

Queen City Dolphins Holiday Invite

Hosted by Queen City Dolphins

December 7-9, 2018

Held at Mecklenburg County Aquatic Center, 800 E Martin King Jr. Blvd, Charlotte, NC 28202
704-336-3483

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC18189

MEET DIRECTOR	MEET ENTRY COORDINATOR
Rodney Sellars 800 East Martin Luther King Jr. Blvd. Charlotte, NC 28202-2874 980-721-5164 sellarsrl@aol.com	Lisa Olack 704-577-5002 olack.lisa@gmail.com
MEET REFEREE	MEET MARSHAL
Jeffrey Childs jeffrey@rileychilds.net	Marcus Green 704-309-0858 marcus@qcdswim.org

FACILITY

The competition pool is a 25 yard pool equipped with 8, 9 foot wide lanes with non-turbulent lane lines and Paragon starting blocks which will be used for competition in accordance with USA Swimming diving depth guidelines. Minimum depth is 6.5 feet at the scoreboard end and 13 feet at the diving board end. The minimum depth ranges for any configuration utilized is from 6.5 feet. There will be 4 additional lanes available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Spectator seating in bleachers only. No chairs permitted on deck for spectators. There is ample parking within 100 yards of the facility. Smoking is not permitted inside the building. Absolutely no glass bottles will be allowed on the pool deck. Only meet volunteers, USA Swimming registered athletes, and current USA Swimming registered officials and coaches may be on deck.

MEET FORMAT

This is a pre-seeded, timed final meet for all 12 and under events. 13 and over events will be a pre-seeded, prelim/final meet unless otherwise indicated. For prelim/final events, there will be a consolation (B) and championship (A) heat swum for all events except the 1650 Free and all relays which will be swum as timed finals. The 1650 and all relays will be swum during prelims with the fastest 8 from each event swimming at finals. Final heats will be swum B then A. This is a closed league meet for members of the following BRSL teams: QCD, ATOM, Aquatech, Bad Fish, Lenoir, CVAC, Gaston Gators, Nomad, PAC, RCST, SAC, WST, WA, and MSC.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Time Final	5:00 PM	6:00 PM	10&Under, Senior
2	Saturday Prelim	8:00 AM	9:00 AM	13-14, Senior
3	Saturday Time Final	12:00 PM	1:00 PM	10&Under, 11-12
4	Saturday Finals	5:00 PM	6:00 PM	13-14, Senior
5	Sunday Prelim	8:00 AM	9:00 AM	13-14, Senior
6	Sunday Time Final	12:00 PM	1:00 PM	10&Under, 11-12
7	Sunday Finals	5:00 PM	6:00 PM	13-14, Senior

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wednesday, November 28	5:00 PM	Entry deadline
Friday, December 7	4:45 PM	Coaches Meeting
Friday, December 7	5:00 PM	Official Briefing
Friday, December 7	5:30 PM	Positive check in for Open 400 IM, 11-12 500 Free, and Open 1000 Free
Saturday, December 8	8 AM, 12 PM, & 5 PM	Official Briefing
Saturday, December 8	8:30 AM	Positive check in for 13-14 500 Free and Senior 500 Free
Sunday, December 9	8 AM, 12 PM, & 5 PM	Official Briefing
Sunday, December 9	10:00 AM	Positive check in for Open 1650 Free

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Absolutely no glass bottles will be allowed on the pool deck.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The NCS Scratch Rule is in effect for this meet (attached). In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. and the following teams: QCD, ATOM, Aquatech, Bad Fish, Lenoir, CVAC, Gaston Gators, Nomad, PAC, RCST, SAC, WST, WA, and MSC to be eligible to enter this meet. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

Queen City Dolphins welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Queen City Dolphin's ability to accommodate all requests.

ENTRIES

Email is to be used for all entries. No telephone or fax entries will be accepted. Entries should be submitted using Hy-tek or compatible software. All entry times must be in short course yards. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the coach's meeting. A swimmer's age on the first day of the meet will determine their age for the entire meet. Queen City Dolphin's entries will be entered first and then accept teams/entries in the order received, until the four/eight hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.

ENTRY LIMITATIONS

All swimmers may swim a maximum of 3 individual events plus 1 relay per day. Only 2 relays per event per team.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: Queen City Dolphins; All fees are non-refundable except if rejected for non-compliance or meet capacity has been reach	
Individual Event	\$5.00 per event
Relays	\$12.00 per relay
Facility Surcharge	\$15.00 per swimmer
Late Entry Fee	Double the fees listed if accepted

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All times must be submitted in short course yards.

CHECK-IN

A positive check-in will be required for the following events:

- All 400 IMs
- All 500 Frees
- All 1000 Frees
- All 1650 Frees

Check in for the events are as stated in the Deadline and Meeting Summary above. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

1650

The 1650 will be a positive check in event as stated above. It will be seeded and swum fast to slow, alternating women and men.

SCRATCHES

There will be no penalty for scratching pre-seeded events at the block. The NCS Scratch Rule is in effect for this meet (attached). In the positive check-in events, a swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event.

SCORING

All scoring will be on a sixteen (16) place basis.

- Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- Relay events: Doubled

AWARDS

Ribbons for the top 8 finishers will be awarded for each individual event. Ribbons will also be awarded for the top 3 finishers in each relay event. High point trophies for the top 3 finishers in each age group (10 & Under, 11-12, 13-14, Seniors) will also be awarded.

