



2018 WAVE Quad Meet Splash November 10-11, 2018

Orange County Sportsplex
101 Meadowlands Drive
Hillsborough, NC 27278

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC18178

MEET DIRECTOR	MEET ENTRY COORDINATOR
Ryan Adley 919-427-3534 Radley@mckenna-const.com	John Roy PO BOX 18012 Raleigh, NC 27615 919-906-7946 coachjohn@bellsouth.net
MEET REFEREE	MEET MARSHAL
Ken Clark 919-630-7498 kennethdclark@bellsouth.net	Zach Murray 336-402-4337 zachmurray@gmail.com

FACILITY

Competition Pool: The Triangle Sportsplex pool is an 11 - lane, 25-yard course with non-turbulent lane markers, deck-anchored starting blocks, and a 6-foot depth at both ends. A Colorado 5000 Timing System will be used with watches in each of 10 lanes for competition. A 10 - lane digital scoreboard is on site for our use.

Warm-up/Warm-down Pool: In addition to the competition pool, an adjacent 3 lanes of a 25-meter pool will be available for continuous warm-up/warm-down use throughout the meet.

Other Site Information: Spectator seating for approximately 400 people is available on one side of the pool and there is deck space for additional folding chairs. Boys' and girls' locker rooms are available. The facility includes a snack bar. The competition course has not been certified in accordance with 104.2.2C(4).

Facility Rules: Please inform your families of the following rules.

- * The facility DOES NOT allow coolers or outside food or beverages.
- * No smoking is allowed inside the facility.
- * No glass containers are allowed inside the facility.
- * Shoes are required in the lobby due to ice skaters on the premises.
- * Only meet volunteers, USA Swimming registered athletes and USA Swimming registered coaches and officials may be on deck (this includes behind the starting blocks, under the scoreboard and the bulkhead).

* Each team is responsible for cleaning up their area. Please place all trash in receptacles provided.

MEET FORMAT

- 1) All events will be swum as timed finals.
- 2) All events will be swum combined girls and boys (mixed)
- 3) All events will be swum slowest to fastest with the exception of the 500 yard Free.
- 4) Swimmers in the 500 yard free must provide their own timers and lap counters.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	1:00 PM	2:10 PM	All ages
2	Sunday	1:00 PM	2:10 PM	All ages

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wednesday, October 31	9:00 PM	Entry deadline
Saturday, November 10	1:30 PM	Official briefing
Saturday, November 10	1:45 PM	Check in 11 & over 400 IM
Saturday, November 10	2:00 PM	Coaches/General Meeting
Sunday, November 11	1:30 PM	Official briefing
Sunday, November 11	2:00 PM	Check in open 500 free

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.
Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Deck changes are prohibited.
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Swimmers from the following

teams are eligible for this meet; WAVE-NC, RSA-NC, NCAC-NC and HAC-NC. There will be no on deck registration.

SWIMMERS WITH DISABILITIES

WAVE Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Wave Swimming's ability to accommodate all requests.

ENTRIES

Please email entries using Hy-Tek Team Manager or compatible program. Entries must include the following: 1) a Hy-Tek Meet Manager compatible entry file 2) team entry report and 3) summary of fees/release form (see last page).

Please note that the Meet Director will strictly enforce the following entry rules:

1. All swimmers must be properly registered before the entry deadline. The list of swimmers competing in the meet will be forwarded to the NCS Registration Chair for approval.
2. Please list all coaches that will be in attendance. The NCS Registration chair will provide meet management with a list of current coach certifications. Coaches who are not current in all required certifications will not be allowed on deck.

ENTRY LIMITATIONS

All swimmers are limited to five (5) individual events per day, ten (10) for the meet.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: WAVE Swimming; All fees are non-refundable	
Individual Event	\$5.00 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$10.00 per swimmer
Late Entry Fee	\$10.00 per event

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN

A positive check-in, outside the meet operations room, will be required for the following events:

- 11& over 400 IM

- Open 500 free

Check in for event will be as stated in the Deadline and Meeting Summary Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to complete in said event, shall be barred from his/her next individual event.

SCRATCHES	There will be no penalty for scratching pre-seeded events at the block.
SCORING	The meet will not be scored.
AWARDS	There will be no awards.
RESULTS	Will be posted in the lobby and available via Meet Mobile. Each team will receive an email with a results file within 24 hours of the completion of the meet.
COACHES	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
OFFICIALS/TIMERS/ VOLUNTEERS	There will be a need for officials. WAVE Swimming welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
HOSPITALITY/ CONCESSIONS	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
WARM-UP	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.
WAIVER/RELEASE	As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the

Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. WAVE Swimming, Orange County Sportsplex, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Saturday, November 10, 2018

Warm-up: 1:00 PM; Meet Start: 2:10 PM

Mixed	Event
1	11 & over 400 IM
2	Open 100 IM
3	Open 100 Backstroke
4	Open 200 Freestyle
5	Open 100 Fly
6	11 & over 200 Breaststroke
7	Open 50 Breast
8	Open 50 Freestyle

Sunday, November 11, 2018

Warm-up: 1:00 PM; Meet Start: 2:10 PM

Mixed	Event
9	Open 200 IM
10	Open 100 Freestyle
11	11 & over 200 Butterfly
12	Open 50 Butterfly
13	Open 100 Breaststroke
14	11 & over 200 Backstroke
15	Open 500 Freestyle

**WAVE Quad Meet Splash
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable WAVE Swimming):

WAVE Swimming
ATTN: John Roy
PO BOX 18012
Raleigh, NC 27619
Email to: coachjohn@bellsouth.net

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$5.00 per event	
Swimmers (Travel Fund & Facility Surcharge)		\$13.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. WAVE Swimming, Orange County Sportsplex, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE