

TYDE "Be My Valentine" Qualifier
 Hosted by YMCA of Northwest North Carolina
 February 8-10, 2019

Held at KERNERSVILLE YMCA, 1113 West Mountain St, Kernersville, 27101

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC19036

MEET DIRECTOR	MEET ENTRY COORDINATOR
Nathan Durrell coachnathan@swimtyde.org 336-926-6903	Robin Jacobs 775 West End Blvd Winston-Salem, NC 27101 336-721-2100 x 6274 coachrobin@swimtyde.org
MEET REFEREE	MEET MARSHAL
Jean Trowbridge 336-354-8441 Jean@swimtyde.org	Jonathan Sasser 336-721-2100 coachjonathan@swimtyde.org

FACILITY

An 8 Lane, 25 yard pool with a depth ranging from 4-7 feet with a 6 foot depth at the start end and a lane width of 6 feet. Pool has non-turbulent lane lines, a Dolphin Timing Starting system and custom starting blocks. There is a 3 lane warm-up/cool down pool that will be available. The competition course has not been certified in accordance with 104.2.2C(4).

MEET FORMAT

This is a USAS Sanctioned, Age Group/Open timed final meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00 PM	5:00 PM	All Ages
2	Saturday	8:00 AM	9:00 AM	13 & Older
3	Saturday	12:00 PM	1:00 PM	12 & Under
4	Sunday	8:00 AM	9:00 AM	13 & Older
5	Sunday	12:00 PM	1:00 PM	12 & Under

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, Jan 29	11:59 PM	Entry deadline
Friday, Feb 8	45 minutes before each session start	Coaches/General Meeting
Friday, Feb 8	4:15 PM	Friday distance events positive check in
Friday-Sunday (2/8-10)	45 minutes before each session start	Official Briefings

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be

tolerated. No glass containers are allowed on pool deck. Families are allowed and encouraged to bring chairs on the pool deck for seating. There will be limited bleacher seating around the pool deck. Swimmers will be required to use ONLY the youth locker rooms located off the pool deck.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

ELIGIBILITY

This is a USA Swimming sanctioned meet. All swimmers must be registered athlete members of USA Swimming Inc. Entries listed as "registration applied for" will not be accepted. There will be no on deck registration available at this meet. 12 & Unders may enter either the Open session or the Age Group session but not both on Saturday and Sunday.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES

The YMCA of NWNC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit TYDE's ability to accommodate all requests.

ENTRIES

Entries submitted in Hy-tek or SDIF format require no hard copy entry forms. Email is preferred for submitting electronic entries. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by one hour before the start of the meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. YMCA of NWNC entries will be entered first and then accept teams/entries in the order received, until the four/eight hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 4 individual events per day.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES **The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.**

ENTRY FEES

Make checks payable to: YMCA of NWNC; All fees are non-refundable	
Individual Event	\$4.50 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$12.00 per swimmer
Late Entry Fee	\$9.00 per event

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest in all pre-seeded events. Deck seeded events (400 IM, 1000 Fr and 500 Fr) will run fastest to slowest and alternate female to male. All non-conforming times will be seeded last in rank order.

CHECK-IN A positive check-in, located by the scoring table, will be required for the following events:

- Open 400 IM, 1000 Fr, 500 FR

Check in for events will be as stated in the Deadline and Meeting Summary. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING No team or individual scoring will be kept.

AWARDS Ribbons will be awarded to the top 8 finishers in each age category (10 & U, 11-12 in the 12 & under events only). No ribbons for Senior/Open events.

RESULTS Results will be posted on TYDE’s website within 24 hours of the meet’s conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet

Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS/TIMERS/VOLUNTEERS There will be a need for officials. TYDE welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP **In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.** During the competition, there will be lanes available for continuous warm-up/down. **There is to be no diving or horseplay in this area.**

WAIVER/RELEASE As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. TYDE Swim Team, The YMCA of NWNC, The Kernersville Family YMCA, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Friday, February 8, 2019

Warm-up: 4:00 PM; Meet Start: 5:00 PM

Girls/Women	Event	Boys/Men
101	12 & Under 200 IM	102
103	Open 400 IM	104
105	Open 500 FR	106
107	Open 1000 FR	108

Saturday, February 9, 2019

Warm-up: 8:00 AM; Meet Start: 9:00 AM

Girls/Women	Event	Boys/Men
201	Open 200 FL	202
203	Open 100 BR	204
205	Open 200 FR	206
207	Open 100 BK	208
209	Open 200 IM	210

Saturday, February 9, 2019

Warm-up: 12:00 PM; Meet Start: 1:00 PM

Girls/Women	Event	Boys/Men
301	12 & Under 100 BK	302
303	12 & Under 100 BR	304
305	12 & Under 200 FR	306
307	12 & Under 50 FL	308
309	12 & Under 100 IM	310

Sunday, February 10, 2019

Warm-up: 8:00 AM; Meet Start: 9:00 AM

Girls/Women	Event	Boys/Men
401	Open 100 FR	402
403	Open 200 BR	404
405	Open 100 FL	406
407	Open 200 BK	408
409	Open 50 FR	410

Sunday, February 10, 2019

Warm-up: 12:00 PM; Meet Start: 1:00 PM

Girls/Women	Event	Boys/Men
501	12 & Under 100 FR	502
503	12 & Under 50 BR	504
505	12 & Under 100 FL	506
507	12 & Under 50 BK	508
509	12 & Under 50 FR	510

**TYDE "Be My Valentine" Qualifier
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to YMCA of NWNC):
 YMCA of NWNC TYDE Swim Team
 ATTN: Robin Jacobs
 775 West End Blvd
 Winston-Salem, NC 27101
 Email to: coachrobin@swimtyde.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$4.50 per event	
Swimmers (NCS Travel Fund and Facility Surcharge)		\$15.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. YMCA of NWNC, Kernersville YMCA, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

 SIGNATURE (Coach or Club Representative) CLUB