RESULTS

Results will be posted to Meet Mobile during the course of the meet. At the conclusion of the meet, teams will be emailed a results file.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. Queen City Dolphins welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date

and time listed in the Deadline and Meeting Summary. Timers will also be needed from teams participating in the meet.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the MCAC Snack Bar. Absolutely no glass bottles are allowed on the pool deck.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. For all sessions the schedule will be as follows: The first 40 minutes – general warm up; circle swimming only. No diving from the blocks or edge of pool during this time. The last 15 minutes will be specific; lanes 1 and 2, general; lanes 3 and 8, pace; lanes 4 through 7, one way racing starts from the start end of the pool exiting from the turn end of the pool. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Queen City Dolphins, Mecklenburg County Parks and Recreation Department, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Friday, December 7, 2018

Timed Finals - Warm-up: 5:00 PM; Meet Start: 6:00 PM

Girls/Women	Event	Boys/Men
1	11-12 200 IM	2
3	Open 400 IM*	4
5	11-12 500 Free*	6
7	Open 1000 Free**	8

*Positive check in required

**Positive check in required; swimmers must provide their own timer and counter

Saturday, December 8, 2018

Prelims - Warm-up: 8:00 AM; Meet Start: 9:00 AM

Finals - Warm-up: 5:00 PM; Meet Start: 6:00 PM

Girls/Women	Event	Boys/Men
9	13-14 500 Free*	10
11	Senior 500 Free*	12
13	13-14 100 Fly	14
15	Senior 100 Fly	16
17	13-14 50 Free	18
19	Senior 50 Free	20
21	13-14 100 Breast	22
23	Senior 100 Breast	24
25	13-14 200 Back	26
27	Senior 200 Back	28
29	13-14 200 IM	30
31	Senior 200 IM	32
33	13-14 200 Medley Relay**	34
35	Senior 200 Medley Relay**	36

*Positive check in required

**Timed Final event-fastest 8 from each event will swim at night; all other heats will swim during prelims

Saturday, December 8, 2018
Afternoon Timed Final - Warm-up: 12:00 PM; Meet Start: 1:00 PM

Girls/Women	Event	Boys/Men
37	8 & Under 25 Fly	38
39	10 & Under 100 Fly	40
41	11-12 100 Fly	42
43	8 & Under 25 Free	44
45	10 & Under 50 Free	46
47	11-12 50 Free	48
49	8 & Under 25 Breast	50
51	10 & Under 100 Breast	52
53	11-12 100 Breast	54
55	8 & Under 25 Back	56
57	10 & Under 50 Back	58
59	11-12 50 Back	60
61	10 & Under 200 IM	62
63	11-12 100 IM	64
65	10 & Under 200 Medley Relay	66
67	11-12 200 Medley Relay	68

Sunday, December 9, 2018
Prelims - Warm-up: 8:00 AM; Meet Start: 9:00 AM
Finals - Warm-up: 5:00 PM; Meet Start: 6:00 PM

Girls/Women	Event	Boys/Men
69	13-14 200 Free	70
71	Senior 200 Free	72
73	13-14 200 Fly	74
75	Senior 200 Fly	76
77	13-14 100 Back	78
79	Senior 100 Back	80
81	13-14 200 Breast	82
83	Senior 200 Breast	84
85	13-14 100 Free	86
87	Senior 100 Free	88
89	13-14 200 Free Relay**	90
91	Senior 200 Free Relay**	92
93	Open 1650 Free***	94

**Timed Final event-fastest 8 from each event will swim at night; all other heats will swim during prelims seeded fast to slow.

***Timed Final event-fastest 8 from each event will swim at night. Heats will be seeded and swum fast to slow, alternating women and men. Swimmers in the 1650 must provide their own timer and counter.

NOTE: FOR FINALS, THE WOMEN'S 1650 WILL SWIM IMMEDIATELY FOLLOWING EVENT 80, MEN'S 100 BACK, AND THE MEN'S 1650 WILL SWIM IMMEDIATELY FOLLOWING EVENT 88, MEN'S 100 FREE

Sunday, December 9, 2018
Afternoon Timed Final - Warm-up: 12:00 PM; Meet Start: 1:00 PM

Girls/Women	Event	Boys/Men
95	10 & Under 200 Free	96
97	11-12 200 Free	98
99	10 & Under 50 Fly	100
101	11-12 50 Fly	102
103	10 & Under 100 Back	104
105	11-12 100 Back	106
107	10 & Under 50 Breast	108
109	11-12 50 Breast	110
111	10 & Under 100 Free	112
113	11-12 100 Free	114
115	10 & Under 100 IM	116
117	11-12 200 Free Relay	118
119	10 & Under 200 Free Relay	120

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Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Queen City Dolphins):

Queen City Dolphins
ATTN: Rodney Sellars
800 E Martin King Jr. Blvd
Charlotte, NC 28202-2874

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$5.00 per event	
Relay Entries		\$12.00 per relay	
Swimmers (Facility Surcharge)		\$15.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Queen City Dolphins, Mecklenburg County Parks and Recreation Dept., North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

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208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
 - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
 - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
 - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
 - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
 - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
 - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
 - C. The swimmer was not named in any finals heat during the initial announcement of results
 - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.