

Smoky Mountain Aquatic Club

SMAC's Quest for Cuts

Hosted by Smoky Mountain Aquatic Club

Jan 26 and 27th, 2018

Held at Waynesville Rec Center 550 Vance St, Waynesville, NC, 28786

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC18010

MEET DIRECTOR	MEET ENTRY COORDINATOR
Charlie McCanless 704-737-2333 coachmccanless@gmail.com	Charlie McCanless 550 Vance St Waynesville, NC, 28768 704-737-2333 coachmccanless@gmail.com
MEET REFEREE	MEET MARSHAL
Matt Butler butlerconinc@gmail.com	Scott Simmons (508) 821-8294 ssswimming@outlook.com

FACILITY

The Waynesville Recreation Center is a semi-open air facility with eight (8) 25-yard lanes Bleacher seating is available for up to 420 spectators along with ample deck space and bleacher seating for swimmers. The water depth of the competition pool (or course) is eight (8) feet deep at the starting end of the course and three feet six inches (3'6") at the turn end of the course. All starts, including relay starts, from the turn end must begin from within the water. A Colorado Timing system (CTS6) will be used for all races.

The competition course has not been certified in accordance with 104.2.2C(4).

Parking is available directly out front of the Rec Center. More detailed parking information will be released once

Facility Rules:

- *NO smoking is allowed inside the facility
- *NO coolers allowed inside the facility
- *NO glass containers allowed inside the facility
- *NO food or beverages allowed on deck, in the locker rooms or in spectator areas
- *Spectators limited to designated areas.
- *Playing on the splash pad or other pool is strictly prohibited.

MEET FORMAT

This is a Timed Final meet.

IMPORTANT NOTE ABOUT FRIDAY NIGHT: All spectators, athletes, team representatives, officials and coaches **MUST** be off the pool deck by 8:00pm. The meet will end Friday evening at 7:40pm, regardless of where the meet is in the heat sheet. The Waynesville Rec Center closes at 8pm.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	3:30pm	4:45pm	All Ages
2	Saturday	7:45am	9:00am	All Ages

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
1/16/18	9pm	Entry deadline
1/26/18	4:30pm	Coaches/General Meeting
1/26/18	4:30pm	Officials Briefings
1/26/18	5:15pm	Positive check in for the 1000 FR closes
1/27/18	10:00am	Positive check in for the 400 IM closes

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. **There will be no on deck registration available at this meet.** This meet is open to ALL USA Swimming registered athletes.

SWIMMERS WITH DISABILITIES

Smoky Mountain Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SMAC's ability to accommodate all requests.

ENTRIES

Please use swimmer's full name, age, and sanctioned short course yard times or a no time. Entries via e-mail using SD3 format are strongly encouraged. Clubs or individuals not submitting entries electronically will be subject to a \$10.00 per swimmer entry surcharge. Go to www.hy-tekltd.com to download Team Manager II Lite if your club does not possess team management software. You must submit paper back-up and your signed team summary sheet for verification.

ENTRY LIMITATIONS

Friday: Athletes may swim up to 3 events and 1 relay.

Saturday: Swimmers may swim a maximum of 4 individual events plus 2 relays per day.

The meet is limited to 200 athletes. Meet Management reserves the right to make changes to entry limitations based on how many athletes sign up for the meet.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES

Make checks payable to: SMAC; All fees are non-refundable	
Per Swimmer	\$25.00
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING No Scoring.

AWARDS Heat winner awards will be given.

RESULTS Results will be posted on www.smacswimming.com website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS/TIMERS/VOLUNTEERS

There will be a need for officials. SMAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. **Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.**

HOSPITALITY/ CONCESSIONS

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand. SMAC prides itself on great hospitality!

WARM-UP and Warm Down

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be 10 minute breaks for warm up and warm down. There is to be no diving or horseplay during this time.

Warm Down Breaks will be discussed during the coaches meeting.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Smoky Mountain Aquatic Club, the Waynesville Rec Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Positive Check In

There will be a positive check in for the 1000 Free and 400 IM. Positive check ins will be posted at the timers table. These events will be swum from FAST to SLOW alternating Women and Men heats.

At the discretion of the meet referee, athletes who no-show for a positive check-in event will be disqualified for their following event.

ORDER OF EVENTS

Friday, January 26, 2018

Warm-up: 3:30pm; Meet Start: 4:45pm; Meet Over: 7:40pm

Girls/Women	Event	Boys/Men
Open 200 IM	1-2	Open 200 IM
Open 100 FR	3-4	Open 100 FR
Open 50 BK	5-6	Open 50 BK
Open 100 BR	7-8	Open 100 BR
Open 50 FLY	9-10	Open 50 FLY
400 Medley Relay	11-12	Open 400 Medley Relay
Open 500 FR	13-14	Open 500 FR

Friday Night: The meet must end by 7:40pm. All swimmers, athletes, parents, coaches, team reps, and staff must be OFF THE POOL DECK by 8pm.

Meet management will notify coaches from all teams no later than 7pm when the meet will end Friday night and how entries will be affected.

ORDER OF EVENTS

Saturday, January 27, 2018
Warm-up: 7:45am; Meet Start: 9am

Girls/Women	Event	Boys/Men
Open 200 FR	15-16	Open 200 FR
Open 50 BR	17-18	Open 50 BR
Open 100 BK	19-20	Open 100 BK
Open 200 FR Relay	21-22	Open 200 fR Relay
Open 100 IM	23-24	Open 100 IM
Open 100 Fly	25-26	Open 100 Fly
Open 50 FR	27-28	Open 50 FR
Open 400 IM	29-30	Open 400 IM

**SMAC Quest of Cuts Meet
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to: Smoky Mountain Aquatic Club
ATTN: Charlie McCanless, Waynesville Recreation Center
550 Vance Street
Waynesville, NC 28786
Email to: coachmccanless@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmer Entry		\$25 per swimmer	
Swimmers Travel Fund		\$3.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. . Smoky Mountain Aquatic Club, the Waynesville Rec Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE