

Sleepover Meet
Twin Rivers Riptide
10/27/2017

Twin Rivers YMCA, 100 Ymca Lane, New Bern, NC, 28560
Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC17193

MEET DIRECTOR	MEET ENTRY COORDINATOR
Robert Armentrout 252-638-8799 swimteam@trymca.org	Robert Armentrout 100 Ymca Lane New Bern, NC, 28560 252-638-8799 swimteam@trymca.org
MEET REFEREE	MEET MARSHAL
Richard Wilson Dickwilson94@gmail.com	Robert Armentrout 252-638-8799 swimteam@trymca.org

FACILITY Twin Rivers YMCA is an eight lane 25 yard outdoor pool; starting platform type; We will be using a Colorado Timing System for this meet; diving end is eight feet deep, shallow end is 4 feet deep. **The competition course has not been certified in accordance with 104.2.2C(4).** Parking at the facility is available
DECK CHANGES ARE PROHIBITED.

MEET FORMAT This is a timed final meet Age-group/Senior meet (closed YMCA meet).

Session	Day	Warm-up	Meet Start	Age Group
1	Friday P.M.	5:30pm	6:30pm	SR/JR and AG

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Monday, October 23th	5:00pm	Entry deadline
Friday, October 27th	5:00pm	Coaches/General Meeting
Friday, October 27th	4:50pm	Official Briefings

SAFETY	The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. If a swimmer enters the main facility, they will need to be dry and have shirts and shoes on at all times.
RACING STARTS	Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
RULES	This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The NCS Scratch Rule is in effect for this meet. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.
SWIMMERS WITH DISABILITIES	Twin Rivers Riptide welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Riptide's ability to accommodate all requests.
ENTRIES	Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. A completed and signed Entry Summary Sheet and payment in full must be received by the Meet Entry Coordinator by the entry deadline. A swimmer's age on the first day of the meet will determine their age for the entire meet. Twin Rivers Riptide entries will be entered first and then accept entries in the order received, until the eight hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.
ENTRY LIMITATIONS	Swimmers may swim a maximum of 4 individual events plus 2 relay per day and a total of 4 individual events and 2 relay for the meet. Twin Rivers Riptide will allow 300 maximum swimmers for the meet.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES **The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck entries.**

ENTRY FEES

Make checks payable to: Twin Rivers YMCA; All fees are non-refundable	
Facility Surcharge	\$10.00 per swimmer
Entry Fee	\$5.00 per swimmer

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

SCRATCHES The NCS Scratch Rule is in effect for this meet.

SCORING No team or individual scoring will be kept.

AWARDS Ribbons will be awarded to the top 8 finishers in each age group and relays.

RESULTS Results will be posted on Twin Rivers YMCA website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups via email attachment.

**OFFICIALS/TIMERS/
VOLUNTEERS** **There will be a need for officials. Twin Rivers YMCA welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at 8:30am.**

**HOSPITALITY/
CONCESSIONS** There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

FOOD/AFTER Please note that all non-swimmers for pizza and after meet food there will be a \$2 charge for pizza.

WARM-UP **In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.** During the competition, the indoor pool will be available for warm up and warm down. **There is to be no diving or horseplay in this area.**

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with YMCA Swimming. You acknowledge that you are familiar with the Safety Rules of YMCA Swimming, Inc. and USA Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Twin Rivers YMCA, North Carolina Swimming, Inc., USA Swimming, Inc., and YMCA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Friday, 10/27/2017

Warm-up: 5:30PM; Meet Start: 6:30PM

Girls/Women	Event	Boys/Men
8 and Under 10 and Under 11-12 Open Senior	100 Free Relay 100 Free Relay 200 Free Relay 200 Free Relay	8 and Under 10 and Under 11-12 Open Senior
8 and Under 10 and Under 11-12 Open Senior 8 and Under 10 and Under 11-12 Open Senior	25 Free 25 Free 50 Free 100 Free 25 Back 25 Back 50 Back 100 Back	8 and Under 10 and Under 11-12 Open Senior 8 and Under 10 and Under 11-12 Open Senior
8 and Under 10 and Under 11-12 Open Senior	100 Medley Relay 100 Medley Relay 200 Medley Relay 200 Medley Relay	8 and Under 10 and Under 11-12 Open Senior
8 and Under 10 and Under 11-12 Open Senior 8 and Under 10 and Under 11-12 Open Senior	25 Breast 25 Breast 50 Breast 100 Breast 25 Fly 25 Fly 50 Fly 100 Fly	8 and Under 10 and Under 11-12 Open Senior 8 and Under 10 and Under 11-12 Open Senior
11-12 Open Senior	100 IM 100 IM	11-12 Open Senior

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Complete and email or mail this form along with entry fees to (checks payable to Twin Rivers YMCA):

TWIN RIVERS YMCA
100 YMCA LANE
New Bern, NC, ZIP 28560
Email to: swimteam@trymca.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Entries		\$5.00 per swimmer	
Facility Surcharge		\$10.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. Regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Twin Rivers YMCA, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE