

**ECA LCM Beach Invitational  
Morehead City, NC  
June 22-24, 2018**

**SANCTION:**

Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction

**HOST:**

East Carolina Aquatics

**FACILITY:**

The Sports Center Outdoor Park is an eight-lane, 50-meter pool with non-turbulent lane markers and custom paragon starting blocks with a lane width of 6 feet. The water depth is 4' at both ends of the pool. Deck area is available for swimmer and spectator seating. We will be using a Colorado 6 timing system and touch pads with two back-up buttons. Automatic timing will be used on the 50's. The competition course has not been certified in accordance with 104.2.2C(4).

**LOCATION:**

The Sports Center, 701 N. 35th Street, Morehead City, NC

**RULES:** This meet will be conducted in accordance with current USA Swimming Rules and Regulations, except where rules are optional and exceptions are herein stated. The North Carolina scratch rules will be in effect for all deck seeded events.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

All swimmers must be USA Swimming registered athletes. This is an invitation only meet. Teams wishing to be included in the meet must contact the meet director: [ecacoachcasey@gmail.com](mailto:ecacoachcasey@gmail.com) to request inclusion in the meet.

**ENTRIES:**

1. Entries shall be submitted electronically using Hy-Tek Team Manager.
2. Email entries to [ecacoachcasey@gmail.com](mailto:ecacoachcasey@gmail.com) (Due – June 12, 2018)
3. Show actual age of swimmer as of June 22, 2018
4. Enter METER times only.
5. There will be no "on deck" registration available at this meet.
6. Each swimmer may enter four individual events, plus one relay, per day. **Depending on the number of entries received, meet management reserves the right to limit entries in all events 200 meters and**

**over (with the exception of 11-12 yr olds in the 200 IM) to 13-14 BB standards to maintain the timeline according to the NCS 4-hour rule.**

7. All 19&O athletes must have an "A" time in the event they wish to swim.

**ENTRY DEADLINE:**

Entries must be received no later than TUESDAY, June 12, 2018. Late entries may be accepted at the discretion of the Meet Director. All entries received after June 12, 2018, will be considered late and will be charged double fees if accepted. Entries will not be considered complete without full payment of all entry money. No telephone or fax entries will be accepted.

**ENTRY FEES:**

\$4.00 per individual event ; \$10 per relay event

\$3.00 NCS Travel Fee per swimmer, (including relay only swimmers)

\$10.00 Facility Surcharge per swimmer

Entry fees are non-refundable

Make checks payable to East Carolina Aquatics

**MAIL ENTRIES TO:**

East Carolina Aquatics

Beach Invitational

103 Prince Charles Court

Winterville, NC 28590

(252) 341-1044

ecacoachcasey@gmail.com

Please include entry fees and entry summary form.

**SEEDING:**

All events 200M and shorter will be pre-seeded. All individual events 400M and longer will be deck seeded. Positive check-in for deck-seeded events will close 30 minutes prior to scheduled start of the session; the 1500 positive check-in will end at the end of SESSION #2. Swimmers who fail to check-in will be scratched from the event. Swimmers who have positively checked-in and do not swim will be disqualified from their next scheduled event.

**MEET STAFF:**

Meet Director – Casey Charles – ecacoachcasey@gmail.com

Meet Referee – Bob Landry - roblandry@suddenlink.net

Meet Marshall – Scott Pake – ecacoachscott@gmail.com

**AWARDS:** Individual Events: 1-8 Ribbons

**SCORING:** There will be no scoring for this meet.

**WARM-UPS:**

**See event schedule below.**

**COACHES:**

Team packets will be available at the Clerk of Course. Coaches must present their current USA Swimming card to receive their packet. Coaches meeting will be held at the Clerk of Course at 3:50pm on Friday, June 17 and as needed throughout the meet.

**OFFICIALS:**

We welcome all certified USA Swimming officials on deck. An Officials meeting will be held near the starting area 45 minutes before the start of each session.

**CREDENTIALS:**

All coaches and officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

**LANE TIMERS:**

The host team will attempt to fill all timer positions, but may ask for volunteers from visiting teams to help provide relief.

Entrants in the 400M and above will need to provide their own timer and lap counter for this event.

**HOSPITALITY:**

Hospitality will be available for all officials, coaches, and meet volunteers.

**CONCESSIONS:**

A variety of food, drinks and snacks will be available for sale at the concession stand at the entrance to the pool.

**SAFETY:**

The NCS Safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated.

**RACING START:**

Any Swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:** ECA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meet. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit East Carolina Aquatics's ability to accommodate all requests.

**RELEASE:**

USA Swimming, Inc., North Carolina Swimming, Inc., East Carolina Aquatics, The Sports Center, Morehead City, NC, and all employees and representatives of these organizations shall be held free and

harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**Other Rules:**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and the current North Carolina Swimming Rules and Regulations, and the current North Carolina Swimming Safety Program. Use of audio visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

204.3.2 Events Seeded on the Deck – deck seeding will be permitted at the discretion of the meet referee.

204.3.4 Exception for Failure to Compete – If a swimmer misses a positive check-in event, s/he will be scratched from their next event.

**Session #1 – Friday PM**

Warm-ups: 3 PM, Meet Starts: 4 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	12 & Under 400 IM	2
3	Senior 400 IM	4
5	12 & Under 100 Breaststroke	6
7	Senior 200 Breaststroke	8
9	12 & Under 400 Freestyle	10
11	Senior 400 Freestyle	12

**Session #2 – Saturday AM – 11-12, Senior Timed Finals**

Warm-ups: 7 AM, Meet Starts: 745 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
13	11-12 200 Freestyle	14
15	Senior 200 Freestyle	16
17	11-12 50 Breaststroke	18
19	Senior 100 Breaststroke	20
21	11-12 100 Backstroke	22
23	Senior 100 Backstroke	24
25	11-12 100 Butterfly	26
27	Senior 200 Butterfly	28
29	Senior 50 Freestyle	30
31	Senior 200 Medley Relay	32

### Session #3 – Saturday PM – 10&U Timed Finals

Warm-ups: Not before NOON, Meet Starts: Not before 1245 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
33	10&U 200 Freestyle	34
35	10&U 50 Breaststroke	36
37	10&U 100 Butterfly	38
39	10&U 50 Freestyle	40
41	10&U 100 Backstroke	42
43	10&U 200 Medley Relay	44

### Session #4 – Sunday AM – 11-12, Senior Timed Finals

Warm-ups: 7 AM, Meet Starts: 745 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
45	11-12 100 Freestyle	46
47	Senior 100 Freestyle	48
49	11-12 50 Backstroke	50
51	Senior 200 Backstroke	52
53	11-12 50 Butterfly	54
55	Senior 100 Butterfly	56
57	Senior 200 IM	58
59	Senior 200 Freestyle Relay	60
61	Senior 1500 Freestyle	62

### Session #5 – Sunday PM – 10&U Timed Finals

Warm-ups: Not before NOON, Meet Starts: Not before 1245 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
63	10&U 100 Freestyle	64
65	10&U 50 Backstroke	66
67	10&U 100 Breaststroke	68
69	10&U 50 Butterfly	70
71	10&U 200 IM	72
73	10&U 200 Freestyle Relay	74