

2018 ECA Tri-Meet – ECA, WOW, CAT

Hosted by East Carolina Aquatics

May 19-20, 2018

- Sanction:** Held under the Sanction of United States Swimming, Inc., issued by North Carolina Swimming, Inc. **Sanction #NC18101**
- Meet Director:** Casey Charles – ecacoachcasey@gmail.com
Meet Referee: Bob Landry - roblandry@suddenlink.net
Meet Marshal: Scott Pake – ecacoachscott@gmail.com
- Sponsor:** East Carolina Aquatics
- Location:** The Sports Center, 701 N. 35th Street, Morehead City, NC
- Date:** May 19-20, 2018
- Times:** **Saturday & Sunday, May 19-20th**
Warm-ups: 9:30 AM
Meet Starts: 10:15 AM
- Competition Course:** The Sports Center Outdoor Park is an eight-lane, 50-meter pool with non- turbulent lane markers and custom paragon starting blocks with a lane width of 6 feet. The water depth is 4’ at both ends of the pool. Deck area is available for swimmer and spectator seating. We will be using a Colorado 6 timing system and touch pads with two back-up buttons. The competition course has not been certified in accordance with 104.2.2C(4).
- Warm-ups:** Warm-up lane assignments will be determined after the coaches’ entries have been received and will be included in the coaches’ packets.
- Classification:** Meet is open to members of ECA, WOW, and CAT as well as UN members of those clubs. All events timed finals.
- Rules:** This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and the current North Carolina Swimming Rules and Regulations, and the current North Carolina Swimming Safety Program. Use of audio visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No deck seeding will be permitted.
- No penalty shall apply for failure to compete in or scratch an individual event.
- General Meeting/
Officials Briefing:** Meetings will be announced prior to the start of the meet by the meet director.
- Eligibility:** All swimmers must be USA Swimming registered athletes. Meet is open to members of ECA, WOW, and CAT as well as UN members of those clubs. There will be no on deck registration available at this meet.

Entries	All entries should be submitted in LCM times.
Entry Limit	Swimmers may enter up to 4 individual events per day.
Entry Fees	\$4.00 per event \$10.00 Pool surcharge/athlete \$3.00 NCS Travel Fund/athlete
Entry Deadline	Thursday, May 10, 2018 by 11:59 PM EST Late Entries will be accepted at the discretion of the meet director/meet referee. Late entry into the meet will result in double entry fees and pool surcharge.
Scoring/Awards	No scoring and no awards.
Time Standards	For the 400 FR, 400 IM, 800 FR, 200 FL, 200 BK, 200 BR, and the 200 IM, a swimmer must have an 11-12 "A" Standard in that event (SCY/SCM/LCM).
Safety	The North Carolina Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No horseplay will be tolerated. Anyone who is not a meet official, volunteer, or coach is not allowed behind the starting blocks. All coaches will be required to display current coach's credentials to the meet marshal to remain on deck.
Disability Statement	ECA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit ECAs ability to accommodate all requests.
Racing Starts	Any swimmer entered in the meet, who is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Release Statement	USA Swimming Inc., North Carolina Swimming, The Sports Center, East Carolina Aquatics, and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet. By entering, participating, and/or observing the meet you agree to the terms of this release statement.

All coaches and officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

Saturday, May 19, 2018

Warm-ups: 9:30 AM, Meet Starts: 10:15 AM

1	Senior 50 Butterfly	2
3	Senior 400 Freestyle	4
5	Senior 50 Backstroke	6
7	Senior 100 Breaststroke	8
9	Senior 200 Butterfly	10
11	Senior 50 Breaststroke	12
13	Senior 100 Backstroke	14
15	Senior 200 Freestyle	16
17	Senior 400 IM	18
19	Senior 50 Freestyle	20

Sunday, May 20, 2018

Warm-ups: 9:30 AM, Meet Starts: 10:15 AM

21	Senior 50 Backstroke	22
23	Senior 100 Freestyle	24
25	Senior 200 Backstroke	26
27	Senior 50 Butterfly	28
29	Senior 200 Breaststroke	30
31	Senior 50 Freestyle	32
33	Senior 100 Butterfly	34
35	Senior 800 Freestyle	36
37	Senior 50 Breaststroke	38
39	Senior 200 IM	40