Breaststroke	50
49	12&U 400M Freestyle	52

13-14 / 15&OVER FINALS

Warm-up: 5:00PM; Meet Start: 6:00PM

Girls/Women	Event	Boys/Men
43	13&O 800M Freestyle	44
35	13-14 100M Backstroke	36
	15&O 100M Backstroke	
37	13-14 200M Breaststroke	38
	15&O 200M Breaststroke	
39	13-14 50M Freestyle	40
	15&O 50M Freestyle	
41	13-14 200M Ind. Med.	42
	15&O 200M Ind. Med.	



North Carolina Scratch Rule

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty-four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
 - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck, then 208.3.2 applies
 - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
 - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
 - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
 - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
 - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
 - C. The swimmer was not named in any finals heat during the initial announcement of results
 - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.

Independence Invitational Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Enfinity Aquatic Club):

Enfinity Aquatic Club (ATTN: Tim Hillen)
 718 N. Chestnut Street
 Winston Salem, NC 27101
 Email to: thillen@enfinityfit.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries P/F		\$8.00 per event	
Individual Entries TF		\$6.00 per event	
Relay Entries		\$12.00 per relay	
Swimmers (Travel Fund & Facility Surcharge)		\$18.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative) CLUB

TITLE DATE