

2019 Battle at the Beach
 Hosted by Brunswick Aquatic Club
 January 25 - 27, 2019
 Held at Dinah E. Gore Fitness & Aquatic Center
 210 College Rd, Bolivia, NC 28422

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction # NC19026

MEET DIRECTOR	MEET ENTRY COORDINATOR
Paul White (910)-617-8091 drpaulwhite@gmail.com	Paul White (910)-617-8091 drpaulwhite@gmail.com
MEET REFEREE	MEET MARSHAL
Ginger White (910) 617-8141 gingerwwhite@gmail.com	James Goodson (301)401-6979 Goodsonj56@gmail.com

FACILITY The competition pool is an 8-lane 25-yard pool with non-turbulent lane lines (7 ft. width), Colorado electric timing, and fixed starting blocks. There is an additional 20- yard warm water pool for continuous warm up and warm down. Pool depth 6 ½ feet at start end and 5 feet at turn end.
The competition course has not been certified in accordance with 104.2.2C(4).

MEET FORMAT This is a timed final Age Group, pre-seeded meet unless otherwise indicated.

STARTING TIMES: **Friday** – Warm-ups: 5:00pm; Timed Finals 6:00pm
Saturday & Sunday AM Sessions – Warm-ups: 9:00am Timed Finals: 10:00am
Saturday & Sunday PM Sessions – Warm-ups: Not Before 1:00pm Timed Finals: Not Before 2:00pm

SAFETY The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

RULES This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, changing rooms or behind started blocks. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

Brunswick Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Brunswick Aquatic Club's ability to accommodate all requests.

ENTRIES

Contact Paul White to request an event file drpaulwhite@gmail.com Submit entries in Hy-Tek Team Manager format. Email entries to drpaulwhite@gmail.com. Entries submitted in Hy-tek format require no hard copy entry forms. There will be no on deck registration. List swimmers age as of the first day of the meet.

ENTRY LIMITATIONS

Swimmers are limited to **four individual events per day**. Friday night positive check-in for the 400 IM, 500 Free and 1650 will close at 5:30pm and may be limited to the top fastest three heats of swimmers for both women and men. The referee will have the authority to combine the slowest two heats if possible.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

Entries must be received no later than Tuesday January 15, 2019. E-mail entries will be accepted. The meet management reserves the right to limit the number of entries accepted to ensure an appropriate timeline.

ENTRY FEES

Make checks payable to: BRUNSWICK AQUATIC CLUB; All fees are non-refundable	
Individual Event	\$4.00 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$10.00 per swimmer
Late Entry Fee	Double event fees

SEEDING	The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.
CHECK-IN	A positive check-in at the AO desk will be required for the following events: <ul style="list-style-type: none"> • Open 500 Free • Open 400 IM • Open 1650 Free Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event.
SCORING	No team or individual scoring will be kept.
AWARDS	Ribbons will be awarded to the top 8 finishers in each age group, 8 & Under, 10 & Under, 11-12, 13 & Older.
RESULTS	Results will be posted on BAC's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.
COACHES	On Friday, a coaches meeting will be held 10 minutes prior to the start of competition at the foot of the scoreboard. All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	Each team needs to supply timers for each session of the meet. The number of timers from each team should be commensurate with the number of swimmers competing from that team. <i>Swimmers entered in the 500 Free and 1650 Free are required to supply their own counters and timers. Swimmers entered in the 400 IM are required to supply their own timers.</i> There will be a need for officials. Brunswick Aquatic Club welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. There will be an officials' meeting in hospitality 30 minutes prior to each session.
HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up

procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Brunswick Aquatic Club, Dinah E. Gore Fitness & Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Friday Warm-up: 5:00pm; Meet Start: 6:00pm

Girls	Event	Boys
1	Open 500 Freestyle	2
3	Open 400 IM	4
5	Open 1650	6

Saturday Morning Warm-ups: 9:00am; Timed Finals: 10:00am

Girls	Event	Boys
7	13 & Over 200 Freestyle	8
9	13 & Over 100 Butterfly	10
11	13 & Over 200 Backstroke	12
13	13 & Over 200 Breaststroke	14
15	13 & Over 50 Freestyle	16
	*Breaks added at Meet Referee's discretion	

Saturday Afternoon Warm-ups not before 1:00pm; Timed Finals not before 2:00pm

Girls	Event	Boys
17	10 & Under 100 Breaststroke	18
19	11-12 100 Breaststroke	20
21	8 & Under 25 Breaststroke	22
23	10 & Under 50 Freestyle	24
25	11-12 50 Freestyle	26
27	10 & Under 100 Backstroke	28
29	11-12 100 Backstroke	30
31	8 & Under 25 Backstroke	32
33	10 & Under 200 Freestyle	34
35	11-12 200 Freestyle	36
37	10 & Under 50 Butterfly	38
39	11-12 50 Butterfly	40
41	10 & Under 100 IM	42
43	11-12 100 IM	44
	*Breaks added at Meet Referee's discretion	

Sunday Morning Warm-ups: 9:00am; Timed Finals: 10:00am

Girls	Event	Boys
45	13 & Over 200 IM	46
47	13 & Over 100 Backstroke	48
49	13 & Over 200 Butterfly	50
51	13 & Over 100 Freestyle	52
53	13 & Over 100 Breaststroke	54
	*Breaks added at Meet Referee's discretion	

Sunday Afternoon Warm-ups not before 1:00pm; Timed Finals not before 2:00pm

Girls	Event	Boys
55	10 & Under 50 Backstroke	56
57	11-12 50 Backstroke	58
59	10 & Under 100 Butterfly	60
61	11-12 100 Butterfly	62
63	8 & Under 25 Butterfly	64
65	10 & Under 50 Breaststroke	66
67	11-12 50 Breaststroke	68
69	10 & Under 100 Freestyle	70
71	11-12 100 Freestyle	72
73	8 & Under 25 Freestyle	74
75	10 & Under 200 IM	76
77	11-12 200 IM	78
	*Breaks added at Meet Referee's discretion	